

## **Remarkable Plants Box Of 20 Notecards Thames Hudson Gift**

The books that show you what others only tell you - fully revised and updated. DK Eyewitness Arctic and Antarctic is an informative guide to the world's polar regions. Amazing colour photographs offer your child a unique 'eyewitness' view of some of the coldest and most frozen places in the world. From flora and fauna, to human and animal inhabitants, as well as the brave people who explored these extreme regions, often with fatal consequences: let your child learn all about life at the North and South pole. Great for projects or just for fun, make sure your child learns everything they need to know about the Arctic and Antarctic regions.

With some 6,000 species of plants, Texas has extraordinary botanical wealth and diversity. Learning to identify plants is the first step in understanding their vital role in nature, and many field guides have been published for that purpose. But to fully appreciate how Texas's native plants have sustained people and animals from prehistoric times to the present, you need Remarkable Plants of Texas. In this intriguing book, Matt Warnock Turner explores the little-known facts—be they archaeological, historical, material, medicinal, culinary, or cultural—behind our familiar botanical

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landscape. In sixty-five entries that cover over eighty of our most common native plants from trees, shrubs, and wildflowers to grasses, cacti, vines, and aquatics, he traces our vast array of connections with plants. Turner looks at how people have used plants for food, shelter, medicine, and economic subsistence; how plants have figured in the historical record and in Texas folklore; how plants nourish wildlife; and how some plants have unusual ecological or biological characteristics. Illustrated with over one hundred color photos and organized for easy reference, Remarkable Plants of Texas can function as a guide to individual species as well as an enjoyable natural history of our most fascinating native plants.

THE SUNDAY TIMES BESTSELLER 'Brilliant, passionate and political . . . The Book of Trespass will make you see landscapes differently' Robert Macfarlane 'A remarkable and truly radical work, loaded with resonant truths' George Monbiot The vast majority of our country is entirely unknown to us because we are banned from setting foot on it. By law of trespass, we are excluded from 92 per cent of the land and 97 per cent of its waterways, blocked by walls whose legitimacy is rarely questioned. But behind them lies a story of enclosure, exploitation and dispossession of public rights whose effects last to this day. The Book of Trespass takes us on a journey over the walls of England, into the thousands

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of square miles of rivers, woodland, lakes and meadows that are blocked from public access. By trespassing the land of the media magnates, Lords, politicians and private corporations that own England, Nick Hayes argues that the root of social inequality is the uneven distribution of land. Weaving together the stories of poachers, vagabonds, gypsies, witches, hippies, ravers, ramblers, migrants and protestors, and charting acts of civil disobedience that challenge orthodox power at its heart, *The Book of Trespass* will transform the way you see the land.

*Popular Mechanics* inspires, instructs and influences readers to help them master the modern world.

Whether it's practical DIY home-improvement tips, gadgets and digital technology, information on the newest cars or the latest breakthroughs in science -- *PM* is the ultimate guide to our high-tech lifestyle.

Thomas Pakenham's beautifully illustrated, bestselling book of tree portraits. With this astonishing collection, Thomas Pakenham produced a new kind of tree book. The arrangement owes little to conventional botany. The sixty trees are grouped according to their own strong personalities: Natives, Travellers, Shrines, Fantasies and Survivors. From the ancient native trees, many of which are huge and immeasurably old, to the exotic newcomers from Europe, the East and North America, *MEETINGS WITH REMARKABLE TREES* captures the history

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and beauty of these entrancing living structures. Common to all these trees is their power to inspire awe and wonder. This is a lovingly researched book, beautifully illustrated with colour photographs, engravings and maps - a moving testimonial to the Earth's largest and oldest living structures.

We barely talk about them and seldom know their names. Philosophy has always overlooked them; even biology considers them as mere decoration on the tree of life. And yet plants give life to the Earth: they produce the atmosphere that surrounds us, they are the origin of the oxygen that animates us. Plants embody the most direct, elementary connection that life can establish with the world. In this highly original book, Emanuele Coccia argues that, as the very creator of atmosphere, plants occupy the fundamental position from which we should analyze all elements of life. From this standpoint, we can no longer perceive the world as a simple collection of objects or as a universal space containing all things, but as the site of a veritable metaphysical mixture. Since our atmosphere is rendered possible through plants alone, life only perpetuates itself through the very circle of consumption undertaken by plants. In other words, life exists only insofar as it consumes other life, removing any moral or ethical considerations from the equation. In contrast to trends of thought that discuss nature and the cosmos in general terms, Coccia's account brings the infinitely small together with the infinitely big, offering a radical redefinition of the place of humanity within the realm of life.

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For as long as there have been humans, trees have been central to our existence. They provide us with vital ingredients for life--food, medicine, materials, even the oxygen we breathe. Ecologically they are crucial in controlling pollution and moderating climate, and culturally they are at the center of our religion, folklore, and art. It has also been shown that, as well as greening our lives, they can improve our health and mental well-being. Remarkable Trees tells the unique story of more than sixty species, each selected for their resonance and connection with humankind. In portraits that combine vivid cultural and historical narrative with a firm scientific grounding, Christina Harrison and Tony Kirkham reveal fascinating details of trees from around the world's major zones and ecologies. Some are obvious superstars, like oaks, redwoods, and apple trees, while others are more surprising varieties: We learn of the monkey puzzle, a tree native to Chile that "can grow for 1,000 years," and of the manchineel, a tree that contains sap so toxic to human skin that it's a risk to stand beneath it on a rainy day. In these pages are trees that are healers and killers, trees that serve as foundations of great buildings and grand feasts, and trees that leave us feeling wondrous and worried for their survival. In a tribute to the artists and botanists who have been inspired by trees for centuries, this book is filled with more than two hundred delightful illustrations. The varied and beautiful range of images come from the unrivalled archive at England's Royal Botanic Gardens, Kew, and they bring this enlightening and enchanting volume to life. While trees have supported us for millennia, we have recently lost

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that direct, deep connection with them. Harrison and Kirkham remind us that we do not have to look far to reestablish that relationship. The stories revealed in Remarkable Trees remind us of why we should take the time to appreciate and care for these quiet giants that will forever be an intimate part of our culture, our past, and our future.

Remarkable Plants Notecards Box of 20 Remarkable Plants of Texas Uncommon Accounts of Our Common Natives University of Texas Press

Biochemistry: The Chemical Reactions of Living Cells is a well-integrated, up-to-date reference for basic biochemistry, associated chemistry, and underlying biological phenomena. Biochemistry is a comprehensive account of the chemical basis of life, describing the amazingly complex structures of the compounds that make up cells, the forces that hold them together, and the chemical reactions that allow for recognition, signaling, and movement. This book contains information on the human body, its genome, and the action of muscles, eyes, and the brain. \* Thousands of literature references provide introduction to current research as well as historical background \* Contains twice the number of chapters of the first edition \* Each chapter contains boxes of information on topics of general interest

Plant Hormones: Biosynthesis and Mechanisms of Action is based on research funded by the Chinese government's National Natural Science Foundation of China (NSFC). This book brings a fresh understanding of hormone biology, particularly molecular mechanisms

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driving plant hormone actions. With growing understanding of hormone biology comes new outlooks on how mankind values and utilizes the built-in potential of plants for improvement of crops in an environmentally friendly and sustainable manner. This book is a comprehensive description of all major plant hormones: how they are synthesized and catabolized; how they are perceived by plant cells; how they trigger signal transduction; how they regulate gene expression; how they regulate plant growth, development and defense responses; and how we measure plant hormones. This is an exciting time for researchers interested in plant hormones. Plants rely on a diverse set of small molecule hormones to regulate every aspect of their biological processes including development, growth, and adaptation. Since the discovery of the first plant hormone auxin, hormones have always been the frontiers of plant biology. Although the physiological functions of most plant hormones have been studied for decades, the last 15 to 20 years have seen a dramatic progress in our understanding of the molecular mechanisms of hormone actions. The publication of the whole genome sequences of the model systems of Arabidopsis and rice, together with the advent of multidisciplinary approaches has opened the door to successful experimentation on plant hormone actions. Offers a comprehensive description of all major plant hormones including the recently discovered strigolactones and several peptide hormones Contains a chapter describing how plant hormones regulate stem cells Offers a fresh understanding of hormone biology, particularly molecular mechanisms

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driving plant hormone actions Discusses the built-in potential of plants for improvement of crops in an environmentally friendly and sustainable manner Kew Gardens' beautiful, practical and contemporary guide to growing trees for gardeners of all levels.

An accessible and compelling story of a scientist's discovery of plant communication and how it influenced her research and changed her life. In this "phytobiography"--a collection of stories written in partnership with a plant--research scientist Monica Gagliano reveals the dynamic role plants play in genuine first-hand accounts from her research into plant communication and cognition. By transcending the view of plants as the objects of scientific materialism, Gagliano encourages us to rethink plants as people--beings with subjectivity, consciousness, and volition, and hence having the capacity for their own perspectives and voices. The book draws on up-close-and-personal encounters with the plants themselves, as well as plant shamans, indigenous elders, and mystics from around the world and integrates these experiences with an incredible research journey and the groundbreaking scientific discoveries that emerged from it. Gagliano has published numerous peer-reviewed scientific papers on how plants have a Pavlov-like response to stimuli and can learn, remember, and communicate to neighboring plants. She has pioneered the brand-new research field of plant bioacoustics, for the first time experimentally demonstrating that plants emit their own 'voices' and, moreover, detect and respond to the sounds of their environments. By demonstrating experimentally that learning is not the exclusive province of animals, Gagliano has re-ignited the discourse on plant subjectivity and ethical and legal standing. This is the story of how she made those discoveries and how the plants helped her along the way.

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Popular Science gives our readers the information and tools to improve their technology and their world. The core belief that Popular Science and our readers share: The future is going to be better, and science and technology are the driving forces that will help make it better.

A beautiful and enthralling guide to more than 80 of the world's most celebrated, rare, and important written works, from the Dead Sea Scrolls to Anne Frank's diary to the first Penguin paperbacks. Remarkable Books delves into the stories behind the most incredible tomes ever produced, offering an insight into their wider social and cultural contexts. Spotlighting ancient and modern masterpieces, Remarkable Books is chronologically ordered to demonstrate the correlations between the growth in human knowledge and advancements in the bookmaking process. Alongside breathtaking images of the books and manuscripts discussed, each exquisite chapter charts the evolution and legacy of these landmark books and the people who produced them. The ultimate gift for gardeners and art-lovers, featuring 300 of the most beautiful and pioneering botanical images ever

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Following in the footsteps of the international bestseller *Map: Exploring the World*, this fresh and visually stunning survey celebrates the extraordinary beauty and diversity of plants. It combines photographs and cutting-edge micrograph scans with watercolours, drawings, and prints to bring this universally popular and captivating subject vividly to life. Carefully selected by an international panel of experts and arranged in a uniquely structured sequence to highlight thought-provoking contrasts and similarities, this stunning compilation of botanically themed images includes iconic work by celebrated artists, photographers, scientists, and botanical illustrators, as well as rare and previously unpublished images.

**THE PHENOMENAL INTERNATIONAL BESTSELLER: 1 MILLION COPIES SOLD** Transform your life with tiny changes in behaviour, starting now. People think that when you want to change your life, you need to think big. But world-renowned habits expert James Clear has discovered another way. He knows that real change comes from the compound effect of hundreds of small decisions: doing two push-ups a day, waking up five minutes early, or holding a single short phone call. He calls them atomic habits. In this groundbreaking book, Clear reveals exactly how these minuscule changes can grow into such life-altering outcomes. He uncovers a handful of simple life hacks (the forgotten art of Habit Stacking, the unexpected power of the Two Minute Rule, or the trick to entering the Goldilocks Zone), and delves into cutting-edge psychology and neuroscience to explain why they matter. Along the way, he tells inspiring stories of Olympic gold medalists, leading CEOs, and distinguished scientists who have used the science of tiny habits to stay productive, motivated, and happy. These small changes will have a revolutionary effect on your career, your relationships, and your life.

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YORK TIMES AND SUNDAY TIMES BESTSELLER 'A supremely practical and useful book.' Mark Manson, author of *The Subtle Art of Not Giving A F\*ck* 'James Clear has spent years honing the art and studying the science of habits. This engaging, hands-on book is the guide you need to break bad routines and make good ones.' Adam Grant, author of *Originals* 'Atomic Habits is a step-by-step manual for changing routines.' Books of the Month, Financial Times 'A special book that will change how you approach your day and live your life.' Ryan Holiday, author of *The Obstacle is the Way*

Tells the stories of 80 plants from around the globe, bringing to life the science of plants by revealing how their worlds are intricately entwined with our own history, culture and folklore. Plants are truly remarkable: even with all our modern technological prowess they still feed, clothe and shelter us, help transport us and can intoxicate and cure us. Helen and William Bynum are expert guides to the rich histories, significance and uses of over 80 key plants in 69 entries, revealing our relationship with them, both utilitarian and aesthetic, and their multiple benefits and cultural associations. Organized thematically, eight sections cover all aspects of our interaction with plants starting with those crops that were fundamental to the development of cultures and civilizations, and those that enliven our diet beyond the basics, such as saffron and chilli peppers. Other sections look at plants that have helped to create our material world, as well as those that are used medicinally or are revered and adored for symbolic reasons, including the tulip, the rose and the lotus. For anyone interested in the natural world and the extraordinary diversity of flora around us, this elegantly illustrated and covetable book, published in association with the Royal Botanic Garden, Kew, will be an inspiration and a delight.

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Sunday Times Bestseller 'A paradigm-smashing chronicle of joyous entanglement' Charles Foster Waterstones Non-Fiction Book of the Month (September) Are trees social beings? How do trees live? Do they feel pain or have awareness of their surroundings?

This incredibly diverse compendium contains just about everything you'll ever need to know about the properties and provenance of herbs and spices of the world. From amara dulcis to yarrow, all-heal to viper's bugloss, Breverton's Complete Herbal is a modern day treasury of over 250 herbs and their uses. Terry Breverton provides a reworking of a Nicholas Culpeper classic text for a modern day audience. Arranged alphabetically, this book describes over 250 herbs and spices as well as feature entries on scented herb/medicinal gardens, the great herbalists and New World Herbs not included in Culpepper's original text. Each entry provides a description of the herb: its appearance and botanical features, a brief history of its uses in medicine, dyeing and cuisine to bizarre remedies and concoctions designed to get rid of all manner of real and imaginary ailments.

The world's most comprehensive, well documented, and well illustrated book on this subject. With extensive subject and geographic index. 72 photographs and illustrations - some color. Free of charge in digital PDF format.

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