Sacred Motherhood An Inspirational Guide And Journal For Mindfully Mothering Children Of All Ages

A story about young women lovers in Taiwan, their love, struggles and life as different group of people in the society.
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Ben shu shi yi ben zi chuan xing zhi de xiao shuo, yi zuo zhe qin shen de jing li miao mo le ta yu fu qin zhi jian gong tong xiang you que wu fa rong he de can ku er zhen shi de sheng huo, tong shi ye miao shu le sheng huo zai mei guo bu lang ke si yi min qu de yi min de sheng huo zhuang tai.
A candid, humorous, and heartfelt guide to self-care in motherhood from a meditation expert and mother-of-five. Managing the Motherload is a practical system for sanity from a happy, ultra-productive, and sometimes tired mother of five. This five-part system will help readers create a life that they love while allowing all the items on their to-do list to flourish in their own time. In the book, meditation guide and popular YouTuber Rebekah "Bex" Borucki features her favorite healing and stress-reducing modalities, including her signature 4-minute meditations. Deeply personal, heartfelt stories of her struggles and tender moments raising five children are highlighted throughout the book. As a birth doula and meditation guide, Bex offers a wealth of personal and professional experience in managing the demands of motherhood and the need for self-care and stress management. "I want every woman who reads this book to come away with a feeling of confidence in finding her own way as a mother and a human being. Upon finishing the pages, the reader will have the know-how to create a path to happiness, freedom, and success that can be achieved not in spite of her tremendous responsibility as a mother but in total alignment with it." -- from the author
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Written for mothers seeking to fulfill their soul’s work while simultaneously raising future generations, Sacred Motherhood offers women on the path of motherhood a guide back to themselves. It will help you embrace the reality that this is your spiritual life—every moment of every day, whether you are at the grocery store, changing diapers, arguing with your partner, snuggling with your baby, or dyeing your teenager’s hair pink. Greet the moments when you fall down as awakening opportunities, every bit as holy and powerful as the moments you can drop in and bliss out. Spanning the sacred and the mundane, Sacred Motherhood is both a guide and a journal, enticing you to pause momentarily to reflect and write, and then return to your mothering tasks armed with a fresh perspective, renewed vision, practical tips, and creative ideas for enriching family life. For fifty-two weeks—a year of sacred motherhood—the chapters illuminate subjects that are likely to arise as the mothering journey unfolds, and present thoughtful prompts and helpful reminders relating to you, your soul, and your child.

What you drink is not just love, but a combination of love and death. But he put his arms around her, his inner desires rose, and said, Ah, then, let death come! We all lived incompletely, but they all have the desire to pursue perfection. Love makes people ecstatic, because the moment of falling in love seems to find their lost part, which makes people feel that life is about to be fulfilled. But the author, Johnson, pointed out that this is an illusion. When we are in love, we actually project our vacant ideals of self on our lover, and mistake our lover for the male god/goddess who redeems ourselves.

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Gay Hendricks is a great role model for true success. He enjoys abundance and a deep connection with his own spiritual essence, and at the same time has lived for three decades in a thriving marriage. Now, he shows us how to do it for ourselves. Mark Victor Hansen, co-author of Cracking the Millionaire Code In The Big Leap, Gay Hendricks, the New York Times bestselling author of Five Wishes, demonstrates how to eliminate the barriers to success by overcoming false fears and beliefs. Fans of Wayne Dyer, Eckhart Tolle, Marianne Williamson, and The Secret will find useful, effective tips for breaking down the walls to a better life in The Big Leap."

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Traditional Chinese edition of Handle with Care by Jodi Picoult In Traditional Chinese. Distributed by Tsai Fong Books, Inc.
Sacred MotherhoodAn Inspirational Guide and Journal for Mindfully Mothering Children of All AgesNorth Atlantic Books
When Helen Macdonald's father died suddenly on a London street, she was devastated. An experienced falconer captivated by hawks since childhood, she'd never before been tempted to train one of the most vicious predators: the goshawk. But in her grief, she saw that the goshawk's fierce and feral anger mirrored her own. Resolving to purchase and raise the deadly creature as a means to cope with her loss, she adopted Mabel and turned to the guidance of The Once and Future King author T. H. White's chronicle The Goshawk to begin her journey into Mabel's world. Projecting herself "in the hawk's wild mind to tame her" tested the limits of Macdonald's humanity.
Madeline, smallest and naughtiest of the twelve little charges of Miss Clavel, wakes up one night with an attack of appendicitis.
Women face many challenging transitions on the pilgrimage from girlhood through womanhood: menses, love and heartbreak, motherhood, menopause. Devoid of a central narrative, these rites of passage too often happen in shame and secrecy, leaving women doubting their personal power and self-worth. Bestselling author and founder of The Way of the Happy Woman®, Sara Avant Stover saw how women erroneously viewed these initiations as “curses” and sought to present a new model that reflected the power and wisdom unique to the feminine path. The Book of SHE celebrates all that it means to be a woman, from mythological underpinnings to the cycles of our day-to-day lives. Drawing on archetypes including Mary Magdalene, the Dark Goddess, and Green Tara, Stover will guide you on a journey home to psychological wholeness, personal empowerment, and, ultimately, full feminine spiritual Awakening. Brimming with mystery and magic, this provocative book makes ancient wisdom and healing practices accessible to every woman who is ready to revel in her full femininity — the dark and the light — through joyfully becoming the heroine of her own life.
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A humorous look at the trials and tribulations of working mothers, touching on home offices, private time, and spouse involvement
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Traditional Chinese edition of How children Succeed: Grit, Curiosity, and the Hidden Power of Character, a bestselling and highly recommended book on educating successful children. Paul Tough is a journalist who is one of Americas foremost writers on poverty, education, and the achievement gap. His thorough research and inteviews found that people from multiple disciplines working independently on the problems of educating children, have found common grounds, which debunk the current education models. In Traditional Chinese. Annotation copyright Tsai Fong Books, Inc. Distributed by Tsai Fong Books, Inc.

Having clear boundaries is essential to a healthy, balanced lifestyle. A boundary is a personal property line that marks those things for which we are responsible.

In other words, boundaries define who we are and who we are not. Boundaries impact all areas of our lives: Physical boundaries help us determine who may touch us and under what circumstances -- Mental boundaries give us the freedom to have our own thoughts and opinions -- Emotional boundaries help us to deal with our own emotions and disengage from the harmful, manipulative emotions of others -- Spiritual boundaries help us to distinguish God's will from our own and give us renewed awe for our Creator -- Often, Christians focus so much on being loving and unselfish that they forget their own limits and limitations. When confronted with their lack of boundaries, they ask: - Can I set limits and still be a loving person? - What are legitimate boundaries? - What if someone is upset or hurt by my boundaries? - How do I answer someone who wants my time, love, energy, or money? - Aren't boundaries selfish? - Why do I feel guilty or afraid when I consider setting boundaries? Dr. Henry Cloud and Dr. John Townsend offer biblically-based answers to these and other tough questions, showing us how to set healthy boundaries with our parents, spouses, children, friends, co-workers, and even ourselves.
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