

The Cape Malay Illustrated Cookbook

Gain an intriguing understanding of Chinese cuisine in this comprehensive book that includes recipes used in Wei-Chuan's cooking classes.

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Cape Malay Cookbook

Bon Appétit

toast

dessert

tong sui

ketchup

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Travel the world with 100 healthy, delicious, and simple recipes in this beautiful, evocative cookbook. As a personal chef to Diane von Furstenberg aboard the designer's spectacular sailing yacht, Eos, Jane Coxwell has traveled to the far corners of the globe. Gathering inspiration from Southeast Asia, New Zealand, Australia, Papua New Guinea, French Polynesia, the Caribbean, the Mediterranean, Central America, and her homeland of South Africa, Jane's delectable recipes can truly be called world food. Full of light, lively flavors, the freshest ingredients, and a down-to-earth attitude, and illustrated with dozens of lushly intimate photographs from Jane's travels, *Fresh Happy Tasty* is the perfect way to share fabulous food and good times. Jane's low-key approach applies to both her cooking and everyday life. The most delicious dishes, she believes, are created with fresh food that looks good, tastes great, and is thoughtfully prepared. Never extravagant or ornamental, Jane's recipes are meant to inspire the freedom to create and enjoy cooking. *Fresh Happy Tasty* offers 100 of Jane's favorite light and luscious recipes, including: Bright Green Pea Salad with Lemon and Mint Herb, Lemon, and Capers Stuffed Trout, Honey Poached Pineapple, Cape Malay Lamb Curry, Brussels Sprouts and Oyster Mushrooms with Pine Nuts, Israeli Couscous with Shrimp, and Zucchini Lobster

Read Online The Cape Malay Illustrated Cookbook

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The South African Illustrated Cookbook is a compilation of recipes dear to South Africans from all walks of life and traditions. It includes Xhosa, Cape Malay, Zulu, English, Indian, Afrikaans, Portuguese and new South African dishes. Illustrator Lehla Eldridge has captured various landmarks – both formal and informal – around South Africa to accompany these local recipes that she has garnered from cooks around the country. Her watercolour illustrations are whimsical, humorous and charming, yet perceptive of the country’s rich and varied influences.

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