

## Maxing Out Why Women Sabotage Their Financial Security

"Hell no. It's over. I am done." Saying it to him felt so damned good. God knows he deserved it. Still deserves it. So why is it that only a few weeks later, I doubt if I can stand by what I said? X That Ex is the long-awaited answer for women who have left a bad relationship and don't want to go back. It is incredibly common for women to leave partners who are emotionally unavailable, disrespectful, immature, selfish or even abusive, but then struggle to stay away. Women might be tripped up by their exes' schemes to get them back, their own self-sabotaging ways or even by our society, which seems to glorify a "just give him one more chance" philosophy. To their family and friends' dismay, huge numbers of women go back to toxic relationships, wasting years and the possibility of happier lives on men who can't give them what they deserve. If the post-breakup world for most people were logical, fair, regulated and well-defined, there would be no need for X That Ex. As most of us know, however, the time after a breakup is emotionally messy, sometimes chaotic and filled with conflicting feelings, motivations, hopes, temptations and realities that must be dealt with. X That Ex focuses on this confusing time, demystifying why it is so difficult to stay away from a problematic ex, and distinguishing itself by making personalized predictions for readers about what to expect from their exes and themselves in the tumultuous time right after a relationship ends. This book is a unique roadmap that guides readers through the sometimes perilous time when a woman's ex might try time-tested tactics to tempt her back, when self-sabotage may make a woman her own worst enemy, and when even our culture gets in on the action by making reunification seem reasonable.

Civilization is in an energy crisis. Human beings have wasted away the majority of their natural resources, but without energy, the world will die. Who will come to the rescue? In secret, a technical team of geniuses has developed a way to harvest usable and never ending energy from polar seas. In concept, their mission is simple; in delivery, it proves to be difficult and possibly tragic. The Strivers tells a story of life, love, and the labors undertaken by a brave few who believe in the energy of the ocean. From diverse backgrounds, the team is brought together by a shared mission; they change each other, and relationships evolve that never would have flourished without the worlds energy crisis. They are inventors, but they are also human beings, looking for connection in an inhospitable place. With luck, the team will find a way to convert ocean energy into the next great fuel for mankind. If they fail, they will not only lose their own lives, but they will cause the extinction of planet Earth. Human life is in the hands of the strivers, who must harness the fury of the sea to save the world. Will they succeed, or will the weakness of their humanity make them fail?

Experience the ultimate fantasy in the first three books of the Indecent series. AN INDECENT PROPOSITION One night. That's all Erik and Keegan want with Julianne. And they've come up with the perfect plan: Offer Julianne a half-million dollars. Julianne is in debt up to her eyeballs due to her mother's illness. Five-hundred-thousand dollars would pay off her bills and give her a start on a new life. All she needs to do is have sex with a man she's never met. An explosion left Erik with scars, physical and psychological. Work is his only refuge. Until he sees Julianne through a surveillance

camera. And he discovers a desire he thought had been burned out of him. Keegan has watched his best friend retreat from the world for too long. If his desire for Julianne brings him back to life, Keegan will bring her to him, whatever it takes. **AN INDECENT AFFAIR** Kat refuses to give in to her mother's demand to marry a man she can't stand. After years of trusting no one with her heart or her body, she wants to be swept off her feet, to experience complete surrender, if only for one night. Tristan has lusted after Kat for years. She's the woman he wants to put between him and his best friend, Adam, and he's finally making his move. He'll steal her away from his brother, who doesn't deserve her. Then he and Adam will give her exactly what she needs. Now ready to take control of her life, Kat moves to Philadelphia to open her own law practice and to risk giving her heart to the two men who opened her eyes to desire. Tristan and Adam are determined to keep Kat close and win her heart. But work dangers and family obligations conspire to tear them apart before their fragile relationship has a chance to grow into something stronger. **AN INDECENT ARRANGEMENT** Max and Jesse grew up on the streets of Philadelphia, working for the city's most successful crime boss before attempting to go straight. They're inseparable, their friendship honed by danger. They share everything, including a burning desire for the same woman. But an affair now, while they're still untangling themselves from their past, could be dangerous, not only to their friendship but to their lives. And to hers. Mary Alice has always walked the straight and narrow, but her secret craving for Max and Jesse is fast becoming an obsession. They don't fit into her safe little world of family, friends and work. That doesn't stop her from wanting these intensely sexual men who fascinate her. So when fate hands her an opening, Mary Alice proposes an indecent arrangement guaranteed to rock their worlds.

Minetor, a breadwinner wife for more than ten years, explores the new, untraditional marital lifestyle dynamic by sharing the anecdotes and stories of over 120 couples in which the wife earns more money.

Lists addresses and information on contacts, pay rates, and submission requirements, and includes essays on the craft of writing

Do you want more free book summaries like this? Download our app for free at <https://www.QuickRead.com/App> and get access to hundreds of free book and audiobook summaries. Learn about the unconscious mistakes women make that sabotage their careers For centuries women have been striving for equal rights. While progress has been made, women still struggle to become a man's equal in the workplace. In fact, women are less likely to hold highly influential positions. But why is this? Well, Dr. Lois P. Frankel is here to tell you about the unconscious mistakes women make that sabotage their careers. Have you worked nonstop without a break? Worried about offending others? Backed down easily? Explained too much? "Polled" your friends and colleagues before making a decision? If you answered yes to any of those questions, then chances are you've been bypassed for a promotion and even ignored when you've expressed your ideas. Whether you're conscious of it or not, these behaviors are likely sabotaging your career. Throughout *Nice Girls Don't Get the Corner Office*, Dr. Frankel reveals the unique set of behaviors that women learn in girlhood that threaten to sabotage them as adults. Luckily, Dr. Frankel can help you eliminate these unconscious mistakes that are holding you back and offer you coaching tips to nail your social and business skills. As you read, you'll learn how to stop thinking

like a girl and start thinking like a leader.

If you're like most folks, you were raised to be "nice". Yet now you find yourself asking: "If I'm so nice, why isn't my life better?" Renowned minister and lecturer Duke Robinson has the answer. Robinson says that well-intended behavior is essential to a humane society, but carries a down side. Being nice often means we take on too much, tell little lies, strive endlessly for perfection, and fall prey to other self-defeating behaviors. Now Robinson outlines the nine unconscious mistakes nice people make daily, and he shows how to correct them and avoid unnecessary stress with life-affirming actions. Learn how to: -- Say "no" and save yourself from burnout -- Tell others what you want, and actually receive it -- Express anger in healing ways that maintain valued relationships -- Respond effectively when iOrrationally criticized or attacked -- Liberate your true self. Are you, like many of us, too nice for your own good? This remarkable book will empower you to get what you need and deserve, out of life...and still be a nice person!

Presents an inspirational and practical handbook for women that provides a supportive program designed to help them become more assertive and confident in their personal and professional lives

Best known as the author of the acclaimed book, *The Theory of the Leisure Class* (1899), Thorstein Veblen was much more than a one-book wonder. He is in fact a seminal classical sociologist who made many original contributions to the study of culture and society. This inspired selection conveys the full zest and penetrating insights of Veblen's writings. The collection comes with a full-length essay which demonstrates the continuing relevance of Veblen's sociology.

Discusses current entertainment and celebrities, including performers, writers, and royalty

A guide to the names and specialities of American and Canadian publishers, editors, and literary agents.

Based on the premise that difficult material, with adequate support, provides the most enriching experience in the composition classroom, this book offers its readers a challenge and encourages them to think and write critically. KEY TOPICS Unique content features fresh material that is mostly new and has not been anthologized before. For writing inspiration, and anyone who wants to participate in broader cultural conversations about the selections presented here.

The New York Times bestseller, which has become a must-have for women in business, is now revised and updated in celebration of its 10th anniversary. Internationally recognized executive coach Dr. Lois P. Frankel teaches women how to eliminate unconscious mistakes that could be holding them back, and gives invaluable coaching tips that can easily be incorporated into social and business skills. The results are career opportunities women never thought possible and the power and know-how to occupy the corner office! Stop making "nice girl" mistakes such as: -Mistake #13: Avoiding office politics -Mistake #21: Multi-tasking -Mistake #54: Failure to negotiate -Mistake #82: Asking permission -Mistake #100: Smiling inappropriately. These and other behaviors are why NICE GIRLS DON'T GET THE CORNER OFFICE.

"Why Women Earn Less" is a practical, step-by-step guide for under-earning women who are ready to turn their lives around. It demystifies the process of underearning, explores its underlying psychological and emotional issues, and offers practical advice and strategies to help overcome it.

Maxing Out Why Women Sabotage Their Financial Security Little Brown

HIS JOB WAS TO PROTECT THE CLIENT, NOT FALL IN LOVE WITH HER...AGAIN Medical expert Raine Montgomery never dreamed the drug she created would be responsible for so many deaths. Suspicious on high alert, Raine was convinced someone was out to destroy her reputation—and her life. Turning to the best for help, Raine knew she and investigator Maximilian Vasek had to put aside their rocky history and focus on who wanted her eliminated.... Being around Raine reminded Max of a past he'd tried hard to forget. Still, he couldn't ignore the vulnerability in her brown eyes, or the sizzling tension between them. Keeping her safe he could do. Walking away in the end might not be so easy....

Self-help, personal growth, self-esteem... each is something we seek on our journey through life. Another stellar book by the leading authority on love, relationships, and high performance finds its way to readers who want to better manage the way they deal with shame, depression, anger, social anxiety, affairs of the heart, love-less marriages, poverty mindset, emotional eating, and career performance. With over 30 years of experience as a professional life and business coach, psychologist, individual and couples therapist, and seminar leader, Mamiko Odegard, PhD, provides practical and proven methods to overcome self-sabotage and transform common self-defeating behaviors. Are you ready to skyrocket your potential and achieve a level of success you've never thought possible? In a book sure to become a best seller, *Overcoming Self-Sabotage: How to Jumpstart Your Love, Happiness and Financial Success*, Dr. Odegard helps you recognize one key reality: the answers are already inside—you just have not yet learned the framework of transformation. If you are struggling to develop healthy habits and make rapid improvements in yourself—your health, mindset, and even relationships, then *Overcoming Self-Sabotage* is the book for you, and Dr. Mamiko Odegard is precisely the mentor you have been looking for! In these pages you will learn how to rid yourself of the negative mindset that has for far too long blocked you from the love, happiness and financial success you so richly deserve. You may well find this one of the most detailed overviews of self-sabotaging behavior you have yet to read. Mamiko's heart-warming empathic tales of success explode her theory that, "Moment by moment, people have the privilege and ability to make a choice to engage in either a self-sabotaging or self-enhancing behavior. Learning to tap into this power is the guide to freedom from inappropriate or crippling behaviors that sabotage our success."

Looking back on her own experiences of financial distress, the author examines women's fear that financial security will lead to their isolation from others, due to a lifetime of social conditioning

By the founder of the National Association of Black Woman Entrepreneurs, Inc. Create Freedom, Wealth, Power Whatever amount you have in your purse right now, you have enough to make your financial dreams come true. Despite their annual spending of over \$200 billion, African-American women are not realizing their full potential. *Sisters Are Cashing In* will help you discover the power within yourself to be wealthy – no matter what your age, income, or lifestyle. Marilyn French Hubbard offers insights into the emotional, mental, and spiritual factors that can lead you into debt and poverty. But she also presents strategies to break these negative patterns and discover the kind of freedom, wealth, and power that comes from having your life in order, doing what you love for a living, and making a contribution to the success of others.

This is a fully updated and expanded new edition of the successful undergraduate text. Providing a lucid examination of the pivotal theories of Marx, Durkheim and Weber, the authors submit that these figures have decisively shaped the discipline.

Contains reviews of books, web sites, and videotapes designed to help those suffering from depression and anxiety

Over the years, "Writer's Guide to Book Editors, Publishers, and Literary Agents has helped thousands of writers just like you get their books published. With the best and most up-to-date listings of key book publishing insiders, "Writer's Guide gets you past the reject piles and into the hands of the right people. Nowhere else will you find the detail, the insight, the depth. Nowhere else will you find the solid inside information. "Writer's Guide is your key to book publishing success. It gets you inside. It gets you noticed. Your talent will do the rest. "Beats the pants off "Writer's Market." --Michael Werner, coauthor of "Databases for Businesses and "Using Lotus 1-2-3 "This guide started my book publishing career." --Marcos McPeek Villatoro, author of "A Fire in the Earth, They Say That I Am Two, and "Walking to La Milpa "The finest lead source that I've ever seen. A must buy for every writer, published or not!" --Derek Savage, author of "The Second Coming and "The Dancer "Invaluable information, from query letter to book proposal. This book has made my dreams come true." --Eileen Oster, author of "The Healing Mind "This book got my foot in the door." --Wynn Goldsmith, writer "A masterpiece. I have never found so much practical information in this type of book before." --Walter Lambert, author of "Healing the Trauma of Divorce "As a writer and literary agent, this book has been invaluable." --Mary N. Oluonye, O-Squared Literary Agency "Jeff Herman has crammed a generous helping of information and advice into this invaluable book." --Paul Nathan, "Publishers Weekly ""Writer's Guide has eclipsed both "Literary Market Place and "Writer's Market as a source of projects for our agency. At least a third of our sales last year came as a result of this book." --Michael Snell, Michael Snell Literary Agency About the Author /Jeff Herman is founder of The Jeff Herman Literary Agency, one of New York's leading agencies for writers. He has sold hundreds of titles and represents dozens of top authors.

Womens Health magazine speaks to every aspect of a woman's life including health, fitness, nutrition, emotional well-being, sex and relationships, beauty and style.

Extended interviews with men, women, and families provide insight into the impact of the Cuban revolution on the island nation's urban slum dwellers, the roles of its women, and home life.

Sara had come all the way from Prescott, Arizona, to claim a ranch she had inherited near Cheyenne, Wyoming. But the ranch was not all that came with her inheritance. The ranch held a secret from the past she needed to reveal. Gene, a local rancher, had to wonder about this young lady and the task she had set for herself. He and his mother play a role in uncovering, yet an altogether different plot that could also be targeted against Sara.

A compilation of current biographical information of general interest.

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