



Women , Lira Kellerman will help you infiltrate, navigate, and obliterate the arbitrary guidelines that keep you tethered to dull, flaccid monologues and a disembodied stage personality. Characterized by Broadway World as "a complex combo of prude and seductress," Kellerman knows the ins and outs of both sides of an audition. Onstage she boasts extensive experience as an actress and dancer experience that, in tandem with her skill as a writer and proud embrace of her inner dork (despite said dork's predilection toward words like "hella" and "dude" in moments of emotional intensity), led to the creation of this palpably empathetic book. Behind the table, her many gigs as an acting coach and casting director have taught her what your most important critics expect and exactly how you should surprise them. She brings this knowledge to bear on each original (that's right, original!) monologue in *Break the Rules and Get the Part* . Every one-minute piece is emotionally self-contained, featuring a clear internal narrative arc, sharp turning points, and several beats to choose from, each of which can make the text your own. These comedic, serio-comedic, and dramatic monologues are also followed by what Kellerman terms *Helpful Direction*: a list of key points that highlight character objectives and intents, several ideas on which emotions you should hit (and how and where to hit them), and multiple comedic and dramatic suggestions that heighten your individuality and personal essence within a piece. *Break the Rules and Get the Part* is the sort of book a showbiz vet at the top of her artistic game wishes she had when she first entered the field. Don't fret about getting your foot in the door kick it down, stride in, and make your wildest dreams a reality!

To whom are armed opposition groups and business corporations accountable for their actions in armed conflict and in peace times? Are they responsible as a group? This pioneer book offers innovative theoretical and empirical analyses to these questions. Focusing in particular on compassionate care, this practical textbook covers all aspects of psychology relevant to nursing and healthcare students. Key features include: Coverage of the most important core psychology concepts for students, directly linked to relevant practice contexts. Case studies and scenarios from service users, carers, students and practitioners to help readers relate theory to practice. Reflective activities to develop critical thinking with outline answers at the end of each chapter. A glossary with definitions of key terms to further understanding.

Buy the paperback version of this book and get the Kindle version for free! If you want to know how to stop running on autopilot and definitively transform your habits, then keep reading. Sadly, not many of us can say that all of our habits are positive. Our experiences have led us down a dark path of negative habits. But the nice thing is that we can turn things around. We can confront our automatic, repetitive, and long-standing habits and transform our lives. Is it going to be easy? Nope! It takes tremendous focus and willpower to get rid of bad habits and develop positive ones. You have to approach positive habit formation with a flexible mindset and tons of patience. Why this book can help you This book explores the subject of habit transformation. It will help you understand the various ways you can kick your bad habits, develop new ones, and live the life that you have always yearned for! Some of the things discussed in this guidebook include: How to create a plan to eliminate your undesirable habits How to make new habits stick How to learn financial habits that will transform your life How to make better decisions How to expand your specific knowledge about yourself Success starts with great habits Inside this guidebook you'll learn how to transform yourself and

achieve fulfilment: Even if you lack self-esteem Even if you've never learned about habit formation before Even if you have a lot of bad habits to transform So are you ready to start acting like the person you want to be so you can live an extraordinary life? Click the BUY NOW button at the top right of this page! P.S. BONUS INSIDE! Purchase this book to get free access to the exclusive Richard Cross course "How to Succeed in 30 Days."

This title explores one of the most central but often overlooked aspects of cinema: film acting. Combining classic and recent essays, it examines key issues. What constitutes film acting? How is film acting different from stage acting? How has film acting changed over the years?.

Andy Nyman's first book, *The Golden Rules of Acting*, has become a bestseller in the acting world. Now he returns to bring you more priceless nuggets gleaned from more than thirty years in the acting business. This book will help you to... Learn to love auditions and self-tapes (yes, really!) Look after your mental health Deal with success and failure Burst a few bubbles that need bursting Written with the same candid wit as his first book, this is every actor's new best friend - in handy paperback form. 'With great humour, wisdom and panache, Andy Nyman presents tasty advice for any actor. He knows that the more rules and craft under your belt, the more daring and original you will be as an artist' Glenn Close 'As with the first volume, this book gets to the heart of what being a working actor is about. No faff, no mystery, just practicalities that are always worth being reminded of' Martin Freeman 'One man shouldn't be so wise and entertaining, but Andy Nyman somehow is. His latest Golden Rules are exactly that -- and wild fun, to boot. I recommend this book not just to actors, but to anyone who has ever seen an actor act. Nyman's insights apply to us all' J.J. Abrams

When nineteenth-century Londoners looked at each other, what did they see, and how did they want to be seen? Sharrona Pearl reveals the way that physiognomy, the study of facial features and their relationship to character, shaped the way that people understood one another and presented themselves. Physiognomy was initially a practice used to get information about others, but soon became a way to self-consciously give information--on stage, in print, in images, in research, and especially on the street. Moving through a wide range of media, Pearl shows how physiognomical notions rested on instinct and honed a kind of shared subjectivity. She looks at the stakes for framing physiognomy--a practice with a long history--as a science in the nineteenth century. By showing how physiognomy gave people permission to judge others, Pearl holds up a mirror both to Victorian times and our own.

Donna Soto-Morettini has served as Director of Drama for the Royal Scottish Academy of Music and Drama, Head of Acting for Liverpool Institute for Performing Arts, and Head of Acting at the Central School of Speech and Drama. She is currently Casting Director and Performance Coach for Andrew Lloyd Webber and the BBC --Book Jacket.

Finding good, interesting audition pieces is a demanding and difficult process. This revised edition contains over 40 speeches and includes a wide selection of pieces taken from plays written or produced recently, such as *Nathan the Wise*, *All the Ordinary Angels*, *The Woman Before* (first performed at the Royal Court in 2005), *Oleanna*, (David Mamet), *Pygmalion* and *New Boy*. There are speeches

for a variety of accents and ages, taken from both classical and modern plays, to suit all audition requirements. There is also an introductory section containing advice from directors and casting directors on how to audition successfully, advice on attending drama schools and how to audition successfully.

Soft computing comprises various paradigms dedicated to approximately solving real-world problems, e.g. in decision making, classification or learning; among these paradigms are fuzzy sets, rough sets, neural networks, genetic algorithms, and others. It is well understood now in the soft computing community that hybrid approaches combining various paradigms are very promising approaches for solving complex problems. Exploiting the potential and strength of both neural networks and rough sets, this book is devoted to rough-neuro computing which is also related to the novel aspect of computing based on information granulation, in particular to computing with words. It provides foundational and methodological issues as well as applications in various fields.

Focusing on the political, intellectual, and cultural context of England in the early modern period (14th century to 18th century), this volume of essays honoring Perez Zagorin, Wilson Professor of History emeritus, University of Rochester, represents, in part, the breadth of his wide-ranging work and intellectual interests. In his 35-year acting career, bestselling author Michael Simkins has performed in the West End, in rep and touring productions, appeared in musicals, movies, soaps, adverts, and on the radio, as well as being a regular contributor to the Guardian, The Telegraph and the Daily Mail on all matters theatrical.

This fun program provides a set of tools for developing social understanding in children with Asperger Syndrome through drama. It contains a wide repertoire of activities and ideas for use at home, in the classroom, in therapy workshops or social groups, ranging from initial warm up techniques, to larger group scenes and staging a show.

With practical tips on everything from auditions and dealing with an agent to coping with rejection, offers advice on how to succeed and be happy as a professional actor.

Stanislavski's 'system' has dominated actor-training in the West since his writings were first translated into English in the 1920s and 30s. His systematic attempt to outline a psycho-physical technique for acting single-handedly revolutionized standards of acting in the theatre. Until now, readers and students have had to contend with inaccurate, misleading and difficult-to-read English-language versions. Some of the mistranslations have resulted in profound distortions in the way his system has been interpreted and taught. At last, Jean Benedetti has succeeded in translating Stanislavski's huge manual into a lively, fascinating and accurate text in English. He has remained faithful to the author's original intentions, putting the two books previously known as *An Actor Prepares* and *Building A Character* back together into one volume, and in a colloquial and readable style for today's actors. The result is a major contribution to the theatre, and a service to one of the great innovators of the twentieth century.

Luvvies. Tyrannical directors. Useless agents. Less job security than an England football manager. Who would be an actor? Michael Simkins isn't sure, even

though he's been one himself for over thirty years. Join him backstage as he examines that business called showbusiness, from an am dram to Hollywood, and from Shakespeare to ads for flatulence pills. In a career that started as a plump teenager in ballet tights at RADA, Michael has appeared in countless West End plays and musicals, presented safety training workshops for sewage workers, and when resting, worked as a crate smasher at a car factory. He's done movies, soaps, ads, and voice-overs, and worked with everyone from Meryl Streep to Kelly Osbourne. As the ultimate jobbing actor he's flirted with triumph and oblivion without ever quite managing either. In *The Rules of Acting* he shares his hard-won wisdom. Covering everything from learning your lines to tilting for Oscar success in Hollywood, surviving a flop, to why it's advisable to read the whole script if you wish to avoid improper relations with a pig, it's the ultimate survival guide for anyone contemplating a life in showbiz. 'Throw out *An Actor Prepares!* Michael Simkins' book tells actors all they need to know about the realities of the acting profession; the passion, the struggle, the noble idealism and the heartache.' HELEN MIRREN 'It is thrilling that Michael Simkins is having such success as a writer - anything to keep him off the stage' IAN MCKELLEN

Important scholars offer new perspectives on the formation and growth of social institutions

In *The Rules of Insanity*, Carl Elliott draws on philosophy and psychiatry to develop a conceptual framework for judging the moral responsibility of mentally ill offenders. Arguing that there is little useful that can be said about the responsibility of mentally ill offenders in general, Elliott looks at specific mental illnesses in detail; among them schizophrenia, manic-depressive disorders, psychosexual disorders such as exhibitionism and voyeurism, personality disorders, and impulse control disorders such as kleptomania and pyromania. He takes a particularly hard look at the psychopath or sociopath, who many have argued is incapable of understanding morality. Making extensive use of psychiatric case histories, Elliott explores the various ways in which mental illness can affect a person's intentions and thus excuse him or her from moral responsibility.

From domestic to international settings, aid and assistance to less-developed areas has recently been bolstered by a boom in technological advances and new research.

*Regional Development: Concepts, Methodologies, Tools, and Applications* presents a vital compendium of research detailing the latest case studies, architectures, frameworks, methodologies, and research on regional development. With over 100 chapters from authors from around the world, this three volume collection presents the most sophisticated research and developments from the field, relevant to researchers, academics, and practitioners alike. In order to stay abreast of the latest research, this book affords a vital look into regional development research.

This book is on every aspect of acting. Topics include the connection between speech and movement, how to cope with bad dialogue, the subject of concentration and more.

*The Rules of Acting* Ebury Press

"The Improvisation Technique is then applied to exercises with scripted lines, developing sophisticated improvisation skills for enhancing character, emotions, conflict, and agreement as well as improving the actor's audition process. Also

included is a unique process for breaking down scripted scenes into improvisation choices."--BOOK JACKET.

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