

## The Duluth Wheel Domestic Violence Re Education

A compassionate look at 42 battered women who felt "locked in with danger and so desperate that they killed a man they loved"; scholarly and compelling. *Abusive Endings* offers a thorough analysis of the social-science literature on one of the most significant threats to the health and well-being of women today—abuse at the hands of their male partners. The authors provide a moving description of why and how men abuse women in myriad ways during and after a separation or divorce. The material is punctuated with the stories and voices of both perpetrators and survivors of abuse, as told to the authors over many years of fieldwork. Written in a highly readable fashion, this book will be a useful resource for researchers, practitioners, activists, and policy makers.

This accessible text takes a multi-disciplinary approach to exploring issues surrounding domestic violence. It draws on contemporary research findings, policy developments, innovative practice and case studies to explore new directions in professional and voluntary sector responses to domestic violence. Nurses too often encounter battered women, abused children, and other victims of family violence in hospital and emergency room settings. Nurses therefore have a unique and important role to play in the prevention, identification, and mitigation of violence. This newly revised second edition is a landmark resource that provides comprehensive, nursing-focused coverage of intimate partner violence (IPV), child abuse, and more. This textbook provides a detailed overview of all types of family and other violence, including IPV, same-sex IPV, abuse during pregnancy, intimate partner homicide, stalking, violence against women with disabilities, dating violence, child abuse, children witnessing violence, sexual assault of both children and adults, and elder abuse. The book offers both graduate and undergraduate nursing students a clear view of the essential theories, interventions, and issues surrounding nursing and family violence—presenting an approach that empowers nurses to contribute to the prevention of this worldwide health problem. Special Features: Chapters on legal and forensic issues address the nurse's role and responsibilities when confronting family violence In-depth attention to cultural issues promote culturally relevant practice Abundant diagrams and tables offer quick access to essential standards for care Practice assessment forms and model interventions give practical strategies for addressing family violence A new chapter describes international work in family violence

This comprehensive, two-volume work examines domestic abuse in the United States and worldwide, providing research, personal stories, and primary documents that reveal the extent of the problem.

- Presents personal narratives that highlight the importance of each survivor's unique experience with abuse
- Includes primary source documents that address key legislation and court cases
- Provides a wide range of resources for researchers, such as recommended reading and film lists as well as state, national, and international organizations

related to domestic abuse

In this latest edition of her groundbreaking book, Dr. Lenore Walker has provided a thorough update to her original findings in the field of domestic abuse. Each chapter has been expanded to include new research. The volume contains the latest on the impact of exposure to violence on children, marital rape, child abuse, personality characteristics of different types of batterers, new psychotherapy models for batterers and their victims, and more. Walker also speaks out on her involvement in the O.J. Simpson trial as a defense witness and how he does not fit the empirical data known for domestic violence. This volume should be required reading for all professionals in the field of domestic abuse.

For Further Information, Please Click Here!

A study of wife beating in the United States, with reference to and victims' comments on the physical, psychological, and social effects of a complex problem

This is a comprehensive guide to developing a response to domestic violence using the Duluth Model. The contributors discuss the controversies which affect this community-based method.

This is a guide book for facilitators of domestic violence 52 week programs. The laws related to the treatment programs and 52 weeks of lessons are included.

Celebrating the 50th Anniversary of the Oxford Centre for Criminology, this edited collection of essays seeks to explore the changing contours of criminal justice over the past half century and to consider possible shifts over the next few decades. The question of how social science disciplines develop and change does not invite any easy answer, with the task made all the more difficult given the highly politicised nature of some subjects and the volatile, evolving status of its institutions and practices. A case in point is criminal justice: at once fairly parochial, much criminal justice scholarship is now global in its reach and subject areas that are now accepted as central to its study - victims, restorative justice, security, privatization, terrorism, citizenship and migration (to name just a few) - were topics unknown to the discipline half a century ago. Indeed, most criminologists would have once stoutly denied that they had anything to do with it. Likewise, some central topics of past criminological attention, like probation, have largely receded from academic attention and some central criminal justice institutions, like Borstal and corporal punishment, have, at least in Europe, been abolished. Although the rapidity and radical nature of this change make it quite impossible to predict what criminal justice will look like in fifty years' time, reflection on such developments may assist in understanding how it arrived at its current form and hint at what the future holds. The contributors to this volume have been invited to reflect on the impact Oxford criminology has had on the discipline, providing a unique and critical discussion about the current state of criminal justice around the world and the origins and future implications of contemporary practice. All are leading internationally-renowned criminologists whose work has defined and often re-defined our understanding of criminal justice policy and literature.

Linking feminine advocacy to growing gender antagonism in American politics, this provocative look at the women's movement in today's society challenges the assumption that basic differences between the sexes are unbridgeable. 17,500 first

printing.

Is your church prepared to care for individuals who have experienced various forms of abuse? As we continue to learn of more individuals experiencing sexual abuse, domestic violence, and other forms of abuse, it's clear that resources are needed to help ministries and leaders care for these individuals with love, support, and in cooperation with civil authorities. This handbook seeks to help the church take a significant step forward in its care for those who have been abused. Working in tandem with the Church Cares resources and videos, this handbook brings together leading evangelical trauma counselors, victim advocates, social workers, attorneys, batterer interventionists, and survivors to equip pastors and ministry leaders for the appropriate initial responses to a variety of abuse scenarios in churches, schools, or ministries. Though the most comprehensive training is experienced by using this handbook and the videos together, readers who may be unable to access the videos can use this handbook as a stand-alone resource.

Research into children and domestic violence in recent years has emphasized the importance of giving positive support to a non-abusive parent for effective child protection. But what exactly does positive support involve? Based on findings from six primary research studies carried out by the authors themselves, as well as other published research, this book reveals how undermining mothering - specifically, family courts and social work agencies blaming mothers for their own victimization - plays a key role in locking women into abusive relationships and exacerbating the damage done by domestic violence. It explores the principle message drawn from the research: that the needs of individual victims should inform risk assessment and safety planning by welfare practitioners. Case studies are used to explore key issues that should be considered during assessment and planning, such as the psychological impact on children of living in an abusive household; mother and child protection from an abusive partner during court proceedings; and child contact with an abusive parent. *Mothering Through Domestic Violence* is essential reading for practitioners working in the fields of family and child welfare, family courts and policy makers.

This accessible text takes a multi-disciplinary approach to exploring issues surrounding domestic violence. It draws on contemporary research findings, policy developments, innovative practice and case studies to explore new directions in professional and voluntary sector responses to domestic violence. Centred on the United Kingdom, but located in a context of global change, the book discusses and critically evaluates new criminal justice and multi-agency initiatives such as domestic violence courts and risk assessment conferences, as well as assessing how far these initiatives improve the safety of women and children. Harne and Radford aim to disseminate ideas about best practice in relation to dealing with this sensitive and still controversial issue. They use real-life case studies from professionals, including the police, health services and Women's Aid, and are inclusive of the experiences of a wide range of survivors, in order to enable an understanding of the need for appropriate responses, depending on different survivor needs. *Tackling Domestic Violence* provides an informed background for professionals in the police, probation, health and social care services, the legal system and voluntary sector with a remit to respond to domestic violence. It is also highly relevant to those undertaking courses on domestic violence at undergraduate and postgraduate level.

An award-winning investigative journalist provides a disturbing new look at an underreported type of domestic violence—the abuse of men. \* The latest research figures and up-to-date surveys on the prevalence of intimate partner violence against men \* Personal interviews and cases drawn from media coverage of politicians and other public figures \* A selected bibliography

What does it mean for men to join with women as allies in preventing sexual assault and domestic violence? Based on life history interviews with men and women anti-violence activists aged 22 to 70, *Some Men* explores the strains and tensions of men's work as feminist allies. When feminist women began to mobilize against rape and domestic violence, setting up shelters and rape crisis centers, a few men asked what they could do to help. They were directed "upstream," and told to "talk to the men" with the goal of preventing future acts of violence. This is a book about men who took this charge seriously, committing themselves to working with boys and men to stop violence, and to change the definition of what it means to be a man. The book examines the experiences of three generational cohorts: a movement cohort of men who engaged with anti-violence work in the 1970s and early 1980s, during the height of the feminist anti-violence mobilizations; a bridge cohort who engaged with anti-violence work from the mid-1980s into the 1990s, as feminism receded as a mass movement and activists built sustainable organizations; a professional cohort who engaged from the mid-1990s to the present, as anti-violence work has become embedded in community and campus organizations, non-profits, and the state. Across these different time periods, stories from life history interviews illuminate men's varying paths--including men of different ethnic and class backgrounds--into anti-violence work. *Some Men* explores the promise of men's violence prevention work with boys and men in schools, college sports, fraternities, and the U.S. military. It illuminates the strains and tensions of such work--including the reproduction of male privilege in feminist spheres--and explores how men and women navigate these tensions. To learn more please visit [somenen.org](http://somenen.org)

Intimate Partner Sexual Violence (IPSV) is the most common type of sexual violence and a common component of domestic violence, yet most cases go unreported and service responses are often inadequate. This book brings together advice for all those professionals working with individuals who have experienced IPSV and puts forward recommendations to tackle this prevalent form of sexual violence. With contributions from leading experts on IPSV, *Intimate Partner Sexual Violence* is a comprehensive guide to the subject which bridges the gap between research and practice.

Multidisciplinary and international in approach, the book covers key issues salient to all professionals - the impact of IPSV, reproductive coercion, the physical and psychological indicators, possible consequences of taking a case to court, and best practice service responses. One section also addresses the risks and needs of IPSV victims in different contexts, such as those in same-sex or teenage relationships, immigrant victims, and those living in rural areas or in prison. This is an authoritative resource for all professionals who work with IPSV victims including counselors, social workers, refuge workers, victim advocates, mental health professionals, pastoral workers, lawyers, police, and health practitioners.

*Rethinking Domestic Violence* is the third in a series of books by Donald Dutton critically reviewing research in the area of intimate partner violence (IPV). The research

crosses disciplinary lines, including social and clinical psychology, sociology, psychiatry, affective neuropsychology, criminology, and criminal justice research. Since the area of IPV is so heavily politicized, Dutton tries to steer through conflicting claims by assessing the best research methodology. As a result, he comes to some very new conclusions. These conclusions include the finding that IPV is better predicted by psychological rather than social-structural factors, particularly in cultures where there is relative gender equality. Dutton argues that personality disorders in either gender account for better data on IPV. His findings also contradict earlier views among researchers and policy makers that IPV is essentially perpetrated by males in all societies. Numerous studies are reviewed in arriving at these conclusions, many of which employ new and superior methodologies than were available previously. After twenty years of viewing IPV as generated by gender and focusing on a punitive "law and order" approach, Dutton argues that this approach must be more varied and flexible. Treatment providers, criminal justice system personnel, lawyers, and researchers have indicated the need for a new view of the problem -- one less invested in gender politics and more open to collaborative views and interdisciplinary insights. Dutton's rethinking of the fundamentals of IPV is essential reading for psychologists, policy makers, and those dealing with the sociology of social science, the relationship of psychology to law, and explanations of adverse behaviour.

Domestic violence affects millions of people every year, yet many people don't recognize it when they see it. Those who are aware of a domestic violence situation, whether it is happening to them or a loved one, often don't know how to stop it. This book covers physical abuse as well as other forms of abuse that are harder to spot, such as psychological, emotional, financial, and sexual abuse. Readers will learn how to read the signs that a relationship is abusive, understand the abuser's mindset, and learn strategies for getting free and breaking the cycle of abuse.

The first detailed discussion of domestic violence and abuse in same sex relationships, challenging the heteronormative model in domestic violence research, policy and practice.

Focusing on family violence worldwide, *Family Violence From a Global Perspective: A Strengths-Based Approach* draws on the expertise of authors from 16 countries representing 17 cultures to tell the story of domestic violence in their respective parts of the world. This one-of-a-kind edited collection by Sylvia M. Asay, John DeFrain, Marcee Metzger, and Bob Moyer incorporates a strengths-based approach, including individual, relationship, community, and societal strengths. The collection draws on multiple perspectives (academics, counselors, organizers, activists, and victims) to determine strengths and analyze how they can translate into greater safety for victims, increased accountability of perpetrators, and improved policy formation and research. Each chapter focuses on the lived experiences of victims of intimate partner violence, child abuse, or elder abuse and includes information about the abuser, the family, the community, and the culture.

*The Encyclopedia of Interpersonal Violence*, edited by Claire M. Renzetti and Jeffrey L. Edleson, is the definitive resource for members of the general public who are interested in learning more about various aspects of this problem, including different forms of interpersonal violence, incidence and prevalence, theoretical explanations, public policies, and prevention and intervention strategies. It is a useful resource for students

at all educational levels, who are studying about types of interpersonal violence or who are anticipating a career in one of the many fields in which professionals address aspects of interpersonal violence. Practitioners and clinicians in a wide range of fields will also find the Encyclopedia helpful as a quick reference guide to contemporary statistics, theories, policies, and prevention/intervention programs. The Encyclopedia consists of two volumes, which together contain over 500 alphabetically arranged entries written by experts on the topic addressed and cross-referenced with related entries. Volume 2 also contains appendices that provide information on current data on incidence of interpersonal violence in each state.

IT'S OK TO TELL MY STORY is written with passion, heart, and an unbelievable sense of sadness, which outline Gwendolen's personal experience with common-law domestic violence abuse viewed through the eyes of the main character, Gionnolen. This book demonstrates how God's love and strength, domestic violence therapy, and the support of friends and family enabled Gionnolen to break the cycle of abuse, obtain control of her life, and determine who she is, understanding that "I must love myself before I let anyone else love me" and "I am worthy of love!"

In this groundbreaking book, Linda Mills?feminist, scholar, activist, and survivor?challenges the prevailing orthodoxies and maps out a plan to change domestic abuse treatment programs. Drawing on case studies and research from her abuse prevention programs, Mills reveals that intimate abuse is far more complex than we realize, and develops a program for healing that engages everyone caught up in a violent dynamic. Essential reading for therapists, couples, public health experts, and members of the criminal justice system, Violent Partners outlines a breakthrough approach to a major social problem.

While men's violence to women is an everyday culturally supported activity, this reader demonstrates: that men's violence can be curtailed and that women and children can be assisted effectively; that state policies and provision can be improved; and that women can actively participate in the resolution of their difficulties. Bringing together new work and key papers Home Truths About Domestic Violence provides a comprehensive overview and up-to-date account of the progress so far, and identifies what still needs to be done. Areas covered include: \* womens experience of violence \* childrens experience of violence \* personal experiences of the justice system \* state policies on violence in the US and UK \* educational programmes and initiatives. This substantial Reader makes a significant contribution to the understanding of domestic violence from both a policy and a practice perspective. Together with its companion volume Home Truths About Child Sexual Abuse it provides an in-depth resource for a wide range of teachers, students and professionals, highlighting the diverse and complex dimensions of the problem of domestic violence.

Interagency working on domestic violence has progressed much in recent years, with the introduction of domestic violence units and formal multi-agency arrangements involving the police, local authorities and specialist non-statutory organisations. Innovative work in the United Kingdom is paralleled by developments elsewhere. This book considers the policy implications of interagency approaches. It examines some of the theoretical concepts that underlie this work and brings together evaluations of innovative projects and examples of good interagency practice. The chapters are not all written from the same perspective. Some are more guarded or more critical of the

approach than others. We hope that the book will offer to its readers information that will enable them to make their own assessments. Contents include: Multi-Agency Responses: A Dynamic Way Forward or a Face-Saver and Talking Shop Gill Hague, Research Fellow, Domestic Violence Research Group, University of Bristol . A Perspective from Women's Aid Nicola Harwin, National Co-Ordinator, Women's Aid Federation of England. . Domestic Violence and Interagency Child Protection Work Thangam Debonnaire, former National Children's Officer, Women's Aid Federation of England . The Multi-Agency Approach: A Panacea or Obstacle to Women's Struggles for Freedom from Violence? Pragna Patel, Southall Black Sisters . Feminist Reflections on Interagency Forums and the Concept of Partnership Liz Kelly, Director, Child and Women Abuse Studies Unit, University of North London . Equalities Issues in Multi-Agency Work Gill Hague, Charlene Henry, Chair, Derby Domestic Violence Action Group and Ann Webster, Equalities Officer, Derby City Council . Interagency Developments on Domestic Violence in Hammersmith and Fulham Robyn Holder, former Community Safety Officer, Hammersmith and Fulham . Leeds Interagency Project (Women and Violence) Andrea Tara-Chand, Manager Leeds Interagency Project . Reaching Joint Agreement on Domestic Violence Policies Annie Moelwyn-Hughes, former Co-Ordinator of Central Scotland M/A Project . Duluth: A Co-Ordinated Community Response to Domestic Violence Ellen Pence, National Training Project, Duluth, Minnesota and Martha McMahon, University of Victoria . Housing Agencies, Domestic Violence and Inter-Agency Work Ellen Malos, Research Fellow, Domestic Violence Research Group, University of Bristol . Policing Domestic Violence and Interagency Work Sharon Grace, Crime and Criminal Justice Unit, Research and Statistics Directorate, Home Office . The Probation Perspective A E Stelman, B Johnson, S Hanley and J Geraghty, Domestic Violence Working Group, Association of Chief Officers of Probation . Social Services Response to Domestic Violence Audrey Mullender, Professor of Social Work, University of Warwick . Education and Domestic Violence Davina James-Hanman, Co-Ordinator, Greater London Domestic Violence Project Nicola Harwin is National Coordinator, Women's Aid Federation of England, Gill Hague and Ellen Malos are Research Fellows, Domestic Violence Research Group, University of Bristol.

Violet no more outlines positive, straightforward steps that men can take to recognize and change their own abusive behavior.

For the first time, a study of the ways in which judges respond to abused women. Explore current social developments, issues, and controversies concerning young victims! The Victimization of Children: Emerging Issues keeps students and practitioners working with young victims on the cutting edge of the latest research developments regarding crimes against children. Leading experts from the legal, medical, and sociological communities explore some of the most urgent issues involving child victims. Researchers and practitioners in victim services, social work, mental health, public health, and criminal justice will all benefit from this useful resource. While numerous books have been written on the topic of child abuse and neglect, few delve into the more contemporary issues and problems. The Victimization of Children fills a large void in the literature by offering advanced discussions of today's most relevant topics, making this book an in-depth supplement to generic textbooks. Forward-thinking and thought-provoking, this timely resource provides sound research

to expand your knowledge base. This book provides insights into such contemporary issues as: the victimization of youths on the Internet children as victims of war and terrorism spatial patterns of child maltreatment—the concentration of child maltreatment within certain geographical areas religion-related child abuse the role of health care professionals in response to child victimization children with disabilities—abuse, neglect, and the child welfare system fetal homicide—emerging statutory and judicial regulation of third-party assaults legal and social issues surrounding closed-circuit television testimony of child victims and witnesses juvenile courts and their role in addressing family violence *The Victimization of Children* provides tables, figures, and the latest statistics of various aspects of child victimization to complement the experts' contributions. This book offers new and different responses and interventions to meet the increasingly diverse contexts and situations within which child maltreatment occurs. Emerging trends are explored within this book from a cross-section of disciplines, including law, sociology, criminal justice, psychology, and health services. This book will provide a useful resource to graduate students, to practitioners, and program developers who want a comprehensive overview of violent behavior and who want to identify programs that work to reduce violent behavior in specific settings from families to workplace to communities."--BOOK JACKET.

Requiring batterers to attend intervention programming as a condition of probation or as a component of pretrial diversion is becoming an integral part of many jurisdictions' response to domestic violence. This report addresses the need for increased info. exchange between criminal justice professionals & batterer treatment providers. Specifically, it will help criminal justice personnel -- including prosecutors, judges, probation officers, & victim advocates -- better understand the issues surrounding batterer intervention & enable them to make appropriate referrals to programs & to communicate effectively with program providers.

When you are showered with attention, it can feel incredibly romantic and can blind you to hints of problems ahead. But what happens when attentiveness becomes domination? In some relationships, the desire to control leads to jealousy, threats, micromanaging--even physical violence. If you or someone you care about are trapped in a web of coercive control, this book provides answers, hope, and a way out. Lisa Aronson Fontes draws on both professional expertise and personal experience to help you: \*Recognize controlling behaviors of all kinds. \*Understand why this destructive pattern occurs. \*Determine whether you are in danger and if your partner can change. \*Protect yourself and your kids. \*Find the support and resources you need. \*Take action to improve or end your relationship. \*Regain your freedom and independence. 'Domestic Violence and Child Protection' explores the challenges of working effectively in this complex field and offers positive models for practice. Leading practitioners and researchers outline the essential safety considerations for children, adult victims and child protection workers.

This book aims to provide an up-to-date and comprehensive introduction to the subject of domestic violence and its interaction with the criminal justice system- including agencies such as the police, the Crown Prosecution Service, the probation service and Children's Services, the courts and the prison service, as well as voluntary agencies such as Women's Aid. The book also looks at how these various agencies work together at a local level and the coordinating role of the Home Office and the direction provided at a central level. *Domestic Violence and Criminal Justice* examines the phenomenon of domestic violence, the various

forms it takes and the theories that have been put forward to explain it. It takes an historical approach to examine policy and legislative developments over the last forty years and how those developments make themselves manifest today. The authors provide an authoritative and critical account of the different agencies and the work they carry out both independently and jointly; they also consider the limits of a crime centred response to domestic violence. The book provides a conceptual framework in which domestic violence and criminal justice might be better understood. It covers all the current issues in this field and it will be a 'source book' in directing readers to further reading. It will be essential reading for both students and practitioners in the field.

This handbook engages key debates in Australian and New Zealand criminology over the last 50 years. In six sections, containing 56 original chapters, leading researchers and practitioners investigate topics such as the history of criminology; crime and justice data; law reform; gangs; youth crime; violent, white collar and rural crime; cybercrime; terrorism; sentencing; Indigenous courts; child witnesses and children of prisoners; police complaints processes; gun laws; alcohol policies; and criminal profiling. Key sections highlight criminological theory and, crucially, Indigenous issues and perspectives on criminal justice. Contributors examine the implications of past and current trends in official data collection, crime policy, and academic investigation to build up an understanding of under-researched and emerging problem areas for future research. An authoritative and comprehensive text, this handbook constitutes a long-awaited and necessary resource for dedicated academics, public policy analysts, and university students.

"Pence and Paymar are right on target again. Their analysis of battering is excellent and their approach...is straightforward, useful and clear. [The book] tells you what to do with abusive men and how to do it well. [The authors] challenge practitioners to do their work in a manner that is compassionate yet never colluding. Accountability and safety to battered women and creating a process of change for abusive men are central to its success." --Susan Schechter, author of *Women and Male Violence* "Drawing upon years of experience...Pence and Paymar

have written a practical and conceptually sound curriculum for batterers' groups. This book offers an effective guide to both the beginning facilitator and the experienced clinician for engaging batterers in the lifelong process of changing their intimate relationships, from those based on coercive control to those based on equality. [They] accomplish this task without compromising their commitment to advocacy with battered women." --Anne L. Ganley, PhD, Domestic Violence Program Seattle Veterans Administration Medical Center "Presents the most comprehensive and successful methods for working with men who batter. Mixing discussion, self-analysis and opportunities for learning new behaviors, this well-mapped-out intervention strategy helps counselors hold men accountable while teaching non-abusive behaviors." --Fernando Merderos, Executive Director of Common Purpose, Boston, MA

"Education Groups for Men Who Batter is a curriculum and a methodology which unequivocally identifies the exercise of violent and coercive tactics against women in intimate relationships as intentional, strategic behavior....[It] is an essential training tool for all actors in the justice and human services systems. Only when tactics of control are seen as intentional intimate terrorism can these systems construct responses effectively to end the violence." --Barbara J. Hart, Esq., Pennsylvania Coalition Against Domestic Violence "Presents the leading approach to undoing men's abuse of women...The Duluth Model has pioneered an approach based on the experiences of abused women and consequently tailored to their circumstances. It tackles the social dimensions of woman abuse more directly and decisively than any of the psychological or skill-building approaches circulating in the field." -- Edward W. Gondolf, author of *Men Who Batter, Battered Women as Survivors, and Psychiatric Response to Family Violence* "The Duluth Model has inspired activists all over the world, and its principles are being followed in programs in several countries. We predict that this book will become the

standard text for those who work with men who batter." --Rebecca Emerson Dobash and Russell P. Dobash authors of Violence Against Wives; Women, Violence and Social Change; and Women Viewing Violence

An eminent therapist explains what makes couples compatible and how to sustain a happy marriage. For the past thirty-five years, John Gottman's research has been internationally recognized for its unprecedented ability to precisely measure interactive processes in couples and to predict the long-term success or failure of relationships. In this groundbreaking book, he presents a new approach to understanding and changing couples: a fundamental social skill called "emotional attunement," which describes a couple's ability to fully process and move on from negative emotional events, ultimately creating a stronger relationship. Gottman draws from this longitudinal research and theory to show how emotional attunement can downregulate negative affect, help couples focus on positive traits and memories, and even help prevent domestic violence. He offers a detailed intervention devised to cultivate attunement, thereby helping couples connect, respect, and show affection. Emotional attunement is extended to tackle the subjects of flooding, the story we tell ourselves about our relationship, conflict, personality, changing relationships, and gender. Gottman also explains how to create emotional attunement when it is missing, to lay a foundation that will carry the relationship through difficult times. Gottman encourages couples to cultivate attunement through awareness, tolerance, understanding, non-defensive listening, and empathy. These qualities, he argues, inspire confidence in couples, and the sense that despite the inevitable struggles, the relationship is enduring and resilient. This book, an essential follow-up to his 1999 *The Marriage Clinic*, offers therapists, students, and researchers detailed intervention for working with couples, and offers couples a roadmap to a stronger future together.

*Education Groups for Men Who Batter: The Duluth Model* Springer Publishing Company  
Controversial and forward-thinking, this volume presents a much-needed analysis of restorative justice practices in cases of violence against women. Advocates, community activists, and scholars will find the theoretical perspectives and vivid case descriptions presented here to be invaluable tools for creating new ways for abused women to find justice. Drawing on cases, Stark identifies the problems with our current approach to domestic violence, outlines the components of coercive control, and then uses this alternate framework to analyse the cases of battered women charged with criminal offenses directed at their abusers.

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