

## The Homeopathic Treatment Of Small Animals Principles And Practice

Examines the Government's policies on the provision of homeopathy through the National Health Service (NHS) and the licensing of homeopathic products by the Medicines and Healthcare products Regulatory Agency (MHRA).

The metabolism involves a complex network of hormones and enzymes. Metabolic syndrome is a group of risk factors linked to the body's metabolism and include increased blood pressure, high blood sugar level, excess belly fat and abnormal cholesterol levels. Any of these conditions increase the risk of serious disease like cancer, heart attack, heart disease, stroke, diabetes, cardiovascular disease, atherosclerosis and osteoarthritis. In this naturopathic adviser, I will give you recommendations how to treat metabolism and metabolic syndrome with Homeopathy, Schuessler salts (also named cell salts, tissue salts) and herbal tinctures. I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage. I wish you much success, joy of life and especially your health.

Common warts are small, rough, fleshy, pink or red and grainy skin growths often with pattern of tiny black dots, that occur singly or in multiples. Warts are caused by the human papillomavirus, which is contagious and are transmitted by touch. They occur most often on the fingers, hands and soles of the feet. Genital warts appear in the pubic area, on the genitals, in or around the anus and the vagina. Flat warts are smoother, flatter, and smaller than other warts and they generally occur on the face, neck, hands, knees and legs. Filiform or digitate warts, a thread- or finger-like wart, most common appear especially near the eyelids and lips. Mosaic warts, a group of tightly clustered plantar-type warts, commonly occur on the hands or soles of the feet. Periungual warts, a cauliflower-like cluster of warts, occur around the nails. In this naturopathic adviser, I will give you recommendations how to treat and prevent warts with Homeopathy, Schuessler salts (also named cell salts, tissue salts) and herbal tinctures. I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage. I wish you much success, joy of life and especially your health.

As you get older, your skin and connective tissue becomes less elastic, saggy and more fragile. Some wrinkles can become deep crevices or furrows and are most prominent on the face, neck, hands and forearms. Wrinkles are often a sign of poor blood circulation, a weak connective tissue, an acidification of the body, metabolic diseases, stress, mental problems and hormonal imbalance. In this naturopathic adviser, I will give you recommendations how to treat and prevent wrinkles with homeopathy, Schuessler salts (also named cell salts, tissue salts) and herbal tinctures. I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage. I wish you much success, joy of life and especially your health.

Cataract is a clouding of the normally clear lens of the eye that impairs vision. It occurs, when there is a buildup of protein in the lens that makes it cloudy. Cataracts usually form slowly and don't disturb the eyesight early on. As the cataract continues to develop, the clouding becomes denser and involves a greater part of the lens, preventing a sharply defined image from reaching the retina. As a result, the vision becomes blurred. Cataracts usually develop in both eyes. However, the cataracts aren't totally symmetrical. In this naturopathic adviser, I will give you recommendations how to treat and prevent cataract with Homeopathy, Schuessler salts (also named cell salts, tissue salts) and herbal tinctures. I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage. I wish you much success, joy of life and especially your health.

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Edema means swelling caused by fluid in your body's tissues. It usually occurs in the feet, ankles and legs, but it can involve your whole body. Edema can also be a sign of serious organ damage. The swelling is just a sign. It is always a symptom for another disease. Causes of edema are cardiac insufficiency, kidney and liver disease, problems with lymph nodes, hormonal imbalance, some medications, standing a lot, metabolic disorders, an acidification of the body, eating too much salt, a weakness of the vascular connective tissue and obesity. In this homeopathic and naturopathic adviser, I will give you recommendations how to treat and prevent edema with Homeopathy, Schuessler salts (also named cell salts, tissue salts) and herbal tinctures. I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage. I wish you much success, joy of life and especially your health.

In *The Healing Echo: Discovering Homeopathic Cell Salt Remedies*, author Vinton McCabe writes, "The cell salts are to classical homeopathy what a crock-pot is to a microwave. The healing that they inspire is gentle and steady, if a little bit slow. But when efficacy and safety are desired in medical treatment, the small group of homeopathic remedies known as the cells salts should always be considered."

Osteoarthritis and arthrosis occur when the protective hard and slick surface of the cartilage of the joint becomes rough and wears down more quickly than the body replicates. This leads to pain and inflammation in the joint. Osteoarthritis and arthrosis can damage any joint in the body, but most commonly they affect joints in the hands, knees, hips, neck and lower back. In severe cases, joints may become twisted and deformed. The symptoms often develop slowly, worsen over time and include joint pain during or after movement, swelling, redness, joint stiffness in the morning or after a period of inactivity, loss of joint flexibility, you may hear or feel a grating sensation when moving, bone spurs may form around the affected joint and numbness. In this naturopathic adviser, I will give you recommendations how to treat osteoarthritis and arthrosis with Homeopathy, Schuessler salts (also named cell salts, tissue salts) and herbal tinctures. I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage. I wish you much success, joy of life and especially your health.

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Constipation is one of the most common gastrointestinal disease of civilization. Putrefaction and fermentation occurs in the intestine. This acidify our body, weaken our immune system and leads to serious chronic diseases. Constipation occurs when bowel movements become difficult or less frequent. In this naturopathic adviser, I will give you recommendations how to treat and prevent constipation with Homeopathy, Schuessler salts (also named cell salts, tissue salts) and herbal tinctures. I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage. I wish you much success, joy of life and especially your health.

Menopause is the permanent end of menstruation and fertility. It usually occurs in the 40s or 50s. Often the symptoms of menopause lower the womens energy, trigger anxiety, depression and feelings of sadness and loss. Symptoms in the time leading up to menopause are irregular periods, hot flashes, night sweats, sleep disorders, mood swings, weight gain, a slowed metabolism, thinning hair, dry skin, irritability, loss of breast fullness, chronic fatigue, malaise, and a weakened immune system. In this naturopathic adviser I will give you recommendations how to treat the symptoms of menopause with Homeopathy, Schuessler salts (also named cell salts, tissue salts) and herbal tinctures. I will present you the most proven homeopathic remedies and

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Schuessler salts, including the appropriate potency and dosage. I wish you much success, joy of life and especially your health.

Varicose veins are gnarled, enlarged veins and appear mostly in your legs and feet. They can signal a higher risk of other circulatory disorders and may lead to serious problems like ulcers, blood clots and thrombophlebitis. Varicose veins can be caused by weakened valves in the veins, weakened walls of the veins, or by inflammation in the veins. Spider veins are smaller and found closer to the skin's surface. These look like a spider's web with short and fine lines. Spider veins are most common in the thighs, ankles, feet and on the face. Varicose veins and spider veins are often a sign of a weak connective tissue, an acidification of the body, metabolic diseases or hormonal imbalance. In this homeopathic and naturopathic adviser, I will give you recommendations how to treat and prevent varicose veins and spider veins with Homeopathy, herbal tinctures and Schuessler salts (also named homeopathic cell salts, tissue salts). I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage. I wish you much success, joy of life and especially your health.

Conjunctivitis (pink eye) is an inflammation of the transparent mucous membrane, that lines the eyelid and eye surface. The lining of the eye is usually clear. If irritation or infection occurs, the lining becomes red and swollen. Conjunctivitis may cause a dangerous inflammation in the cornea that can affect vision. The symptoms include in one or both eyes redness, swelling, itchiness, burning, a gritty feeling, tearing and matted eyes, pain, blurred vision, and a watery or yellow-green mucous discharge. In this naturopathic adviser, I will give you recommendations how to treat and prevent conjunctivitis with Homeopathy, Schuessler salts (also named cell salts, tissue salts) and herbal tinctures. I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage. I wish you much success, joy of life and especially your health.

If you're obese, you're more likely to develop a number of potentially serious health problems like diabetes, high cholesterol, high blood pressure, heart disease, stroke, cancer and osteoarthritis. Causes of obesity are hormonal disorders, metabolic disorders, lack of exercise, heredity, certain medications, social problems and overeating with food that contains too much fat, salt, sugar, flavor enhancers and sweeteners. In this naturopathic adviser, I will give you recommendations how to treat and prevent obesity with Homeopathy, Schuessler salts (also named cell salts, tissue salts) and herbal tinctures. I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage. Naturopathy works holistically and treats the whole body, spirit and soul. I wish you much success, joy of life and especially your health.

Intermittent claudication is a common disease in which narrowed arteries reduce blood flow to the limbs. If it is caused by a buildup of plaques in your blood vessels (atherosclerosis), you're at risk of developing limb ischemia, stroke and heart attack. The symptoms are muscle pain or cramping in your arms or legs (mostly in the calf) triggered by activity, and accompanied by numbness, weakness, coldness, sores that won't heal, shiny skin with change in the color, weak pulse, feeling cold and fatigue. In this naturopathic adviser, I will give you recommendations how to treat and prevent intermittent claudication with Homeopathy, Schuessler salts (also named cell salts,

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tissue salts) and herbal tinctures. I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage. I wish you much success, joy in life and especially your health.

Dizziness is a term that is used to describe feeling faint, lightheaded or weak. Vertigo is a feeling that you or your surroundings are moving when there is no actual movement. You have the feeling as though you are off balance, spinning, whirling, falling, or tilting. Dizziness and vertigo can cause double vision, slurred speech, nausea, vomiting and balance problems. The symptoms results from a change in the activity of the balance structures in the inner ear or in the balance structures connections into the brain. In this naturopathic adviser, I will give you recommendations how to treat dizziness and vertigo with homeopathy, Schuessler salts (also named cell salts, tissue salts) and herbal tinctures. I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage. Naturopathy works holistically and treats the whole body, spirit and soul. I wish you much success, joy of life and especially your health.

Hemorrhoids, also called piles, are swollen and inflamed veins located inside the rectum, or they may develop around the anus. You can have both types at the same time. The most common complaints are bleeding, itching and inflammation in the anal region, pain, swelling, leakage of feces and feeling a lump near the anus. In this naturopathic adviser, I will give you recommendations how to treat and prevent hemorrhoids with Homeopathy, herbal tinctures and Schuessler salts (also named homeopathic cell salts, tissue salts). I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage. I wish you much success, joy in life and especially your health.

In this book the Author has presented twelve cases of patients in the homeopathic treatment, where the course of the treatment is given in a condensed form, from the case taking to the moment when the patient is cured. The cases described in this book illustrate a small portion of successful treatments in years of dedicated team work of the Author and her colleague Dr. Stojan Primovic. The book is focused on the real life experience of the patients, and the concrete results of the homeopathic treatment in their cases, with just a few remarks regarding the homeopathic theory in order to clarify some key moments in the process of homeopathic cure. This is just a small illustration of the wide variety of medical conditions that can be successfully treated by the homeopathy.

Homeopathy is over 200 years old and is still experiencing an uninterrupted influx of new practitioners and patients. Many patients and therapists swear by this "alternative healing method", which in some countries is even financed by health insurances. This seems completely incomprehensible to critics: For them it is clearly evident that homeopathy is hopelessly unscientific and has at best a placebo effect. The positions of supporters and opponents seem to be just as immutable as they are incompatible. This book answers some essential and fascinating questions: What remains of the founding ideas of homeopathy in 21st century medicine? Does it really work and, if so, how? Which of the original theories can we still apply today with a clear conscience and use for the benefit of patients and the healthcare system? Where does homeopathy have its limits and does it indeed need to be critically reconsidered and evaluated? The author has dealt with the points of criticism for years, but at the same time also takes seriously

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the wishes and concerns of patients who often feel insufficiently cared for by conventional medical practice. Against the background of her own personal history, her book attempts to bridge the gap between these two traditionally opposing camps. Gastritis describes an inflammation, irritation or erosion of the lining of the stomach and can lead to stomach bleeding, ulcers and an increased risk of stomach cancer. It can occur suddenly or develop over months. The symptoms of gastritis include a gnawing, burning and cramping pain in your upper abdomen that often radiate to the back, nausea, vomiting, heartburn, loss of appetite, bloating, a coated tongue and discomfort with defecation. In this homeopathic and naturopathic adviser, I will give you recommendations how to treat and prevent gastritis and stomach diseases with Homeopathy, Schuessler salts (also named cell salts, tissue salts) and herbal tinctures. I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage. I wish you much success, joy of life and especially your health.

This is a comprehensive guide to treating small pets such as dogs, cats, guinea pigs, rodents, reptiles and birds with homeopathic remedies. It includes essential information on the principles and practice of homeopathy, as well as practical guidance for owners, breeders and veterinary surgeons. There are sections on getting started with homeopathic remedies, on homeopathic first aid and on treating specific diseases. The advice is illustrated by selected case studies.

Fibromyalgia is a disorder that affects the muscles and soft tissue. It is characterized by chronic muscle pain and additional ache when firm pressure is applied to so-called tender points or trigger points. Tender point locations include back of the head, between shoulder blades, top of shoulders, upper chest, outer elbows, upper hips, sides of hips and inner knees. Coexisting conditions are fatigue, sleep problems, anxiety, depression, headache, irritable bowel syndrome, morning stiffness, weather sensitivity and feeling of swelling of the hands, feet and face. Women are more likely to develop fibromyalgia than men. In this naturopathic adviser, I will give you recommendations how to treat fibromyalgia with Homeopathy, herbal tinctures and Schuessler salts (also named cell salts, tissue salts). I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage. Naturopathy works holistically. It treats the whole body, spirit and soul. I wish you much success, joy of life and especially your health.

Glaucoma is a group of eye conditions that damage the optic nerve, which is important to good vision. This damage is caused by an increased pressure in the eye and can lead to blindness. Mostly there are no warning signs. The effect is so gradual that you may not notice a change in vision until the condition is at an advanced stage. The symptoms of glaucoma are patchy blind spots in your side (peripheral) or central vision, tunnel vision, blurred vision, halos around lights, headache, eye pain, nausea, vomiting and red eyes. In this naturopathic adviser, I will give you recommendations how to treat and prevent glaucoma with Homeopathy, Schuessler salts (also named cell salts, tissue salts) and herbal tinctures. I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage. I wish you much success, joy of life and especially your health.

Lactose intolerance or lactase deficiency are very common and mean the body cannot metabolize lactose properly. Lactose is a sugar found in milk and dairy products.

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Lactose intolerance occurs when the small intestine does not produce enough of the enzyme lactase. Lactase is required to break down lactose in the digestive system. Instead of being digested in the small intestine, lactose now reaches the large intestine and fermented therein. In this naturopathic adviser, I will give you recommendations how to treat and prevent lactose intolerance with Homeopathy, Schuessler salts (also named cell salts, tissue salts) and herbal tinctures. I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage. I wish you much success, joy of life and especially your health.

Homeopathy, based on the simple principle of stimulating the body's own healing response, is more popular than ever. This book answers frequently asked questions, introducing readers to the practice and explaining which conditions respond best to homeopathic treatment.

Homeopathy offers safe alternatives to more intrusive medical practices for treating digestive troubles, colds, flus, allergies, and headaches.

Most people understand homeopathy as a treatment for people, but as this book shows, our four-legged friends can benefit from it as well. First published in 1999, Homeopathic Care for Cats and Dogs quickly became a bestseller and an important resource for anyone looking for a more organic approach to caring for their cats and dogs. Using accessible language, author Don Hamilton gives readers an authoritative overview of animal homeopathy, covering history, treatment principles, homeopathic disease theory, and simple methods for using homeopathic remedies. Homeopathic Care for Cats and Dogs offers expert guidance on home care and diet, how to obtain the information needed to choose a homeopathic remedy, how to dose remedies, how to choose the potency, and when to repeat remedies if necessary. The book lists organ systems by chapter, providing concise descriptions of symptoms, including how to evaluate patients' illnesses and when to seek veterinary care. Remedy and supplement suggestions follow disease descriptions. Each section contains the principal remedies needed for treatment. The book ends with a materia medica, which gives more comprehensive remedy information for each medicine listed in the book. This updated edition contains a new chapter on the human-animal relationship, timely information on vaccines, as well as new remedy information in every chapter.

Acne, medically known as acne vulgaris, is a skin disease that occurs when the openings of hair follicles become clogged and blocked with oil secretions from the sebaceous glands, dead skin cells or bacteria. Acne most commonly appears on the face, neck, shoulders, chest and back, because here are the skin areas with the largest number of oil glands. The symptoms are whiteheads, blackheads, pimples, papules, pustules, nodules and painful cysts. In this naturopathic adviser, I will give you recommendations how to treat acne with Homeopathy, Schuessler salts (also named cell salts, tissue salts) and herbal tinctures. I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage. I wish you much success, joy in life and especially your health.

A stroke occurs when the blood supply to part of the brain is interrupted or severely reduced, depriving brain tissue of oxygen and glucose. Stroke is also referred to as cerebrovascular accident. Within minutes, brain cells begin to die. Signs and symptoms of stroke include sudden dizziness, loss of balance and coordination, trouble with speaking and understanding, difficulty with eating and swallowing, confusion, sudden and severe headache, vomiting, altered consciousness and sudden tingling, weakness, paralysis or numbness of the face, arm or leg especially on one side of the body. In this naturopathic adviser, I will give you recommendations how to prevent a stroke and support the treatment with Homeopathy, Schuessler salts (also named cell salts, tissue salts) and herbal tinctures. I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage. I wish you much success, joy of life and especially your health.

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Atopic eczema, also named atopic dermatitis, is a chronic condition with an itchy inflammation of the skin that tends to flare periodically. The itchy patches most often appear on the hands and feet, in the front of the bend of the elbow, behind the knees, on the ankles, wrists, face, neck and upper chest. The main symptom of atopic eczema is the itch which can become almost unbearable, leading to sleeplessness, frustration, stress and depression. Other symptoms include red to brownish colored patches, small and raised bumps which may leak fluid, thickened and cracked or scaly raw skin. In severe cases there may be crusting and bleeding. In this naturopathic adviser, I will give you recommendations how to treat atopic eczema with Homeopathy, Schuessler salts (also named cell salts, tissue salts) and herbal tinctures. I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage. I wish you much success, joy of life and especially your health.

Cholesterol is a waxy substance made in the liver and found in certain foods like dairy products, eggs and meat. It is carried through the blood, attached to proteins. This combination of proteins and cholesterol is called a lipoprotein. Having high cholesterol can increase the risk of atherosclerosis, heart disease, stroke, circulatory diseases and an acidification of the body. In this naturopathic adviser, I will give you recommendations how to treat and avoid high cholesterol and hyperlipidemia with Homeopathy, Schuessler salts (also named cell salts, tissue salts) and herbal tinctures. I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage. I wish you much success, joy of life and especially your health.

Cellulite looks like dimpled or bumpy skin and is most common around the thighs, hips, buttocks, breasts, lower abdomen and upper arms. Cellulite is much more common in women than in men because of differences in the way fat, muscle, and connective tissue are distributed in men and women's skin. Cellulite is often a sign of an acidification of the body, metabolic diseases or hormonal imbalance and appears in areas of fat deposits. The lumpiness is caused by fibrous connective cords that tether the skin to the underlying muscle, with the fat lying between. As the fat cells accumulate, they push up against the skin, while the long, tough cords are pulling down. This creates an uneven surface or dimpling. In this homeopathic and naturopathic adviser, I will give you recommendations how to treat and prevent cellulite with Homeopathy, herbal tinctures and Schuessler salts (also named homeopathic cell salts, tissue salts). I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage. I wish you much success, joy of life and especially your health.

Occipital neuralgia is a condition in which the occipital nerves are irritated or inflamed. The symptoms include severe throbbing, sharp and burning pain like an electric shock, which starts at the base of the head and radiates to the scalp, pain behind the eyes, and often sensitivity to light. Causes of occipital neuralgia are neck tension, a compression of the occipital nerves, cervical disc disease, metabolic disorders, trauma, an acidification of the body, certain medications, circulatory disorders, weather sensitivity and exposure to cold and wet. In this naturopathic adviser I will give you recommendations how to treat occipital neuralgia with Homeopathy, Schuessler salts (also named cell salts, tissue salts) and herbal tinctures. I will present you the most proven homeopathic remedies and Schuessler salts including the appropriate potency and dosage. I wish you much success, joy of life and especially your health.

Tinnitus involves the annoying sensation of hearing sound when no external sound is present and is heard only by the patient himself. It isn't a condition itself - it's a symptom of an underlying condition. Tinnitus may be present all the time, or it may come and go. The consequences are frequent lapses in concentration,

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imbalance, insomnia, fatigue, memory problems, depression, anxiety, psychological distress and irritability. Tinnitus symptoms include phantom noises in one or both ears like ringing, chirping, whistling, buzzing, roaring, clicking or hissing. The noise can be intermittent or continuous, and can vary in loudness. It is often worse when background noise is low or when you're trying to fall asleep. Sometimes the sound beats in sync with the heart. In this homeopathic and naturopathic adviser, I will give you recommendations how to treat and prevent tinnitus with Homeopathy, Schuessler salts (also named cell salts, tissue salts) and herbal tinctures. I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage. I wish you much success, joy of life and especially your health.

Dry eye syndrome (Keratoconjunctivitis sicca) is a very common condition that is characterized by a disturbance of the tear film and caused by a lack of adequate tears. Tears are a complex mixture of water, fatty oils, and mucus. This mixture helps make the surface of the eyes smooth and clear, and it helps protect the eyes from infection. Dry eyes may lead to eye inflammation, scarring on the surface of the corneas and vision problems. Usually both eyes are affected. Dry eye syndrome is more common in women than in men. In this naturopathic adviser, I will give you recommendations how to treat and prevent dry eyes with Homeopathy, Schuessler salts (also named cell salts, tissue salts) and herbal tinctures. I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage. Naturopathy works holistically and treats the whole body, spirit and soul. I wish you much success, joy of life and especially your health.

A high uric acid level (hyperuricemia) is an excess of uric acid in the blood and can be caused, when the body either produces too much uric acid or the kidneys excrete too little uric acid. Uric acid is produced from the breakdown of body's cells and of purine, a substance found in many foods. Risk factors that may cause a high uric acid level in the blood include drinking too much alcohol, heredity, hormonal disorders, obesity, purine-rich foods, metabolic disorders and a renal insufficiency. Gout, a form of arthritis, can lead to joint damage and is characterized by sudden onset of severe pain attacks, heat, redness, swelling and inflammation in and around the joint. Gout usually affects the large joint of the big toe, but it can also occur in the feet, ankles, knees, hands and wrists. In this homeopathic and naturopathic adviser, I will give you recommendations how to treat and prevent hyperuricemia and gout with Homeopathy, Schuessler salts (also named cell salts, tissue salts) and herbal tinctures. I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage. I wish you much success, joy of life and especially your health.

Psoriasis is a chronic inflammatory skin disease. The immune system mistakenly activates a reaction in the skin cells, which speeds up the growth cycle of skin cells. Psoriasis symptoms are raised, red, inflamed lesions, silvery scaly plaques,

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dry skin that may crack and bleed, pitted nails or separation from the nail bed, small, red, individual spots and itching, burning or soreness of the skin. Common triggers include stress, infections, an acidification of the body, hormonal disorders, skin lesions and injuries, bug bites, sunburns, environmental toxins, cold, smoking, alcohol, certain medications and a lack of fumaric acid. There are several types of psoriasis, including psoriasis vulgaris, guttate psoriasis, inverse psoriasis, erythrodermic psoriasis and pustular psoriasis. Symptoms vary depending on the type of psoriasis the patient has. Plaque psoriasis, the most common form of psoriasis, causes itchy skin spots, red patches, and thick flaky lesions to form. Psoriasis can also affect the joints (psoriatic arthritis). Psoriasis is not contagious. A predisposition for psoriasis is inherited in genes. In this homeopathic and naturopathic adviser, I will give you recommendations how to treat psoriasis with Homeopathy, Schuessler salts (also named cell salts, tissue salts) and herbal tinctures. I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage. I wish you much success, joy of life and especially your health.

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