

The Toe Bone And The Tooth An Ancient Mayan Story Relived In Modern Times Leaving Home To Come Home

Oh, no! Sam, the custodian, has accidentally knocked over the famous Charles Cartilage skeleton! All of the disconnected bones have amnesia from the fall and have no clue what they are-or where they belong! Join in the fun and laughter while your students learn about bones, muscles and nerves! Features six singable songs and a "Clatter Band" of students playing rhythm instruments. The whole school can be involved! Recommended for grades three and up. Performance Time: Approximately 25 minutes.

A survivor of the horrors of Guatemalan death squads casts his own story against the backdrop of an ancient Mayan myth, showing readers how use the powerful story as a metaphor for their own lives. Reprint.

The reference of choice in foot surgery has been thoroughly updated to reflect the latest developments in foot and ankle surgery. Under the expert editorial guidance of Drs. Coughlin and Mann, this two-volume text covers general considerations, the forefoot, neurologic disorders, arthritic conditions, postural disorders, miscellaneous disorders, sports medicine, pediatric, and trauma. Eight new contributors bring fresh insight to several major topics: conservative treatment of foot and ankle, congenital neurological disorders, flat foot in children and young adults, heel pain, infections of the foot, tumors and metabolic disorders of the foot, dermatology, congenital foot and ankle deformities, miscellaneous soft tissue injuries, fractures and fracture dislocations of the ankle, and fractures and dislocations of the foot. Presents both conservative and surgical treatments with a clinically focused approach. Carefully details the precise methods for carrying out the preferred surgical approach, complemented by intricate line drawings. Discusses the biomechanics of the foot and ankle as well as principles of examination, imaging, conservative treatment, and peripheral anesthesia. Organized into nine sections - general considerations, the forefoot, neurologic conditions, arthritic conditions, postural disorders, miscellaneous conditions, sports medicine, pediatrics, and trauma. Clearly defines preoperative planning and postoperative management.

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Answers questions about foot problems and treatments, footcare, sports injuries, and how to select shoes

Presents a guide to maintaining health and physical fitness, providing advice on nutrition, healthy eating, exercise, and preventive measures against disease.

Discover the healing art of reflexology! The healing art of reflexology uses specific thumb and finger techniques to teach the body to redirect and release the blocked energy that causes pain and illness. In Yoga Journal Presents: Your Guide to Reflexology, you'll find expert information on this therapeutic method of pressure-point massage to relieve pain, reduce stress, and heal a variety of ailments. This accessible and comprehensive guide teaches you how to: Locate the healing zones of the feet that correspond to specific organs, systems, and body parts Use thumb-walking, knuckle presses, clapping, and other techniques to balance energy flow Use reflexology to improve immunity, treat illnesses, and reduce pain Integrate reflexology into your daily routine for a healthier, happier, more fulfilling life With this informative and inspiring guide, you'll be able to use the healing power of touch to bring relief and comfort to yourself and others, while restoring balance throughout the body, mind, and spirit.

This book presents the essential anatomic and radiological data, discussing new and refined techniques of imaging such that readers may rely on their interpretation. The chapters on pathology are approached in a clinical context, accompanied by numerous diagrams and photographs, while the references, both classical and recent, are profuse. The result is a complete review of the subject, of interest to both the specialist and the non-specialist.

Skeletal structure, muscles, heads, special features. Exhaustive text, anatomical figures, undraped photos. Male and female. 337 illustrations.

This volume is designed to be a practical aid for lawyers dealing with personal injury, worker' compensation, and disability cases.

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