Spiritual And Metaphysical Hypnosis Scripts

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Spiritual Hypnotherapy Scripts provides access to the quantum field of consciousness, the spiritual realm from which all healing flows. Learn how spiritual hypnotherapy and working directly with the client's higher Self can deepen and expand the healing process. Dr. Holmes-Meredith presents her approach to teaching and working with hypnotherapy with ten Taoist precepts taught through the ancient Taoist text the Tao Te Ching. Also included are interviews with six of her hypnotherapy graduates who share how working with a spiritual approach to hypnotherapy not only supports profound transformation in their clients, but also supports their own on-going healing and evolution of consciousness. These hypnotherapy scripts include empowering and open-ended language patterns and transformational approaches for presenting issues related to the body, mind and spirit. Unlike most published hypnosis scripts, these hypnotherapy scripts use therapeutic processes that allow the hypnotherapist and client to personalize the trance experience by following the client in an interactive way. The client will engage in a direct relationship with his higher Self as an inner resource and guide throughout the trance experience. The fifty-two hypnotherapy scripts and a script for teaching the Emotional Freedom Technique (EFT) are proven approaches Dr. Holmes-Meredith teaches hypnotherapists at HCH Institute and uses in her private practice.

Sinor brings a refreshing approach to understanding the initial or underlying basis to one's emotional suffering due to past childhood trauma. This recovery book is filled with offerings from psychological, physiological, and spiritual perspectives.

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In 1919, a Canadian teenager with a sixth-grade education arrived by train to the wilds of Los Angeles. Within a decade he had transformed himself into a world-renowned luminary and occult scholar. His name was Manly Palmer Hall, author of the landmark encyclopedia The Secret Teachings of All Ages and the 20th century's most prolific writer and speaker on ancient philosophies, mysticism, and magic. Hall revealed to thousands how universal wisdom could be found in the myths and symbols of the ancient Western mystery teachings. He amassed the largest occult library west of the Mississippi and founded The Philosophical Research Society in 1934 for the purpose of providing seekers rare access to the world's wisdom literature. He became a confidante and friend to celebrities and politicians. In 1990, he died - some say he was killed - in what remains an open-ended Hollywood murder mystery. This dramatic story of Hall's life and death provides a panorama of twentieth century mysticism and an insider's view into a subculture that continues to have a profound influence on movies, television, music, books, art, and thought.

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A Complete Guidebook on Past Life Regression Hypnotherapy. Past Life Regression can be recreational for some people, a way to satisfy their curiosity. For others this modality has tremendous therapeutic value. Mental, emotional, spiritual and even physical healing can take place in a past life regression session. This book introduces many tech- niques, and covers them in detail, for how to conduct an effective Past Life Regression session. Kemila shares a lot of her case work as examples. This book is suitable for hypnosis professionals and interested members of the general public. It is full of scripts and reveals detailed step-by-step methods.
Profit From Unlimited Thinking is a practical handbook for personal and spiritual development. Learn how to use the powers of your mind to transform your life. This book is available from Amazon.co.ukand all UK retailers via Gardners Books, orAmazon.com and other US retailers throughCreatespace To read a sample chapter of Profit From Unlimited Thinking, please download the following PDF: PART 2 Keeping on Track promo excerpts.pdf
Language immersion is by far one of the best ways to learn a foreign language. Wouldn't it be great if there were a self-improvement method that followed this same idea? Well, there is! While I certainly don't claim to have created the immersion method, I did create the HIM - Healing Immersion Method, which is a revolutionary new method of self-improvement. I created this method to solve a problem. The problem I had was I would get tired of listening to the same old recordings after only a few times, which caused me to stop listening altogether. I needed a new method. I couldn't find one that offered me enough variety so I created my own. They say variety is the spice of life - and this applies to everything in your life from your food to your method of self-improvementLet me ask you a question. If you had to pick a place to shop at every day for a year, would you rather shop at a colorful Bazaar that had a huge selection of fruits and vegetables, or would you choose to shop at a fruit stand that only sold strawberries? I don't care how delicious the strawberries tasted or what kind of soil they were grown in, you would eventually get tired of eating them if you had to eat them every day for a year. Believe it or not, this same analogy can be used in self-improvement. In other words, I don't care how amazing a method is, you will eventually reach the saturation point where you get tired of it.In terms of self-improvement, in order to see changes, you have to constantly be changing up your method. The HIM - Healing Immersion Method is all about immersing yourself in everything. That might mean meditating one day, and doing some hypnosis the next. It could also mean listening to environmental sounds or listening to some affirmations. The HIM - Healing Immersion Method is a Multi-Sensory Healing Approach that utilizes multiple modalities to make changes. The HIM approach includes but is not limited to:* Hypnosis* Meditation* Interactive storytelling* Sound healing* Environmental sounds* Affirmations* Visualization* Astrology* Numerology * ReadingIf that sounds like a lot - it is because that's the whole point of this method.The Healing Immersion Method utilizes a visual, auditory and kinesthetic approach using all of the senses like sight, sound, and touch or feeling. Before I created this method, I had trouble sticking to just one method. One day it dawned on me that this new method actually helped me override my brain's set point, which kept me from getting bored. If you have tried other methods and failed, this method should be of great interest to you.HIM works with the idea of a 40-day commitment. When you vary your techniques and make a point to do something different every day in support of your goal, you don't get bored. This multifaceted approach is completely unique in the marketplace. The Life-Changing Magic of Healing Thru Immersion is written in two parts. Part I provides a brief overview of the Healing Immersion Method and Part II contains 6 beautifully written interactive meditations based on the theme of the Secret Garden, which is, of course, a metaphor for your mind. The six meditations included in part II are: The Secret Garden Meditation, Tree of Life Meditation, Nurturing a Dream Meditation, Meditation for Divine Love, Meditation For Vibrant Health, Meditation For Wealth and Abundance and Affirmations for the Secret Garden. The meditations in the book are designed around the eyes-wide-open method, which means as you read through the meditations, you also benefit from the experience. I never liked the idea that one size fits all. I have deemed this approach the "Healing Immersion Method or HIM" for short, and I truly believe this idea is revolutionary. When you follow this method, you will never grow tired of it. As a Clinical Hypnotherapist with a master's degree, I stand behind this method and I hope you will too.
Chinese edition of The power of now - a guide to spiritual enlightenment by Eckhart Tolle, the author of One World. Tolle is considered the eminent spiritual teacher in the world. His message in this bestseller is: living in the now is the truest path to happiness and enlightenment
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anything you want. Based on decades of study and refinement of his proven methods, Richard Webster tells you everything you need to know about self-hypnosis—a practice that's a lot easier than you might think. Using simple terms, Webster describes how hypnosis works while dispelling common myths surrounding it. He then offers practical, step-by-step guidance, including relaxation exercises and sample scripts that you can use and adapt for your own goals. Learn how to: —Ease yourself into and out of self-hypnosis —Tell when you have entered into a state of hypnosis —Incorporate positive suggestions into your subconscious mind during hypnosis using affirmations, keywords, visualization, and scripts —Write your own scripts to attain just about any goal

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