

Healing Fiction

In this collection of 16 essays, poets discuss psychiatric treatment and their work. Poets on Prozac shatters the notion that madness fuels creativity by giving voice to contemporary poets who have battled myriad psychiatric disorders, including depression, schizophrenia, post-traumatic stress disorder, and substance abuse. The sixteen essays collected here address many provocative questions: Does emotional distress inspire great work? Is artistry enhanced or diminished by mental illness? What effect does substance abuse have on esthetic vision? Do psychoactive medications impinge on ingenuity? Can treatment enhance inherent talents, or does relieving emotional pain shut off the creative process? Featuring examples of each contributor's poetry before, during, and after treatment, this original and thoughtful collection finally puts to rest the idea that a tortured soul is one's finest muse. Honorable Mention, 2008 PROSE Award for Best Book in Psychology. "A fascinating collection of 16 essays, as insightful as they are compulsively readable. Each is honest and sharply written, covering a range of issues (depression, anxiety, obsessive-compulsive disorder, psychosis, substance abuse or, in acutely deadpan Andrew Hudgins's case, "tics, twitches, allergies, tooth-grinding, acid reflux, migraines . . . and shingles") along with treatment methods, incorporating personal anecdotes and excerpts from poems and journals. . . . Anyone affected by mental illness or intrigued by the question of its role in the arts should find this volume absorbing." —Publishers Weekly "Berlin has done a marvelous job of showing us how ordinary poets are; the selected poets have shown us that mental illness shares with other experiences a capacity to reveal our humanity." —Metapsychology

As they explore the power of "healing rhetoric" in these activities, the authors strengthen the ties among the various healing profession.

Mystics in the Street is a fictional Care of the Soul. Carlos Dante is a modern medicine man in the role of a burnt-out psychotherapist. His message is two-fold. On one hand, this is a time in human history in which we have a vast amount of information available to us about the soul, spirit and body; its wounds and potential for healing. On the other, we have never felt less certain about what to do with all that information, much less the latest medication although we've read the top non-fiction literature and the newsworthy medical reports. Mystics in the Street tells a story that suggests a path with heart, through the Information Age. It shares a way to bypass the news reports, radio ads and blurry TV screens. It's modern fishes and loaves. A way of mastery for people where just one word, a poem or a sunrise can become food serving many.

Most modern prejudice against biblical miracle reports depends on David Hume's argument that uniform human experience precluded miracles. Yet current research shows that human experience is far from uniform. In fact, hundreds of millions of people today claim to have experienced miracles. New Testament scholar Craig Keener argues that it is time to rethink Hume's argument in light of the contemporary evidence available to us. This wide-ranging and meticulously researched two-volume study presents the most thorough current defense of the credibility of the miracle reports in the Gospels and Acts. Drawing on claims from a range of global cultures and taking a multidisciplinary approach to the topic, Keener suggests that many miracle accounts throughout history and from contemporary times are best explained as genuine divine acts, lending credence to the biblical miracle reports.

In 1979, Dr. Bernie S. Siegel, a successful surgeon, took a class from Elisabeth Kübler-Ross that focused on crayon drawing for healing, especially with patients facing life-threatening disease. Siegel incorporated into his practice these techniques — many of which were laughed at by others in the medical community. But his Exceptional Cancer Patients "carefrontation" protocol facilitated healings, often deemed miraculous, and attracted attention. "Dr. Bernie" discovered and shared the fact that while patients might need antibiotics, surgery, radiation, and chemotherapy, their bodies also want to heal. He found that this innate propensity could be aided by unconventional practices, including drawing. Why? Drawing produces symbols often representing the subconscious. Siegel shows how to interpret drawings to help with everything from understanding why we are sick to making treatment decisions and communicating with loved ones. All those facing ill health, and those caring for them, personally and professionally, will welcome the hands-on, patient-proven practices offered here.

While film and video has long been used within psychological practice, researchers and practitioners have only just begun to explore the benefits of film and video production as therapy. This volume describes a burgeoning area of psychotherapy which employs the art of filmmaking and digital storytelling as a means of healing victims of trauma and abuse. It explores the ethical considerations behind this process, as well as its cultural and developmental implications within clinical psychology. Grounded in clinical theory and methodology, this multidisciplinary volume draws on perspectives from anthropology, psychiatry, psychology, and art therapy which support the use and integration of film/video-based therapy in practice.

Healing FictionSpring Publications, Incorporated

Rhetorical analysis of texts exposes plausible 'truths' and presumptions implied by the writer's presentation. In this volume, Leslie Gardner analyses the master psychologist Jung, who claimed to be expert at uncovering personal, psychological truths. In his theoretical writings, his rhetoric reveals philosophical ramifications which bear strong similarities to those of the rhetorician of the 18th century, Italian philosopher Giambattista Vico. This book is driven by an interest in arguing that it is possible to read Jung's works easily enough when you have a set of precepts to go by. The paradox of scientific discovery being set out in Jung's grotesque and arcane imagery begins to seem a startling and legitimate psychology for the 21st century. It is time Jungian studies took on this most appropriate examination of analytical psychology. Bringing Vico to bear directly on Jung's thought has only been cursorily attempted before although much alluded to. We find indeed that some of Jung's ideas derive directly from rhetorical theory, and this volume proposes to highlight Jung's innovations, and bring him into forefront of contemporary psychological thought. Rhetorical Investigations will be of interest to analysts and academics, and also to those studying philosophy and psychology.

This collection contributes to and advances scholarly discussions about the African American novel as a literary form. Essays respond to the general question, what has been the impact of the African American vernacular tradition—from the spirituals, blues, gospel, and jazz to hip hop—on the structure and style of the modern African American novel?

Two doctors, a Chinese woman and a man from Canada who has changed his name to Bethune, travel to Harbin for the winter carnival during Spring Festival, he stays at a hostel in an old synagogue, dreams about his previous life as a zek going from the Gulag to the Holocaust to Hiroshima, comes back with a cure for cancer.

This book presents the way in which African American women writers (Hannah Crafts, Zora Neale Hurston and Toni Morrison) have followed the spiritual endeavor of black

Christianity as created by early nineteenth-century spiritual narratives to construct a sacred reading of the black female self. The sacred femininity that puts the ethics and aesthetics of African American women at the center of a certain mode of (African) Americanness relies on a view of spirituality that joins women ontologically and validates affective modes of representation as an innovative means to obtain social and personal empowerment.

Printbegrænsninger: Der kan printes 10 sider ad gangen og max. 40 sider pr. session

This book is James Hillman's main analysis of analysis. He asks the basic question, "What does the soul want?" With insight and humor he answers: "It wants fiction to heal." What is the role of aesthetic expression in responding to discrimination, tragedy, violence, even genocide? How does gender shape responses to both literal and structural violence, including implicit linguistic, familial, and cultural violence? How might writing or other works of art contribute to healing? *Art from Trauma: Genocide and Healing beyond Rwanda* explores the possibility of art as therapeutic, capable of implementation by mental health practitioners crafting mental health policy in Rwanda. This anthology of scholarly, personal, and hybrid essays was inspired by scholar and activist Chantal Kalisa (1965–2015). At the commemoration of the nineteenth anniversary of the genocide in Rwanda, organized by the Rwandan Embassy in Washington DC, Kalisa gave a presentation, "Who Speaks for the Survivors of the Genocide against Tutsi?" Kalisa devoted her energy to giving expression to those whose voices had been distorted or silenced. The essays in this anthology address how the production and experience of visual, dramatic, cinematic, and musical arts, in addition to literary arts, contribute to healing from the trauma of mass violence, offering preliminary responses to questions like Kalisa's and honoring her by continuing the dialogue in which she participated with such passion, sharing the work of scholars and colleagues in genocide studies, gender studies, and francophone literatures.

"Gayl Jones has lived a life dedicated to the art of "verbal authenticity." This first single-author study of Gayl Jones recovers the work of an under-examined yet immensely skillful contemporary writer. The book addresses crucial themes germane to Jones

Contains hundreds of alphabetically arranged entries that provide information about various aspects of the life and work of popular novelist Stephen King.

Learn how to heal your body without having to rely on medicine and over-the-counter drugs. *Heal yourself today* will show you how you can: With this breakthrough book, you'll discover... Lose weight and drop belly fat -- finally! Eliminate mood swings and feel calm and balanced! Enjoy all-day energy -- no more chronic fatigue and exhaustion! Wake up refreshed because you sleep soundly! Live life free from aching joints and sore muscles! Heal heartburn, acid reflux, and GERD and now eat worry-free! "Go" like clockwork instead of being stopped up, bloated, and gassy! Valuable information about maintaining optimal health and overcoming disease naturally Natural herbs that help treat and cure common conditions and diseases Natural Remedies to treat hundreds of different conditions Nutrition and fitness strategies to help strengthen and improve your body And much more...

Les arrels del realisme màgic en els escrits de Borges i altres autors d'Amèrica Llatina han estat àmpliament reconeguts i ben documentades produint una sèrie d'estudis crítics, molts dels quals figuren en la bibliografia d'aquest treball. Dins d'aquest marc, aquest llibre presenta als lectors una varietat d'escriptors de grups ètnics, conegudes i menys conegudes, i les col·loca en un context literari en el que es tracten tant a nivell individual com a escriptors així com a nivell col·lectiu com a part d'un moviment artístic més ampli. Aquest llibre és el resultat del treball realitzat a les universitats de Sheffield i la de València i representa una valuosa investigació i una important contribució als estudis literaris.

What Would Jesus Write? looks at the life of Jesus and reports Jesus went to England, India, and Japan, and wonders why Jesus did not write books.

"This volume should not be required reading, but required study for everyone offering care in America. The biggest complaint about care in the USA is that "nobody listens." Tom Balles' book lays out, in simple detail, the basic human habits that we lost in our addiction to technology. Care is about individuals caring for other individuals." ROBERT M. DUGGAN, MA, MAc (UK), Dipl Ac, (NCCAOM), author of *Common Sense for the Healing Arts and Breaking the Iron Triangle: Reducing Health-Care Costs in Corporate America* "Becoming a Healing Presence is simply elegant. Tom Balles calls all those who offer care to a high standard – to be present, with senses wide open. He offers uncomplicated practices for exploration; inviting us to sharpen our attention and deepen our awareness The book serves head and heart and will transform the caring experience for both giver and receiver." BARBARA CATLIN, Founder and Director, *Bigger Conversations*, Columbia, Maryland Over the last thirty years the delivery of healthcare has gone through enormous changes. The insurance industry, managed-care, the use of pharmaceuticals, and high-tech medicine have all grown exponentially. In the midst of these changes have we developed a bit of amnesia? In offering our care, have we forgotten the capacity of human beings to help heal other human beings? Have we overlooked the need to cultivate ourselves as instruments of healing? Are we in danger of losing the healing power of the relationship between those giving and receiving care? The tribe of caregivers is in need of some potent medicine. Whether you're at home caring for an aging or ailing family member, trained to be a volunteer, or working as a health-care professional, you'll find powerful elixirs in these essays. They'll remind you of the many healing capacities you possess as a caregiver, and of the great strength to be found in the healing relationship. Becoming a healing presence requires practice. Each essay is accompanied by practices that will transform your care and compassion into effective action and help you focus on what truly matters when offering care.

This student-friendly handbook provides an engaging overview of American fiction over the twentieth century, with entries on the important historical contexts and central issues, as well as the major texts and writers. Provides extensive coverage of short stories and short story writers as well as novels and novelists Discusses the cultural contexts and issues that shape the texts and their reputations Wide-ranging in scope, including science fiction and recent Native American writing Featured writers range from Henry James and Theodore Dreiser to Toni Morrison, Don DeLillo, and Sherman Alexie Ideal student accompaniment to courses in Twentieth-Century American Literature or Fiction

In the current model of health dispensation in South Africa there are two major paradigms, the spirit-inspired tradition of izangoma sinyanga and biomedicine. These operate at best in parallel, but more often than not are at odds with one another. This book, based on the author's personal experience as a practitioner of traditional African medicine, considers the effects of the absence of spirit in biomedicine on collaborative relationships. Given the unprecedented challenge of the HIV/AIDS epidemic in the country, the author suggests that more cooperation is vital. Taking a critical look at the role of anthropology in this endeavor, she proposes the development of a "language of spirit" by means of which the spirit-inspired aetiology of izangoma sinyanga may be made comprehensible to academic scientists and applicable to medical interventions. The author discusses white izangoma in the context of current debates on healing and hybridity and insists that there exists a powerful role for izangoma in the realm of

societal healing. Above all, the book constitutes a start in what the author hopes will develop into an ongoing intellectual conversation between traditional African healing, academe, and biomedicine in South Africa.

Examining the work and writings of such figures as Leslie Marmon Silko, Paula Gunn Allen, Audre Lorde, Alice Walker, Starhawk, Marion Zimmer Bradley, Sonia Johnson and Mary Daly, the author illustrates how these writers and activists outline a journey toward wholeness.

Psychiatry that recognizes the essential role of community in creating a new story of mental health • Provides a critique of conventional psychiatry and a look at what mental health care could be • Includes stories used in the author's healing practice that draw from traditional cultures around the world Conventional psychiatry is not working. The pharmaceutical industry promises it has cures for everything that ails us, yet a recent study on antidepressants showed there is no difference of success in prescribed pharmaceuticals from placebos when all FDA-reported trials are considered instead of just the trials published in journals. Up to 80 percent of patients with bipolar depression remain symptomatic despite conventional treatment, and 10 to 20 percent of these patients commit suicide. In *Healing the Mind through the Power of Story*, Dr. Mehl-Madrona shows what mental health care could be. He explains that within a narrative psychiatry model of mental illness, people are not defective, requiring drugs to "fix" them. What needs "fixing" is the ineffective stories they have internalized and succumbed to about how they should live in the world. Drawing on traditional stories from cultures around the world, Dr. Mehl-Madrona helps his patients re-story their lives. He shows how this innovative approach is actually more compatible with what we are learning about the biology of the brain and genetics than the conventional model of psychiatry. Drawing on wisdom both ancient and new, he demonstrates the power and success of narrative psychiatry to bring forth change and lasting transformation.

It is difficult to point to an aspect of Jungian psychology that does not touch on mind, body and healing in some way. In this book Raya Jones draws on the triad of body, mind and healing and (re)presents it as a domain of ongoing uncertainty within which Jung's answers stir up further questions. Contributors from both clinical and scholarly backgrounds offer a variety of cultural and historical perspectives. Areas of discussion include: the psychosomatic nature of patients' problems transference and counter-transference therapeutic techniques centred on movement or touch. Striking a delicate balance between theory-centred and practice-oriented approaches *Body, Mind and Healing After Jung* is essential reading for all Jungians.

Garnet Ferrari, an outcast born with flaming red hair and a map of the world rendered in port-wine stains on every surface of her body, must reach back into her family's tangled past to prove to the world—and to the Vatican—that she is not Saint Garnet, healer of skin ailments and maker of miracles. Original. 20,000 first printing.

The Buddhist approach to death can be of great benefit to people of all backgrounds—as has been demonstrated time and again in Joan Halifax's decades of work with the dying and their caregivers. Inspired by traditional Buddhist teachings, her work is a source of wisdom for all those who are charged with a dying person's care, facing their own death, or wishing to explore and contemplate the transformative power of the dying process. Her teachings affirm that we can open and contact our inner strength, and that we can help others who are suffering to do the same.

Jung and Educational Theory offers a new take on Jung's work, providing original, rich and informative material on his impact on educational research. Explores Jung's writing from the standpoint of educational philosophy, assessing what it has to offer to theories of education Highlights Jung's emphasis on education's role in bringing up integrated and ethical human beings Offers the perspectives of a diversity of academics and practitioners, on topics ranging from the role of the unconscious in learning to the polytheistic classroom Both a valuable addition to the academic library and a significant new resource in the professional development of teachers

"A beautifully spun tale" set in a tiny town in Latvia—"an astonishing alchemy of history, romance, and fable" (Kirkus Reviews, starred review). Maris was born knowing things: His very large, very special ears enable him to hear the secrets of the dead, as well as the memories that haunt his Latvian hometown. As a boy, he finds himself heir to an odd assortment of hidden letters, from which he would weave a story that could finally expose—and maybe even patch—the holes in the fabric of his family and their town. With humor, heart, and her characteristic "luminous writing [and] affection for her characters," Gina Ochsner creates an intimate, hopeful portrait of a fascinating town in all its complications and charm. From the onset of World War II through the cold shock of independence, we see how, despite years of distrust, a community can come through love and loss to the joy of understanding (The New York Times). A finalist for the Oregon Book Awards Ken Kesey Award for Fiction, *The Hidden Letters of Velta B.* is "a captivating novel of secrets, love, and memory . . . This terrific novel knocked me out" (Janet Fitch, author of *Paint It Black*). "Intimate, vibrant, and richly colored." —Portland Monthly "A gift on par with Joanne Harris's *Chocolat* . . . Quirky, ethereal, hilarious, and sorrowful." —Shelf Awareness "[An] extraordinary feat of storytelling . . . A spellbinding novel as tough as it is beautiful." —Helen Simonson, author of *The Summer Before the War*

The first comprehensive scholarly survey of all the Gospel miracles for nearly fifty years. In this magisterial study, Keith Warrington paints a rounded picture of Jesus as a miracle worker by exploring each of the miracles in the Gospels in their literary and historical setting. He demonstrates that, while the miracles are historically authentic, there are several reasons for their presence in the Gospels other than simply to identify Jesus as a miracle worker. They are also intended to function as vehicles of teaching: expressing aspects of the mission and person of Jesus, providing lessons for his would-be disciples and adding theological value for each Gospel's original audience.

The book presents a study of key issues in Winerson's oeuvre. The selected works include *Oranges are not the Only Fruit*, *art & Lies*, *The PowerBook*, and *Written on the Body*, works that are all concerned with the self in relation to the concepts of time, love gender, and the body. Drawing on Jungian ideas of quest and individual and Queer theory, Marie Herholdt Jorgensen shows how these concepts in the works of Winerson are grounded in the prospect of numerous potential realities in which several narrations of the self are made possible. Winerson disrupts the notion of one objective reality and instead centers on the individual as the narrator of various versions of reality and the self. The book

contains summaries of all of Winterson's novels, making the book accessible for readers previously unfamiliar with Jeanette Winterson.

The present volume contains papers and poems presented at Saarland University's international conference "A World of Local Voices: Poetry in English Today" (October 22-23, 1999), and the "Day of International Poetry" (October 24, 1999), both organised by the university's Department of North American Literature and Culture. The conference set out to explore how the modernist tendency towards overarching concepts and a "poetry of ideas" is slowly being superseded by a more modest "poetry of place", which at the same time seems to be loosely subsumed within the unifying medium of English in its various forms. The "Day of International Poetry" was meant to put into operation some of the poetic issues discussed during the conference by asking poets from several English-speaking countries (Canada, India, Jamaica, and the USA) to contribute their individual voices to an international reading of poetry. This volume comprises critical contributions which deal with the interplay of aesthetic, cultural, and political forces in contemporary poetry. The common reference of this collection is poetry written in varieties of the English language, including translations. The essays show awareness of the current critical debates concerning postcolonialism and intercultural literary relations while also suggesting new paradigms of critical understanding, based on the analyses of individual poetic expression. As a supplement, selected poets and translators have submitted individual poetic texts with accompanying commentaries.

The last three decades of the 20th century have marked the triumph of many black professional women against great odds in the workplace. Despite their success, few novels celebrate their accomplishments. Black middle-class professional women want to see themselves realistically portrayed by protagonists who work to achieve significant productivity and visibility in their careers, desire stability in their personal lives, aspire to accrue wealth, and live elegantly though not consumptively. The author contends that most recent American realistic fiction fails to represent black professional women protagonists performing their work effectively in the workplace. Identifying the extent to which contemporary novels satisfy the "readerly desires" of black middle-class women readers, this book investigates why the readership wants the texts, as well as what they prefer in the books they buy. It also examines the technical and cultural factors that contribute to the lack of books with self-empowered black professional female protagonists, and considers *The Salt Eaters* by Toni Cade Bambara and *Waiting to Exhale* by Terry McMillan, two novels that function as significant markers in the development of contemporary black women writers' texts.

Explores the wounded body in literature from Homer to Toni Morrison, examining how it functions archetypally as both a cultural metaphor and a poetic image.

The fields of writing as healing and health coaching have expanded to aid in the physical and emotional healing of patients. Using writing as a healing method allows patients to create new perspectives of their healing processes and professionals to propose new methods of healing that promote and maintain a positive outlook. *Using Narrative Writing to Enhance Healing* is an essential scholarly publication that approaches healing through the fields of education and medicine. Featuring a wide range of topics such as collaborative narratives, patient education, and health coaching, this book is ideal for writing instructors, physical therapists, teachers, therapists, psychologists, mental health professionals, medical professionals, counselors, religious leaders, mentors, administrators, academicians, and researchers.

Millions of people experience stress in their lives, and this is even more prevalent in the aftermath of the COVID-19 pandemic. Whether this stress stems from a job loss or a fear of sickness from working with the public, stress has reigned throughout the pandemic. However, stress is more complicated than being simply a "bad feeling." Stress can impact both mental and physical wellbeing. *Using Narrative Writing to Enhance Healing During and After Global Health Crises* is a critical reference that discusses therapeutic writing and offers it as a simple solution for those who are at the highest risk of poor health. This book covers multiple writing narratives on diverse topics and how they aid with stress after the COVID-19 pandemic. Including topics such as anxiety, health coaching, and leadership, this book is essential for teachers, community leadership, physical and emotional therapists, healthcare workers, teachers, faculty of both K-12 and higher education, members of church communities, students, academicians, and any researchers interested in using writing as a healing process.

[Copyright: 26189b8cb85c567f252e9a094a13ea1d](#)