









gone?" He started looking for the key or answer to this question by addressing the only thing he knew for certain -HIS PAIN! One chapter in the book entitled, "Pain is your Friend" reveals how being honest with and accepting his pain helped him to discover a new foundation upon which he could start to rebuild his life "one day at a time." The Book reflects the Author's broad experience and education in the fields of psychology, religion, philosophy and the sciences. Many readers responded positively after having read the pre-publication manuscript. One such response by Rev. Donald Tastad reads, "One cannot read it without asking the most basic and important questions in life. One finds ample answers to those questions and of more importance, a way of life that leads to fulfillment and meaning."

????????????????????

At just thirteen years of age, Alexander Ouellette had already hit rock bottom. Failing tests, getting into trouble at home and at school, and victimized by bullies, he felt utterly worthless and alone, as if he had no purpose in life. He fell into a deep depression, to the point of contemplating suicide. Recognizing he was on the brink, Alex reached out to his father for help. That decision marked the beginning of a healing process that utterly transformed his life. With help from his parents, a life coach, the school social worker, and numerous personal development and success mentors that Alex encountered through books and videos, in just eighteen months, he went from failing to succeeding in virtually every area of life. His marks at school skyrocketed, he launched his own online business, the Super Student Program, and now he devotes his life to helping teenagers just like himself overcome their struggles and reach their full potential. In this powerful book, Alex shares his remarkable story as well as the various tricks, strategies, and models he used to turn his life around. Whether you're struggling with thoughts of worthlessness like Alex did, or you simply want to get more out of every area of life, get ready, because this book is going to change you!

A collection of 130 little compelling real-life stories, each with a message so powerful that it could transform your life forever.

[Copyright: e182de165473a32f07bb1e46d784e3c2](https://www.amazon.com/dp/B08L3M3M3M)