

Jensen Button Life To The Limit My Autobiography

Did you watch British driver Jensen Button win the world championship title in 2009? Have you followed his Formula 1 career on the circuit? Would you like to know more about the popular McLaren driver? If so, you are certain to enjoy this fun and informative quiz book. Where in the UK was Jensen Button born? At what age did he begin karting, before later progressing to motor racing? What is the name of his model girlfriend? Find out the answers to all those questions you have always wanted to ask in The Jensen Button Quiz Book. You will need to be on top form to attempt the 100 challenging questions in this book, covering Jensen's early life, career highlights, appearances on the podium, wins and losses as well as many personal details right up to the current day. This tribute to the English motor racing ace will appeal to Jensen Button fans the word over. If you enjoy motor racing, you won't want to be without this quiz book.

This book, the first study of its kind, examines the economics behind motorsports, in particular Formula One. Chapters discuss the costs involved in Formula racing and how they are borne by teams, promoters and racers. The book also looks at how society, the public and the private sectors stand to benefit economically from the motorsport industry. Other issues like the economics of TV rights, sponsorship and sustainability are also addressed, again for the first time in an economics book. Moving beyond the economics of what

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happens off the track, the book also undertakes a serious examination of what goes in to making a winning team and what having a winning racer can do for a team's fortunes. Mourão's highly relevant and contemporary book also looks at how motorsport teams confront the challenges of the modern sporting world, including the changing dynamics of sports media and considers the future of Formula 1 as motorsports evolve. Since Jenson Button burst onto the Formula One scene in 2000, he has been one of the sport's most popular and highest profile stars. With his good looks and exciting lifestyle, he is living the dream of many. Yet how true is that to reality? Now he has decided to provide a full portrait of his life, speaking openly and honestly about his desire to be the best, the pressures he faces every time he races, his joy at finally winning a Grand Prix and his hopes for the future. Away from the circuits, he reveals much about his lifestyle and the glamour that attaches itself to the world's most exciting sport. He reveals in great detail the sheer hard work that goes into each race, both in terms of getting himself ready to do his best, and getting the car to be as fast as possible. This book provides unique access to Jenson Button's world, with candid photographs showing him both in his private moments and at the times of maximum exposure as the races get under way. This is a book that no fan of Jenson Button can afford to be without, nor anyone who wants to know what really goes on in the heat and the noise of the pit lane.

A level 3 Factfiles Oxford Bookworms Library graded reader. This version includes an audio book: listen to the

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story as you read. Written for Learners of English by Alex Raynham. It's an exciting life – full of fast cars, money, and travel. The names of Formula One champions are known all over the world. And everywhere young drivers dream of success one day in Monaco, Melbourne, Monza ... But it is a difficult life too. Drivers need strong bodies – and minds. They need to think quickly, drive hard, and sometimes look death in the face. This is the dangerous, exciting world of Formula One – where the world's best drivers have only seconds to win or lose a race.

Driving is the most dangerous thing each of us does on a daily basis - and yet the average learner receives just eighteen hours' training - less than a Starbucks barista. In this inspirational, instructive, highly entertaining book, Ben Collins uses his super-charged experience of racing, stunt-work and cutting-edge scientific knowledge to tell you all of the things you didn't learn on your test - and in the process will make your driving safer, more economical and a lot more enjoyable. The skills described here, from skid control to gear changes that are as smooth as a cashmere codpiece, have been honed on racing tracks by the greatest drivers in the world. This is the stuff your instructor missed, your dad forgot and your mates pretend to know . . . but don't. Packed with illustrations, gobsmacking driving anecdotes, humour and wisdom, this is the ultimate book for anyone who wants to be better at something they do every day of their life. The world population of motor vehicles exceeded a billion a couple of years ago. Let's make sure their owners understand how to use them.

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Go behind the scenes to explore the history, racing, celebrity fans, and after hours of racing's most glamorous and prestigious round in the F1 championship with The Life Monaco Grand Prix. Monaco sponsored its first race in 1929 and the circuit has been part of the Formula 1 series since 1950. Conducted with the patronage of Monaco's royal family, its beautiful street-circuit has made Monaco the most glamorous setting of any F1 race. But the classic architecture and high-profile spectators belie a course notorious for its complexity and challenges. With no safety barriers until 1969, drivers have twice plunged into the harbor among the spectating yachts. Off the circuit, Monaco is a 24-hour spectacle of expensive boats, high-profile parties, celebrity F1 fans, penthouse spectating, and high-roller lifestyle. From the Monte Carlo casino (integral to numerous James Bond films) to top clubs like Amber Lounge, Jimmy's, and The Black Lounge to F1 racers' luxury homes to the takeoffs and landings of countless private jets, Monaco represents the epitome of the jet-setting lifestyle long associated with the F1 circus. From the first Grand Prix in 1929 to today's star-studded event, The Life Monaco Grand Prix takes the reader on a full lap of this prestigious race.

Oto opowie?? o moim ?yciu i wszystkim, czego jeszcze o mnie nie wiecie: o zmaganiach, rozterkach, rado?ciach, obawach i ?zach, o dobrych i z?ych chwilach... Zdradz? wam pewien sekret. A w?a?ciwie – wiele sekretów. Opowiem wam o swoim ?yciu... Opisz? je od tej strony, od której nie mieli?cie dot?d okazji go pozna?. Ta ksi??ka to co? wi?cej ni? wspomnienie wy?cigów czy

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kronika sportowych wydarzeń. To opowieść o moim dzieciństwie, dorastaniu w Frome, poszukiwaniu akceptacji ze strony rówieśników, a także o wrażliwościach i nadziejach, które wcale nie musiały się ziścić. To także opowieść o moich podróżach o tysiącach kilometrów pokonywanych na tylnym siedzeniu wana, a potem w prywatnym odrzutowcu. O ludziach, których poznałem – tych, których kocham, ale i tych, których darzę mniej ciepłymi uczuciami. Piszę o zabawnych chwilach, zmaganiach i pojedynkach stoczonych na torze z rywalami i przyjaciółmi: Fernandem Alonsem, Lewisem Hamiltonem, Sebastianem Vettelem; o presji, jaka ciążyła na mnie wówczas, gdy walczyłem o mistrzostwo świata, i o spokoju ogarniającym mnie za każdym razem w kokpicie bolidu. Opowiem wam o swoich radosnych wznoszeniach i bolesnych upadkach. A także o tacie: jak wielokrotnie przychodził mi z pomocą, o jego chwili zwątpienia w moje możliwości i o pustce po jego stracie. Niczego nie pominę, opiszę wszystkie dobre i złe chwile. Oto historia mojego życia – życia kierowcy wyścigowego, ale przede wszystkim człowieka z krwi i kości. *** Jenson Button urodził się w Frome. Jest jednym z najlepszych kierowców wyścigowych swojego pokolenia. Spędził w Formule 1 siedemnaście lat – przez ten czas wziął udział w 309 wyścigach i miał okazję poznać zarówno blaski, jak i cienie tego sportu. W 2009 roku Jenson został mistrzem świata Formuły 1 w barwach niedocenianego przez wielu zespołu Brawn GP; był to jedno z najbardziej spektakularnych wydarzeń w historii sportu XXI wieku. W ciągu swojej kariery Jenson zjechał

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si? mi?dzy innymi z Lewisem Hamiltonem, Fernandem Alonsem i Sebastianem Vettelem. Startowa? w zespo?ach prowadzonych przez legendarne postaci Formu?y 1 – Franka Williama, Rona Dennisa i Rossa Brawna. Jenson jest te? za?o?ycielem fundacji Jenson Button Trust, organizuj?cej mi?dzy innymi coroczne zawody triatlonowe, podczas których zbierane s? fundusze na rzecz Help for Heroes, Cancer Research, Barnardo's oraz innych instytucji charytatywnych.

Mental toughness is one of the most common terms used in sport – by athletes, coaches, spectators and the media. However, it is also one of the least understood terms. This book examines the characteristics and development of mentally tough sport performers, and presents the cutting-edge research in this area. Within these chapters, the author proposes that mental toughness is a personality style and mindset, and presents a compelling case for its inclusion within the positive psychological paradigm. This second edition has been updated to include new material on the characterisation, conceptualisation, measurement, and development of mental toughness. As in the first edition the book includes a historical overview of empirical research, and also describes the conceptual arguments behind this research. Now packed with even more rigorous scientific evidence and bang up-to-date anecdotes from the world of sport, the book presents a fascinating explanation of why some athletes are successful, and how and why they stay on top. *Mental Toughness: The Mindset Behind Sporting Achievement* will be essential reading for all sport psychology, sport science, sport studies, and coaching students.

The keys to success and the principles of high performance from world-class race car driver, commentator, and

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entrepreneur Derek Daly.

Are you a fan of German motor racing ace Sebastian Vettel? Have you followed his progress on the grand prix circuit, clocking up successive wins to become three times world champion? Are you eagerly anticipating his next race? If the answer is yes, you are certain to want to have a go at the 100 questions in The Sebastian Vettel Quiz Book. Where is Germany does Sebastian come from? Who were his childhood heroes? What record-breaking achievement is Sebastian credited with? The answers to these questions and many more can all be found inside this challenging new quiz book. With 100 facts detailing Sebastian's early life, his multiple victories and career highlights as well as many personal details, this book will tell you everything you ever wanted to know about the unassuming champion. Packed full of information, this book is sure to appeal to motor racing fans of all ages. If you have an interest in the fast-paced world of Formula 1, you won't want to be without this quiz book.

Lewis Hamilton's explosive arrival on the Formula 1 scene has made front-page headlines. In My Story, for the first time Lewis opens up about his stunning debut season, including the gripping climax to the 2007 F1 World Championship, as well as his dad Anthony, his home life and his early years. The only book with the real story, as told by Lewis.

Jenson Button is one of the greatest racing drivers of his generation. His 17 years in Formula 1 have seen him experience everything from nursing underpowered cars around the track to winning World Championships and everything in between. Jenson's World Championship victory for the unsponsored and unfancied Brawn GP team is one of the most extraordinary against-the-odds sports stories of the century. Jenson's book lifts the lid on the often hidden world of Formula 1. He reveals his relationships with some of the biggest names in Formula 1: Lewis Hamilton, Michael

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Schumacher, Fernando Alonso as well some of the most colorful characters like Flavio Briatore, Ron Dennis, Frank Williams and serial winner Ross Brawn. Above all, he puts you right inside the cockpit, in the driving seat, traveling at over 200 miles per hour, battling the fear of death, showing you what happens when it goes wrong at high speed and allowing you to experience the euphoria of crossing the line first.

Jenson Button is one of the greatest racing drivers of his generation. His seventeen years in Formula 1 have seen him experience everything the sport has to offer, from nursing underpowered cars around the track to winning World Championships and everything in between. Here, Jenson tells his full story for the first time in his own honest, intelligent and eloquent style. From growing up as part of a motor-racing-mad family under the guidance of his father, John, to arriving at Williams as a fresh-faced 20 year-old, to being written off by some as a playboy and his fight back to the very pinnacle of his sport. Jenson's World Championship victory for the unsponsored and unfancied Brawn GP team is one of the most extraordinary against-the-odds sports stories of the century. Jenson's book lifts the lid on the gilded and often hidden world of Formula 1. He reveals his relationships with some of the biggest names in Formula 1- Lewis Hamilton, Michael Schumacher, Fernando Alonso as well some of the most colorful characters like Bernie Ecclestone, Ron Dennis, Frank Williams and serial winner Ross Brawn. Above all, he puts you right inside the cockpit, in the driving seat, travelling at over 200 miles per hour, battling the fear of death, showing you what happens when it goes wrong at high speed and allowing you to experience the euphoria of crossing the line first

Who has been the world's greatest driver, and how do you prove it? With an eye for detail and a flair for storytelling, this

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book explores motor racing's rich history in pursuit of the best driver the world has ever seen. Most enthusiasts have a strongly held opinion as to racing's finest driver over the century of the motor car. By putting aside bias and personal opinion, this book's exhaustively researched, results-based analysis provides a definitive answer through clear and logical evaluation. These carefully considered, significant statistics, when merged together, reveal with incisive objectivity motor sport's greatest driver as well as the qualities that define greatness. Contentious? Possibly. Thought-provoking? Definitely. Author Angus Dougall captures many aspects of the motor racing world with a selection of revealing anecdotes on the highlights of racing's biggest stars, together with stories that bring to life people, places, insider's opinions of drivers, circuits, constructors, politics, insights, and comments on many of the drivers. For readers wishing to peruse the actual detail, there is a vast array of appendices displaying extensive race results lists, charts on driver performance, and car analysis. Motor racing fans, climb on board and hold on for an intriguing ride to the pinnacle of greatness.

Learn about fifty amazing kids who changed the world in this beautifully illustrated collection of inspiring short biographies sure to empower and motivate in equal measure. You don't have to be an adult to make a difference! This volume is the perfect introduction to just some of the incredible young people from all over the world who have influenced a cultural, political, or social change throughout history. From Louis Braille to Greta Thunberg, Pelé to Malala Yousafzai, these activists, inventors, artists, and athletes broke new ground with their passion, courage, and creativity. Each lavishly illustrated spread features inspiring words from all of

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these young people and the true stories behind how their actions and achievements that shook up the world.

GameAxis Unwired is a magazine dedicated to bring you the latest news, previews, reviews and events around the world and close to you. Every month rain or shine, our team of dedicated editors (and hardcore gamers!) put themselves in the line of fire to bring you news, previews and other things you will want to know.

Whenever we see a car crash, whether it's the event itself or simply the aftermath, we can't help but stare. If we attempt to deconstruct our fascination with road accidents, it can lead to some uncomfortable truths.

Some of us are grimly drawn to the sheer devastation of the wreckage, and become transfixed as we scan it for body parts. Here the concept of 'morbid curiosity' can be applied – and not just to the weirdoes. In fact, most people are guilty of finding it irresistible to look. This phenomenon is surely the origin of phrases like 'car crash TV', or when something is described as, 'like a car accident', due to how horrible it is to look at.

'Who are the three best karters I ever saw? Not three, two. Ayrton Senna and Jenson Button' Paul Lemmens, owner of the Genk kart track. What does it feel like to be a young sportsman on the world stage, weighed down by the burden of the expectation of others? What pressures are created when your raw talent excites such dreams that anything other than ultimate achievement will be regarded as failure? Jenson Button has been winning motor races since he was eight years old, yet even he was surprised to find himself racing in Formula One only weeks after his twentieth birthday. Thrust into the

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turbulent world of the ambitious BMW-Williams team as the rookie partner of world champion Michael Schumacher's promising brother Ralf, and already tagged by a hungry media as the next Ayrton Senna, he was going to sink without trace, or fight for his corner.

JENSON BUTTON - MY LIFE ON THE FORMULA ONE ROLLERCOASTER is a first-person account, not just of the British star's first season and the career which led him to such a dramatic opportunity, but also of the reasons why his succeeding year demanded a switch to the Benetton-Renault team and how he fared. It puts the reader right alongside Button, in the cockpit or on the pit wall, as a young David taking on the established Goliaths, in a razor-sharp sport which takes no prisoners.

A Miracle of Grace is the story of one man who of the past to embrace the glory and grace of God. "What happened next is a memory I shall always treasure, for when I had run out of steam; I clearly heard His voice saying to me, 'At last, the truth, at last, honesty. Now, I can roll my sleeves up because you have given me something to work with sunshine'." In his debut novel, Harry invites you to join him on a journey through the pain and struggles of his past into the absolute freedom, forgiveness and restoration that is only found in Jesus Christ. This beautiful and emotional story reveals the practical application of God's love and the powerful impact of knowing Christ on everyday life.

Jake Humphrey had one of the best jobs in the world: flying around the world presenting Formula 1 to 6 million people is not a bad occupation. And there is plenty that the viewer doesn't get to see, quite a lot of it rather

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surprising too. Travelling around the globe in the F1 bubble, Jake brings the reader close to the action. With his unique access to the key characters in the sport, he reveals a side of figures such as Jenson Button and Lewis Hamilton, Michael Schumacher and Bernie Ecclestone not seen before. From techie heaven driving the Red Bull simulator to witnessing moments of great sporting triumph, Jake brings you behind the scenes in the paddock to behold the changing face of F1 and his life as a TV presenter permanently walking the tightrope of public humiliation.

'Brunty' is the humorous life story thus far of Gerald Roger Brunt; a highly successful 'autocross' and 'rallycross' driver for well over forty years. Oh! and he helped Jenson Button to pass his driving test. He started racing in Minis and became a national champion four times in the 1970s and was the second British Leyland works driver in the 1976 European Rallycross Championship. There were many accidents and incidents, mostly hilarious for one reason or another. This makes 'Brunty' read more like a comic novel than a biography. There are serious and touching sections as well as proud times, such as when his former pupil, Jenson Button won his first Formula 1 Grand Prix at a soaking wet Hungary in 2006 and again when he went on to become World Champion in 2009. He still competes regularly - and often wins, despite approaching his seventies. No bus pass, pocket watch and slippers for Roger.

The fourth edition of this Web directory is updated and extended to include 10,000 entries. Incredibly Indispensible

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Web Directory is designed to save hours of searching on the Internet and help individuals to go straight to their desired site, without using search engines. It lists and categorises sites from art galleries to zoos.

After clinching his fifth world title in October 2018, Lewis Hamilton is now the joint second most successful driver of all time. He has accelerated into pole position, having long surpassed legends Damon Hill, Nigel Mansell and Jackie Stewart to become Britain's most successful Formula One driver. Hamilton's debut season in 2007 won him fans around the world, and his place in Formula One history was sealed the following year when he became the youngest-ever world champion. In the years since, he has created headlines on and off the track with his rivalries with Nico Rosberg and Sebastian Vettel and relationships that have landed him on the front pages of the tabloids. However, despite the media glare, he has continued to prove his incredible talent and tenacity and remain utterly dominant in his sport. In this insightful biography, bestselling sports author Frank Worrall traces the slipstream of Hamilton's incredible career as the fastest driver on the planet. This is the ultimate story of the driver who has gone from being the rookie Sir Jackie Stewart said 'has rewritten the rule book' to a world champion five times over, becoming Britain's greatest ever driver and, arguably, the finest racer Formula One has ever seen. He began his career as a dyslexic accountant. He keeps a low profile and dislikes publicity. And he's set to become the world's best-known name in the business of motor sport. Meet David Richards, the quintessential Driven Man. This book is the first to tell Richards' life story, from an unlikely beginning to the even-less-likely present: a real shot at world racing domination. Through a series of revealing anecdotes and encounters, author Alan Henry takes readers from Richards' first competition as a rally navigator to his World

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Rally Championship as team principal for Subaru. As Richards stands poised to take Ford's Aston Martin team to the GT Sports Car racing championship, and to take his BAR Formula 1 team to the Grand Prix, we see firsthand the determination and character that have made the near-miraculous a real possibility. A three-time World Rally Champion and a multi-millionaire who has made his rally car preparation company a success on three continents, David Richards emerges here as a very private man with a very large public presence — and a key to the inside workings of the most glamorous and complex of international sports.

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Adrian Pagdin introduces a leadership life cycle, packed with practical tools and tips, stories and illustrations. It's the people captures four years of experiences delivering change initiatives, leading and managing stakeholders across Europe, the Middle East and North America. This is a must have book for project and change professionals looking at new ways of working.

Along with Stirling Moss and Gilles Villeneuve, Ronnie Peterson is widely regarded as one of the fastest drivers never to have won the Formula One World Championship. Like Moss and Villeneuve, the modest Swede was also massively popular in his day and remains something of a folk hero to today's nostalgic fans, who recall his spectacular exuberance behind the wheel with such affection. This superbly produced book brings Peterson's career vividly to life through stunning images sourced exclusively from LAT, the world's largest library of motor racing images.

Long-awaited autobiography of Formula One Racing legend Mark WebberMark Webber was at the centre of one of the most captivating chapters in the history of Formula One. In 2010, while racing for Red Bull, he and his team mate Sebastian Vettel went head to head for the World

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Championship. There could only be one winner. Since retiring from Formula One Mark has concentrated on endurance racing, including the legendary Le Mans 24 Hour race. He hit the front pages of newspapers around the world in December 2014 when he slammed into the barricades in the final round of the FIA World Endurance Championship in South America, and was lucky to escape with his life. But the controversy of his relationship on and off the track with Vettel, who went on to win multiple world titles, has never been far beneath the surface. Here, for the first time, Webber tells the inside story of one of Formula One's most intriguing battles - it is a story that goes to the heart of why the sport is loved by millions of fans around the world. In his trademark straight-talking, no-nonsense style Mark reveals his amazing life on and off the Formula One race track. From his first taste of karting to his F1 debut in 2002, scoring Minardi's first points in three years at the Australian Grand Prix, through to his first win with Red Bull at the 2009 German Grand Prix and the year he should have been crowned World Champion. Mark Webber's journey to the top of Formula One was every bit as determined and committed as his racing. This is his searingly honest story. Includes a foreword by Formula One legend Sir Jackie Stewart

Research shows that consumer conversations, client happiness and empowered employees are the pillars of growth in a successful company. However, many organizations make decisions that contradict these findings and hamper their prospects of expansion. The Conversation Company will help your organization become a business in which people are the key driver of growth, sharing engaging content and building the company's culture and business objectives. People now expect any brand to have a human 'face' and you need to define a clear set of values for both employees and customers, incorporating them in your

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marketing so that all company communication reflects the DNA of your organization. Based on solid research and including interviews and case studies of companies such as Zappos, Kodak, Nokia and Microsoft, The Conversation Company is the key to sustainable success.

AUTHOR OF SUNDAY TIMES BESTSELLER, LIFE TO THE LIMIT In his 17 years as a Formula 1 driver, Jenson Button has picked up a thing or two about how to do the job properly. Sure, you need to be able to drive a car fast - and Jenson is on hand to pass on a few tricks of the trade here - but you also need to know the real rules for making it to the top. Like, how to tell a multiple F1 champion they need to check their blind-spot. What the difference is between a helmet and a hat, and indeed a 'helmet-hat'. How to practise your champagne spray ahead of the big day. Why it is never, ever, under any circumstances a good idea to buy a yacht. And how to face down your team when you've just stacked their multi-million-pound car into a wall during practice. But 'JB' (nicknames in F1 run the full range from initials to, well, just using first names) doesn't stop there. HTBAF1D (catchy) lifts the lid on the people, the places, the weird rituals, the motorhomes, the media, the cars, the perks and the disasters. Join Jenson as he reveals how not to race a stupid big truck, why driving Le Mans is like having five shots of tequila before lunch, and what to do when you finally hang up your helmet-hat.

A welcome return for Brendy McCusker.... Charles crafts with such a careful eye on the sparks that can fly-some of them charming, some witty, some downright menacing-between characters who don't happen to see eye to eye, or sometimes even to be operating in the same galaxy. Once again, it's hard to resist a hero who realizes, 'He just had a habit of opening his mouth and not knowing what was going to come out.'--Kirkus Reviews. "Charles's skillful depiction of the many

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sides of love and its strange bypaths lifts this clever novel well above the genre average."--Publishers Weekly. "Paul Charles is an outstanding author of crime fiction novels. They are models of character development and powerful observations of people the detectives meet."--Irish American News
This guide to the ten British Formula One World Drivers Champions gives you a summary of the careers of; Mike Hawthorn, Graham Hill, Jim Clark, John Surtees, Jackie Stewart, James Hunt, Nigel Mansell, Damon Hill, Jenson Button and Lewis Hamilton. The excellent artwork of Alain Baudouin brings life to each summary. The Formula one puzzles and games add to the enjoyment.

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