

Picture-perfect patchwork is easy with the straightforward piecing and rotary-cutting techniques in this book. Full-size patterns for 10 patchwork designs make it simple to piece delightful miniatures quickly and easily. Complete directions for a variety of sewing projects show how to incorporate finished blocks into quilts, clothing, and domestic accessories.

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From first picking up a guitar, to writing songs and discovering a connection to the universal source of creativity, *Uncertain Heaven* is a rock 'n roll memoir that tells the story of one man's creative path, a journey that becomes inextricably intertwined with a search for the meaning of our existence and mankind's relationship with God. A story of record deals, songs heard by billions on syndicated television shows, the highs and lows of an indifferent music industry, the painful reality of playing 'music-by-the-yard' and the sheer joy of putting your finger up into the ethos and downloading a song - just like Keith Richards. After years of following the muse wherever she leads, an existential crisis leads the author to peel back the mysteries of life itself, follow what surely seems meant to be, only to find himself standing on the precipice at his own potential demise.

Through the practice of Yoga we seek to learn balance, oneness, and self-acceptance; to quiet the mind so the soul can be expressed. We seek to understand and integrate the Shadow Self. These are all lessons that dogs just innately know. They live in the moment, in a state of one complete being. I believe this is why our dogs are so drawn to us when we practice Yoga. It's a rare moment when our vibration matches theirs. Our dogs are also the ones who accept us, including our shadow side, fully and without reservation. The Yoga Dog project is a collection of images which seek to reflect the vibrational bond that we share during our practice. I chose to shoot them in silhouette because I wanted to strip away all the surface. Remove thoughts about breed or color, or designer leggings. And simply capture the form that remained. For this project I worked with real people and their real dogs. The yogi's & yogini's included in this project spanned 4 decades in age and all skill levels- some teach, some are self-taught, some practice daily, and some don't practice nearly as often as they'd like. Real people are imperfect. So you'll see some less-than-perfect form. But I am not presenting this as a training manual to the perfect pose. The Yoga Dog Project is about beauty, art, and connection

Critically examines diagnostic and popular discourses on eating disorders.

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In *Wedding Storyteller, Volume 2: Wedding Case Studies and Workflow*, photographer and bestselling author Roberto Valenzuela uses wedding case studies extensively to teach you in great detail the entire Wedding Storyteller Skill Components system that he introduced in Volume 1. Drawing from his highly successful career, Roberto shares multiple case studies from numerous real-world weddings, covering the entire wedding timeline, from the beginning of the day when the couple is getting ready until the last portion of the reception.

Roberto goes into deep technical detail regarding how to apply the Wedding Storyteller Skill Components system to help you excel at photographing weddings for your own clients. Copiously illustrated with nearly 700 photographs and illustrations, the book covers:

- The five key elements of assessing the getting-ready rooms
- The four types of wedding party group photos
- Roberto's system for ceremony coverage, TARPP (The Action/Reaction Position Plan), which details the 10 crucial positions for the photographer to use to create the best and most cinematic story of the ceremony
- The "situational approach" to bride and groom portraits
- The three main locations for family portraits, and how to photograph "elevated" family portraits in each of them
- And much more

Also included is Roberto's invaluable advice concerning such topics as equipment preparation, wedding psychology, lens selection and usage, and the importance of including imperfect but "fun" photos in your wedding photography (your clients will love it!). In *Wedding Storyteller, Volume 1*, you learned the Wedding Storyteller Skill Components system, which provides the foundation for your wedding photography. Here, in Volume 2, you'll learn how to execute that system to perfection.

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