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For the person who longs to run their business from home, author Carrie Wilkerson says it is possible. She says to the reader: reclaim your time, determine your income, and change your lifestyle—all while keeping personal priorities intact. Successful at running her own seven-figure business from home—and an active speaker on the subject—the author demonstrates business models with tables and charts in an easy-to-understand format. Chapters include such subjects as finding a target market, marketing strategies, and brand development. Especially important are the common pitfalls listed to avoid in starting a business from home. To succeed as the barefoot executive, “Do what you are qualified to do most immediately for maximum profit,” the author says. “Then, you are free to pursue what you are passionate about.”

An exploration of why people all over the world love to engage in pain on purpose--from dominatrices, religious ascetics, and ultramarathoners to ballerinas, icy ocean bathers, and sideshow performers Masochism is sexy, human, reviled, worshipped, and can be delightfully bizarre. Deliberate and consensual pain has been with us for millennia, encompassing everyone from Black Plague flagellants to ballerinas dancing on broken bones to competitive eaters choking down hot peppers while

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they cry. Masochism is a part of us. It lives inside workaholics, tattoo enthusiasts, and all manner of garden variety pain-seekers. At its core, masochism is about feeling bad, then better—a phenomenon that is long overdue for a heartfelt and hilarious investigation. And Leigh Cowart would know: they are not just a researcher and science writer—they're an inveterate, high-sensation seeking masochist. And they have a few questions: Why do people engage in masochism? What are the benefits and the costs? And what does masochism have to say about the human experience? By participating in many of these activities themselves, and through conversations with psychologists, fellow scientists, and people who seek pain for pleasure, Cowart unveils how our minds and bodies find meaning and relief in pain—a quirk in our programming that drives discipline and innovation even as it threatens to swallow us whole.

WINNER OF THE SUNDAY TIMES AUDIBLE SHORT STORY AWARD 'A gripping novel and a sharp, entertaining examination of the nature of art and its power to inspire and corrupt' Roddy Doyle Nessa McCormack's marriage is coming back together again after her husband's affair. She is excited to be in charge of a retrospective art exhibit for one of Ireland's most beloved and enigmatic artists, the late sculptor Robert Locke. But the arrival of two outsiders imperils both her personal and professional worlds: a chance encounter with an old friend threatens to expose a betrayal Nessa thought she had long put behind her, and at work, an odd woman comes forward claiming to be the true creator of Robert Locke's most famous work, *The Chalk*

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Sculpture. As Nessa finds the past intruding on the present, she must decide whether she can continue to live a lie - or whether she's ready to face the consequences once everything is out in the open. In this gripping debut, Danielle McLaughlin reveals profound truths about love, power, and the secrets that rule us. The New York Times bestselling authors of *Switch* and *Made to Stick* explore why certain brief experiences can jolt us and elevate us and change us—and how we can learn to create such extraordinary moments in our life and work. While human lives are endlessly variable, our most memorable positive moments are dominated by four elements: elevation, insight, pride, and connection. If we embrace these elements, we can conjure more moments that matter. What if a teacher could design a lesson that he knew his students would remember twenty years later? What if a manager knew how to create an experience that would delight customers? What if you had a better sense of how to create memories that matter for your children? This book delves into some fascinating mysteries of experience: Why we tend to remember the best or worst moment of an experience, as well as the last moment, and forget the rest. Why “we feel most comfortable when things are certain, but we feel most alive when they’re not.” And why our most cherished memories are clustered into a brief period during our youth. Readers discover how brief experiences can change lives, such as the experiment in which two strangers meet in a room, and forty-five minutes later, they leave as best friends. (What happens in that time?) Or the tale of the world’s youngest female

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billionaire, who credits her resilience to something her father asked the family at the dinner table. (What was that simple question?) Many of the defining moments in our lives are the result of accident or luck—but why would we leave our most meaningful, memorable moments to chance when we can create them? *The Power of Moments* shows us how to be the author of richer experiences.

Recalling an earlier era when cooks relied on sight, touch, and taste rather than cookbooks, the author encourages readers to rediscover the lost art of preparing food and use their imagination in the kitchen. \$25,000 ad/promo.

Yippee-ki-yay . . . Discover the explosive story behind the creation of the *Die Hard* saga in this visually stunning, behind-the-scenes look at the adventures of detective John McClane. Thirty years after the release of the ground-breaking action film, *Die Hard: The Ultimate Visual History* takes an in-depth look at the entire *Die Hard* saga, from the original movie through to the hit sequels, comics, video games, and other extensions of hero John McClane's story. For the first time, *Die Hard: The Ultimate Visual History* tells the complete story of the making of *Die Hard* and its sequels, through exclusive interviews with the cast and crew of each film and a wealth of rare and unseen imagery, including set photography and concept art. Also exploring *Die Hard* comics, video games, and other merchandise, this book will tell the full story of the saga and its remarkable thirty-year legacy.

Once a child writing prodigy, Jessica finds herself all

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grown up and desperate to be considered one of the greatest writers of all time. So when a major Hollywood studio hires her to rewrite "Harry Potter," one of the most popular sagas of all time, she sees no better way. But first, convinced that her "abnormal" background might stand in the way of her writing something that "normal" people can relate to, Jessica quickly leaves Hollywood in a quest to immerse herself in how "the other side" lives. It doesn't take long, however, for her to realize that becoming common isn't as simple as she thought it would be. And before she can write "FADE OUT" she must decide if she is really willing to pay the price to achieve true greatness.

This book will help you to remember who you truly are, and to be your true, authentic self, in its entirety, to unlock the beautiful spirit and essence of you. You have a soul mission: it's time to wake up to it and fulfill your destiny and be everything you ever dreamed of being, your soul and spirit self really are, unafraid to shine in a world that all too often might seem might seek to undermine or limit you...You are filled with infinite possibilities and great gifts. Many of us are waking up from the illusion of fear, lower consciousness and vibration that we have been trapped in. Though times may be dark, the light can prevail and by holding on to our dreams and visions, we will emerge with a higher consciousness. We will shed all the restrictions of the past, and break the chains of the judgmental and fear-based systems which have ruled and limited our lives in so many ways, to take a jump and leap of faith and really be the full expression of our unique and special souls. "I

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really love this book. As soon as I started reading it, it felt like it was talking directly to my soul.... I believe Sally is a gifted soul on a mission to genuinely help & empower people. It is a book I will treasure" "What a beautiful book; one that touches you and works on so many levels." "It doesn't matter where you are on your journey, in this book you will find something new, something to remind you of who and where you are, why you are following the path you have chosen and affirmation that you are not alone, the Universe is always supporting you. I found the book easy to read, to me the energy of the words just flow off the page, and hit the spot. Read it from cover to cover, dip in and out, the choice is yours and the book supports you in what ever way you wish to connect with it. Bursting with information and and workable ways to experiment and include in your spiritual practice. Sally has worked really hard to make this work appeal to as wider audience as possible and I feel she has pulled it off with a flourish. Well done Sally, when's the next one?" "I really love this book. As soon as I started reading it, it felt like it was talking directly to my soul and I felt curiously emotional. I believe Sally is a gifted soul on a mission to genuinely help & empower people. It is a book I will treasure & refer to when I am in need of uplifting"

These memoirs from one of the great leaders of our time are 'essential reading for anyone who wants to understand history - and then go out and change it' Barack Obama The riveting memoirs of the outstanding moral and political leader of our time, Long Walk to Freedom brilliantly re-creates the drama of the experiences that helped shape Nelson Mandela's destiny.

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Emotive, compelling and uplifting, Long Walk to Freedom is the exhilarating story of an epic life; a story of hardship, resilience and ultimate triumph told with the clarity and eloquence of a born leader. 'Enthralling . . . Mandela emulates the few great political leaders such as Lincoln and Gandhi, who go beyond mere consensus and move out ahead of their followers to break new ground' Sunday Times 'The authentic voice of Mandela shines through this book . . . humane, dignified and magnificently unembittered' The Times 'Burns with the luminosity of faith in the invincible nature of human hope and dignity . . . Unforgettable' Andre Brink
Real-life tools and advice for every administrative professional

Confronted by omnipresent threats of job loss and change, even the brightest among us are anxious. Packed with practical advice and inspiring stories, "Flying Without a Net" explains how to draw strength from vulnerability.

**** Reviewed and updated for the 2020-2021 financial year****

This is the only money guide you'll ever need That's a bold claim, given there are already thousands of finance books on the shelves. So what makes this one different? Well, you won't be overwhelmed with a bunch of 'tips' ... or a strict budget (that you won't follow). You'll get a step-by-step formula: open this account, then do this; call this person, and say this; invest money here, and not there. All with a glass of wine in your hand. This book will show you how to create an entire financial plan that is so simple you can sketch it on the back of a serviette ... and you'll be able to manage your money in 10 minutes a week. You'll also get the skinny on: Saving up a six-figure house deposit in 20 months Doubling your income using the 'Trapeze Strategy' Saving \$78,173 on your mortgage and wiping out 7 years of payments Finding a financial advisor who won't rip you off Handing your kids (or grandkids) a \$140,000 cheque on their 21st birthday Why you

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don't need \$1 million to retire ... with the 'Donald Bradman Retirement Strategy' Sound too good to be true? It's not. This book is full of stories from everyday Aussies — single people, young families, empty nesters, retirees — who have applied the simple steps in this book and achieved amazing, life-changing results. And you're next.

Blockbuster #1 New York Times bestselling author Jennifer Weiner returns with an irresistible story about a young woman trying to make it in Hollywood... Actors aren't the only ones trying to make it in Hollywood...At twenty-three, Ruth Saunders left her childhood home in Massachusetts and headed west with her seventy-year-old grandma in tow, hoping to make it as a screenwriter. Six years later, she hits the jackpot when she gets *The Call*: the sitcom she wrote, *The Next Best Thing*, has gotten the green light, and Ruthie's going to be the showrunner. But her dreams of Hollywood happiness are threatened by demanding actors, number-crunching executives, an unrequited crush on her boss, and her grandmother's impending nuptials. Set against the fascinating backdrop of Los Angeles show business culture, with an insider's ear for writer's room showdowns and an eye for bad backstage behavior and set politics, Jennifer Weiner's new novel is a rollicking ride on the Hollywood roller coaster, a heartfelt story about what it's like for a young woman to love, and lose, in the land where dreams come true.

Like *Freakonomics*, *Dollars and Sex* takes economics and converts it into a sexy science by applying the principles of supply and demand, and other market forces, to matters of love, courtship, sex, and marriage. As she does in her hugely popular blog, author Marina Adshade explores the marketplace for sex and love using research, economic analysis, and humor to reveal just how central the interplay of libido, gender, love, power, and economic forces is to the

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most important choices we make in our lives. Call it "Sexonomics."

A rogue Black Ops unit with the president in their crosshairs. A Secret Service agent who will break every rule. A president falling for the one person he shouldn't—a man. Newly elected President Jack Spiers's presidency is rocked from the very beginning, and he's working furiously to keep the world from falling apart. Between terrorism attacks ripping apart Europe, Russia's constant posturing and aggression, and the quagmire of the Middle East, Jack is struggling to keep his campaign promise—to work toward a better, safer world. For Special Agent Ethan Reichenbach, Jack is just another president, the third in twelve years. With Jack's election, he's been promoted, and now he's running the presidential detail, which puts him side by side with Jack daily. He's expecting another stuffed suit and an arrogant DC politician, but Jack shocks him with his humor and humanity. There are rules against a Secret Service agent and one of their protectees developing a friendship—big rules. Besides, Jack is straight as a ruler, and a widower, and Ethan has always avoided falling for straight men. Ethan keeps his distance, but Jack draws him in, like gas to a naked flame, and it's a lure he isn't strong enough to turn away from. As the two men collide, rules are shattered and the world teeters on the verge of war, and a rogue Black Ops unit bent on destruction sets Jack in their deadly crosshairs. Ethan must put everything on the line in order to save the man he's come to love, Jack's presidency, and the world.

"There was no way moving to Los Angeles was going to make me give up my soul. After all, I'd already seen all the movies about Hollywood. I knew how things worked." Twenty-four year-old Russel Middebrook and his boyfriend have moved to Los Angeles so Russel can try to make it as a screenwriter. Almost right away, in a forgotten old house off of

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Sunset Boulevard, Russel meets Isaac Brander, a once-famous film producer who is convinced he can turn Russel's screenplay into a movie. Russel knows that success can't possibly come this easy. After all, most of Russel's Los Angeles friends are so desperate to make it that it's downright scary. His ex-boyfriend, Otto, is trying everything to become an actor, and Daniel, the sexy neighbor, doesn't even need a casting couch to get naked. So what's the catch with Mr. Brander? Could it be that movies about Hollywood don't tell the whole truth? But what does that mean for Russel's soul? Barefoot in the City of Broken Dreams, a companion book to Brent Hartinger's The Thing I Didn't Know I Didn't Know, is a fast-paced, funny story about the price of fame in Hollywood: the hilarious lengths people will go to achieve it, and the touching secret to survival when things don't work out exactly as planned. Advance Praise for Barefoot in the City of Broken Dreams: "A sharp, canny, highly engaging tour through a Hollywood of cunning characters and colorful intrigues, guided by the clever voice of Russel Middlebrook as an eager young screenwriter trying to bust in. I was charmed by every sly, sexy page." - Barry Sandler, screenwriter of Making Love and Crimes of Passion "With his trademark wit, warmth, and economy, Brent Hartinger brilliantly captures what it's like to move to L.A. and try and make it in Hollywood: the highs and the lows, the friends and the phonies, the fun and the frustration. And by the way, is it too late for me to be Russel Middlebrook when I grow up?" - Dennis Hensley, co-screenwriter of Testosterone, author of Misadventures in the (213) BRENT HARTINGER is an author, teacher, playwright, and screenwriter. Geography Club, the book in which Russel Middlebrook first appears (as a teenager), is also a successful stage play and a feature film co-starring Scott Bakula. In 1990, Brent helped found one of the world's first gay teen support groups, in his hometown of Tacoma,

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Washington. In 2005, he co-founded the entertainment website AfterElton.com, which was sold to MTV/Viacom in 2006. He now lives in Seattle with his husband, Michael Jensen.

Whether you're newly together and eager to make it work or a longtime couple looking to strengthen and deepen your bond, *Eight Dates* offers a program of how, why, and when to have eight basic conversations with your partner that can result in a lifetime of love. "Happily ever after" is not by chance, it's by choice—the choice each person in a relationship makes to remain open, remain curious, and, most of all, to keep talking to one another. From award-winning marriage researcher and bestselling author Dr. John Gottman and fellow researcher Julie Gottman, *Eight Dates* offers an ingenious and simple-to-implement approach to effective relationship communication. Here are the subjects that every serious couple should discuss: Trust. Family. Sex and intimacy. Dealing with conflict. Work and money. Dreams, and more. And here is how to talk about them—how to broach subjects that are difficult or embarrassing, how to be brave enough to say what you really feel. There are also suggestions for where and when to go on each date—book your favorite romantic restaurant for the Sex & Intimacy conversation (and maybe go to a yoga or dance class beforehand). There are questionnaires, innovative exercises, real-life case studies, and skills to master, including the Four Skills of Intimate Conversation and the Art of Listening. Because making love last is not about having a certain feeling—it's about both of you being active and involved. Steve Martin has been an international star for over thirty years. Here, for the first time, he looks back to the beginning of his career and charmingly evokes the young man he once was. Born in Texas but raised in California, Steve was seduced early by the comedy shows that played on the radio

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when the family travelled back and forth to visit relatives. When Disneyland opened just a couple of miles away from home, an enchanted Steve was given his first chance to learn magic and entertain an audience. He describes how he noted the reaction to each joke in a ledger - 'big laugh' or 'quiet' - and assiduously studied the acts of colleagues, stealing jokes when needed. With superb detail, Steve recreates the world of small, dark clubs and the fear and exhilaration of standing in the spotlight. While a philosophy student at UCLA, he worked hard at local clubs honing his comedy and slowly attracting a following until he was picked up to write for TV. From here on, Steve Martin became an acclaimed comedian, packing out venues nationwide. One night, however, he noticed empty seats and realised he had 'reached the top of the rollercoaster'. **BORN STANDING UP** is a funny and riveting chronicle of how Steve Martin became the comedy genius we now know and is also a fascinating portrait of an era.

"Angela Hanscom is a powerful voice for balance." —Richard Louv, author of *Last Child in the Woods* In this important book, a pediatric occupational therapist and founder of TimberNook shows how outdoor play and unstructured freedom of movement are vital for children's cognitive development and growth, and offers tons of fun, engaging ways to help ensure that kids grow into healthy, balanced, and resilient adults. Today's kids have adopted sedentary lifestyles filled with television, video games, and computer screens. But more and more, studies show that children need "rough and tumble" outdoor play in order to develop their sensory, motor, and executive functions. Disturbingly, a lack of movement has been shown to lead to a number of health and cognitive difficulties, such as attention deficit/hyperactivity disorder (ADHD), emotion regulation and sensory processing issues, and aggressiveness at school recess break. So, how

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can you ensure your child is fully engaging their body, mind, and all of their senses? Using the same philosophy that lies at the heart of her popular TimberNook program—that nature is the ultimate sensory experience, and that psychological and physical health improves for children when they spend time outside on a regular basis—author Angela Hanscom offers several strategies to help your child thrive, even if you live in an urban environment. Today it is rare to find children rolling down hills, climbing trees, or spinning in circles just for fun. We've taken away merry-go-rounds, shortened the length of swings, and done away with teeter-totters to keep children safe. Children have fewer opportunities for unstructured outdoor play than ever before, and recess times at school are shrinking due to demanding educational environments. With this book, you'll discover little things you can do anytime, anywhere to help your kids achieve the movement they need to be happy and healthy in mind, body, and spirit.

In late 2016, internationally acclaimed blogger and podcaster Chris Ducker coined the term "Youpreneur" to describe the rise of the personal brand entrepreneur, a new business model that very few people saw coming. Since then, the Youpreneur has risen to the top across sectors. A Youpreneur transcends the old rules of business and builds a sustainable business from the foundation of their experience, interests, and personality--their personal brand. Youpreneurs draw an engaged, loyal audience even as they pursue varying, changing interests. They play by their own rules, and they reap the benefits. Ready to pivot for the last time, guarantee the success of your business, and become the go-to leader in your industry? Chris Ducker will show you how to develop the Business of You and build a future-proof business model.

The inspirational autobiography of the billionaire businessman

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determined to cure cancer and give away his entire fortune, Kurt Vogel Russell (born March 17, 1951) is an American television and film actor. His first acting roles were as a child in television series, including a lead role in the Western series *The Travels of Jaimie McPheeters* (1963-1964). In the 1970s, he signed a ten-year contract with the Walt Disney Company, where he became, according to Robert Osborne, the 'studio's top star of the '70s'. In 1979, Russell was nominated for an Emmy Award for the made-for-television film *Elvis*. This book is your ultimate resource for Kurt Russell. Here you will find the most up-to-date information, photos, and much more. In easy to read chapters, with extensive references and links to get you to know all there is to know about his Early life, Career and Personal life right away. A quick look inside: Kurt Russell, It Happened at the World's Fair, Gunsmoke, Guns of Diablo, The Virginian (TV series), Follow Me, Boys!, Lost in Space, Laredo (TV series), The One and Only, Genuine, Original Family Band, Guns in the Heather, The Computer Wore Tennis Shoes, The Barefoot Executive, Fools' Parade, Now You See Him, Now You Don't, Charley and the Angel, Superdad, The Strongest Man in the World, Search for the Gods, *Elvis* (1979 film), Used Cars, Escape from New York, The Fox and the Hound, The Thing (1982 film), Silkwood, Swing Shift (film), Terror in the Aisles, The Mean Season, Big Trouble in Little China, The Best of Times (film), Overboard (film), Tequila Sunrise (film), Winter People, Tango & Cash, Backdraft (film), Unlawful Entry (film), Captain Ron, Tombstone (film), Stargate (film), Forrest Gump, Executive Decision, Escape from L.A., Breakdown (film), Soldier (film), 3000 Miles to Graceland, Vanilla Sky, Interstate 60, Dark Blue (film), Miracle (film), Sky High (2005 film), Dreamer (2005 film), Poseidon (film), Death Proof, Cutlass (short film). I had the perfect life. The perfect husband. Colin Cassidy-the incredibly talented, extremely gorgeous, and unbelievably

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humble star NFL quarterback. The perfect marriage. Our bond was unbreakable. His support unwavering. The perfect career. As the recently-appointed executive director for the Boston chapter of Mending Hearts, a child abuse prevention and treatment program, my daily reward was helping to keep vulnerable, innocent children from being preyed upon and destroyed. It's all I'd wanted to do since I was a teenager. Perfect city. Perfect car. Perfect house with the perfect view. From the outside looking in, it was impossible to find a single flaw in my life. I had it all. Everything I'd ever wanted. But that kind of perfection came at a price. Demanded the ultimate sacrifice. What happened when I discovered what I'd been missing all along? When I began to question if the lies were worth protecting? What if suddenly the last thing I wanted was to be perfect?

Who should you follow? How many people should you follow? How often should you tweet? Most people don't get Twitter. Longtime internet guru Ted Prodromou shows you how to become someone who does. Set to prove that 140 characters or less and a hashtag can dramatically grow your brand and your business, Prodromou takes you step by step into the Twittersverse and shows you how to tweet your way to the top of your industry.

The Barefoot ExecutiveThe Ultimate Guide for Being Your Own Boss and Achieving Financial FreedomThomas Nelson

In this book the authors share nine essentials for a Kingdom Driven entrepreneurial journey to start or grow a godly business.

Praise for BUFFETT'S TIPS "John Longo and his son, Tyler, have performed a valuable service, taking the wisdom of Warren Buffett (the supply of which is

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ample) and distilling from it 100 'tips,' with the authors' own explanatory text, to guide the reader from financial ignorance to a degree of financial literacy. Along the way, there are useful lessons for life in general. If you have a friend, child, or parent who needs a pathway to a better understanding of some financial fundamentals, get this book for them—it'll go a long way to bringing them up to speed." —Simon Lorne, Vice Chairman and Chief Legal Officer, Millennium Management LLC; former Partner, Munger, Tolles & Olson "Priceless. 100 investment and life tips from the Oracle—a great read for the beginning investor." —S. Basu Mullick, retired Portfolio Manager and Managing Director, Neuberger Berman; former General Partner, Omega Advisors; noted value investor; former "Marketwatch Fund Manager of the Year" "John Longo has a well-earned reputation for excellence in teaching at the University level. Working with his son Tyler, John now extends his passion for education out of the classroom and across generations with this guidebook to the essential tools for financial proficiency." —Gregory P. Francfort, noted value investor; former Institutional Investor "All-Star Analyst" "John and his son have written an invaluable guide steeped in the wisdom of Warren Buffett. Marrying sound financial advice with general life lessons, Buffett's Tips provides a solid foundation for advancing financial literacy across a broad multi-

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generational audience." —Joshua Rosenbaum, Joshua Pearl, Joseph Gasparro, co-authors, *The Little Book of Investing Like the Pros and Investment Banking: Valuation, LBOs, M&A, and IPOs*

Sometimes heroes fall and take their loved ones down with them. Colonel Michael Cedars and reporter Hope Shane fell in love in a war zone, but then the world blew up and splintered their lives in two. Coming home again isn't always easy. A Marine accustomed to giving orders, Michael struggles to find his role in civilian life. Wounded, he faces new battles as he learns to walk again, struggles with wartime ghosts, and questions his abilities as a husband. Hope doesn't give up—not on the man she loves and not on her pursuit of justice. An investigative reporter, she's hot on the trail of a human trafficking ring. Danger intensifies as she gets closer to the truth, but the human traffickers know her weakness. Will Michael become her Achilles Heel? Is he still the hero she married or has he become a liability that could get them both killed?

In 2008, Rob Kosberg faced the biggest business test of his life. Like many others he had to start over after the financial crisis and build a business in the worst economy of our generation. He did this with his own bestselling book and has gone on to help thousands of other authors to replicate his success. In *Publish. Promote. Profit.* he tells you exactly how they are doing it. How some clients are earning over

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\$100,000 per month with their books, getting booked on massive stages, getting press and media on demand and becoming the hunted in their industries. Publish. Promote. Profit. explains the current self-publishing environment and covers the ins and outs of what it means to be an author, expert and thought leader in your field. Far beyond "how to self publish" or "book marketing" Publish. Promote. Profit. explains how to create compelling content quickly and become a true bestselling author even if you have no list, no following and no platform. It contains many real life examples and case studies of the successful systems his authors are using to attract an endless flow of leads, clients, speaking opportunities and media.

An affair that stunned the world. Two men, committed to their impossible love. One general, determined to destroy them both. President Jack Spiers and former Secret Service Agent Ethan Reichenbach throw caution to the wind, committing themselves publicly as the first out male lovers and partners to occupy the White House. Jack moves Ethan into the Residence, but as Ethan settles into his new role as first gentleman of the United States, not everyone is thrilled with their choices. When it seems like the world turns against them, Jack and Ethan must turn to each other, finding the strength together to press on. In the chaos, Jack's relationship with the Russian president, Sergey

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Puchkov, grows closer, and the two nations find themselves working almost as allies. But President Puchkov has secrets of his own, secrets that could rip everything apart. And Ethan steps back into the action with Lieutenant Adam Cooper, taking charge of a covert kill team tasked with hunting down General Madigan once and for all. But Madigan is elusive, and his dangerous reach is long. He strikes at Jack and Ethan from the shadowy corners of the globe, unraveling their entire world. As the mad general draws new allies together, he is single-minded in his quest to destroy the only two men who ever beat him. He will stop at nothing until Jack and Ethan are shattered men, worlds apart, and struggling to get back to one another. And after that, Madigan's true revenge begins...

This unique guide shows readers not only how to master their buyers psychology, but how to master the "inner game" of selling. This practice can inspire readers to view themselves and selling in a positive light--feelings that are transferred to potential customers.

Carrie Wilkerson offers the opportunity to live life on your terms. Want to start your workday with e-mail and coffee on the back patio? Want the flexibility of joining your fourth grader on an all-day field trip? Are you ready to take that vacation you've been planning for years? Then you have a choice to make, and The Barefoot Executive will help jump-start your

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transition. You'll learn: Your "why." The most important question. Why do you want to work for yourself? What type of business best suits your experience and talents. How to stay focused on your goal and avoid distractions. Where to find the support that will accelerate your success. How to link your business to the right market. Whether it's a service, a product, or your insight or expertise, you already have the raw materials necessary to transform your life. Carrie will walk you through the process of building the business you need to achieve the life you want. Her guidance is practical. No philosophical silliness, no theoretical abstractions- just concrete action steps alongside insights from fellow entrepreneurs, interactive exercises, and links to Carrie's online video coaching segments. It's the next best thing to working one-on-one with her. The Barefoot Executive will have you energized by the possibilities and embracing the extraordinary life that is well within your reach. DISCOVER what you already have to offer, how to use it to your advantage, and where to find the people who are eager to buy it. The Barefoot Executive will pull you over the hurdle of uncertainty and get you moving, planning, doing. What Others Are Saying: "Carrie Wilkerson has done a great job with this book, and she's personally helped me make tons of money with my business. I highly recommend this book!" - Chris Brogan, president, Human Business Works, and

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publisher of chrisbrogan.com "There has never been a better time to turn your passions into income. But just having an idea doesn't mean you're ready to order business cards just yet. Carrie Wilkerson's *The Barefoot Executive* walks you through the process of developing your idea, finding your audience, and setting yourself up for a lifetime of success doing the work you love for the hardest boss you'll ever have... yourself!" - Dave Ramsey, host of *The Dave Ramsey Show* and best-selling author of *The Total Money Makeover* "One of the best ways to achieve success is to learn from someone who has already done it. If you are looking to build a viable, sustainable, and lucrative business from home- or anywhere else- Carrie Wilkerson is your example, and her new book will show you the way." - Tim Sanders, author of *Today We Are Rich* and former CSO at Yahoo! "A lot of books can fire up an entrepreneur. But a lot of those books leave readers high and dry when it comes to practical application. Enthusiasm isn't enough. You need a plan and the tools to build with. Carrie Wilkerson's guidance provides just that. Combine that with her enthusiasm, warmth, and core values, and you have someone very real to learn from. As my dad says, 'a great book needs to cover the Why and the How.' This is a great book. I know that when Carrie advises Ziglar, Inc. on marketing ideas, we get results." - Tom Ziglar, CEO and proud son of Zig Ziglar "If you're dreaming of building a

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business on your terms, then you'll absolutely love Carrie Wilkerson." - Tory Johnson, CEO, Women For Hire and New York Times best-selling author

Need clarity on what to do next? It is not that there are no options, or nobody give you advice. On the contrary, the choices can be overwhelming. What is important is knowing what is right for you in your season. Say "NO" to the noise and "YES" to your life. Lost that "spark" somewhere along the way? You are an unique gift to the world - discover clarity of direction and shine! Joel Boggess has Master's degrees in counseling and business. He has been a life and career coach since 2006. In addition to his own journey, Joel offers a number of real-life accounts of the growth and success his clients have experienced. These stories bring to life the truths he offers. Highly relatable and immediately applicable, Finding Your Voice will help you get back in touch with the real you to live your best possible life. You will learn: How to get "unstuck" and move forward to the life you were born to live How to take control of your schedule and live a life with less chaos and more meaning How to make better decisions for work, home and family, and to be at peace with your life direction How to identify unique gifts and skills that enable you to make a difference in the world Discover proven, "over-the-top" strategies and techniques to take you and your business to an entirely new level of success and profitability. Read this book with an open mind, and you'll find the ideas and wisdom you need to truly transform your business. Year after year, readers pulled me aside at events and

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said, “I’ve never had a problem starting. I’ve started a million things, but I never finish them. Why can’t I finish? According to studies, 92 percent of New Year’s resolutions fail. You’ve practically got a better shot at getting into Juilliard to become a ballerina than you do at finishing your goals. For years, I thought my problem was that I didn’t try hard enough. So I started getting up earlier. I drank enough energy drinks to kill a horse. I hired a life coach and ate more superfoods. Nothing worked, although I did develop a pretty nice eyelid tremor from all the caffeine. It was like my eye was waving at you, very, very quickly. Then, while leading a thirty-day online course to help people work on their goals, I learned something surprising: The most effective exercises were not those that pushed people to work harder. The ones that got people to the finish line did just the opposite— they took the pressure off. Why? Because the sneakiest obstacle to meeting your goals is not laziness, but perfectionism. We’re our own worst critics, and if it looks like we’re not going to do something right, we prefer not to do it at all. That’s why we’re most likely to quit on day two, “the day after perfect”—when our results almost always underperform our aspirations. The strategies in this book are counterintuitive and might feel like cheating. But they’re based on studies conducted by a university researcher with hundreds of participants. You might not guess that having more fun, eliminating your secret rules, and choosing something to bomb intentionally works. But the data says otherwise. People who have fun are 43 percent more successful! Imagine if your diet, guitar playing, or small business was 43

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percent more successful just by following a few simple principles. If you're tired of being a chronic starter and want to become a consistent finisher, you have two options: You can continue to beat yourself up and try harder, since this time that will work. Or you can give yourself the gift of done.

In 1996 a baby dwarf marmoset, later baptized *Callibella humilis*, was delivered to the author's doorstep. He could not have guessed that this moment would trigger a series of discoveries of unique, not yet identified animals and plants from the Brazilian Amazon. The indisputable existence of the second smallest monkey in the world somewhere out there in the vast Amazon Basin took the sceptis away from the scientist, convinced as Van Roosmalen was that discovering new primates at the turn of the 20th century would be really impossible.

Describing mammals new to science is widely considered a privilege reserved to the great naturalists of the 18th and 19th centuries. Van Roosmalen's odyssey in search of the land of the *Callibella* revealed a river basin never visited before by naturalists, which was teeming with not yet described living things. A biological "terra incognita" that turned into a naturalist's el dorado. This book includes, among other amazing Amazonian stories, an account of Van Roosmalen's encounters with large-bodied, apparently overlooked creatures new to science that live up in the canopy, on the forest floor, as well as in the water of this Lost World the Rio Aripuana Basin. Here, we mention at least ten more big monkeys, giant peccary, fair brocket deer, dwarf tapir, dwarf manatee, a third freshwater dolphin cf. *Pontoporia*, giant

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paca, fair tree squirrel, pair-living red coati, red-coated tayra, Van Roosmalen's dwarf porcupine and hundreds of unknown trees and vines. In his account "Monkeys of the Amazon" (1854), Alfred Wallace based his evolutionary ideas on observations made during his long stay in the Amazon. In his river-barrier hypothesis he considered the Amazon Basin a huge freshwater archipelago in which the main rivers act as barriers to genetic drift. Through genetic isolation they provoke speciation. On his travels through the Amazon to study its biodiversity, Van Roosmalen noticed how right Wallace was 150 years ago and how well his hypothesis applies to the evolution and phylo-geography of living beings in the Amazon. He explains why it represents by far the highest biodiversity on Earth. Island biogeography as defined for oceanic archipelagos can be perfectly applied to the interfluves of major rivers in the Amazon. Flying for hours over the never-ending sea of tree tops, people may think that the Amazon rain forest is just one "sea of broccoli", all the same. But the over 100,000 plant species and millions of animal species (incl. insects) are not at all evenly spread across the Amazon. If so, this ecosystem would not contain the highest biodiversity on the planet. In this book it is explained for by a combination of factors: the tropical climate, the overall poor-nutrient soils on which the rain forest grows and has evolved over more than 70 million years, its unique geophysical history, its utterly complex mosaic of vegetation types, and the insulation caused by hundreds of rivers of three different water types together with their extensive floodplains. The latter do act as

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strong geographical barriers that prevent animals and plants to cross over from one interfluvium to the other. Van Roosmalen's research confronted him with difficulties to lay one's hand on biological material without having to kill specimens to put in a museum. Political obstacles lay on his path, such as to collect and transport holotype material of new plants and animals for DNA analysis in a lab abroad. Unfortunately, time runs out. All these creatures are found at the verge of extinction. They all need their living space -the ancient Amazon rain forest- rigidly protected by law. Van Roosmalen's popular-scientific book "Barefoot through the Amazon", a textbook on Amazon Rainforest Ecology and Biodiversity, will hopefully attract national and international public awareness. And draw attention to some of the most special and poorest known hotspots of biodiversity in the entire Amazon. They urgently need our protection!

Explores the homogenization of American culture and the impact of the fast food industry on modern-day health, economy, politics, popular culture, entertainment, and food production.

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