





barriers to meaningful and satisfying connections • The defensive ways we unknowingly kill love and how to learn from conflict to create deeper intimacy • The role of passion and sexuality in our relationships • How to understand & deal with issues of shame and rage that can impact our ability to love • Why deeply held myths about family, marriage, and idealized romance can create expectations that damage our connection with each other • How to become partners in problem-solving • How to effectively use the tools of compassionate communication and “constructive complaining.” Rich with practical tips and techniques, including sample dialogues to help you make meaningful changes, *Happy Together* will guide you in perfecting the skills you need to create a positive vision for your relationship and a road map for happiness.

The Academic Encounters Second edition series uses a sustained content approach to teach skills necessary for taking academic courses in English. There are two books for each content area. *Academic Encounters Level 4 Student's Book Listening and Speaking with DVD Human Behavior* engages students through interviews and academic lectures on stimulating topics from the fields of psychology and communications. Topics include stress and the immune system, intelligence testing, friendship, and love. Students develop crucial listening and note-taking skills, discuss content, conduct interviews, and make presentations. A Student DVD includes all of the academic lectures. Topics correspond with those in *Academic Encounters Level 4 Student's Book Reading and Writing Human Behavior*. The books may be used independently or together.

A story about how a little boy goes through the stages of childhood and becomes a man, and about the enduring nature of parent's love and how it crosses generations.

Studies consistently show that physical health among clergy is significantly worse than similar adults who are not in ministry. *Flourishing in Ministry* offers clergy and those who support them practical advice for not just surviving this grueling profession, but thriving.

This collection of simple and heart warming essays is about growing up, falling in love, and getting along with others. Spanning the author's life from boyhood to adult, the stories offer entertaining and gentle reminders of how we can become fully human and alive. The narratives are both funny and poignant, providing insights into personal integrity, interpersonal depth, and the elixir to life's toughest battles, good humor.

What does your marriage look like in your wildest dreams? You know those couples who seem to truly thrive? The lucky ones who are somehow still wildly in love after decades of marriage? As it turns out, that kind of marriage isn't just meant for a select few. The healthiest, happiest marriages share a transformational secret: intentional rhythms In *The Rhythm of Us*, Chris and Jenni Graebe invite you to discover what those core essential rhythms are, how they work, and the results they can have on your relationships if you choose to practice them. With real life examples and inspirational guidance, you'll learn how to envision the marriage you long for, identify the ruts that are keeping you stuck, and bring your deepest passions and priorities to life in your relationship. You don't have to settle for a marriage that's just skimming by. Starting today, you can create a rich, passionate, thriving marriage that will last a lifetime. "It only takes a few minutes to realize that Jenni and Chris have a special relationship, and their advice and intentionality are a gift to other marriages. I'm so grateful for a resource that I can confidently pass along to others, knowing that it will quickly become a favorite!" --Angie Smith, bestselling author of *Seamless* "This isn't just another marriage book. This is an invitation . . . of the thriving marriage you long for. Chris and Jenni have placed some incredibly powerful tools in the hands of the reader, life-saving questions, practices, and rhythms that will have you dreaming of the marriage you desire and what it looks like to pursue that dream in the here and now." --Christy Nockels, worship leader, songwriter, author of *The Life You Long For*

Relationships are complicated. Yet it's an unfortunate reality that while most of us have to learn complex geometry that we'll probably never use, we don't get a single formal lesson in how to relate to others. In this one-stop guide, psychologist Melanie Joy reveals the common psychological dynamics that underlie all kinds of relationships—with a romantic partner, friends, family members, colleagues—in short, with anyone in any situation. Understanding these dynamics will help you make all your relationships healthier and more resilient. Relationships are like bodies: they get sick when their immune system is weaker than the germs that stress them. Drawing on the most relevant research as well as on her own extensive experience as a psychologist, Joy explains how to strengthen your relational immune system to resist not only interpersonal stressors but also largely invisible yet potentially devastating societal stressors like racism and sexism. With this understanding, you can cultivate relationships that consistently reflect core moral values and honor the dignity of everyone involved. Resilient relationships are not only a source of joy and fulfillment for those who are in them, they also support the thriving of the organizations and communities of which we all are a part.

For years Gary Smalley has helped millions of couples throughout North America enrich their relationships and deepen their bonds of love and companionship. In this extraordinary book, he shows you how to stay in love through all the stages of life. From first attraction to lifelong commitment, Gary's proven techniques and practical advice show you how to pursue and keep the love you want, and how to energize your relationship with enduring, passion-filled love. In this book you'll learn how to: Understand and use love's best-kept secret Deal with the number one enemy of love Turn headaches into more love Increase your energy to keep loving Find the power to keep on loving your spouse Use normal conflicts as doorways to intimacy Read a woman's built-in marriage manual twelve ways Divorce-proof your marriage Develop the five vital signs of a healthy marriage Respond to your partner's number one request Find the powerful secret to great love Bring out the best in your maddening mate With humor, empathy, and insight, Gary Smalley inspires you to fall in love with life and enjoy the deep satisfaction of a lifelong love. Down-to-earth examples, touching personal experiences, and inspiring spiritual principles will motivate you to bring about positive changes in your marriage-whether or not your mate is a willing participant. You'll learn how to tap resources at hand to help you follow through with your journey-and make your love last forever.

Stereotypically, science and emotion are diametric opposites: one is cold and unfeeling, the other soft and nebulous; one is based on proven facts while the other is based on inexplicable feelings and “never the twain shall meet,” until now. John Gottman delves into the unquantifiable realm of love, armed with science and logic, and emerges with the knowledge that relationships can be not only understood, but also predicted as well. Based on research done at his Love Lab and other laboratories, Gottman has discovered that the future of love relationships can be predicted with a startling 91% success rate. These predictions can help couples to prevent disasters in their relationships, recognize the signs of a promising relationship, and perhaps more importantly, recognize the signs of a doomed one. *Principia Amoris* also introduces Love Equations, a mathematical modeling of relationships that helps understand predictions. Love Equations are powerful tools that can prevent relationship distress and heal ailing relationships. Readers learn about the various research and studies that were done to discover the science behind love, and are treated to a history of the people, ideas, and events that shaped our current understanding. They also learn about: • The “Four Horsemen of the Apocalypse” • 45 natural principles of love • 5 couple types • 5 recipes for good relationships • And much more! Just as science helped us to understand the physical world, it is helping us to understand the emotional world as well. Using the insights in this book, mental health professionals can meaningfully help their distressed clients, as well



