

## Pep Guardiola Book

Written by Agustin Peraita, FCBEscuela Project Director at Sao Paulo FC Barcelona, this book is for soccer coaches looking to understand and implement Pep Guardiola's tactical approach and coaching methodology for his 2009-2010 Barca side. Contains over 50 illustrations, detailing on-field drills, tactical diagrams and weekly planning schedules."

Pep Guardiola is, without a doubt, the most successful football coach and teacher of the last 10 years. He revolutionised FC Barcelona and formed a team that was one of the best in the history of the sport. Now he follows Jupp Heynckes as coach of Bayern Munich and faces the pivotal question: Will he be able to keep the team's quality or even improve it? Pep has become a legend, and in order to understand this, it is necessary to see behind the curtain and understand the man who constitutes the Guardiola System. What are the key values and principles that form the basis of his method? How did he form a unit with such diverse football stars? What can we learn from Pep? Miguel Angel Violán manages to make the 'unknown Guardiola' better known and illustrates in many informing and amusing anecdotes: The Philosophy that Changed the Game!

FC Barcelona: A Tactical Analysis - Defending A Team from Another Planet! A Tactical Blue-Print of Pep Guardiola's Barcelona Team This book is an exclusive and groundbreaking study of Pep Guardiola's Barcelona team. This information and analysis of one of the most successful club sides in history has been in high demand and it is finally here! The defensive part of Barcelona's game does not get enough attention, but is integral to their philosophy and all their superior style of play. The main elements of their tactics include pressure high up the pitch, winning the ball back quickly, maintaining a numerical advantage around the ball zone and pushing their opponents wide to limit their space. We can now see a full analysis of Barcelona's defensive tactics which have been so important to their success. The book shows Barca's 4-3-3 system of play, each player's responsibilities, positioning and movement within every possible phase of play. Terzis Athanasios is a Tactical Professor of Football and has compiled an extensive assessment of Barcelona's attacking play after over 1000 hours of studying all the games from the 2010-11 season. Guardiola's team has won 3 La Liga championships, 2 UEFA Champions Leagues, 4 Spanish Cups, 2 Super Cups, and 2 FIFA World Club World Cups. The book starts with the characteristics of the players and the philosophy of Barcelona and builds into a comprehensive overview of the defensive tactics employed with clear diagrams and detailed descriptions. Included: - Strategies used to counter specific formations (the 4-4-2, 4-2-3-1, 4-3-2-1, 5-3-2 and the 4-3-2-1). - Assessments of specific phases of play (central zone, near the side-lines and set plays). - Pressure, cover and support from front, middle and defensive zones - Preventing and limiting opposition space - Defending from set-pieces - Plus a lot more - SEE FULL BOOK CONTENTS BELOW This gives football coaches an unbelievable chance to learn how Barcelona play and adapt their tactics to combat any team they play. Their defensive work is so important to their success and allows them to be such a strong attacking force.

From Cruyff's "Total Football" to the epic rivalry between Guardiola and Mourinho, a gripping chronicle of the rise and fall of Barcelona's dominance in world soccer. Barcelona's style of play--pressing and possessing--is the single biggest influence on modern soccer. In The Barcelona Inheritance, Jonathan Wilson reveals how and why this came to pass, offering a deep analysis of the evolution of soccer tactics and style. In the late 1990s, Johan Cruyff's Dream Team was disintegrating and the revolutionary manager had departed, but his style gave birth to a new generation of thinkers, including Pep Guardiola and José Mourinho. Today, their teams are first and second in the Premier League, marking the latest installment in a rivalry that can be traced back twenty-five years. The Barcelona Inheritance is a book about the tactics, the personalities, the friendships, and, in one case, an apocalyptic falling-out that continue to shape the game today.

The mark of a great coach is a constant desire to learn and grow. A hunger to use whatever can make them better. The best-selling author of Teach Like a Champion and Reading Reconsidered brings his considerable knowledge about the science of classroom teaching to the sports coaching world to create championship caliber coaches on the court and field. What great classroom teachers do is relevant to coaches in profound ways. After all, coaches are at their core teachers. Lemov knows that coaches face many of the same challenges found in the classroom, so the science of learning applies equally to them. Unfortunately, coaches and organizations have a mixed level of understanding of the research and study of the science of learning. Sometimes coaches and organizations build their teaching on myths and platitudes more than science. Sometimes there isn't any science applied at all. While there are thousands of books and websites a coach can consult to better understand technical and tactical aspects of the game, there is nothing for a coach to consult that explicitly examines the teaching problems on the field, the court, the rink, and the diamond. Until now. Intended to offer lessons and guidance that are applicable to coaches of any sporting endeavor including everyone from parent volunteers to professional coaches and private trainers, Lemov brings the powerful science of learning to the arena of sports coaching to create the next generation of championship caliber coaches. It started with a question, "What are the fundamentals of soccer?" Whilst there are hundreds of books that look into the specific principles of coaches like Jurgen Klopp, Pep Guardiola, and Marco Bielsa, there is no core, distilled text on the key principles of the game. Until now. Join best-selling author and coach - Peter Prickett - as he puts soccer under the microscope and breaks it down into its constituent parts. By addressing the two primary phases - in-possession and out-of-possession - the book examines the five attacking and five defending principles, plus the transitions between each phase, to reveal the underlying heart of the beautiful game. These principles have underpinned coach education for decades and largely been unchallenged. When examining them, other deeper values emerge to support the one true principle - to score. Designed for coaches and soccer fans interested in the theory of soccer, this handbook is a must-read for anyone looking to understand the foundations that soccer is built on. This book provides a tactical analysis of Pep Guardiola's 4-3-3 Attacking Tactics (56 Tactical Situations) which has been used to produce 12 Full Training Sessions (70 Practices and Variations). You can use these ready-made sessions to practice Pep Guardiola's attacking tactics and implement them into your training sessions.

Since its release, this really has become one of the most popular coaching books in the world. The book looks to provide insight into the work of Pep Guardiola, the book looks through a six-week mesocycle and how the sessions might be delivered, and what might be delivered within this specific block. The amount of detail within these sessions will provide coaches with a 6-week opportunity to train players to play a more positional based practice, with a much greater understanding of how to keep possession, and how to attack through positional dominance. The book does however provide great detail in how to successfully defend whilst using a Guardiola-like game model. It also shows how the positional dominance of Guardiola's teams actually allows them to be successful both with and without the ball. The sessions should provide more detail than any book has ever provided

before, as well as expose some myths as to how positional play can be developed.

"Published in association with BackPage Press."

Standing Alone is a carefully curated collection of the best coverage of Manchester City's extraordinary 2020/21 Premier League-winning campaign and Champions League tilt from the writers at The Athletic.

Access inside the changing room and behind the scenes that any journalist or writer would kill for... Perarnau's insights are astonishing' - Graham Hunter 'Write about everything you see. Be as critical as you like' - Pep Guardiola to Martí Perarnau, Summer 2013 Martí Perarnau was given total access to Bayern Munich during season 2013-14. This book represents the first time in the modern era that a writer has got this close to one of the elite teams of world football. At the invitation of Pep Guardiola, he shadowed the Catalan, his staff and his superstar players during training and on matchdays. Bayer smashed domestic records on their way to the double, but were humiliated by Real Madrid in the Champions League semi-final. Perarnau was with them every step of the way. Perarnau is with Guardiola as he is courted by the world's greatest clubs during his sabbatical in New York. We hear Guardiola explain in detail the radical tactical moves which transform Bayern's season and reprogramme the players who will win the World Cup with Germany. Perarnau talks exclusively and in fascinating detail with an array of players, including Arjen Robben, Manuel Neuer, Philipp Lahm, Thiago Alc?ntara and Bastian Schweinsteiger. Pep Confidential is much more than the story of a season - it is also a lasting portrait of one of the greatest coaches in sport.

A soccer player is more than the sum of his parts: endurance, speed, shooting technique, passing technique, and many more. All of these factors need to be turned into one system to create good players. Traditional training theory doesn't achieve that because each skill is trained individually. This is why the concept of Tactical Periodization has become the preferred training theory for many of the current most successful soccer coaches: Pep Guardiola, José Mourinho, Diego Simeone, André Villas-Boas, and many others train according to these principles. By creating match-like situations in practice, players learn to link their technical, tactical, and athletic abilities to match intelligence. They will learn to transfer their skills to soccer matches and they can improve endurance, technique, and tactics all at the same time while enjoying the practice sessions more. For this book, the author has evaluated and analyzed hundreds of training sessions and has tailored exercises to specific demands. All exercises are performed with a ball so that players learn to apply each skill to the game. Every coach will find numerous exercises in this book to help them create better and more efficient practice sessions so they can improve their players' and the team's performance. With Tactical Periodization, your team will become better and be successful on the next match day!

"A beautiful story, expertly told." —Per Mertesacker, Arsenal defender and member of the German national team, winners of the 2014 World Cup Estádio do Maracanã, July 13, 2014, the last ten minutes of extra time in the World Cup Final: German forward Mario Götze jumps to meet a floated pass from André Schürrle, cushions the ball with his chest, and in one fluid motion volleys the ball past the onrushing Argentine goalkeeper into the far corner of the net. The goal wins Germany the World Cup for the first time in almost thirty years. As the crowd roars, Götze looks dazed, unable to comprehend what he has done. In *Das Reboot*, Raphael Honigstein charts the return of German soccer from the dreary functionality of the late 1990s to Götze's moment of sublime, balletic genius and asks: How did this come about? The answer takes him from California to Stuttgart, from Munich to the Maracanã, via Dortmund and Amsterdam. Packed with exclusive interviews with key figures, including Jürgen Klinsmann, Thomas Müller, Oliver Bierhoff, and many more, Honigstein's book reveals the secrets of German soccer's success.

The story of one of the greatest footballers of all time, Barcelona and Argentina's Lionel Messi. 'I have seen the player who will inherit my place in Argentine football and his name is Messi' Diego Maradona Despite all the fame and adulation, remarkably little is known about Lionel Messi, the modest and intensely private footballing genius. Just how did the boy from Rosario, Argentina, become the world's greatest player? Guillem Balague has had unprecedented access to Messi's inner circle: his coaches, teammates and family. In addition, Pep Guardiola has provided exclusive analysis of the player. The result is an authoritative and compelling account of the wonderful mystery that is Messi. 'I can tell my grandkids one day that I coached Lionel Messi' Pep Guardiola

As Pep Guardiola shatters records and confounds the norms of English football and players such as David De Gea and David Silva light up the national game, Spanish stars are transforming the way English football is conceived. But the origins of this particular Spanish invasion date back to 1937, when the Spanish Civil War led to a stream of refugees fleeing their country for the safe haven of England. Their families reveal how the refugees learned the game here, before returning to Spain where one would score Real Madrid's first goal in the Bernabeu stadium and another would be the first man to conceive of Barcelona's vaunted La Masia academy that would later launch stars such as Lionel Messi, Cesc Fabregas and Xavi Hernandez. In recent years the reputation of Spain's footballers has grown, and every club craves a sprinkling of tiki-taka magic. Through dozens of exclusive interviews, Adam Crafton has spoken to many of the key Spanish figures who have come to England and he creates a compelling portrait of their impact on the English game. We discover how and why it is that some players, such as Xabi Alonso, Pepe Reina and Juan Mata, have had great success here, while others have toiled so painfully. But this is not just a footballing story, pure and simple. Crafton provides the historical and social context that helps to explain how the relationship between the two nations is constantly changing, yet always close. For anyone who enjoyed Jonathan Wilson's *Inverting the Pyramid* or Sid Lowe's *Fear and Loathing in La Liga*, this book is a revealing and brilliant insight into this most benign of Spanish invasions.

In *Wenger: My Life and Lessons in Red and White*, world-renowned and revolutionary soccer coach Arsène Wenger finally tells his own story for the very first time. Wenger opens up about his life, sharing principles for success on and off the field with lessons on leadership, personal development, and management. This book charts his extraordinary career, including his rise from obscurity in France and Japan to his 22 years at the helm of Arsenal Football Club. • Covers the years of controversy that led up to his resignation in 2018 and his current seat as chief of global football development for FIFA • Wenger offers studious reflections on the game and his groundbreaking approach to motivation, mindset, fitness, and the winning edge. • He popularized the attacking approach and belief that the game should be entertaining. • Includes full-color photo insert. Among the most successful managers of all time, Wenger, affectionately nicknamed "the professor," has won multiple championships and run one undefeated and unmatched English Premier League season. This is a must-read for Arsenal fans, soccer fans, athletes, trainers, business leaders, and anyone seeking the tools for

success in work and life. The story of one of the most revered and successful coaches—and his tactics and vision—in the world's largest sport • Makes a great book for diehard soccer fans around the world • You'll love this book if you love books like Alex Ferguson: My Biography by Alex Ferguson, Beckham: Both Feet on the Ground: An Autobiography by David Beckham and Tom Watt, and Eleven Rings: The Soul of Success by Phil Jackson and Hugh Delehanty. Digital audio edition read by the author.

With rare and unrivaled access, bestselling coauthor of *Soccernomics* and longtime *Financial Times* journalist Simon Kuper tells the story of how FC Barcelona became the most successful club in the world—and how that era is now ending. FC Barcelona is not just the world's highest grossing sports club, it is simply one of the most influential organizations on the planet. At last count, it had approximately 214 million social media followers, more than any other sports club except Real Madrid CF—and by one earlier measure, more than all thirty-two NFL teams combined. It has more in common with multinational megacompanies like Netflix or small nation-states than it does with most soccer teams. No wonder its motto is "More than a club." But it was not always so. In the past three decades, Barcelona went from a regional team to a global powerhouse, becoming a model of sustained excellence and beautiful soccer, and a consistent winner of championships. Simon Kuper unravels exactly how this transformation took place, paying special attention to the club's two biggest stars, Johan Cruyff and Lionel Messi, who is arguably the greatest soccer player of all time. Messi joined Barça at age thirteen and, more than anyone, has been the engine and standard-bearer of Barcelona's glory. But his era is coming to an end—and with it, a once-in-a-lifetime golden run. This book charts Barça's rise and fall. Like many world-beating organizations, FC Barcelona closely guards its secrets, granting few outsiders access to the Camp Nou, its legendary home stadium. But after decades of writing about the sport and the club, Kuper was given access to the inner sanctum and the people behind the scenes who strive daily to keep Barcelona at the top. Erudite, personal, and capturing all the latest upheavals, his portrait of this incredible institution goes beyond soccer to understand FC Barcelona as a unique social, cultural, and political phenomenon.

"An outstanding work ... the [soccer] book of the decade." —Sunday Business Post *Inverting the Pyramid* is a pioneering soccer book that chronicles the evolution of soccer tactics and the lives of the itinerant coaching geniuses who have spread their distinctive styles across the globe. Through Jonathan Wilson's brilliant historical detective work we learn how the South Americans shrugged off the British colonial order to add their own finesse to the game; how the Europeans harnessed individual technique and built it into a team structure; how the game once featured five forwards up front, while now a lone striker is not uncommon. *Inverting the Pyramid* provides a definitive understanding of the tactical genius of modern-day Barcelona, for the first time showing how their style of play developed from Dutch "Total Football," which itself was an evolution of the Scottish passing game invented by Queens Park in the 1870s and taken on by Tottenham Hotspur in the 1930s. *Inverting the Pyramid* has been called the "Big Daddy" (Zonal Marking) of soccer tactics books; it is essential for any coach, fan, player, or fantasy manager of the beautiful game.

This book contains fascinating facts that aren't found in either the sports or business press that reveal the behind the scenes world of international football. Soriano teaches us the importance of strategy as he examines how managers can waste millions of euros making decisions that lack any logic at all in both football and business.

'This is a masterfully written history of the world's greatest football club. Més que un book!' - GARY LINEKER From the bestselling co-author of *Soccernomics* comes the story of how FC Barcelona became the most successful football club in the world - and how that envied position now hangs in the balance. Barça is not just the world's most popular sports club, it is simply one of the most influential organisations on the planet. With almost 250 million followers on social media and 4 million visitors to its Camp Nou stadium each year, there's little wonder its motto is 'More than a club'. But it was not always so. In the past three decades, Barcelona has transformed from regional team to global powerhouse, becoming a model of sporting excellence and a consistent winner of silverware. Simon Kuper unravels exactly how these transformations took place. He outlines the organisational structure behind the club's business decisions, and details the work of its coaches, medics, data analysts and nutritionists who have revolutionised the sporting world. And, of course, he studies the towering influence of the club's two greatest legends, Johan Cruyff and Lionel Messi. Like many leading global businesses, FC Barcelona closely guards its secrets, granting few outsiders a view behind the scenes. But, after decades of writing about the sport and the club, Kuper was given unprecedented access to the inner sanctum and to the people who strive daily to keep Barcelona at the top. Erudite, personal, and capturing all the latest successes and upheavals, his portrait of this incredible institution goes beyond football to understand Barça as a unique social, cultural, and political phenomenon. "I began my research thinking I was going to be explaining Barca's rise to greatness, and I have, but I've also ended up charting the decline and fall."

After the hugely popular Volume 1, Volume 2 gives you another rare opportunity into Pep Guardiola's Training Sessions with 85 Practices taken directly from Pep's training sessions including: Technical Circuits, Passing, Rondos, Positional and Possession Games, Small to Large Sided Games at Manchester City, Bayern Munich and FC Barcelona.

'Does culture create competitive advantage? Case closed in this compelling analysis of sporting success. Read it.' – James Kerr, bestselling author of *Legacy*. In *The Barcelona Way*, sports psychologist Prof. Damian Hughes draws on exclusive insight into FCB as well as first-hand research from organizational psychology, to set out a method to create your own high-performance culture. At the heart of FCB's winning culture are a set of principles, epitomized by Pep Guardiola, Johan Cruyff, Lionel Messi and many other FCB legends, which govern how to nurture talent, prepare for change and provide the best environment to build a culture of sustained success. These principles: Big Picture, Arc of Change, Repetition, Cultural Architects, Authentic Leadership are at the heart of FCB's unprecedented domination of football, and are the key to developing high-performance cultures in any team-based organisation across every industry. *The Barcelona Way* is a hugely practical must-read that sets out a clear plan, based on the same principles, for you to create a culture of success and get the best of yourself and your team.

Andrés Iniesta is the Barcelona and Spain legend, rated by the likes of Cristiano Ronaldo, Lionel Messi, Luis Suarez and Paul Scholes as one of the greatest footballers of all time. This is the thinking fan's footballer with a thinking fan's football book. Andrés Iniesta was twelve years old when scouts invited him into Barcelona's famous La Masia academy. Shortly after he joined the club, Barca legend Pep Guardiola remarked of him, 'This lad is going to retire us all.' Iniesta rapidly became a permanent fixture in the Barca midfield, propelling the club to a raft of trophies, including eight La Liga championships and four Champions League titles. With his country he has won the European Championship twice, and scored the winning goal in the 2010 World Cup final. Behind the wonderfully graceful passing and movement, and the accolades and trophies he has garnered, there exists an intelligent and thoughtful man who, until now, has let his beautifully skilful feet do the talking. In *The Artist: Being Iniesta*, the Spanish maestro paints a vivid self-portrait, in his own words but also in those of his coaches, team-mates, opponents, friends and family. The result is intriguing.

Sunday Times Bestseller Updated to include the Premier League Victory 2020 "It is the intensity of the football, of how the people live football in Liverpool, all the Liverpool fans around the world. It is not a normal club, it is a special club." Jürgen Klopp Jürgen Klopp is the charismatic German manager who single-handedly overthrew the accepted order in German football, taking Borussia Dortmund from nowhere to back-to-back Bundesliga titles and the Champions League final. He had long been admired in the Premiership and was finally wooed by Liverpool in the belief he could bring back the glory days to the Kop. Klopp is revered as a master tactician with his own unique playing philosophies. He is loved by his players for his passion and man-management skills, and adored by fans for his charm, wit and exciting football on the pitch. Here is the definitive story of Jürgen Klopp - the normal one - and his footballing genius.

The game of soccer is constantly in flux; new ideas, philosophies and tactics mould the present and shape the future. Since the turn of the century we have witnessed dramatic changes in the beautiful game: new types of player, new coaching methods, and tactical innovations have all enhanced and changed the sport of football. The technical, tactical, physical and psychological skills needs of the modern player - from the goalkeeper to centre forward - have all been enhanced. In a nutshell, the modern game is quicker as well as being technically and tactically more advanced than for previous generations. Excitingly, the future promises to be even faster, more technical, and more demanding of its players! After witnessing Spanish football and Barcelona provide one of the great periods of global dominance - we are now entering a new era; one which is being led by German football, and notably Bayern Munich. Germany, now world champions at international level, along with the visionary coaching philosophy of Pep Guardiola at club level, are taking football into a new epoch, one which the Italian coach Arrigo Sacchi prophesied several years ago. One of Universality. In this book, Matthew Whitehouse - acclaimed author of "The Way Forward: Solutions to England's Football Failings" - looks in-depth at the past decade of the game, taking the reader on a journey into football's evolution.

Examining the key changes that have occurred since the turn of the century right up to the present, the book looks at the evolution of tactics, coaching, and position-specific play. They have led us to this moment: to the rise of universality. *Universality The Blueprint For Soccer's New Era* is a voyage into football, as well as a lesson for coaches, players and fans who seek to know and anticipate where the game of the future is heading.

Celebrates the illustrious history and modern dominance of one of English football's most storied teams.

This book gives you a rare opportunity to use Pep Guardiola's Practices and learn from one of the best coaches in the history of football. The 88 Attacking Combinations and Attacking Positional Patterns of Play included are taken direct from Pep Guardiola's training sessions at Manchester City, Bayern Munich and FC Barcelona.

FROM A BALL BOY POSITION TO ONE OF THE MOST FAMOUS MANAGERS POSITION IN THE WORLD OF SOCCER Pep is brave. He always wants to win and he will stick to his principles even if he doesn't get results. Pep has won a lot of trophies in his career but trophies are not his main priority. The way he makes a team play is what makes him a better coach than all other manager This book includes his life story before success, family life and a lot of facts about him, both from OFF and ON Pitch. He is considered one of the most famous football managers of this modern period. Guardiola has been the world's most successful football manager through his self-esteem and motivation. How my success became lesson to others, and many untold incidents in my carrier life - PEP For more CLICK BUY NOW

This fully updated edition of the international bestseller includes Pep Guardiola's Bayern years and his decision to join Manchester City Pep Guardiola is the most successful and sought after football coach in the world. After being appointed first-team manager in 2008, he transformed Barcelona into arguably the greatest club side of all time, winning an unprecedented thirteen trophies in four years. Following a shock sabbatical from the game, he replaced Jupp Heynckes at the helm of Bayern Munich at the start of the 2013-14 season, twice winning the Double in his three years in charge. He then announced that he would be joining Manchester City for the 2016-17 season, thereby beginning what could prove to be his greatest challenge yet: turning them into a team that consistently wins in the most difficult of leagues and a regular challenger in the Champions League . . . and doing it the Guardiola way. Guillem Balagué has followed Pep's career from the outset and has had direct access to the man and his inner circle. This then is the definitive portrait of Pep Guardiola and his relentless pursuit of footballing perfection.

FC Barcelona are the greatest football team in the world, the greatest for a generation and possibly the greatest of all time. This is the inside story of how the team came to redefine how the game is played, told by the journalist closer to it than any other. This edition contains a new epilogue reflecting on the departure of Pep Guardiola and Spain's victory at Euro 2012.

Mastering the Premier League offers an in-depth look at the tactical concepts underlying a sports superpower--revealing who does what, how and why. Discover the secrets of the game model developed by Pep Guardiola that sets Manchester City apart from the rest. When Guardiola joined Manchester City in 2016 there were doubts that he could replicate his successful model in the English game. But after a single season of acclimatization we saw those doubts shattered as City won the Premier League in 2017/18 with a record 100 points. Beyond the trophies and the records, however, lies a yet more intriguing story--of how Guardiola adapted and perfected the tactical principles that had made him so successful at Barcelona and Bayern Munich, who played the key roles on the field, enabling Manchester City's successes of 2017-19, and why the other Premier League sides were unable to stop the City juggernaut sweeping aside

all in its path.

Presents the history of FC Barcelona, profiles the team's most successful coaches and players, and discusses the various championship titles the club has earned.

The positional grid is like a cognitive road map for players when in possession. Depending on where the ball is located, players are responsible to fill a specific a location in the positional grid. The end result is that a team shape or structure will develop in possession, resulting in a positional soccer style of play. However, the game of soccer has unlimited ever changing situations and variables, so there will always be freedom within the provided positional structure to make adaptations. The positional soccer grid divides the training pitch into 20 sections, basically five vertical rows and four cross-field sections. The widest channels are referred to as the low option areas, because there are limited passing opportunities that can made from out wide. The widest areas are utilized often to draw the defense out, moving them from side to side to open up spaced in between the defenders or on the far side. The next space that borders the wide channel is called a "half space". The half space is a dangerous area because penetrating balls and shots on goal can be taken from this position. Guardiola often liked his most dangerous players like Robben or Messi to receive the ball in the half spaces. How many goals have we seen those two players create by cutting inside and shooting to the far post! The next space is the large space on top of the 18-yard box, this space is considered the most dangerous area on the soccer field. This large box is so dangerous because more goals are created from this area than anywhere else. However, quick 1-touch play is critical in this area to be effective, with the largest concentration of defenders located in this space. Of course players like Messi are invaluable in areas like this, as they can make the impossible happen, changing the game. The positional grid offers a structure and provides cues for players, letting them know to adjust their position depending in which zone the ball is in, they must know when to fill an empty zone when it has been vacated, or to move into a zone to create superiority of numbers. A general rule of thumb is that no more than three players will be in a horizontal line, and not more than two in a vertical line, this helps give the player on the ball two-three passing options. The entire game can be taught using the grid, from build-up play to the attacking third. When using the grid to teach positional soccer there are many ways to utilize it. One way is to set-up trainings that require players to operate inside the positional grid, adhering to specific conditions, but still allowing a degree tactical freedom while encouraging problem solving. An example of this would be requiring five shorter passes on one side of the field before a long pass can be made, switching the field to the far wide player. The next type of training can use the grid as more of specific road map that must be strictly adhered to. An example of this would be working on playing the ball out of the back. Each player will be assigned a specific part of the grid to be in, as a standard way of operating out of the back is established. The other beneficial aspect of using the positional grid is that it organizes space on the field in a realistic way for players. When players train tactics in specific game realistic spaces, their soccer awareness, tactical sense and soccer IQ benefit. Training in the positional grid helps players better judge distance, space and time in relationship to carrying out the desired tactics. I recommend training with the grid and then removing the grid at the end, so that spatial relationship is further reinforced.

Pep Guardiola and Jose Mourinho are probably the two best coaches in the world. But they are not just coaches, there is much more to them than that. There are already dozens of books about their tactics and training methods. Instead, this book explains why they are different from all others from the perspective of their leadership, communication, emotional intelligence, talent and team management. These factors make the difference between winners and losers.

Pep Guardiola Another Way of Winning: The Biography Orion

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