

The Disciplined Trader Developing Winning Attitudes

Douglas uncovers the underlying reasons for lack of consistency and helps traders overcome the ingrained mental habits that cost them money. He takes on the myths of the market and exposes them one by one teaching traders to look beyond random outcomes, to understand the true realities of risk, and to be comfortable with the "probabilities" of market movement that governs all market speculation.

LEVERAGE YOUR MOST POWERFUL TRADING ASSET: YOUR PERSONALITY The Mental Edge in Trading explains the critical link between successful trading and personality traits--and it gives you the tools to use this information to make smarter trades. A highly trained psychiatrist, Dr. Jason Williams, son of legendary trader Larry Williams, explains how to assess and measure your innate personality traits and align them with your trading style for more profitable trading on a more consistent basis. Dr. Williams tested proven winning traders who were managing billions of dollars to see what the great winning traders had in common, what personality traits made them so successful. The results are in this groundbreaking book that will help you become like these winning traders. His conclusions are

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based on hard science, the latest brain research, and the careful study of successful traders, not on psychobabble meanderings. Dr. Williams provides: A comprehensive overview of how personality/emotions affect every trading decision The information you need to determine the emotions that dominate your decision making Proven methods for adapting your trading plan--and your behavior--to make more money than ever With The Mental Edge in Trading, you have everything you need to apply your cluster of personality traits to become a better, wiser, and more consistently successful market trader. Solid trading strategies and accurate market indicators are crucial. But when push comes to shove, the glue that binds them is your emotional state at any given time. When things go south, the best trading system will collapse like a house of cards--if you allow it to. The Mental Edge in Trading provides the tools you need to ensure this never happens to you by helping you understand and use your emotions when it counts most. It's the key to long-term trading success. Until now, no other book has provided a practical, detailed method for achieving the mental edge in trading. What you'll find inside is based on intensive research into the minds of today's most profitable traders. The Mental Edge in Trading explains the immutable relationship of human thought, emotion, and behavior and reveals how to: Determine if you should be a systems or

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discretionary trader Conquer you underlying fear of risk by understanding where it comes from Calm innate anxieties before you start your trading day Use optimism as a "tool" for profitability Remain vigilant as to why you are placing each and every trade This complete trading-improvement tool gives you the information you need to determine and improve your personality traits, discover your dominant emotions, and use this information to adapt your behavior for more successful trading. A common denominator among most new traders is that, within six months of launching their new pursuit, they are out of money and out of trading. High-Probability Trading softens the impact of this "trader's tuition," detailing a comprehensive program for weathering those perilous first months and becoming a profitable trader. This no-nonsense book takes a uniquely blunt look at the realities of trading. Filled with real-life examples and intended for use by both short- and long-term traders, it explores each aspect of successful trading. "Trade the Trader" is the first book that helps traders understand who they're up against--and beat them. Hedge fund manager Tatro reveals proven strategies for anticipating other traders' moves, outwitting them, and profiting from them. Test your trading knowledge and skills—without risking any money You may read the best trading book, but how much of that knowledge will you retain

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a week later? This is why you need this Study Guide for *The New Trading for a Living*. It'll give you a firmer grasp of the essential trading rules and skills. This Study Guide, based on the bestselling trading book of all time, was created by its author to help you master the key points of his classic book. The Study Guide's 170 multiple-choice questions are divided into 11 chapters, each with its own rating scale. They cover the entire range of trading topics, from psychology to system design, from risk management to becoming an organized trader. Each question is linked to a specific chapter in the main book, while the Answers section functions like a mini-textbook. It doesn't just tell you that A is right or B is wrong—it provides extensive comments on both the correct and incorrect answers. This Study Guide also contains 17 charts that challenge you to recognize various trading signals and patterns. Everything is designed to help you become a better trader.

Consider getting two books as a package—the Study Guide and *The New Trading for a Living*. They're designed to work together as a unique educational tool. The Study Guide for *The New Trading for a Living* is a valuable resource for any trader who wants to achieve sustainable market success.

Jared Martinez traded the forex market for a decade through the 1980s and '90s before he discovered that successful trading requires 10 percent skill and 90 percent emotional intelligence. He founded the

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Market Traders Institute on that underlying principle, and now MTI is the most established leader in forex education worldwide. Jared is known as “FXCHIEF” in the industry, and now, in *The Forex Mindset*, he shares his secrets with you. Leadership experts and corporate executives are just waking up to what the FXCHIEF has known for more than 15 years—emotional intelligence matters. With *The Forex Mindset*, you get up close and personal with greed and fear, the two leading forces in the market. Everyone gets in for greed, but without a healthy understanding of fear, you may be in for one of the worst journeys of your life. This performance-oriented guidebook features a potent synthesis of psychology and strategy that will exponentially increase your ability to acquire wealth as a trader. Even veteran traders with bulletproof trading strategies are doomed to fail if they don’t know themselves. *The Forex Mindset* prepares you to be a successful trader by helping you identify your unique psychological strengths and weaknesses and how you naturally behave in times of financial crisis. With a newfound understanding of yourself, you can use this book to map out your own path to wealth by:

- Delving into human nature and market behavior
- Learning how to improve your emotional intelligence
- Doing what top traders do to control their emotions in trades and in times of crisis
- Implementing authoritative strategies for effective thinking in a

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state of fear If you want to make a living from trading forex, apply the lessons in *The Forex Mindset* and you're already 90 percent there!

Master Traders introduces you to an outstanding group of financial experts—from seasoned hedge fund managers to top technical analysts—who discuss the methods they use to tame today's highly volatile and unpredictable markets. Composed of chapters contributed by leading financial professionals, *Master Traders* contains a variety of proven strategies and techniques that will give you an edge in the world of stocks, options, and futures. Practical trading psychology insight that can be put to work today *Trading Psychology 2.0* is a comprehensive guide to applying the science of psychology to the art of trading. Veteran trading psychologist and bestselling author Brett Steenbarger offers critical advice and proven techniques to help interested traders better understand the markets, with practical takeaways that can be implemented immediately. Academic research is presented in an accessible, understandable, engaging way that makes it relevant for practical traders, and examples, illustrations, and case studies bring the ideas and techniques to life. Interactive features keep readers engaged and involved, including a blog offering ever-expanding content, and a Twitter feed for quick tips. Contributions from market bloggers, authors, and

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experts bring fresh perspectives to the topic, and Steenbarger draws upon his own experience in psychology and statistical modeling as an active trader to offer insight into the practical aspect of trading psychology. Trading psychology is one of the few topics that are equally relevant to day traders and active investors, market makers and portfolio managers, and traders in different markets around the globe. Many firms hire trading coaches, but this book provides a coach in print, accessible 24/7 no matter what the market is doing. Understand the research at the core of trading psychology Examine the ways in which psychology is applied in real-world trading Implement practical tips immediately to see first-hand results Gain the perspective and insight of veteran traders who apply these techniques daily While markets may differ in scale, scope, and activity, humans remain human, with all the inherent behavioral tendencies. Studying the market from the human perspective gives traders insight into how human behavior drives market behavior. Trading Psychology 2.0 gives traders an edge, with expert guidance and practical advice.

To invest successfully or trade in Stocks, Options, Forex, or even Mutual Funds, it is imperative to know AND understand price and market movements that can only be learned from Technical Analysis. You should NEVER attempt Trading or Investing without it! My 25 years experience has taught me that 'Every

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book on the market' regarding Charting and Technical Analysis are seemingly worthless! All seem to find yet another creative way to tell you to "Buy Low and Sell High!" And they offer NO in-depth understanding or analysis about WHO is buying and WHO is selling, and when. Point is, anyone, experienced or not, can show you a picture of a Chart and tell you to buy at the bottom and sell at the top. That is simple 'hindsight', and is always 20/20! This book is different! It is IN-DEPTH – EXPLAINED and you WILL learn price movements and technical analysis from this information! You will understand and recognize tops and bottoms in the market and in particular stocks, AS they are forming. This is highly valuable information, and you should NEVER attempt to trade or invest without this knowledge! Mutual Funds? Most people think they do not need this information because they have a Mutual Fund. That could not be farther from the truth. Investing your hard-earned money should be done with your own knowledge of market direction, when to buy, and when to move your money to safety. Without this knowledge you are at the mercy of a salesperson hungry to earn a commission. Thus, invariably entering the market at the wrong time and in the wrong investment. No one else has your best interest in mind, either learn to protect your money or keep it in the bank. It's that simple. The next move is yours.

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The essential guide to launching a successful career in trading—updated for today’s turbulent markets

“Mastering the Trade is an excellent source for a basic understanding of market action, be it day and/or longer-term trend trading. A programmer will have a field day with the many ideas that are in this book. It is highly recommended.” —John Hill, president of Futures Truth magazine

“John Carter’s new book focuses quickly on the critical area of trader psychology, a realm that will often separate the trader from his wallet if it is not mastered first. The in-depth trading strategies clearly show how to respond to market moves based on real-world examples.” —Price Headley, founder of BigTrends.com and author of Big Trends in Trading

“Well written and packed with the kind of insight about the nature of trading and the markets that can surely benefit every level of trader.” —Mark Douglas, author of Trading in the Zone and The Disciplined Trader

“This is a must read for all new traders, specifically for the psychological aspect of trading. I am recommending it to all of my clients.” —Carolyn Boroden, FibonacciQueen.com

About the Book: When it was first published in 2005, Mastering the Trade became an instant classic in the world of day trading. Now, veteran day trader and educator John F. Carter has updated his time-proven swing trading technique to help you succeed in an environment vastly transformed by volatility and technology.

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Universally acclaimed for its sophisticated yet easy-to-execute methods, this practical, results-driven guide provides everything you need to make a lucrative career as a day trader—from preparing yourself psychologically for the unique demands of day trading to timing the market, managing risk, and planning future trades. Mastering the Trade sets aside timeworn basics and rehashed ideas to examine in detail the underlying factors that cause prices to move. Providing the tools you need to make the right decisions at the right times, it helps you enter market shifts early and either pull out before losses accrue or hang on for a long and refreshingly predictable ride. Mastering the Trade covers: The five psychological truths that will transform you from a mistake-prone novice into a savvy trading professional Exact entry, exit, and stop-loss levels for the intraday trading of stocks, options, ETFs, e-mini futures, 30-year bonds, currencies, and more Seven key internals, from \$TICKS to five-minute volume—critical for gauging pending market direction from the opening bell Premarket checklists for analyzing recent market behavior and calculating on each trading day what you plan to do, how you plan to do it, and why Airtight risk control techniques for protecting trading capital—the most important component of a professional trading career After spending many years on various trading desks, Carter has developed an intuitive understanding of

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how the markets work. In *Mastering the Trade*, he gives you unlimited access to everything the markets have taught him—so you can make an exceptional living on the frontlines of professional trading.

Where would Britain be without coal? In brilliant social history, Jeremy Paxman tells the story of how the black stuff has shaped every aspect of Britain.

A comprehensive yet simplified guide to the complex world of options investing and risk management

Before trading derivatives, one needs to understand the secrets and mechanics behind the options market. *Your Options Handbook: The Practical Reference and Strategy Guide to Trading Options* offers a straightforward, practical explanation of the options marketplace, including its origins, the mechanics of the market, and how to profit from trading options. Walks you through the stock and option markets from a professional's perspective, but uses plain language and simple analogies

Discusses different trading strategies based upon whether one's opinion of the market is bullish, bearish, or neutral

Details market players, useful tips, and trading psychology, and explains how options are priced

Options are a versatile trading instrument that typically cost less and can have lower risk than stocks. They also offer investors a unique edge and lucrative opportunities that are not available to stock only traders. *Your Options Handbook* helps investors fully understand the options market, allowing them to

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enter the sector with greater ease.

Considering the meaning of the close within the range of a price bar --

The day has come, and Christ has raptured the church. This futuristic novel shows one can escape the mark of the beast and they too will know glorious redemption.

Take a proven approach to short-term trading.

Winning the Day Trading Game offers an insider's view of the trading life and provides proven strategies for profitable trading. Professional trader Tom Busby explains how the strategies that made him so much money early on in his career ultimately failed during the 1987 stock market crash and then reveals how he reinvented himself as a high-percentage day trader. He interweaves personal experiences with technical explanations to outline the cornerstones of his technique. In highlighting his own trading experiences, Busby clearly explains how to beat the market by balancing the impulses of greed and fear, managing risk at all times; and taking responsibility for your trading. Thomas L. Busby (Mobile, AL) has been a professional trader and broker for 25 years, working with Merrill Lynch and Smith Barney. He founded the Day Trading Institute in 1996 and it has grown into one of the most successful trading schools in the world.

Here, in his comprehensive second book? a must-read for serious investors and professional

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traders?the author details the three-step system of research, application, and testing underlying his highly profitable trading and forecasting methodology. He reveals the Street-tested techniques Trader Vic relies on to predict market trends

Trading and Investing is not only about the Profit–Loss, Figures, Technical and Fundamental Analysis but much more than that. In this book, you will have an all-round experience for life on what it takes to be a Complete Trader or Investor contemplating: 1. Magical money management 2. Formula no. 21 3. The EPW Model 4. The Discipline Factor and Discipline Survey 5. 212* The Spiritual Trader 6. Bull, Bear and Pig phases Till 211 degrees, water is hot and after reaching 212°, it starts boiling. And with the boiling water, comes steam, and with steam, you can empower even a train! In any profession, it's that one Extra Degree that makes a difference of being a Winner or a follower, and that extra degree can be attained through this book. Irrespective of whether you are a novice, professional Trader/Investor or a Business man, this book will change your perspective about Life, Money and, of course, will lead you on the successful path of trading & investing with a level of Serenity. It isn't what the book costs. It's what it will cost you if you don't read it. – Jim Rohn

Want to become a truly great trader – either for

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yourself or for a proprietary trading firm? This book will help you get there. This unique approach is the closest thing to signing up for a “trader boot camp” yourself! You’ll learn by watching new traders walk through actual trades, explain what they’ve tried to do, and try to survive brutally tough expert critiques. One trade at a time, *The Playbook* reveals how professional traders must think in order to succeed “under fire,” how they assess their own performance, and how they work relentlessly to improve. Using concrete, actionable setups drawn from his extensive trading and training experience, Bellafiore walks through an extraordinary array of trades, showing readers how to maximize profits and avoid disastrous hidden pitfalls. He covers support plays, bull-and-bear flags, opening drives, important intraday levels, bounce and fade trades, pullbacks, scalps, technical opportunities, consolidation, relative strength, market trades, and more. He also presents indispensable insights on psychology and trader development, based on his work with hundreds of traders on a major commodity exchange and an elite prop firm’s trading desk. Packed with color, personality, and realism, this is an exciting guide to real-world trading.

Praise for *Trading Price Action Trading Ranges* "Al Brooks has written a book every day trader should read. On all levels, he has kept trading simple, straightforward, and approachable. By teaching

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traders that there are no rules, just guidelines, he has allowed basic common sense to once again rule how real traders should approach the market. This is a must-read for any trader that wants to learn his own path to success." —Noble Drakoln, founder, SpeculatorAcademy.com, and author of Trade Like a Pro and Winning the Trading Game "A great trader once told me that success was a function of focused energy. This mantra is proven by Al Brooks, who left a thriving ophthalmology practice to become a day trader. Al's intense focus on daily price action has made him a successful trader. A born educator, Al also is generous with his time, providing detailed explanations on how he views daily price action and how other traders can implement his ideas with similar focus and dedication. Al's book is no quick read, but an in-depth roadmap on how he trades today's volatile markets, complete with detailed strategies, real-life examples, and hard-knocks advice." —Ginger Szala, Publisher and Editorial Director, Futures magazine Over the course of his career, author Al Brooks, a technical analysis contributor to Futures magazine and an independent trader for twenty-five years, has found a way to capture consistent profits regardless of market direction or economic climate. And now, with his new three-book series—which focuses on how to use price action to trade the markets—Brooks takes you step by step through the entire process. In order to put his

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methodology in perspective, Brooks examined an essential array of price action basics and trends in the first book of this series, *Trading Price Action TRENDS*. Now, in this second book, *Trading Price Action TRADING RANGES*, he provides important insights on trading ranges, breakouts, order management, and the mathematics of trading. Page by page, Brooks skillfully addresses how to spot and profit from trading ranges—which most markets are in, most of the time—using the technical analysis of price action. Along the way, he touches on some of the most important aspects of this approach, including trading breakouts, understanding support and resistance, and making the most informed entry and exit decisions possible. Throughout the book, Brooks focuses primarily on 5 minute candle charts—all of which are created with TradeStation—to illustrate basic principles, but also discusses daily and weekly charts. And since he trades more than just E-mini S&P 500 futures, Brooks also details how price action can be used as the basis for trading stocks, forex, Treasury Note futures, and options.

High Performance Trading provides proven practical techniques and strategies to help traders of all abilities, experience levels and styles to enhance their trading performance and psychology. Based on practical coaching and training interventions, personal experiences, the latest research and

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feedback, and advice from leading traders, trading coaches and trading psychologists, this book offers something for everyone who wants to become a better trader. - Discover how to avoid the common pitfalls of trading and how to take the practical steps that can set you up for trading success. - Strengthen your trading discipline as you discover the art of flawless execution. - Develop and hone your mental edge through learning to think like a successful trader. - Programme yourself for trading success with powerful mental conditioning techniques. - Develop unshakeable focus and concentration and learn how to get into the trading zone. - Understand how to achieve and sustain a core of trading confidence. - Learn how to utilise simple techniques to manage your emotional states. - Build resilience to cope with trading stresses, and pressures and manage losses, setbacks and errors. - Move towards greater consistency and success in your trading performance.

The best-selling trading book of all time—updated for the new era *The New Trading for a Living* updates a modern classic, popular worldwide among both private and institutional traders. This revised and expanded edition brings time-tested concepts in gear with today's fast-moving markets, adding new studies and techniques for the modern trader. This classic guide teaches a calm and disciplined approach to the markets. It emphasizes risk

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management along with self-management and provides clear rules for both. The New Trading for a Living includes templates for rating stock picks, creating trade plans, and rating your own readiness to trade. It provides the knowledge, perspective, and tools for developing your own effective trading system. All charts in this book are new and in full color, with clear comments on rules and techniques. The clarity of this book's language, its practical illustrations and generous sharing of the essential skills have made it a model for the industry—often imitated but never duplicated. Both new and experienced traders will appreciate its insights and the calm, systematic approach to modern markets. The New Trading for a Living will become an even more valuable resource than the author's previous books: Overcome barriers to success and develop stronger discipline Identify asymmetrical market zones, where rewards are higher and risks lower Master money management as you set entries, targets and stops Use a record-keeping system that will make you into your own teacher Successful trading is based on knowledge, focus, and discipline. The New Trading for a Living will lift your trading to a higher level by sharing classic wisdom along with modern market tools.

EARN SERIOUS TRADING PROFITS BY USING YOUR WHOLE BRAIN! Legendary traders like Jesse Livermore, George Soros, Richard Dennis,

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and Steven Cohen use their full range of powers that encompass both instinct and analysis. That's how they made their fortunes—and that's how you can, too. In *Trading from Your Gut*, Curtis Faith, renowned trader and author of the global bestseller *Way of the Turtle*, reveals why human intuition is an amazingly powerful trading tool, capable of processing thousands of inputs almost instantaneously. Faith teaches you how to harness, sharpen, train, and trust your instincts and to trade smarter with your whole mind. Just as important, you'll learn when not to trust your gut—and how to complement your intuition with systematic analysis. You've got a left brain: analytical and rational. You've got a right brain: intuitive and holistic. Use them both to make better trades, and more money!

“Whole Mind” trading: the best of discretionary and system approaches
How winning traders use analysis and disciplined intuition together
How to profit from other traders’ “Wrong Brain Thinking”
Understand other traders, without acting like them
How to provide a firm intellectual framework for your trades
What successful traders have discovered about the market's structure and laws
The unique value of intuition in swing trading
Use your intuition to trade patterns that computer technology can't recognize

The bestselling holy grail of trading information—now brought completely up to date to give traders an

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edge in the marketplace “Sound trading advice and lots of ideas you can use to develop your own trading methodology.”-Jack Schwager, author of Market Wizards and The New Market Wizards This trading masterpiece has been fully updated to address all the concerns of today's market environment. With substantial new material, this second edition features Tharp's new 17-step trading model. Trade Your Way to Financial Freedom also addresses reward to risk multiples, as well as insightful new interviews with top traders, and features updated examples and charts.

getAbstract Summary: Get the key points from this book in less than 10 minutes. Author Mark Douglas explains that he lost almost everything he owned because of bad trading decisions. The experience led him to rigorous self-examination, and he discovered that emotions, especially fear, had led him to trade imprudently. He went on to write this straightforward, very penetrating explanation of the role of beliefs and emotions in trading. This is not an abstract academic exercise. Douglas is a trader talking to traders. He is thorough and practical in his analysis and advice. At times, his style may be awkward, stilted and even cumbersome; however, these flaws do not prevent him from communicating important, useful information. Although the book is specifically about emotional and psychological factors as they affect trading, readers are likely to

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notice that these influences are active in other dimensions of their lives as well. getAbstract finds that this is quite a good little book that has stood the test of time, despite changes in the technology of trading. Book Publisher: Copyright 1990 by Mark Douglas Used by arrangement with Prentice Hall Press, a division of Penguin Group (USA), Inc. www.penguin.com (1-800-253-6476)

Praise for THE DAILY TRADING COACH "A great book! Simply written, motivational with unique content that leads any trader, novice or experienced, along the path of self-coaching. This is by far Dr. Steenbarger's best book and a must-have addition to any trader's bookshelf. I'll certainly be recommending it to all my friends." —Ray Barros CEO, Ray Barros Trading Group "Dr. Steenbarger has been helping traders help themselves for many years. Simply put, this book is a must-read for anyone who desires to achieve great success in the market." —Charles E. Kirk The Kirk Report "'Dr. Brett', as he is affectionately known by his blog readers, has assembled a practical guide to self coaching in this excellent book. The strategies he outlines are further enhanced with numerous resources and exercises for the reader to refer to and keep the principles fresh. I enthusiastically encourage anyone interested in bettering their trading and investing to read this book and keep it on their desk as a constant source of learning." —Brian Shannon,

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www.alphatrends.net author of Technical Analysis Using Multiple Timeframes "Dr. Brett has distilled his years of experience, as both a trader and a psychologist/coach, into the 101 practical lessons found in The Daily Trading Coach. Those lessons provide effective strategies for coping with the stumbling blocks that traders often face. This book should be a cornerstone of any serious trader's library." —Michael Seneadza equities trader and blogger at TraderMike.net

Shortly after most novice traders discover how trading works and begin to realize that they have the potential to make unlimited amounts of money in the financial markets, they start dreaming the near-impossible dream. They fantasize about buying that condo in Boca Raton for their parents or surprising their son with a brand-new car on his 16th birthday. They even begin to imagine themselves opening their own trading firm or milling about the pit of the Chicago Mercantile Exchange, lobbying against other professional traders for the perfect entry into a once-in-a-lifetime trade. But then ... they watch the markets lurch in wildly unpredictable ways, lose their shirts in a few live trades, and then freeze in their tracks, wondering if they will ever be able to consistently trade in a manner that can even loosely be defined as "profitable." To be sure, becoming a full-time, professional trader, working at a proprietary trading firm, or managing the trading activity of a

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hedge fund may sound like the perfect career, but it's all too easy for beginner traders to overestimate their trading abilities, underestimate the movements of the markets, and find themselves in a financial hole of epic proportions after a few bad trades. So what does it really take to make a living in the markets? Tim Bourquin, co-founder of Traders Expo and the Forex Trading Expo and founder of TraderInterviews.com, and freelance writer and editor Nick Mango set out to answer that exact question in *Traders at Work*, a unique collection of over 20 interviews with some of the world's most successful professional traders, from at-home hobbyists who have opened their own firms to those working at hedge funds, on proprietary trading desks, and in exchange pits. What mistakes did Anne-Marie Baiynd make early in her career? What does Michael Toma wish he had known about trading? What trading strategies work best for Linda Raschke? How does John Carter remain cool, calm, and collected when the markets are sending mixed signals? And how did Todd Gordon make the transition from part-time to full-time trader? Bourquin and Mango ask all of these questions and more in *Traders at Work* and in doing so reveal insider insights on what it takes to be a successful trader from those who are living that dream. Fascinating, compelling, and filled with never-before-told stories from the front lines of the trading arena, *Traders at*

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Work is required reading for anyone who has ever asked themselves if they have what it takes to trade for a living.

The Disciplined Trader Developing Winning Attitudes Prentice Hall Press

The ideal portable companion, the world-renowned Collins Gem series returns with a fresh new look and updated material.

This volume describes in detail what disciplined personal involvement is and how it is administered. It empirically challenges one of the oldest prohibitions in the field of psychotherapy: the personal involvement taboo. The book was written during a current four-year national clinical trial sponsored by NIMH involving 910 chronically depressed outpatients being treated at eight sites in the U.S. The emotions and mental states that dictate success or failure in Stock /Commodity and Forex Markets. Trading psychology refers to the aspects of an individual's mental makeup that help determine whether he or she will be successful in buying and selling securities for a profit. Trading psychology is as important as other attributes such as knowledge, experience and skill in determining trading success. Discipline and risk-taking are two of the most critical aspects of trading psychology, since a trader's implementation of these aspects is critical to the success of his or her trading plan. While fear and greed are the two most commonly known emotions

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associated with trading psychology, other emotions that drive trading behaviour are hope and regret. In this book on trading psychology, you will learn:

- The importance of controlling your emotions when making trading decisions
- How to master self-discipline and stick to a trading plan
- How to learn from mistakes so you do not repeat them
- How to refine your skills through simulated paper trading without risking money
- How to have a confident mindset while maintaining a flexible and open mind when trading

The best traders are always looking for an edge. Sometimes, the largest obstacle between you and trading successfully is yourself. Success can be more about your mindset and less about the markets. From managing and evaluating your own performance to setting rules and sticking to them, these titles will help you create and stick to a trading plan, manage stress, address risk, and not be derailed by emotions or preconceptions.

The classic book that introduced the investment industry to the concept of trading psychology. With rare insight based on his firsthand commodity trading experience, author Mark Douglas demonstrates how the mental matters that allow us function effectively in society are often psychological barriers in trading. After examining how we develop losing attitudes, this book prepares you for a thorough “mental housecleaning” of deeply rooted thought processes. And then it shows the reader how to develop and

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apply attitudes and behaviors that transcend psychological obstacles and lead to success. The Disciplined Trader helps you join the elite few who have learned how to control their trading behavior (the few traders who consistently take the greatest percentage of profits out of the market) by developing a systematic, step-by-step approach to winning week after week, month after month. The book is divided into three parts: • An overview of the psychological requirements of the trading environment • A definition of the problems and challenges of becoming a successful trader • Basic insights into what behavior may need to be changed, and how to build a framework for accomplishing this goal • How to develop specific trading skills based on a clear, objective perspective on market action “A groundbreaking work published in 1990 examining as to why most traders cannot raise their equity on a consistent basis, bringing the reader to practical conclusions to go about changing any limiting mindset.”—Larry Pesavento, TradingTutor.com

Overcome the obstacles that can prevent you from winning at the trading game A trader's emotional state is vital to being a successful investor. There are many psychological factors that can affect the decisions one makes in the course of a trading day. This book focuses on overcoming issues such as anxiety, fear, and over-ambition so that traders can become more focused and be more successful-in

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other words, enter the zone-and stay in it as long as possible.

"The one, only, and by far the best book synthesizing psychology and investing. In addition to providing modern, scientific knowledge about psychology, this book provides a mirror into the mind and wide breadth of knowledge of one of the leading practitioners of brief and effectual cures. Will help to cure your trading and your life." -Victor Niederhoffer, Chief Speculator, Manchester Investments Author, *The Education of a Speculator and Practical Speculation* "How refreshing! A book that rises above the old NLP model of the 80's and provides insights on how our relationship with the market is indeed a very personal one. Not only has Steenbarger provided some fantastic tools for the trader to transform his mindset, but he has contributed unique trading ideas as well. Brilliant!" -Linda Raschke, President, LBRGroup, Inc. "'Investigate, before you invest' was for many years the slogan of the New York Stock Exchange. I always thought a better one would be, 'Investigate YOURSELF, before you invest.' The Psychology of Trading should help you increase your annual investment rate of return. Mandatory reading for anyone intending to earn a livelihood through trading. " -Yale Hirsch, The Hirsch Organization Inc., Editor, *The Stock Trader's Almanac* "This highly readable, highly educational, and highly entertaining book will teach you as much about yourself as about trading. It's Oliver Sacks meets Mr. Market-extraordinary tales of ordinary professionals and individuals with investment disorders, and how they successfully overcame them. It is a must-read both for

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private investors who have been shell-shocked in the bear market and want to learn how to start again, as well as for pros who seek an extra edge from extra inner knowledge. Steenbarger's personal voyage into the mind of the market is destined to become a classic." -Jon Markman, Managing Editor, CNBC on MSN Money Author, Online Investing and Swing Trading "Dr. Steenbarger's fascinating, highly readable blend of practical insights from his dual careers as a brilliant psychologist and trader will benefit every investor; knowing oneself is as important as knowing the market." -Laurel Kenner, CNBC.com Columnist, Author, Practical Speculation

A step-by-step system for mastering trading psychology. Think about your most costly and recurring trading mistakes. Chances are that they're related to common errors, such as chasing price, cutting winners short, forcing mediocre trades, and overtrading. You've likely tried to fix these errors by improving your technical skills, and yet they persist. That's because the real source of these mistakes is not technical—they actually stem from greed, fear, anger, or problems with confidence and discipline. If you are like most traders, you probably overlook or misunderstand mental and emotional obstacles. Or worse, you might think you know how to manage them, but you don't, and end up losing control at the worst possible time. You're leaving too much money on the table, which will either prevent you from being profitable or realizing your potential. While many trading psychology books offer sound advice, they don't show you how to do the necessary work. That's why you

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haven't solved the problems hurting your performance. With straight talk and practical solutions, Jared Tendler brings a new voice to trading psychology. In *The Mental Game of Trading*, he busts myths about emotions, greed, and discipline, and shows you how to look past the obvious to identify the real reasons you're struggling. This book is different from anything else on the market. You'll get a step-by-step system for discovering the cause of your problems and eliminating them once and for all. And through real stories of traders from around the world who have successfully used Tendler's system, you'll learn how to tackle your problems, improve your day-to-day performance, and increase your profits. Whether you're an independent or institutional trader, and regardless of whether you trade equities, forex, or cryptocurrencies, you can use this system to improve your decision-making and execution. Finally, you have a way to reach your potential as a trader. Now's the time to make it happen.

Trend Following Mindset brings to life the timeless conversations between Tom Basso and Michael Covel originally featured on Michael's renowned *Trend Following* podcast. In these profound and enlightening exchanges, Tom shares with Michael his deep wisdom on trading, business, life, and the how and why of his mindset. Tom Basso, dubbed Mr. Serenity by Jack Schwager, is one of the most experienced and knowledgeable trend-following traders in the world today—a trading legend who lives life to the fullest. Tom's most important trend following research papers are presented together for the first time, delivering a

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treasure trove of trading insights. Michael also pulls from Tom his perspective on: How to get started in trading; What trend following is, and how and why it works so well; Constructing your trading system; Position sizing and account management; The work-life balance of a trader; The transition from independent trader to professional money manager; and so much more. Trend Following Mindset will teach you the mindset of one of the great trend followers. Most important of all, it will show you how to do as Tom does ... and enjoy the ride. A streamlined and highly effective approach to trading without indicators Most forex traders rely on technical analysis books written for stock, futures, and option traders. However, long before computers and calculators, traders were trading naked. Naked trading is the simplest (and oldest) trading method. It's simply trading without technical indicators, and that is exactly what this book is about. Traders who use standard technical indicators focus on the indicators. Traders using naked trading techniques focus on the price chart. Naked trading is a simple and superior way to trade and is suited to those traders looking to quickly achieve expertise with a trading method. Offers a simpler way for traders to make effective decisions using the price chart Based on coauthor Walter Peters method of trading and managing money almost exclusively without indicators Coauthor Alexander Nekritin is the CEO and President of TradersChoiceFX, one of the largest Forex introducing brokers in the world Naked Forex teaches traders how to profit the simple naked way!

How to transform your trading results by

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transforming yourself In the unique arena of professional trading coaches and consultants, Van K. Tharp is an internationally recognized expert at helping others become the best traders they can be. In *Trading Beyond the Matrix: The Red Pill for Traders and Investors*, Tharp leads readers to dramatically improve their trading results and financial life by looking within. He takes the reader by the hand through the steps of self-transformation, from incorporating "Tharp Think"—ideas drawn from his modeling work with great traders—making changes in yourself so that you can adopt the beliefs and attitudes necessary to win when you stop making mistakes and avoid methods that don't work. You'll change your level of consciousness so that you can avoid trading out of fear and greed and move toward higher levels such as acceptance or joy. A leading trader offers unique learning strategies for turning yourself into a great trader. Goes beyond trading systems to help readers develop more effective trading psychology. Trains the reader to overcome self-sabotage that obstructs trading success. Presented through real transformations made by other traders. Advocating an unconventional approach to evaluating trading systems and beliefs, trading expert Van K. Tharp has produced a powerful manual every trader can use to make the best trades and optimize their success.

Use Affirmations to Turn You into a Super Trader
Trading Psychology doesn't have to be complex and hard work, a few simple changes can make a huge difference. Affirmations are one of the easiest and most effective ways to change your trading psychology for the

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better. This Trading Affirmations Workbook will give you affirmations to deal with the most common emotional difficulties traders face. Fear in Trading Lack of Discipline Lack of Patience Lack of Confidence Overcoming Adversity These affirmations can be used to improve all types of trading. Scalping Day Trading Swing Trading End of Day Trading And of course any type of instrument Stock Trading Options Trading Currency Trading Commodities Trading And so on... Affirmations are a deceptively simple technique to improve your trading and can be done by anyone. Go on scroll up and buy the Trader Affirmations Workbook today!

A lot has been said when it comes to trading. A lot has also been taught concerning the same. The science of trading has been the central point of discussion for successful trading. Even so, the insight I have gotten in my many years of analysis & trading has shown me that there is more to trading than just science. Other than science, trading is also an art that depends on your psychological state of mind.

With Winning the Trading Game, investment expert Noble DraKoln helps you develop and refine the mental discipline and practical skills needed to ensure trading success. This detailed guide will put you in a better position to use technical analysis to identify profitable trades and exit losing trades; maximize the leverage available in futures and Forex, without endangering your capital base; and control risk by utilizing appropriate strategies for each type of opportunity and time frame.

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