



Traditional Chinese edition of by Emily St. John Mandel's *Station Eleven*, the National Book Award finalist, PEN/Faulkner Award Finalist, and an Amazon Best Book of the Month, September 2014. In Traditional Chinese. Annotation copyright Tsai Fong Books, Inc. Distributed by Tsai Fong Books, Inc.

"In my view, life without dance would be quite unthinkable. In this book, Peter Sís confirms" -- Mikhail

A retelling of "Swan Lake," "The Sleeping Beauty," "The Nutcracker," and seven other tales that evoke the elegance and mystery of the ballet. This is a uniquely specific volume that lists both the reasons and solutions for many of the technique difficulties that plague dancers in their quest for self-improvement. It will take you "beyond the classroom" to find out how to better your flexibility, turn-out, pirouettes, jumps, arms, balances, and more, and how to work on problems such as sickling ("curling" the foot), poor jump preparations (or landings), rigid (or "droopy") arms, wobbly pirouettes, or weak extensions. Detailed descriptions and exercises for each area of difficulty are illustrated with color photos of dancers. Finally-here is a book with some real and pro-active suggestions that will give results-geared towards dancers of every level. Using appropriate ballet terminology, it enables dancers and dance students to understand, evaluate, and perform more effectively each time they return to the studio for class, rehearsal, or performance. Dance teachers will also find it invaluable as a source for targeted corrections and practical exercises to give to students struggling with particular technique difficulties. It begins with a Dancer's Quiz that anyone can use to pinpoint the personal technique areas they want to address, then follows each question/problem with a chapter giving reasons (causes), possible solutions, and positive ways to improve. The book is enhanced with many color photographs illustrating the chapters, with correct and incorrect poses included. This is a book that belongs on every dancer's (or dance student's) bookshelf. Written by a former professional ballet dancer with an extensive national and international performing and teaching background, this is the second volume in a series, following Vol. 1, "Building Ballet Technique, A Practical Guide for Teaching All Levels."

Most complete reference book on the social and cultural conditions of the four centuries that have produced this fascination form of theater. Provides advice for beginning ballet students; introduces the various steps; discusses diet, exercise, and other health concerns for dancers; and presents some of the best-known ballets.

Chinese edition of "Writing magic: creating stories that fly" by Newbery Award winner Gail Carson Levine, author of *Ella Enchanted*. Levine shares her experience and tips of writing: emails, essays, greeting cards, love letters... She inspires young people to effectively communicate with words and how to break through the writer's block. In Traditional Chinese. Distributed by Tsai Fong Books, Inc.

My First Ballet Book was designed to introduce the tiniest dancers to the early steps of ballet! With simple songs and colorful pictures, little dancers can practice their ballet steps while learning ballet vocabulary.

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