

Slow Sex

Are you in a relationship that needs some extra spice? Are you looking for something different that you can introduce to your sex life? Is talking dirty something that you have considered trying? We all experience a time in our sex lives when things need to change. Keeping things fresh is always good and can alleviate the boredom or the rut that we can often be stuck in. Taking action quickly, when your sex life starts to slide, is vitally important, but what to do to keep your pulses racing? This fantastic 2 book bundle gives you two choices - to introduce the thrill of dirty talk with *How to Talk Dirty*, and to slow things right down with *Tantric Sex*, books that offer lots of tips and advice in chapters that cover: What dirty talk involves Getting ideas for talking dirty Keeping love at the heart of everything you say Masturbation and sexy talk How to use dirty talk to seduce your partner and keep the sexual tension high The features and aspects of Tantra Step by step instructions to assume a tantric sex position How to awaken the tantric lover inside you Breathing and exercise Opening the third eye And much more... Many people find that talking dirty to their partner is embarrassing or difficult or that making love in a slow and deliberate fashion is something that they won't be very good at. But neither of these need be the case and with the help of these books you will be amazed at the results they produce. If your sex life could do with an injection that will improve it beyond your wildest dreams, get a copy of this fabulous 2 book bundle now and see how it could improve it today! "... En este libro la autora revela la filosofía y la técnica de la meditación orgásmica, cuya práctica te permitirá establecer una conexión más íntima contigo misma y con tu pareja."--Page 4 of cover.

In the 85 chapters of this guidebook, you will find many ideas about waltzing, dancing, and living. Dance descriptions and tips to improve your dancing are accompanied by down-to-earth ways to find greater fulfillment in your dancing and in your life. 25 different kinds of waltz are completely described, including: cross-step waltz, Viennese waltz, box step waltz, rotary waltz, polka, schottische, redowa, mazurka, hambo, zwiefacher, and more. In addition, you will find 85 waltz variations completely described, and a concise compendium of an additional hundred variations, accompanied by 50 illustrations of waltzing through the ages. Then beyond waltzing, much of this book applies to all forms of social ballroom dancing. You'll learn how you can be a better dance partner, how to develop your style and musicality, how to improvise more confidently, how to learn new dances by observation, and how to create your own social dance variations. You'll also learn about the many ways that the practice of social dancing can enrich our lives. Drawing on the latest research in social psychology, "Waltzing" includes chapters on the essential benefits of: music, physical activity, connection, play, mindfulness, acceptance, conditional learning, and many other topics.

La sexualité douce, une sexualité au service de l'amour. Ce livre offre aux couples un guide précis les invitant à faire l'amour autrement et à laisser leur sexualité évoluer vers l'union méditative et aimante de deux énergies complémentaires. Il révèle le pouvoir de guérison de la sexualité douce. La sexualité conventionnelle, orientée vers l'orgasme, peut certes apporter une satisfaction momentanée, mais à la longue, elle peut devenir mécanique et ennuyeuse, ce qui peut expliquer que de nombreux couples se désintéressent de la sexualité et ne prennent plus le temps de faire l'amour. Pour aller vers une satisfaction plus profonde ou redonner vie à une sexualité déclinante, Diana Richardson invite ici les couples à vivre l'acte sexuel avec plus de conscience. Ralentir, mettre l'accent sur l'écoute des sensations, la présence à la respiration, le contact visuel, en lâchant l'idée d'un but à atteindre. La pratique de la sexualité douce éveille ainsi les mécanismes innés du corps conduisant à l'extase, et donne accès à un univers précieux de sensibilité, de sensualité et de présence. Au fil des pages, vous découvrirez comment la sexualité en conscience augmente la sensibilité et la vitalité sexuelle, et comment, par sa capacité à restaurer et à générer l'amour, elle est une sexualité aimante.

En privilégiant l'écoute des énergies subtiles plutôt que l'excitation, cette pratique permet aux couples d'atteindre et de partager un espace méditatif qui peut les conduire à des niveaux de conscience plus élevés.

Once while nodding off on a couch with the TV on Pixie thought he heard the reporter mention something about a terrorist leader warning of the possibility of the Americans corrupting the faithful with a sex bomb. Considering himself properly corrupted Pixie takes us on a tour of every fight for and against vice and redemption in verse comparable to all the usual suspects. Aunque la sexualidad pasional y orgásmica proporciona una satisfacción momentánea, a la larga suele convertirse en una actividad rutinaria y mecánica que a muchas parejas les lleva a perder la pasión y el tiempo dedicado a su intimidad en la alcoba. Para Diana Richardson, el primer paso para reavivar una vida sexual monótona (o para hacer aún más placentera una sexualidad saludable) es conseguir que el hecho de hacer el amor sea una decisión consciente y no un encuentro casual. Basado en el contacto visual, en las sensaciones sutiles y en la respiración profunda, el método que nos propone Diana en estas páginas despierta en el cuerpo humano su capacidad innata para el éxtasis, abriendo así las puertas de la sensibilidad, la sensualidad y la conciencia superior. Avalada por su dilatada experiencia en el ámbito de la meditación, del tantra y de las relaciones de la pareja, y apoyada por las precisas ilustraciones de las distintas posturas idóneas para hacer el amor, la autora explora a lo largo de estas páginas el poder sanador y espiritual del sexo consciente, sin prisas y pausado, proporcionando con ello una guía excepcional a todas aquellas parejas que estén comprometidas en transformar, paso a paso, su vida sexual en una unión entrañable mediante un estado meditativo compartido y consciente.

The ionic distribution in the diffuse double layer; Thermodynamics of cation exchange; Theories of cation adsorption by soil constituents: distribution equilibrium in electrostatic fields; Theories of cation adsorption by soil constituents: discrete-site models; Survey of experimental information on cation exchange in soil systems; Cation exchange in clay minerals: some recent developments; Anion exclusion in soil; Interactions of orthophosphate ions with soil; Movement of solutes in soil: principles of adsorption/exchange chromatography; Movement of solutes in soil: computer-simulated and laboratory results; Electrochemical phenomena in soil and clay systems; Clay transformations: aspects of equilibrium and kinetics; Ion adsorption on inorganic variable charge constituents.

Have you had great sex? Oh, you may think you have, at times eliciting vocal responses or squirms of seeming pleasure from your partner. And in comparison to your peers, your intimate moments may be a step above the curve. But according to author of *Slow Sex Secrets: Lessons from the Master Masseur Adam Tokunaga*, you haven't. Why? Because only he has had truly earthshattering sex, and because only he has unlocked the secrets to the kind of sex that even the ancient Indian masters of the *Kama Sutra* envy.

Tale of a woman who wanted. She would come to visit every few months and enjoy flirting with me. I could see on her face each time that she liked the thrill of me trying to get my hands on her baps always knowing that she could leave when she thought that things were going to far.

Popular TV and radio personality Wallace Chapman is on a mission. A mission to chill us all out. He's thought a lot about the syndrome of modern life and thinks he has a few answers. Ranging over such subjects as careers, technology, health and well-being, food, sex and relationships, and employing a captivating mix of pop psychology, science, philosophy and humour, Chapman distils the many mixed messages we receive on a daily basis into a self-help book that's not actually a self-

help book. For fans of Daniel Kahneman's bestselling *Thinking, Fast and Slow*, and anyone else feeling the ravages of time-poorness, *Don't Just Do Something, Sit There* is a profound yet populist take on considering life as we live it. A balanced life won't happen overnight and if it does, seek help. Because slow living takes time.

Have you ever wondered what tantric sex is all about? Sure, you have probably heard one thing or another about it, but is the information you heard true or accurate? There is a good possibility that it was not. Inside this book, you will find a plethora of information to help clue you into what tantric sex is really all about. Many of the myths you have likely heard will be able to be put to bed. You will be able to see why so many people practice it and feel as if their lives have improved since they have. Tantric sex is all about connection. It is about being present in the moment and being aware of every pleasurable thing that is happening. Instead of your sex life being a race to orgasm, it will be a slow journey to pure ecstasy. You will truly be able to enjoy your partner. You will also find that your connection to yourself, your partner, the universe, and your higher powers are greatly enhanced. By tantric practices you will be able to help clear any energy blockages that you or your partner may be suffering from. With this comes improved health and happiness. It is amazing what a clean and positive flow of energy can do for a person. You will find out the secrets to tantric sex and how it will help you in just about every way. When you do, you will find information on What tantric sex really is The difference between tantric and other types of sex Principles of tantra and tantric sex Exercises to enhance your tantric sex sessions How to boost synergy for enhanced relationship intimacy The importance of tantric foreplay How to become aware of your sexual energy and how to control it. Positions that are great for soft penetration practice Positions for deep penetration Guru positions that lead to incredible sexual experiences Cultivating your sexual energy is really not a hard thing to do. When we hold on to that energy instead of releasing it through orgasm, it can be utilized in different areas of our lives. In the beginning, this can be hard to wrap your head around; however, once you start to get into tantric sex practices, you will easily be able to see how it will affect your life for the positive. Obviously, if you are going to step into the world of tantra, you will need some sex positions to help you along the way. We offer a variety for you to choose from. Whether you want to experience soft penetration, or you are looking for some out of the box ideas for experienced lovers, you will discover it. So don't worry, we have provided everything you need to know to get started. Once you have, it is likely you will spend a lot of time getting to know the ins and outs of it. That is a fantastic thing that can lead you to a true sexual awakening. Scroll up and order now!

This volume of erotic stories contains the following three sex-filled encounters:
Threesome: with the Pool Boy (and His Girlfriend!) Susan was annoyed with her unappreciative husband, and what better revenge than to hook up with the hunky new pool boy? But when the pool boy's sexy girlfriend suddenly joins in, Susan discovers a brand new joy to spice up her dull life: a Threesome! Quickie: with the Pizza Delivery Boy! A Quickie tale involving Sarah, a sexy woman who just found out her boyfriend has been cheating on her for months, and Mike, the lucky pizza delivery boy who is about to receive the biggest tip of his life! Quickie: with the Busty Babysitter! Todd learns that his vivacious new babysitter has an insatiable hunger for older men, and when he returns home later that evening he discovers just how badly that appetite

needs to be fed! These stories contains graphic sexual descriptions and are intended for the delight of adults only. PLEASE NOTE: These stories, along with many others, can also be found in the bestselling Erotica: Tales of Flesh, Complete Edition. erotica, erotic romance, sex, lesbian, threesome, m/f, m/f/f

Enhance your sexual abilities with Tantra. Tantric sex is a unique experience, a philosophy of life, a doctrine that has little to do with the sexual positions of the Kamasutra. It is a practice born in India around 400 BC. and his goal has always been self-knowledge and self-maturity. At the time, sexuality was in fact used to join the other and to ignite the spark of a person's nature. Unlike traditional sex, in tantric sex it is essential to leave out the anxiety of orgasm, performance, result and instead you must learn to enjoy eroticism in its entirety, from sounds to breaths, up to movements. Tantra applied to sex: what is it in practice? More in a nutshell, what does "having tantric sex" mean? Practicing tantric sex means learning to move together with your partner, or in any case being able to find your own rhythm that adapts and tunes to that of the other. Tantra allows couples to find a lost harmony. Everything starts from breathing: learning to breathe correctly, among the countless benefits, allows you to get in touch more easily with our physical sensations and those of your partner. After learning the correct breathing, you move on to "unlocking" the pelvis through targeted exercises: you lie down with your back on the ground and your legs bent, you raise your pelvis inhaling, and you let yourself fall exhaling noisily. Discover this and many important techniques with this book.

Falling in love is a thrilling, transcendent experience . . . but what about staying in love? Once the intense excitement of a new relationship starts to fade, you may think your only options are to somehow recapture that early magic or settle for a less than fulfilling love life. Now love, sex, and relationship expert Laura Berman, Ph.D., taps the latest scientific and metaphysical research to offer an inspiring alternative: a higher level of love beckoning you to move forward, not backward. Using the essential truth we've learned from the study of quantum physics—the fact that at our molecular core, each of us is simply a vessel of energy—Dr. Berman explains how you can use what's happening in your inner world to create a level of passion, connection, and bliss in your relationship that you've never imagined possible. Drawing on her clinical practice and case studies as well as her personal journey, she guides you to:

- Plot your unique energetic frequency of love with her Quantum Lovemap
- Work consciously with the energy of your body, heart, and mind
- Make four key commitments designed to raise your energetic profile
- Bring your frequency into harmony with your partner's so that you can grow together
- Learn how to have Quantum Sex (which is every bit as good as it sounds)

We can't go back to the honeymoon phase, but there is something so much better available. Quantum Love lets you reach new heights of intimacy as you gain a fuller sense of purpose in life and love.

There are two facts about sex; women orgasms take longer, the woman is the king when it comes to sex Gone are the days when sex stops when he "cums". The lady is the true king of the sexual process. She has to be nurtured sensually, revered erotically and served sexually. The genuine pleasure a man derives in sex comes from the satisfaction of the woman, but many men fail to understand; including some women. To know how to give your lady explosive orgasms every time you make love, you need to understand the "secrets of pleasure". Or as I refer to them, the sexual arts of; Kama

Sutra Tantra and BDSM These are not new sexual activities, especially to those who have long been in the game, but even at that, getting the steps right for the ultimate erotic pleasure is always a challenge even to the old soldier. This book provides the basics for the beginners and those that want to get their groove back. The steps are illustrated in simple terms that can easily be mastered for sexual partners of all ages, body types and sexuality. You will learn; The art of giving sexual pleasure out of fullness Male sexual arousal & desire Sexual behavior in humans Your sexual response The Kama Sutra principles for a healthy sexual life The Kama Sutra tips for explosive sex The Kama Sutra positions The easiest Kama Sutra positions for all body types You will understand; What is tantric sex really about? How to get a female orgasm through tantric sex What drives a woman crazy? And master the sexual art of; Bondage, Discipline, Dominance and Submission, Sadoomasochism (BDSM) Conclude with a discourse on; Why sexual pleasure is so controversial when it should not. By all means, get this book for yourself and your partner to enjoy the most mind-blowing sexual experience ALWAYS!

Journalist Ed McCormack has landed the gig of a lifetime - to cover the Australian cricket tour of the Caribbean for online tabloid news site, dude.com. Known for a gonzo sometimes reckless approach to his craft, McCormack sets about penetrating the ranks of the Australian cricket team's blokey fold in a series of escapades in the Caribbean's exotic nighttime playground. But a meeting with a mysterious Indian cricket fan awakens the journalist's news instincts, as it begins to dawn on McCormack that there may be more riding on the result of the series than both the players and those connected to them have been letting on. Droll and irreverent with a propulsive, hard-boiled narrative, *Touring Party* is a rollicking ride down cricket's darkest corridors. It delves headfirst into the unseemly nocturnal activities and lurid temptations on offer to our elite sportsmen, applying a comic blowtorch to the notion that 'what goes on tour stays on tour'.

Une sexualité épanouie nourrit l'amour, augmente notre vitalité et renforce notre santé mentale. Malheureusement, les attitudes dominantes à propos de la sexualité masculine, qui focalisent l'attention sur l'excitation et font de l'orgasme le seul but à atteindre, ne riment pas toujours avec satisfaction profonde. En s'appuyant sur les principes tantriques qu'ils pratiquent depuis plus de 30 ans, Diana et Michael Richardson invitent les hommes à dépasser leurs idées préconçues sur la sexualité. Quand l'homme découvre que l'acte sexuel peut être vécu autrement qu'en cherchant à atteindre un but ce qui génère souvent beaucoup de stress il peut se détendre. Dans cette ouverture, l'homme peut se libérer de son conditionnement sexuel pour accueillir ses sensations et vivre la sexualité comme l'union méditative de deux énergies complémentaires. Faire l'amour devient une méditation. Ce livre présente des outils pour accroître notre sensibilité sexuelle par la présence et la conscience. Il explique comment vivre des expériences sexuelles extatiques en rejoignant l'énergie de la femme à son niveau le plus profond. Alors faire l'amour renforce le lien et nourrit la relation. *Slow Sex pour les Hommes* offre une vision complètement nouvelle de la sexualité et nous montre comment l'union des organes génitaux peut être source de guérison au niveau physique, émotionnel et spirituel, tant pour l'homme que pour la femme.

The #1 Sex Positions Book of America! Are you ready to experience sex as you've

never experienced before? Sex Positions by Sandra Simons was written for one reason only - to make you experience sex as it should. Unfortunately, when a relationship gets habituated, sex becomes something you "just do", exactly like eating a cheap sandwich just to kill the hunger... In "Sex Positions" you will explore more than 100 illustrated sex positions to make your sex hot, passionate, and exciting. All of the sex positions inside the book are illustrated and accompanied by in-depth instructions! With "Sex Positions", you will: ? Make your sex life sensational and slinky ? Rekindle your attraction for each other ? Spice up your relationship and make it interesting, fun and playful ? Experience mind-blowing orgasms, emotions, and climaxes ? And much, much more... Couples all over the world are getting CRAZY with the sex positions inside the book! No matter if you're married, in a relationship, or simply curious - like a long, slow kiss, "Sex Positions" will wake up your senses and make you feel alive. Your best sex ever is only 1 click away! Scroll up, Click on "Buy Now with 1-Click", and Get Sex Positions NOW! *ATTENTION: Buyers who buy the paperback version of the book will get the kindle version immediately for free!

Easy-to-apply steps convert sex addicts into sex lovers in days, not months.

Felicity Sorrel, a highly trained Amazonian warrior, didnt expect her leader to send her on one of the most important missions of her life. Neither did she expect to have company. But sometimes the unexpected can lead to life-altering changes. Storm Vanier never thought to take a mate, but one look at the beautiful Amazonian, Felicity, and he knows his search is over. When Ryo of Kneese assigns him to hunt down and terminate Helio, the evil Hienial traitor, and rescue the two Amazonians he kidnapped, he didnt expect to stumble upon a lost city_the city of his ancestors. Brandt Somanta had waited centuries for this moment, the moment their people had prayed for and planned for long ago. As the prophecy of their salvation begins to unfold, Brandt welcomes the arrival of the newcomers, because only with them and their people, will the original Hienials have a chance to become whole once more. As a slumbering city begins to awaken, danger and intrigue go hand in hand when the Children of the Triads search for a cure for the sickness that forced the Hienials to create their saviors. What is fanfiction, and what is it not? Why does fanfiction matter? And what makes it so important to the future of literature? Fic is a groundbreaking exploration of the history and culture of fan writing and what it means for the way we think about reading, writing, and authorship. It's a story about literature, community, and technology—about what stories are being told, who's telling them, how, and why. With provocative discussions from both professional and fan writers, on subjects from Star Trek to The X-Files and Buffy the Vampire Slayer to Harry Potter, Twilight, and beyond, Fic sheds light on the widely misunderstood world(s) of fanfiction—not only how fanfiction is transforming the literary landscape, but how it already has. Fic features a foreword by Lev Grossman (author of The Magicians) and interviews with Jonathan Lethem, Doug Wright, Eurydice (Vivean Dean), and Katie Forsythe/wordstrings. Cyndy Aleo (algonquint; d0tpark3r) V. Arrow (aimmyarrowshigh) Tish Beaty (his_tweet) Brad Bell Amber Benson Peter Berg (Homfrog) Kristina Busse Rachel Caine Francesca Coppa Randi Flanagan (BellaFlan) Jolie Fontenot Wendy C. Fries (Atlin Merrick) Ron Hogan Bethan Jones Christina Lauren (Christina Hobbs/tby789 and Lauren Billings/LolaShoes) Jacqueline Lichtenberg Rukmini Pande and Samira Nadkarni Chris Rankin Tiffany Reisz Andrew Shaffer Andy Sawyer Heidi Tandy (Heidi8) Darren Wershler Jules Wilkinson (missyjack) Jen Zern

(NautiBitz)

This varied and impressive volume is a record of the major presentations at the NATO Advanced Research Workshop on the Development of Sex Differences and Similarities in Behavior held at Chateau de Bonas, Gers, France, July 14-18, 1992."

The truth is: Most women do not have satisfying sex lives. SLOW SEX can change that. Better sex is about one thing: better orgasm. This life-altering guide teaches men and women how to use the practice of Orgasmic Meditation-or OM-to slow down, connect emotionally, and achieve authentic female sexual satisfaction. The promise: In just fifteen minutes every woman can become orgasmic. And, with the right partner and the right technique, that orgasm could last and last! For more than a decade, Nicole Daedone has been leading the "slow sex movement," which is devoted to the art and craft of the female orgasm. OM is the act of slowing down, tuning in, and experiencing a deeper spiritual and physical connection during sex. SLOW SEX reveals the philosophy and techniques of OM and includes a step-by-step, ten-day OM starter program, as well as OM secrets for achieving ultimate satisfaction. It also includes exercises to help enhance readers' "regular" sex lives, such as Slow Oral for Her, Slow Oral for Him, and Slow Intercourse. This book is the argument for daily intimacy, and for paying attention as the foundation of pleasure, all with a focus on the female experience.

The most famous sexual therapist in Japan guides you through the techniques of "slow sex" that makes women have an orgasm. Best techniques that every woman loves changes your sexual life dramatically! [Text] Now we can get various information on sex through the Internet and magazines. Unfortunately, most of the information you can find is fake. The fake information comes from misunderstandings, lies and obsessions; so it is widely inaccurate. It only stimulates men's sexual urge and curiosity. If you have accurate knowledge and techniques, every man can satisfy their lady. The reason why you haven't been able to do that yet is because most of your common sense knowledge you've believed to be "true" or "normal" is wrong. Once you've learned, mastered, and done my proposed slow sex correctly, you can satisfy your special lady. Just forget all the knowledge you've learned and your current techniques. You'll be surprised how wrong your sex is. [table of contents] Introduction Don't you want to see your lady having a true orgasm? STEP 1 Let's start with learning what the "true sex" is Sex gap between men and women It's not sex if you don't feel nice "Strategy" that satisfies your lady Porn video is "fantasy" Key word is "time" Touch "very gently"? The proper way to pet your lady's clit Technique that makes your lady have an orgasm with her vagina Size doesn't matter STEP 2 Understand "the difference between men and women" Have sex using the brain Frigid women, it's 95 % men's fault That's her kindness if she "pretended to have an orgasm" You won't feel nice if you're only aim is "orgasm" How to insert fingers correctly Start with "palm touch" to make your lady relax Stop having mistake-filled sex STEP 3 Reset your current sex If you forget ejaculation, it changes your world Change your mindset "make her have an orgasm" to "make her feel nice forever" The core of sex Make your erogenous brain work 2 techniques which evolve women's erogenous brain Reasons why sex makes men better STEP 4 Try slow sex Watching porn videos with your girlfriend is counterproductive Express your affection with the mouth, show your technique with fingers Adam touch that improves women's sensitivity Anyone can release sexual energy (power) The key is "vibrate" Adjust sensitivity with petting hair Women decide sexual chemistry with kissing How to find

and touch G spot The super erogenous zone: Adam G spot The ultimate pleasurable sensation "T spot" A spot that can be only pet by a penis Is a normal position thoughtless? The ideal position is facing sitting position Flirtation 30 minutes/ intercourse 30 minutes is the minimum requirement! Intercourse means "a penis pets a vagina" Nothing happens if you don't try Postscript your humbleness takes your lady to orgasm

A revolutionary practice for couples to enhance sexuality and reach higher states of consciousness • How to make sex a conscious decision, not an accidental encounter • Discusses how slowness increases sensitivity and awakens the body's innate mechanism for ecstasy • Reveals how sexuality can be sustainable and enjoyable well into old age While fast, hot, orgasm-driven sex can bring momentary satisfaction, in the long run it can become boring and mechanical, causing many couples to lose interest and stop making time for physical intimacy. The first step to revive a waning sex life or make a healthy one more fulfilling, says author Diana Richardson, is to make sex a conscious decision rather than an accidental encounter. Focusing on eye contact, subtle sensations, and deep breathing, Diana's practice of slow sex awakens the body's innate mechanism for ecstasy, unlocking the door to extraordinary realms of sensitivity, sensuality, and higher consciousness. Exploring the healing, spiritual power of slow sex, this book offers a step-by-step guide for committed couples to transform sex into a meditative, loving union of complementary energies. It explains how slow sex increases sensitivity and sexual vitality and how, because it creates and restores love, slow sex is loving sex. With a focus on coolness rather than heat, this practice provides couples a way to reach a shared meditative state and use it as a vehicle to achieve higher consciousness. Illustrating different positions for eye contact, deep sustained penetration, and soft penetration, this book reveals that sex truly can be sustainable and enjoyable well into old age.

As we hurtle into the twenty-first century, will we be passive downloaders of content or active uploaders of meaning? The computer, writes Peter Lunenfeld, is the twenty-first century's culture machine. It is a dream device, serving as the mode of production, the means of distribution, and the site of reception. We haven't quite achieved the flying cars and robot butlers of futurist fantasies, but we do have a machine that can function as a typewriter and a printing press, a paintbrush and a gallery, a piano and a radio, the mail as well as the mail carrier. But, warns Lunenfeld, we should temper our celebration with caution; we are engaged in a secret war between downloading and uploading—between passive consumption and active creation—and the outcome will shape our collective futures. In *The Secret War Between Downloading and Uploading*, Lunenfeld makes his case for using digital technologies to shift us from a consumption to a production model. He describes television as the “the high fructose corn syrup of the imagination” and worries that it can cause “cultural diabetes”; prescribes mindful downloading, meaningful uploading, and “info-triage” as cures; and offers tips for crafting “bespoke futures” in what he terms the era of “Web n.0” (interconnectivity to the nth power). He also offers a stand-alone genealogy of digital visionaries, distilling a history of the culture machine that runs from the Patriarchs (Vannevar Bush's WWII generation) to the Hustlers (Bill Gates and Steve Jobs) to the Searchers (Larry Page and Sergey Brin of Google fame). After half a century of television-conditioned consumption/downloading, Lunenfeld tells us, we now find ourselves with a vast new

? 55% OFF for Bookstores! NOW at \$ 25,97 instead of \$ 35,97! LAST DAYS! ? Do you want to know the best sex positions? Your Customers Will Never Stop To Use This Amazing Guide! The best lovemaking experiences come when you and your partner are moving and flowing in harmony with one another. Perhaps you have experienced this for yourself. What is the best sexual experience you've ever had? No matter what "type" of sex you had or with whom, it is likely that you and your partner were embodying the same energy and matching one another's passion. Whether you had rough sex, slow sex, sleepy sex, or spontaneous sex, the best sex comes from a perfect synergy between you and your partner. The unfortunate thing is that we don't always know how to create this synergy; it just happens. The right environment, the right mood, the right time of day, and some other accidental factors often contribute to our most mind-blowing sex. The heart of the Tantric sex practice is learning how to intentionally create the right elements to have the deep, intense, mind-blowing sex that everyone craves. In the last chapter, we learned how to set up one's physical environment to stimulate the senses and nurture deep intimacy. Now we will look at the internal factors that contribute to amazing, long-lasting, and profoundly fulfilling sex. This book covers: Intimacy Orgasms Sex Toys Fantasies & Fetishes Sexual Chemistry & Intuition How to Keep Your Sex Life Exciting and Interesting Sex Positions for Couples Who have Tried Just About Everything Communication Sex Positions that Allow Deep Connection Between Lovers Sex Positions for Powerful Orgasms Tips and Tricks to Help Couples Orgasm Simultaneously Sex Position for Pregnant Women And much more!!! Buy it NOW and let your customers get addicted to this amazing book! The editor-in-chief of "Men" and "Freshmen" magazines presents an all-new collection of real-life gay erotic adventures which read like fiction, except fiction is never this good.

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