

## Treating Violence A Guide To Risk Management In Mental Health

Offers practical answers to extraordinarily complex questions raised by abuse. Provides a checklist of warning signs of domestic abuse.

"This book describes violence risk assessment in both juveniles and adults, incorporating dynamic and static factors, along with treatment alternatives. Research and practice are combined quite nicely, along with assessment and treatment. There is something for everyone here." Score: 91, 4 stars --Doody's "Forensic clinicians will find this book to be a valuable reference book as well as a very useful clinical treatment guide relevant to violent offenders." --Jeffrey L. Metzner, MD Mental health practitioners are confronted with the difficult task of assessing the risk that offenders pose to the general public. This comprehensive volume provides practitioners with the knowledge and insight necessary to conduct violence risk assessments, and to synthesize clinical and research data into comprehensive reports and oral testimony. Violence risk assessment requires a well-formulated and comprehensive risk management plan. Andrade and the authors present that plan, and demonstrate how it can be clearly implemented in practice. With numerous clinical case studies, this book illustrates the process of conducting violence risk assessments, outlines the tools used in these evaluations, and explains how information is translated into an overall assessment and guide for future risk management. Key Features:

Investigates the etiology of violent behavior, and provides a review and analysis of recent literature Discusses both adult and youth violence, providing insight into the developmental course of aggressive behavior throughout the lifespan Contains chapters on special populations, including female offenders, intimate partners, psychopathic and mentally ill offenders, and sexually abusive youth Useful to practitioners from various fields including social work, psychology, and psychiatry, as well as students in these disciplines Ultimately, this book provides practitioners with an understanding of risk assessment, treatment, and risk management, serving as an authoritative guide to applying empirical findings to mental health practice.

This report is based on a rethinking of the concept of motivation, which is redefined here as purposeful, intentional, & positive -- directed toward the person's best interests. This report shows how substance abuse treatment staff can influence change by developing a therapeutic relationship that respects & builds on the client's autonomy & makes the treatment clinician a partner in the change process. Describes motivational interventions that can be used at all stages of the change process, from pre-contemplation & preparation to action & maintenance, & informs readers of the research, results, tools, & assessment instruments related to enhancing motivation.

One of the major challenges for mental health professionals today is to successfully treat violent patients. The mental health professional is obligated to go beyond containment and control to provide understanding, complete assessment and accurate diagnosis, and humane and effective treatment. Understanding and Treating Violent Psychiatric Patients is a one-of-a-kind, comprehensive guide to assessment, management, understanding, and treatment of violent patients. The first section encompasses practical guides to treatment for both children and adults. It discusses commonly encountered problems in the treatment of violent adult inpatients and includes a brief guide to pharmacological treatments. A chapter is devoted to the treatment of abnormal aggression in children and adolescents. The second section delves into a more conceptual and broadly focused approach to understanding violent patients. It covers the relationship between dissociation and violence, as well as the relationship between psychiatric disorders and violence, and addresses impulse control and the treatment of impulsive patients. Heavily researched and clinically focused, this new title is a "must read" for psychiatrists, psychologists, psychiatric social workers, psychiatric nurses, or any mental health professional needing a better approach to understanding and treating violent patients.

A comprehensive guide for primary care physicians, covering such clinical issues as screening, management and referrals. The needs of special populations are discussed, including the elderly, pregnant women, lesbians and immigrant populations. The book concludes with a series of clinical vignettes that describe in detail some hypothetical physician-patient interactions, and demonstrate ways that a practitioner can intervene in the recognition and management of patients who could be at risk from violence in these various settings.

Empirical research has clearly demonstrated that animal abuse in childhood is associated with family violence and violent behavior towards humans in general. Such abuse is accordingly of increasing interest within human services and the criminal justice system. This handbook will serve as an ideal resource for therapists in social work, psychology, psychiatry, and allied fields who work with children who have abused animals. It provides step-by-step guidance on how to assess, develop appropriate treatment plans for, and treat children who commit animal abuse, based on the AniCare model developed by the Animals and Society Institute. Exercises cover the identification and expression of feelings, the development of empathy, self-management skills, and working with parents. Careful consideration is also paid to the effects of witnessing animal abuse. The theoretical framework is eclectic, encompassing cognitive behavioral, psychodynamic, and attachment theories. A number of illustrative case studies are included, along with excerpts from treatment sessions. Accompanying electronic supplementary material demonstrates role-played assessment and treatment and includes workshop presentations of pedagogic material.

Treating the Trauma Survivor is a practical guide to assist mental health, health care, and social service providers in providing trauma-informed care. This resource provides essential information in order to understand the impacts of trauma by summarizing key literature in an easily accessible and user-friendly format. Providers will be able to identify common pitfalls and avoid re-traumatizing survivors during interactions. Based on the authors' extensive experience and interactions with trauma survivors, the book provides a trauma-informed framework and offers practical tools to enhance collaboration with survivors and promote a safer helping environment. Mental health providers in health care, community, and addiction settings as well as health care providers and community workers will find the framework and the practical suggestions in this book informative and useful.

The book provides treatment recommendations for bipolar patients, a review of evidence about bipolar disorder, and states research needs

Presenting a comprehensive framework for conducting a scientifically grounded violence risk assessment, this book is authoritative, current, and practical. The essentials of doing this type of evaluation are reviewed, and available risk appraisal instruments are described for general violence, sexual violence, and spousal violence. The authors provide expert advice on choosing suitable instruments and approaches for particular cases, interpreting the resulting data, and communicating with legal decision makers. A detailed outline shows how to organize assessment findings into an effective final report; a sample completed report is featured in the appendix.

A comprehensive guide to the theory, research and practice of violence risk management The Wiley Handbook of What Works in Violence Risk Management: Theory, Research and Practice offers a comprehensive guide to the theory, research and practice of violence risk management. With contributions from a panel of noted international experts, the book explores the most recent advances to the theoretical understanding, assessment and management of violent behavior. Designed to be an accessible resource, the highly readable chapters address common issues associated with violent behavior such as alcohol misuse and the less common issues for example offenders with intellectual disabilities. Written for both those new to the field and professionals with years of experience, the book offers a wide-ranging review of who commit acts of violence, their prevalence in society and the most recent explanations for their behavior. The contributors explore various assessment approaches and highlight specialized risk assessment instruments. The Handbook provides the latest evidence on effective treatment and risk management and includes a number of well-established and effective treatment interventions for violent offenders. This important book: Contains an authoritative and comprehensive guide to the topic Includes contributions from an international panel of experts Offers information on violence risk formulation Reveals the most recent techniques in violence risk assessment Explains what works in violence intervention Reviews specialty clinical assessments Written for clinicians and other professionals in the field of violence prevention and assessment, The Wiley Handbook of What Works in Violence Risk Management is unique in its approach because it offers a comprehensive review of the topic rather than like other books on the market that take a narrower view.

The primary audience for this TIP is administrators of outpatient substance abuse treatment programs. A few words about this audience are in order. Whereas TIP 8 addressed intensive outpatient treatment, the current TIP drops the word "intensive" from its title because the consensus panel hopes that this TIP will find an audience beyond administrators of IOT programs. Most of the concepts and guidelines included in this TIP apply to the administration of all substance abuse outpatient treatment (OT) programs. On those rare occasions when information applies only to IOT programs, the authors have been sure to make this clear. Although the term "administrator" is used most often to describe the audience for this book, the terms "executive" and "director" appear as well and are used interchangeably with administrator. These overlapping terms emphasize the varied roles and responsibilities that administrators assume.

Domestic violence is a serious, widespread public, social and health problem that affects the lives of many women, children and men. There is also evidence to suggest it has one of the highest rates of recidivism. This comprehensive book provides an overview of what the research tells us about the perpetrators of domestic violence and what works, and what doesn't, in promoting positive change. Collecting together the most up-to-date evidence from the international literature and bringing psychological, sociological, gendered and socio-political theoretical perspectives to bear on the issue, the authors explore: - what domestic violence is, why it happens and how it can be measured - who the perpetrators of domestic violence are, including discussion of non-stereotypical patterns such as male victims, female perpetrators, couples where the abuse is mutual, and couples with abusive relationships who want the abuse to end but the relationship to be sustained - strategies for engaging perpetrators in interventions and for promoting behaviour change - evidence-informed interventions, programmes and policies for working with perpetrators - where robust evidence is lacking and more research needs to be undertaken. Domestic violence is a significant problem for those individuals and families whose life is affected by this issue, the social, health and criminal justice agencies that respond to it, and wider society which must bear the costs and its devastating effects. This volume is an important reference for all those researching and working with the victims, survivors and perpetrators of domestic violence, including academics and students from fields such as social work, sociology, criminology, psychology and social policy.

" This book describes violence risk assessment in both juveniles and adults, incorporating dynamic and static factors, along with treatment alternatives?..Research and practice are combined quite nicely, along with assessment and treatment. There is something for everyone here. Score: 91, 4 stars --Doody's Forensic clinicians will find this book to be a valuable reference book as well as a very useful clinical treatment guide relevant to violent offenders. --Jeffrey L. Metzner, MD Mental health practitioners are confronted with the difficult task of assessing the risk that offenders pose to the general public. This comprehensive volume provides practitioners with the knowledge and insight necessary to conduct violence risk assessments, and to synthesize clinical and research data into comprehensive reports and oral testimony. Violence risk assessment requires a well-formulated and comprehensive risk management plan. Andrade and the authors present that plan, and demonstrate how it can be clearly implemented in practice. With numerous clinical case studies, this book illustrates the process of conducting violence risk assessments, outlines the tools used in these evaluations, and explains how information is translated into an overall assessment and guide for future risk management. Key Features:

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The historical context of family violence is explored, as well as the various forms of violence, their prevalence in specific stages of life, and responses to it made by the criminal justice system and other agencies. The linkage among child abuse, partner violence and elder abuse is scrutinized, and the usefulness of the life-course approach is couched in terms of its potential effect on policy implications; research methods that recognize the importance of life stages, trajectories, and transitions; and crime causation theories that can be enhanced by it. Tables, figures, charts, discussion questions and helpful boxes with supplemental information titled "Tool Box," "From the Field," and "Research Shows" enhance the text.

This book provides a concise introduction to the increasingly important field of forensic mental health. It aims to set out both the key concepts in forensic mental health as well as the way the discipline operates in the broader context of criminal justice and mental health care systems. It will provide an ideal introduction to the subject for students taking courses in universities and elsewhere, for mental health practitioners in the early stages of their careers, and for professionals from other agencies needing an informed and up-to-date account of forensic mental health.

Provides useful info. on the role of substance abuse in domestic violence. Useful techniques for detecting and eliciting such info. are supplied, along with ways to modify

treatment to ensure victims' safety and to stop the cycle of violence. Legal issues, including duty to warn and confidentiality are discussed. A blueprint is provided for a more integrated system of care that would enhance treatment for both problems, including suggestions for establishing linkages both between substance abuse treatment providers and domestic violence support workers and with legal, health care, criminal justice, and other agencies.

Recognizing that women can be as abusive in their intimate partnerships as men, this book provides the clinician with comprehensive information to understand the unique characteristics and treatment implications for women's domestic violence. Practical and effective guidance is given for conducting group treatment of abusive women. clients). Child abuse and neglect, elder abuse, women's abuse of men, and domestic violence within same-sex relationships are important issues that are not addressed in depth in this document, largely because each requires separate comprehensive review. Other patterns of domestic violence outside the scope of this TIP are abused women who in turn abuse their children or react violently to their partners' continued attacks and adult or teenage children who abuse their parents. Researchers have found that one fourth to one half of men who commit acts of domestic violence also have substance abuse problems (Gondolf, 1995; Leonard and Jacob, 1987; Kantor and Straus, 1987; Coleman and Straus, 1983; Hamilton and Collins, 1981; Pernanen, 1976) and that a sizable percentage of convicted batterers were raised by parents who abused drugs or alcohol (Bureau of Justice Statistics, 1994). Studies also show that women who abuse alcohol and other drugs are more likely to be victims of domestic violence (Miller et al., 1989). The primary purpose of this document is to provide the substance abuse treatment field with an overview of domestic violence so that providers can understand the particular needs and behaviors of batterers and survivors as defined above and tailor treatment plans accordingly. This requires an understanding not only of clients' issues but also of when it is necessary to seek help from domestic violence experts. The TIP also may prove useful to domestic violence support workers whose clients suffer from substance-related problems. As the TIP makes clear, each field can benefit enormously from the expertise of the other, and cooperation and sharing of knowledge will pave the way for the more coordinated system of care discussed in Chapter 6. Future publications will examine those aspects of the problem that concern such special populations as adolescent In the last decade there has been heightened clinical and investigative activity in the area of family violence. This, of course, is partly attributable to recent surveys showing a high incidence of family violence in the United States. For example, there are indications that nearly 30% of married women in this country are victims of physical abuse by spouses at some point in their marriage. Further, FBI statistics show that approximately 13% of all homicides are husband-wife killings. Moreover, it has been projected that such figures are likely to increase over the next several years. Consistent with these trends, funding of family violence research by both federal and private agencies has increased. Indeed, federal agencies, such as the National Institute of Mental Health and the National Institute of Law Enforcement and Criminal Justice, have provided considerable support for work in this area. In addition, family violence, particularly wifebattering, child abuse, and sexual abuse of children has been the focus of media attention at the national level, and has generated intensive interest in both lay and professional publications. Moreover, there have been several recent governmental hearings and investigations regarding the prevalence of these problems.

Treating Violence deals with the problem of violence by mental health patients. Over the last twenty years violence by the mentally ill has grown from just a peripheral concern to dominate debate about services. Scientific studies have established beyond reasonable doubt that mental disorders lead to violence in a minority of sufferers, whilst a series of homicide inquiries brought the media spotlight to bear on the real and imagined failings of mental health services. Consequently, health services have had violence risk assessment thrust upon them by worried managers and politicians. Clinicians were bewildered by the growing number of risk scales and they felt vulnerable to criticism when things went wrong. This book provides a way out of the confusion. It summarises the evidence, critically reviews risk assessment methods, and presents a strong case for improving management through structured clinical assessment. In this provocative and controversial account, standardised risk assessment is discussed in a critical, non-technical way, with a reminder that nobody can predict the future. There is advice for the clinician on when and how to use standardised assessment, along with a strong defence of clinical methods. Topics include: research on violence, mental health, and risk prediction; the ethics of violence risk assessment; homicide inquiries in the UK, with the results of a new study reviewing their findings; a discussion of professional attitudes towards violence risk; a description of risk assessment tools and recommendations for their use; and a strong defence of structured clinical assessment as the best way of managing risk. This is a book that should be read by anybody working in front line mental health services or criminal justice. It will also be of interest to those who have read the headlines about mental illness and violence and want to know more about the facts and the controversies that lie behind them.

This book is a comprehensive guide to a range of medical conditions and pertinent topics to improve the quality of life of older people. The book adopts a practical, systematic approach, with easy access to medical and other problems of importance to the elderly.

Testimony on the topic of child abuse prevention and treatment is presented in this document. After an opening statement by Representative Patricia Schroeder of Colorado, testimony and supplemental materials by these persons are included: (1) Marilyn Van Derbur, motivational lecturer, Denver, Colorado; (2) Barry Bennett, program manager, innovative treatment programs, division of adult, child, and family services, Iowa Department of Human Resources, Des Moines, Iowa; (3) Cresson Carrasco, parent-infant psychotherapist, community infant project, Mental Health Center of Boulder County, Boulder, Colorado; (4) David Espinoza, executive director, La Causa Day Care Center, Inc., Milwaukee, Wisconsin; (5) Wade Horn, commissioner, Administrator for Children, Youth, and Families, U.S. Department of Human Services, accompanied by David Lloyd, director, National Center on Child Abuse and Neglect, U.S. Department of

Health and Human Services, Washington, District of Columbia; (6) Richard D. Krugman, chairperson, U.S. Advisory Board on Child Abuse and Neglect, Denver, Colorado; (7) Nora (J. Baladerian, licensed psychologist, chair, State Task Force on Disability, director, Disability Project of SPECTRUM Institute; (8) George Batsche, National Association of School Psychologists, Silver Spring, Maryland; (9) David Lloyd, director, National Center on Child Abuse and Neglect, Department of Health and Human Services, Washington, District of Columbia; (10) Belva Morrison, director, Indian Child Welfare Program/DIHFS, Denver, Colorado; (11) Steven J. Murphy, director, Hillsdale County, Michigan Department of Social Services; (12) New Beginnings, Integrated Services for Children and Families, San Diego, California; and (13) Milan Rewerts, interim director, Colorado State University cooperative extension child abuse prevention programs. Additional materials, including a statistical fact sheet on child abuse, from Representative Schroeder are included. (LLL)

Presenting practical strategies for violence assessment and prevention that are grounded in solid empirical research, this book guides social work practitioners and students to provide state-of-the-art treatment to aggressive clients while reducing violence risks. Effective methods are described together with specific recommendations for approaching, engaging, and intervening with potentially violent clients in both office and field settings. Skills development exercises, case analyses, and guidelines for developing and implementing an agency safety plan enhance the book's utility as a training text and professional resource.

Handbook of Violence Risk Assessment and Treatment New Approaches for Mental Health Professionals Springer Publishing Company

No one should face aggression or violence in the workplace but these problems are increasingly being reported by health and social care workers and the people using their services. This helpful book explores the reasons why some individuals may become aggressive or violent and explains how a holistic approach can offer effective ways of preventing, anticipating, reducing and dealing with aggression and violence when they arise. By critically exploring the common issues and difficulties encountered by professionals, the authors provide valuable insights into this behaviour and how to implement safeguards against it. Contents include: A holistic approach OCo Violence and aggression in services and the social context OCo Essential principles and theoretical models OCo Safe, therapeutic environments OCo De-escalation: Reducing arousal and aggression OCo Non-verbal and verbal communication OCo Biological explanations of violence and aggression OCo Culture, diversity and communication OCo Individuals with specific communication needs OCo More on individuals with specific communication needs OCo Clients OCO physical health needs OCo Psychosocial interventions including Cognitive Behavioural Therapy OCo Other types of psychotherapy and therapeutic communities"

This guide presents the current status of treatment approaches for families affected by physical or psychological abuse or by neglect. Each chapter, written by a specialist on the topic, critically examines the features of a particular type of family violence, the interventions developed to remedy or prevent maltreatment, and possible future directions of research. Chapters fall into five sections, covering commonly encountered clinical issues, treatment of individual victims, treatment programs for perpetrators, preventative programs addressing family violence, and recommendations for future research priorities.

Part 1 of this Protocol is for substance abuse counselors and consists of two chapters. Chap. 1 presents the ¿what¿ and ¿why¿ of working with clients with substance use disorders who have depressive symptoms. Chap. 2 presents the ¿how to¿ of working with clients with depressive symptoms. Part 2 is an implementation guide for program administrators and consists of two chapters. Chap. 1 lays out the rationale for the approach taken in Chap. 2 and will help you understand the processes of organizational change and the factors that can facilitate or impede such change. Chap. 2 provides detailed info. on how to achieve high-quality implementation of the recommendations in Part 1 of this report. Illustrations.

Domestic violence starts with a pattern of behavior that is not against the law, but it becomes damaging to individuals and destroys families. Many believe the social myths that domestic violence victims should divorce offenders, therapy for the offenders is punishment, victims who are ordered into therapy are re-victimized, and children do not need therapy. Most treatment for domestic violence is given only to offenders and neglects the victims and children involved. As a licensed therapist and counselor, Dr. DellaCroce believes family domestic violence treatment is the best approach to ending the cycle of maltreatment and abuse found in families today. In The Development of a Family Domestic Violence Program to Enhance Effectiveness in Standardized Domestic Violence Treatment, she presents thorough research and observations on domestic violence to help others create and implement practical treatment programs. Every fifteen seconds someone commits a crime of domestic violence in the United States, and most violators will be court-mandated to receive group treatment. Outcome studies of traditional treatment programs (those with confrontational or educational approaches) indicate high rates of dropping out and low effectiveness, lending urgency to the need to find an alternative method. This book describes a cutting-edge treatment approach that creates effective, positive changes in domestic violence offenders. Solution-focused therapy focuses on holding offenders accountable and responsible for building solutions, rather than emphasizing their problems and deficits. By focusing on "solution-talk" instead of "problem-talk," clients are assisted in developing useful goals and solution behaviors that are then amplified, supported, and reinforced through a solution-building process. The book will be of great interest to professionals and graduate students in social work, psychology, and counseling.

The Treatment Improvement Protocol (TIP) series fulfills the Substance Abuse and Mental Health Services Administration's (SAMHSA's) mission to improve prevention and treatment of substance use and mental disorders by providing best practices guidance to clinicians, program administrators, and payers. TIPs are the result of careful consideration of all relevant clinical and health services research findings, demonstration experience, and implementation requirements. A panel of non-Federal clinical researchers, clinicians, program administrators, and patient advocates debates and discusses their particular area of expertise until they reach a consensus on best practices. This panel's work is then reviewed and critiqued by field reviewers.

The first comprehensive psychiatry review textbook, designed expressly for the Canadian market, Psychiatry Review and Canadian Certification Exam Preparation Guide is the resource residents and psychiatrists need to master the qualifying examinations in psychiatry of the Royal College of Physicians and Surgeons of Canada. These exams are required for certification both for graduating residents and most foreign-trained psychiatrists seeking to practice in Canada. This new volume, based on The American Psychiatric Publishing Board Review Guide for Psychiatry, has been carefully edited to include only material relevant to the Canadian exam. References have been taken from both the U.S. and Canadian psychiatric literature, and laboratory units, medication names and doses, and the language used have been edited to be consistent with Canadian psychiatry. The volume takes the reader from the basic sciences

comprising the foundation of psychiatry, through the psychiatric interview and other diagnostic topics, to syndrome-specific chapters paralleling DSM-IV-TR, and finally to current treatment options. Rounding out the review is a 200-question practice exam that reflects the structure of the actual board examinations. Although no substitute for quality medical and residency training, Psychiatry Review and Canadian Certification Exam Preparation Guide will help the prospective exam-taker ameliorate weaknesses and enhance strengths in preparation for a successful exam experience.

Intimate partner violence is a challenging problem that health professionals encounter on a daily basis. This volume thoroughly compiles the current knowledge and health science and provides a strong foundation for students, educators, clinicians, and researchers on prevention, assessment, and intervention.

Take an updated approach to treating partner violence! Intimate Violence: Contemporary Treatment Innovations examines new and innovative approaches to treating domestic violence, de-emphasizing the unilateral, psychoeducational approach in favor of treatment modalities that focus on the offenders' individual characteristics. The book presents up-to-date information on techniques for working with men and women who commit intimate partner violence, moving past a "one size fits all" mentality to develop treatment that affects long-term changes in beliefs, behaviors, and attitudes. It also includes a brief history of perpetrator treatment, feminist perspectives on treatment, and recent research findings that suggest domestic violence offenders need more than education and attitude adjustment. Intimate Violence explores key treatment issues not usually found in more traditional approaches, particularly shame and attachment. The book focuses on alternate methods based on assessment and tailored to meet the treatment needs of specific populations, including women, lesbian batterers, men with borderline personality disorder (BPD), and Aboriginal men living in Canada. It also examines the Beit Noam, an Israeli live-in intervention program for abusive men, and addresses the legal and ethical issues surrounding the court-mandated treatment of offenders. An international, interdisciplinary panel of practitioners, researchers, and academics also discuss: Dialectical Behavior Therapy (DBT) Physical Aggression Couples Treatment (PACT) attachment theory therapeutically based interventions feminist/social learning treatment individual, group, and integrative therapies transpersonal psychology systems thinking field theory and much more! Intimate Violence: Contemporary Treatment Innovations is an essential resource for clinicians, researchers, educators, and advocates working in psychology, social work, counseling, law, health care, and related disciplines.

Despite the prevalence of battered women in the medical setting, many physicians fail to correctly identify and refer abused patients. The introductory chapter of this book discusses definitions of domestic violence, issues of power and control, the prevalence of the problem, the effect of domestic violence on the medical system, and reasons why physicians fail to identify abuse. The profile of domestic violence victims is discussed in terms of gender, ethnic and socioeconomic status, age, marital status, personality traits, sexual orientation, pregnancy, disabilities, immigration status, use of alcohol and drugs, family history, relationship variables, and abuse of children. Issues pertaining to abusers discussed here include substance abuse, critical risk factors, dominance of men over women, and secrecy and denial. Recognition of domestic violence can be improved through patient history and demeanor, companion's behavior, direct questioning, routine screening, and physical examination. When abuse is detected, the physician has many avenues for action: referrals to services and shelters, documentation, treatment, counseling, legal services, and follow-up care. Specific legal issues may include mandatory reporting, duty to warn, liability for reporting, and legal options for the patient. The book discusses how the medical community can prepare itself for an optimal response to domestic violence.

Ronald T. Potter-Efron consciously connects anger management and domestic violence, two long separated fields, and addresses treatment options and intervention methods that meet the needs of individual clients, couples, families, and groups. Therapists, counselors, social workers, and other treatment specialists will find this book a useful overview and reference for anger and anger management techniques as well as domestic violence approaches. This new edition is split into four distinct sections: • A description of anger and domestic violence focused upon helping clients use the principles of neuroplasticity to dramatically alter their behavior • Assessment for anger problems and/or domestic violence • Group treatment for individuals with anger problems and/or domestic violence • Individual, couples, and family treatment of these concerns. Woven through this book is a fair and balanced treatment of gender issues, reflected in the diversity of case examples that address jealousy, chronic anger, behavioral problems, group and individual counseling, and more. Readers are also shown how anger develops and can lead to verbal and physical outbursts, the five types of rage reactions, and how to treat anger turned inward. Potter-Efron also details four different approaches to treating anger: behavioral, cognitive, affective, and existential/spiritual. Mental health professionals are provided numerous questionnaires and worksheets to utilize with their clients. Handbook of Anger Management and Domestic Violence Offender Treatment is an essential guidebook that illustrates effective theory and practice.

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