

The Life You Save May Be Your Own Quotes

Andrea McLean, No. 1 Sunday Times bestselling author and award-winning TV broadcaster, opens up about her journey from trauma, toxic relationships and divorce towards empowerment, happiness and healing. Do you ever feel like you're just existing, not truly living? Do you often dwell on how unfair life can be, and how things haven't worked out the way you planned? We've all been there. But it's time to decide what YOU are going to DO about it. No matter what hand you've been dealt, it's in your power to take control and create a life alight with possibility and joy. After walking away from an abusive relationship, Andrea McLean continued putting on a brave face and pretending that everything was fine - all the while ignoring the psychological fallout of her trauma. Finally, it came time to say 'enough!' It was time to make a change. In *This Girl Is On Fire*, Andrea shares her journey to healing, along with universal lessons in overcoming past trauma, breakdown, burnout and more. Even more vitally, she lights the path towards finding what gets our blood pumping, our eyes shining, and makes us get up in the morning - what sets us on fire. *Wise Blood*, Flannery O'Connor's first novel, is the story of Hazel Motes who, released from the armed services, returns to the evangelical Deep South. There he begins a private battle against the religiosity of the community and in particular against Asa Hawkes, the 'blind' preacher, and his degenerate fifteen-year-old daughter. In desperation Hazel founds his own religion, 'The Church without Christ', and this extraordinary narrative moves towards its savage and macabre resolution. 'A literary talent that has about it the uniqueness of greatness.' Sunday Telegraph 'No other major American writer of our century has constructed a fictional world so energetically and forthrightly charged by religious investigation.' The New Yorker 'A genius.' New York Times Millions of Americans suffer from indifferent, outdated health care; an estimated 40,000 incidents of medical harm happen every day. The good news is that you can prevent this from happening to you or a family member. Better yet, you can find the very best care in the world. Patrick Malone's sensible advice and real-life anecdotes will inspire you to take charge of your own health care, make the best choices, and avoid serious harm. With the "Necessary Nine" -- the essential steps to finding the best medical care -- *The Life You Save* offers vital information such as: The single most important question you can ask your doctor When to know you have symptoms your doctor should not shrug off Checklists to help you get out of the hospital in one piece Where to locate the best surgeons and safest hospitals.

"A back country orphan struggles to defy his uncle's prophesy that he will become a baptist prophet"--NoveList.

"The true story of a fiery young woman's heartwarming and hilarious journey that takes her from near-death in California to a trip around the world in search of her ultimate salvation. Along the way, she discovers a world of cultural mayhem, radical medical treatment, and, most importantly, a piece of her life she never even knew she was missing"--Provided by publisher.

In this Tenth Anniversary Edition of *The Life You Can Save*, Peter Singer brings his landmark book up to date. In addition to restating his compelling arguments about how we should respond to extreme poverty, he examines the progress we are making and recounts how the first edition transformed the lives both of readers and the people they helped. Learn how you can be part of the solution, doing good for others while adding fulfillment to your own life.

"In *When Your Life Is On Fire* Erik Kolbell listens, provokes, and most of all, shares with us the enduring lessons and insights of life and faith as realized by a diverse population of thoughtful people. It's a town hall of the soul." -- Tom Brokaw If your life was on fire, what would be the one thing you save? Psychotherapist and former pastor Erik Kolbell asks that question of 13 remarkable and unique individuals, and the answers may surprise you. Provided by celebrities such as Jane Pauley and Alan Alda, artists such as Regina Carter and Tao Porchon Lynch, and ordinary people put into extraordinary situations like Don Lange and Brenda Berkman, these reflections will help all of us consider what it is that we value most in life. His goal, Kolbell says, is not to examine the worth of each of these things. "What matters is that for all of the sham and artifice that can make cynics of us all, there are things, solid things, that compel us onward."

This encyclopedia features an informative introduction that surveys the history of the short story in the United States, interprets the current literary landscape, and points to new and future trends. --from publisher description.

There's more than one way to save a life...Riley James has everything to live for, a business to grow, goals to achieve. After everything she's overcome, there's no way she's going to let anyone get in the way of her hopes and dreams. Not even a handsome businessman who makes her a crazy offer she would be even crazier to refuse. Jordan West has everything a man could want. And yet it all feels so meaningless. But when tragedy strikes and he's entrusted with the care of a two-year-old toddler, life doesn't seem so meaningless anymore. Jordan West suddenly has everything to live for. Problem is...how does he hold on to that feeling?

After the end of the Second World War, Mrs. McIntyre, a farm owner, decides to hire a man displaced by the war as a farm hand, but jealousy from her other workers and racial issues soon complicate the arrangement. Written by Flannery O'Connor while visiting her mother's farm, "The Displaced Person" has ties to the author's own experiences of the O'Connor family's hiring of a displaced person on their farm after the end of the war. "The Displaced Person" was originally published in O'Connor's 1955 anthology, *A Good Man Is Hard to Find*. HarperPerennial Classics brings great works of literature to life in digital format, upholding the highest standards in ebook production and celebrating reading in all its forms. Look for more titles in the HarperPerennial Classics collection to build your digital library.

This text contests the notion that what Jacques Derrida does can be turned into a theory for literary interpretation. It also questions the idea that there is a critical methodology called deconstruction which can be applied to literary texts in a programmatic fashion. In this introductory study to the work of Jacques Derrida, Julian Wolfreys introduces the reader to a range of Derrida's interests and concerns, while offering readings, informed by Derrida's thought, of canonical and less well known literary works.

In *Choice and Consequence*, Thomas Schelling ventures where rationality is ambiguous, exploring topics as awesome as nuclear terrorism, as sordid as blackmail, as ineffable as daydreaming, as intimidating as euthanasia. He examines ethical issues wrapped up in economics, and discloses ethical issues that are misplaced or misidentified.

Earl Marcus has faced a litany of demons in his time, but a grisly murder sends him spiraling into a vortex of long-buried secrets. After losing a hotly contested sheriff's race to the lackey of corrupt politician Jeb Walsh, Earl Marcus has had the worst summer of his life. But worst turns deadly when a body turns up on Earl's front lawn, accompanied by a cryptic

letter. Earl finds a cell phone in the victim's car and tracks it to The Harden School, an old, isolated campus surrounded by barbed wire and locked gates, and catches a sneak peek at a file labeled complaints, where he finds a familiar name: Jeb Walsh. Jeb's ex-wife Eleanor had lodged multiple complaints against the school on behalf of her son, and when he contacts Eleanor, the horrifying truth begins to emerge. Desperate to make a connection between the school and the dead man, Earl journeys into a world where nothing is sacred.

Examines the life and writings of Flannery O'Connor, including detailed synopses of her works, explanations of literary terms, biographies of friends and family, and social and historical influences.

An enchanting story, masterfully told, *The House in the Cerulean Sea* by TJ Klune is about the profound experience of discovering an unlikely family in an unexpected place – and realizing that family could be yours. ‘I loved it. It is like being wrapped up in a big gay blanket. Simply perfect’ – V. E. Schwab, author of *The Invisible Life of Addie LaRue* He expected nothing. But they gave him everything . . . Linus Baker leads a quiet life. At forty, he has a tiny house with a devious cat and his beloved records for company. And at the Department in Charge of Magical Youth, he's spent many dull years monitoring their orphanages. Then one day, Linus is summoned by Extremely Upper Management and given a highly classified assignment. He must travel to an orphanage where six dangerous children reside, including the Antichrist. There, Linus must somehow determine if they could bring on the end of days. But their guardian, charming and enigmatic Arthur Parnassus, will do anything to protect his wards. As Arthur and Linus grow ever closer, Linus must choose between duty and his dreams. *The House in the Cerulean Sea* by TJ Klune is an uplifting, heart-warming fantasy tale that's become a *New York Times*, *USA Today* and *Washington Post* bestseller. ‘Likely to cause heart-swelling’ – *Washington Post* ‘A modern fairy tale . . . It's a beautiful book’ – Charlaine Harris, number one *New York Times* bestselling author ‘Touching, tender and truly delightful’ – Gail Carriger, author of *Soulless*

These ten classic stories are masterful depictions of the underside of life, deep in the American South. On receiving an early copy, Evelyn Waugh remarked 'If these stories are in fact the work of a young lady, they are indeed remarkable. 'She's horrifyingly funny . . . It's that cool, removed style combined with very black stories.' Donna Tartt 'No one has written better about the reality of evil. Few have written as well, with such sharp-edged compassion, about the weaknesses and follies of humanity, about the operation of grace in our lives and about the necessity of humility. Her stories - her intelligence and passion - can restore reason to minds unhinged by our fame-obsessed, technology-obsessed culture.' Dean Koontz, *New York Times*

“Guides readers toward the road less consumptive, offering practical advice and moral support while making a convincing case that individual actions . . . do matter.” —Elizabeth Royte, author, *Garbage Land* and *Bottlemania* Like many people, Beth Terry didn't think an individual could have much impact on the environment. But while laid up after surgery, she read an article about the staggering amount of plastic polluting the oceans, and decided then and there to kick her plastic habit. In *Plastic-Free*, she shows you how you can too, providing personal anecdotes, stats about the environmental and health problems related to plastic, and individual solutions and tips on how to limit your plastic footprint. Presenting both beginner and advanced steps, Terry includes handy checklists and tables for easy reference, ways to get involved in larger community actions, and profiles of individuals—*Plastic-Free Heroes*—who have gone beyond personal solutions to create change on a larger scale. Fully updated for the paperback edition, *Plastic-Free* also includes sections on letting go of eco-guilt, strategies for coping with overwhelming problems, and ways to relate to other people who aren't as far along on the plastic-free path. Both a practical guide and the story of a personal journey from helplessness to empowerment, *Plastic-Free* is a must-read for those concerned about the ongoing health and happiness of themselves, their children, and the planet.

My analysis will show that disability and spirituality join together to reveal the autonomy disabled characters possess. These characters, deemed "disabled" in society because of genetics, choices, accidents, and illnesses, are both transformed themselves and serve as the catalyst in transforming others. To better understand the content chapters of my analysis, the introduction outlines O'Connor's personal experience as a disabled woman, the terminology of disability, the American movement of Eugenics, and the importance of key elements of the short fiction genre. I explore how the characters in Flannery O'Connor's short stories manifest their spiritual shortcomings through their physical disabilities. In some cases, the limitations of the disabled are not indicators of their own spiritual disabilities, but rather the catalyst for the reader to understand the spiritual lack of the able-bodied foil. In "Good Country People," "The Life You Save May Be Your Own," "The Enduring Chill," "The Turkey," "The Temple of the Holy Ghost," and "The Lame Shall Enter First," the dynamic focusing character in the narrative will have a moment of epiphany catalyzed by disability -- either their own as in Chapter 2, or of another as in Chapter 3. For each example I highlight the moment of epiphany and comment on the possible enlightenment the character achieves while addressing O'Connor's methods of combating the Eugenics Movement. By exploring three of O'Connor's short stories -- "Good Country People" (1955), "The Life You Save May be Your Own" (1955), and "The Enduring Chill" (1958) -- in Chapter 2, a similar redemptive trajectory will appear for each of the disabled protagonists. Though not all of the characters complete their arc of enlightenment, each comes to a revelation that links their body and spirit, allowing them to view the world they have created for themselves from a new perspective. Far from presenting the disabled body in a poor light or in jest, O'Connor instead proves to the reader that all men and women are equalized through a disabled spirit. In the three stories of Chapter 2, circumstances acted as the catalysts for the revelations. However, as I discuss in Chapter 3, in other O'Connor stories, the disabled character acts as the catalyst for the able-bodied character's epiphany. By examining "The Turkey," "A Temple of the Holy Ghost," and "The Lame Shall Enter First," the trend of a disabled catalyst will be revealed. In these stories, the focus is on the able-bodied epiphany, rather than the disability. In other words, showing the protagonist's journey of transformation, as catalyzed by a disabled character, is the main goal of the analysis. O'Connor wrote stories that gave disabled characters

a voice in the midst of the pervasive social approval of the eugenics movement. But beyond giving disabled characters a voice, she wrote about autonomous characters who were catalysts for change, both in themselves and in others. Though the dynamic characters in each of these six stories ended their journey at a different stage, each experienced a moment of epiphany at the crossroads of physical and spiritual disability.

A Study Guide for Flannery O'Connor's "Life You Save May Be Your Own," excerpted from Gale's acclaimed Short Stories for Students. This concise study guide includes plot summary; character analysis; author biography; study questions; historical context; suggestions for further reading; and much more. For any literature project, trust Short Stories for Students for all of your research needs.

Julian, a recent college graduate, accompanies his mother on the bus to her weekly exercise session. A self-styled intellectual, Julian resents his mother's ingrained prejudice and superiority, but is forced to face the consequences when their actions put them at odds with the passengers of their recently racially-integrated bus. American author Flannery O'Connor is known for her portrayal of flawed characters and their inevitable spiritual transformation. "Everything That Rises Must Converge" addresses themes of institutional discrimination at a time when racial barriers were being shattered. HarperPerennialClassics brings great works of literature to life in digital format, upholding the highest standards in ebook production and celebrating reading in all its forms. Look for more titles in the HarperPerennial Classics collection to build your digital library.

In any age, humans wrestle with apparently inexorable forces. Today, we face the threat of global terrorism. In the aftermath of September 11, few could miss sensing that a great evil was at work in the world. In Flannery O'Connor's time, the threats came from different sources—World War II, the Cold War, and the Korean conflict—but they were just as real. She, too, lived through a "time of terror." The first major critical volume on Flannery O'Connor's work in more than a decade, *Flannery O'Connor in the Age of Terrorism* explores issues of violence, evil, and terror—themes that were never far from O'Connor's reach and that seem particularly relevant to our present-day setting. The fifteen essays collected here offer a wide range of perspectives that explore our changing views of violence in a post-9/11 world and inform our understanding of a writer whose fiction abounds in violence. Written by both established and emerging scholars, the pieces that editors Avis Hewitt and Robert Donahoo have selected offer a compelling and varied picture of this iconic author and her work. Included are comparisons of O'Connor to 1950s writers of noir literature and to the contemporary American novelist Cormac McCarthy; cultural studies that draw on horror comics of the Cold War and on Fordism and the American mythos of the automobile; and pieces that shed new light on O'Connor's complex religious sensibility and its role in her work. While continuing to speak fresh truths about her own time, O'Connor's fiction also resonates deeply with the postmodern sensibilities of audiences increasingly distant from her era—readers absorbed in their own terrors and sense of looming, ineffable threats. This provocative new collection presents O'Connor's work as a touchstone for understanding where our culture has been and where we are now. With its diverse approaches, *Flannery O'Connor in the Age of Terrorism* will prove useful not only to scholars and students of literature but to anyone interested in history, popular culture, theology, and reflective writing. Avis Hewitt has published articles in *Flannery O'Connor Review*, *Christianity and Literature*, and *Renascence*. She is associate professor of English at Grand Valley State University in Allendale, Michigan. Robert Donahoo is professor of English at Sam Houston State University in Huntsville, Texas. He has published articles in *Flannery O'Connor Review*, *Literature and Belief*, *Journal of Contemporary Thought*, and *Journal of the Short Story in English*.

The landscape of American literature was fundamentally changed when Flannery O'Connor stepped onto the scene with her first published book, *Wise Blood*, in 1952. Her fierce, sometimes comic novels and stories reflected the darkly funny, vibrant, and theologically sophisticated woman who wrote them. Brad Gooch brings to life O'Connor's significant friendships -- with Robert Lowell, Elizabeth Hardwick, Walker Percy, and James Dickey among others -- and her deeply felt convictions, as expressed in her communications with Thomas Merton, Elizabeth Bishop, and Betty Hester. Hester was famously known as "A" in O'Connor's collected letters, *The Habit of Being*, and a large cache of correspondence to her from O'Connor was made available to scholars, including Brad Gooch, in 2006. O'Connor's capacity to live fully -- despite the chronic disease that eventually confined her to her mother's farm in Georgia -- is illuminated in this engaging and authoritative biography. Praise for Flannery: "Flannery O'Connor, one of the best American writers of short fiction, has found her ideal biographer in Brad Gooch. With elegance and fairness, Gooch deals with the sensitive areas of race and religion in O'Connor's life. He also takes us back to those heady days after the war when O'Connor studied creative writing at Iowa. There is much that is new in this book, but, more important, everything is presented in a strong, clear light."-Edmund White "This splendid biography gives us no saint or martyr but the story of a gifted and complicated woman, bent on making the best of the difficult hand fate has dealt her, whether it is with grit and humor or with an abiding desire to make palpable to readers the terrible mystery of God's grace."-Frances Kiernan, author of *Seeing Mary Plain: A Life of Mary McCarthy* "A good biographer is hard to find. Brad Gooch is not merely good-he is extraordinary. Blessed with the eye and ear of a novelist, he has composed the life that admirers of the fierce and hilarious Georgia genius have long been hoping for."-Joel Conarroe, President Emeritus, John Simon Guggenheim Foundation

"Lord, I'm glad I'm a hermit novelist," Flannery O'Connor wrote to a friend in 1957. Sequestered by ill health, O'Connor spent the final thirteen years of her life on her isolated family farm in rural Georgia. During this productive time she developed a fascination with fourth-century Christians who retreated to the desert for spiritual replenishment and whose isolation, suffering, and faith mirrored her own. In *Flannery O'Connor, Hermit Novelist*, Richard Giannone explores O'Connor's identification with these early Christian monastics and the ways in which she infused her fiction with their teachings. Surveying the influences of the desert fathers on O'Connor's protagonists, Giannone shows how her characters are moved toward a radical simplicity of ascetic discipline as a means of confronting both internal and worldly evils while being drawn closer to God. Artfully bridging literary analysis, O'Connor's biography, and monastic writings, Giannone's study explores O'Connor's advocacy of self-denial and self-scrutiny as vital spiritual weapons that might be brought to bear against the antagonistic forces she found rampant in modern American life. *The Life You Save May Be Your Own* An American Pilgrimage Farrar, Straus and Giroux

Winner of the National Book Award for Fiction, these thirty-one powerful and disturbing stories cement Flannery O'Connor as one of the preeminent fiction writers of the twentieth century. This collection includes twelve stories that did not appear in the two story collections O'Connor put together in her lifetime. This collection includes the following short stories: "The Geranium" "The Barber" "Wildcat" "The Crop" "The Turkey" "The Train" "The Peeler" "The Heart of the Park" "A Stroke of Good Fortune" "Enoch and the Gorilla" "A Good Man Is Hard to Find" "A Late Encounter with the Enemy" "The Life You Save May Be Your Own" "The River" "A Circle in the Fire" "The Displaced Person" "A Temple of the Holy Ghost" "The Artificial Nigger" "Good Country People" "You Can't Be Any Poorer Than Dead" "Greeleaf" "A View of the Woods" "The Enduring Chill" "The Comforts of Home" "Everything That Rises Must Converge" "The Partridge Festival" "The Lame Shall Enter First" "Why Do the Heathen Rage" "Revelation" "Parker's Back" "Judgement Day" Penguin Random House Canada is proud to bring you classic works of literature in e-book form, with the highest quality production values. Find more today and rediscover books you never knew you loved.

The story of four modern American Catholics who made literature out of their search for God In the mid-twentieth century four American Catholics came to believe that the best way to explore the questions of religious faith was to write about them-in works that readers of all kinds could admire. The Life You Save May Be Your Own is their story-a vivid and enthralling account of great writers and their power over us. Thomas Merton was a Trappist monk in Kentucky; Dorothy Day the founder of the Catholic Worker in New York; Flannery O'Connor a "Christ-haunted" literary prodigy in Georgia; Walker Percy a doctor in New Orleans who quit medicine to write fiction and philosophy. A friend came up with a name for them-the School of the Holy Ghost-and for three decades they exchanged letters, ardently read one another's books, and grappled with what one of them called a "predicament shared in common." A pilgrimage is a journey taken in light of a story; and in The Life You Save May Be Your Own Paul Elie tells these writers' story as a pilgrimage from the God-obsessed literary past of Dante and Dostoevsky out into the thrilling chaos of postwar American life. It is a story of how the Catholic faith, in their vision of things, took on forms the faithful could not have anticipated. And it is a story about the ways we look to great books and writers to help us make sense of our experience, about the power of literature to change-to save-our lives.

We all want to be healthier, stronger and live longer, but what really works? From stress to saturated fats, HIIT to HRT, veganism to vitamins, This Book Could Save Your Life debunks the fads and explores the real science of better health. What's the best way to lose weight (and keep it off)? How can you ensure a good night's sleep? What are the real superfoods? How can you minimise the risks of getting diabetes, cancer or Alzheimer's? And how can you slow the ageing process? Cutting through confusing statistics and terrifying headlines, here is the truth about dieting, drugs, 10,000 steps a day, bacon, calorie-counting, coffee, dairy, sleep, fibre, hangovers, salt, sugar, cardio, sunscreen, statins, vitamins, and much more. Full of the latest research and groundbreaking evidence, packed with useful advice, this book really could save your life.

In what way can one think about ethical questions if one's starting point is Christian belief and a Christian view of life? This is the fundamental theme in Goran Moller's book Ethics and the Life of Faith: a Christian Moral Perspective. This book offers a contribution to a deeper understanding of morality as a human phenomenon. The author discusses how to set about forming moral judgements. Thus he asks what role the Bible should play in Christian ethics and to what extent we can rely on our moral intuitions. As regards method the author associates himself with the contemporary phenomenological tradition.

A heart stops. Their story starts. Praise for Eva Carter's How to Save a Life: 'I couldn't put it down until I reached the final page' Beth O'Leary, author of The Flatshare 'A sweeping, brave, epic love story. I was hooked from the very first page' Josie Silver, author of One Day in December Sometimes saving a life is only the start of the story . . . It's nearly midnight on the eve of the millennium when eighteen-year-old Joel's heart stops. A school friend, Kerry, performs CPR for almost twenty exhausting minutes, ultimately saving Joel's life, while her best friend Tim freezes, unable to help. That moment of life and death changes the course of all three lives over the next two decades: each time Kerry, Joel and Tim believe they've found love, discovered their vocation, or simply moved on, their lives collide again. . . . Because bravery isn't just about life or death decisions; it's also about how to keep on living afterwards.

When Tom Shiftlet arrives on a farm owned by an old woman and her deaf daughter, he is at first only interested in finding a place to stay in exchange for work. However, when the old woman offers her daughter Lucynell to him in marriage, along with a sum of money, he accepts, though his intentions towards the girl remain unclear. Similar in theme and style to many of other Flannery O'Connor's short stories, "The Life You Save My Be Your Own" was originally published in O'Connor's short story collection, A Good Man Is Hard to Find. HarperPerennial Classics brings great works of literature to life in digital format, upholding the highest standards in ebook production and celebrating reading in all its forms. Look for more titles in the HarperPerennial Classics collection to build your digital library.

Selected as an Outstanding Academic Title by Choice Selected as an Outstanding Reference Source by the Reference and User Services Association of the American Library Association There are many anthologies of southern literature, but this is the first companion. Neither a survey of masterpieces nor a biographical sourcebook, The Companion to Southern Literature treats every conceivable topic found in southern writing from the pre-Columbian era to the present, referencing specific works of all periods and genres. Top scholars in their fields offer original definitions and examples of the concepts they know best, identifying the themes, burning issues, historical personalities, beloved icons, and common or uncommon stereotypes that have shaped the most significant regional literature in memory. Read the copious offerings straight through in alphabetical order (Ancestor Worship, Blue-Collar Literature, Caves) or skip randomly at whim (Guilt, The Grotesque, William Jefferson Clinton). Whatever approach you take, The Companion's authority, scope, and variety in tone and interpretation will prove a boon and a delight. Explored here are literary embodiments of the Old South, New South, Solid South, Savage South, Lazy South, and "Sahara of the Bozart." As up-to-date as grit lit, K Mart fiction, and postmodernism, and as old-fashioned as Puritanism, mules, and the tall tale, these five hundred entries span a reach from Lady to Lesbian Literature. The volume includes an overview of every southern state's belletristic heritage while making it clear that the southern mind extends beyond geographical boundaries to form an essential component of the American psyche. The South's lavishly rich literature provides the best means of understanding the region's deepest nature, and The Companion to Southern Literature will be an invaluable tool for those who take on that exciting challenge. Description of Contents 500 lively, succinct articles on topics ranging from Abolition to Yoknapatawpha 250 contributors, including scholars, writers, and poets 2 tables of contents — alphabetical and subject — and a complete index A separate bibliography for most entries A pioneering canine behaviorist draws on cutting-edge research to show that a single, simple trait--the capacity to love--is what makes dogs such perfect companions for humans, and to explain how we can better reciprocate their affection.

Imagine for a moment that you hear shots outside your classroom door. You wish there had been time for drills or training, but at least you have your Comprehensive Emergency Plan manual to help you survive. You thumb through the pages of the manual as shot after shot echoes in the hallway. You see chapter after chapter on mercury spills, pandemic flu outbreaks, bus accidents, and chapters to cover every school emergency imaginable. Finally, you come to the chapter on school violence just as the gunman breaks through your classroom door. Too bad the manual did not address your present situation by telling you in bold face lettering to, Put down this manual and run like hell! Instincts some might even call it common sense - is a survival skill that is far more important than all the media hype or emergency manuals you will ever read about school shooters and it is a survival skill that is lacking in many schools today. Do not ignore your instincts. This book will help you sharpen those instincts to help you stay alive.

John Giduck, School terrorism expert and author of Terror at Beslan

For the first time in history, eradicating world poverty is within our reach. Yet around the world, a billion people struggle to live each day on less than many of us pay for bottled water. In *The Life You Can Save*, Peter Singer uses ethical arguments, illuminating examples, and case studies of charitable giving to show that our current response to world poverty is not only insufficient but morally indefensible. *The Life You Can Save* teaches us to be a part of the solution, helping others as we help ourselves.

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