

"Where I Live" combines Arundhati Subramaniam's first two Indian collections of poetry, "On Cleaning Bookshelves" and "Where I Live", with a selection of new work. Her poems explore various ambivalences - around human intimacy with its bottlenecks and surprises, life in a Third World megalopolis, myth, the politics of culture and gender, and the persistent trope of the existential journey. They probe contradictory impulses: the desire for adventure and anchorage; expansion and containment; vulnerability and strength; freedom and belonging; withdrawal and engagement; and, an approach to language as exciting resource and desperate refuge. Her new poems are a meditation on desire - in which the sensual and sacred mingle inextricably. There is a fascination with the skins that separate self from other, self from self, thing from no-thing. These are poems of dark need, of urgency, of desire as derailment, and derailment as possibility.

Majja ni life is all about life. In this book, you will find the author's simple yet meaningful experiences. The author endeavours to share his experiences with readers. This book is written with the simplicity that is what makes it unique. If you want to experience this book, read articles one at a time and mull over them. It consists of several articles or experiences which the author wrote at different times. This book is for people who love simplicity. This book does not promise to teach you any extraordinary thing but it will surely add value to your life. This book will work as more of a reminder than any authority.

Mystic's Musings is a compilation of extracts from Sadhguru's discourses and talks. An intriguing look into the truth that lies at the core of existence, this book provokes readers to delve into spaces that are not for the faint-hearted, yet deftly guides us with answers about reality that transcend our fears, angers, hopes, and struggles. Sadhguru keeps us teetering on the edge of logic and captivates us with his answers to questions relating to life, death, rebirth, suffering, karma, and the journey of the Self.

Emotion "One can make any emotion into a creative force in one's life." – Sadhguru It's not just poetic license that allows us to refer to emotions as "juicy". In a literal sense also, emotions are a chemical cocktail that course through our bodies. But while we have no problems with pleasant emotions, unpleasant emotions are the source of much angst in our lives. In Emotion: The Juice of Life, Sadhguru looks at the gamut of human emotions and how to turn them into stepping stones rather than stumbling blocks. Relationships "If you enhance yourself into a very beautiful state, everyone will want to hold a relationship with you." – Sadhguru Human beings constantly make and break relationships. Unfortunately, relationships can make and break human beings too. Why are relationships such a circus for most of us? What is this primal urge within us that demands a bond – physical, mental, or emotional – with another? And how do we keep this bond from turning into bondage? These are the fundamental questions that Relationships: Bond or Bondage looks at as Sadhguru shares with us the keys to forming lasting and joyful relationships, whether they are with husband or wife, family and friends, at work, or with the very existence itself. Sadhguru is a yogi and profound mystic of our times. An absolute clarity of perception places him in a unique space in not only matters spiritual but in business, environmental and international affairs, and opens a new door on all that he touches.

These are poems of wonder and precarious elation, about learning to embrace the seemingly disparate landscapes of hermitage and court, the seemingly diverse addresses of mystery and clarity, disruption and stillness - all the roadblocks and rewards on the long dangerous route to recovering what it is to be alive and human.

motorcycle. He relates the moment of his enlightenment on a mountaintop in southern India, where time stood still and he emerged radically changed. Today, as the founder of Isha, an organization devoted to humanitarian causes, he lights the path for millions. The term guru, he notes, means "dispeller of darkness, someone who opens the door for you. . . . As a guru, I have no doctrine to teach, no philosophy to impart, no belief to propagate. And that is because the only solution for all the ills that plague humanity is self-transformation. Self-transformation means that nothing of the old remains. It is a dimensional shift in the way you perceive and experience life." The wisdom distilled in this accessible, profound, and engaging book offers readers time-tested tools that are fresh, alive, and radiantly new. Inner Engineering presents a revolutionary way of thinking about our agency and our humanity and the opportunity to achieve nothing less than a life of joy. Praise for Sadhguru and Inner Engineering "Contrarian and consistent, ancient and contemporary, Inner Engineering is a loving invitation to live our best lives and a profound reassurance of why and how we can."--Sir Ken Robinson, author of The Element, Finding Your Element, and Out of Our Minds: Learning to Be Creative "I am inspired by Sadhguru's capacity for joy, his exuberance for life, and the depth and breadth of his curiosity and knowledge. His book is filled with moments of wonder, awe, and intellectual challenge. I highly recommend it for anyone interested in self-transformation."--Mark Hyman, M.D., director, Cleveland Clinic Center for Functional Medicine, and New York Times bestselling author "Inner Engineering is a fascinating read of Sadhguru's insights and his teachings. If you are ready, it is a tool to help awaken your own inner intelligence, the ultimate and supreme genius that mirrors the wisdom of the cosmos."--Deepak Chopra Intimate, exhilarating writings on adventure, meditation, and life in the captivating wildness of the Himalayan Mountains—with contributions from Amitav Ghosh, Mark Twain, Rabindranath Tagore, Peter Matthiessen, and more. For some, the Himalaya is a frontier against which people test themselves. Others find refuge and tranquility in the mountains, a place where they can seek their true selves, perhaps even God. Over millennia, the mountains have cradled civilization itself and nurtured teeming, irrepressible life. With over thirty essays, this exhilarating anthology offers a dazzling range of voices that reveal accounts of great ascents and descents—from reflecting on a deadly avalanche to searching for a snow leopard and enjoying the simple pleasure of riding a handcar down a railway track. These diverse writings bring to life the spirit of the Himalaya in an unparalleled panorama. Contributors include: Amitav Ghosh Mark Twain Rabindranath Tagore Peter Matthiessen Edmund Hillary Aleister Crowley Andrew Harvey Vicki Mackenzie Sarat Chandra Das H. A. Giles (Trans.) Jahangir Sven Hedin Frank S. Smythe Anil Yadav Jinasena Arundhati Subramaniam Dharamvir Bharati Swami Vivekananda Rahul Sankrityayan Francis Younghusband Ruskin Bond Jemima Diki Sherpa Kirin Narayan Jawaharlal Nehru Abdul Wahid Radhu Jim Corbett Bill Aitken Hridayesh Joshi Dom Moraes Manjushree Thapa

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Sadhguru, More Than a Life

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the key takeaways and analyze them for your convenience. Visit our website at instaread.co.

Biography of Sadhguru Jaggi Vasudev, Hindu religious and spiritual leader.

Here are poems that celebrate an expanding kinship: of passion and friendship, mythic quest and modern-day longing, in a world animated by dialogue and dissent, delirium and silence. Circling themes of intimacy and time, they return to the urgency of conversation: that fragile bridge across the frozen attitudes that divide our world. But at the heart of the collection is a deeper preoccupation, with those blurry places where humans might walk with gods, where the body might touch the beyond, where the enchanted might intersect effortlessly with the everyday. Where one stumbles upon what the poet simply calls 'love without a story'. Arundhathi Subramaniam's previous book from Bloodaxe, *When God Is a Traveller*, was shortlisted for the T.S. Eliot Prize. *Love Without a Story* is her fourth collection of poetry. Her earlier work is available in *Where I Live: New & Selected Poems*.

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