

Foucault Sport And Exercise Power Knowledge And Transforming The Self

This volume provides an exploration of the manifold ways pedagogy is enacted in cultural studies practice. Pedagogy in the book comes to stand as far more than simply the "art of teaching"; contributors explore how pedagogy defines and shapes their practice as cultural studies scholars. Chapters variously highlight the role of pedagogy in cultural studies practice, including formal, classroom situations where cultural studies is deployed to teach as part of degree or coursework programs, but importantly also as something removed from the formal classroom, as situated within the research act via public engagement or through social activism as a public pedagogy. In so doing, the book chart a course for understanding cultural studies as an active and engaged discipline interested in understanding cultural flows and production as sites of learning and exchange.

Academic research on the Paralympics and disability sport is growing. University courses, governing bodies, and sporting organisations are also witnessing a rise of interest in disabled sport. This book is therefore timely and of importance. Written by leading scholars, it addresses a variety of topics in relation to the Paralympics and disability sport. These include: the sociology of Paralympic sport; sport coaching at recreational and elite level; sport history and exercise rehabilitation; exercise participation; and future directions for disability sport research. Throughout the book, disability sport is both celebrated and critically examined. Critical questions are raised, and practical suggestions offered, about being a Paralympian, coaching athletes with a disability, and exercise

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as a form of rehabilitation. Empirical evidence is drawn from different people and various sports. These range from autoethnographic stories from a former Paralympian, to interviews with disability sport administrators, to observations of and interviews with coaches of athletes in the sports of adapted water skiing, para-swimming, and wheelchair basketball, rugby and tennis. The book will be of interest to sociologists of sport, sport coaches, sport and exercise psychologists, disability scholars, qualitative researchers, and disability sporting organisations. This book was published as a special issue of *Qualitative Research in Sport, Exercise and Health*.

Research in Consumer Behavior is a leading publication in the field of consumer behavior. The substantive topics covered in this volume represent crucial issues for our times including understanding and navigating cultural diversity and cultural perspectives on co-creating market value.

As the profile of disability sport has risen, so has the emphasis grown beyond participation to include the development of a high performance environment. This book is the first to take an in-depth look at the role of coaches and coaching in facilitating the professionalisation of disability sport, in raising performance standards, and as an important vector for the implementation of significant political, socio-cultural and technological change. Using in-depth case studies of elite disability sport coaches from around the world, the book offers a framework for critical reflection on coaching practice as well as the reader's own experiences of disability sport. The book also evaluates the vital role of the coach in raising the bar of performance in a variety of elite level disability sports, including athletics, basketball, boccia, equestrian sport, rowing, soccer, skiing, swimming and volleyball. Providing a valuable evidence-based learning resource to support coaches and students in developing their

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own practice, High Performance Disability Sport Coaching is essential reading for all those interested in disability sport, coaching practice, elite sport development and the Paralympic Games.

International Perspectives on Key Issues in Sport and Exercise Psychology is a series of edited books, with a global focus, which reflect the state of art in areas of current and emerging interest in the study of sport and exercise psychology. Each volume in the series contributes to the better understanding of a key issue facing researchers and practitioners in sport psychology. This volume in the series focuses upon the sociocultural issues that challenge and often undermine participation, performance, and well-being in sports. Contributors address a number of important issues, such as exclusion, miscommunication, and ineffective practice in sport. The book extends the recent interest in culture within sport psychology by using a critical approach to highlight less mainstream sports such as martial arts, circus arts, extreme sports, and dance, and it will help sports participants and social scientists to gain an understanding of these marginalized sporting identities. By highlighting "subcultural" contexts, with their individual practices and values, it is hoped that the volume will promote the goal of achieving a more just, inclusive, and ethical sport psychology. The Psychology of Sub-Culture in Sport and Physical Activity will be ideal reading for sport and exercise academics and practitioners, advanced students of applied sport psychology, and related fields such as sport science, critical studies, sociology, cultural studies and social anthropology.

Triathlons, such as the famously arduous Ironman Triathlon, and "extreme" mountain biking—hair-raising events held over exceedingly dangerous terrain—are prime examples of the new "lifestyle sports" that have grown in recent years from oddball pursuits, practiced by a handful of characters, into

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multi-million-dollar industries. In *Why Would Anyone Do That?* sociologist Stephen C. Poulson offers a fascinating exploration of these new and physically demanding sports, shedding light on why some people find them so compelling. Drawing on interviews with lifestyle sport competitors, on his own experience as a participant, on advertising for lifestyle sport equipment, and on editorial content of adventure sport magazines, Poulson addresses a wide range of issues. He notes that these sports are often described as “authentic” challenges which help keep athletes sane given the demands they confront in their day-to-day lives. But is it really beneficial to “work” so hard at “play?” Is the discipline required to do these sports really an expression of freedom, or do these sports actually impose extraordinary degrees of conformity upon these athletes? *Why Would Anyone Do That?* grapples with these questions, and more generally with whether lifestyle sport should always be considered “good” for people. Poulson also looks at what happens when a sport becomes a commodity—even a sport that may have begun as a reaction against corporate and professional sport—arguing that commodification inevitably plays a role in determining who plays, and also how and why the sport is played. It can even help provide the meaning that athletes assign to their participation in the sport. Finally, the book explores the intersections of race, class, and gender with respect to participation in lifestyle and endurance sports, noting in particular that there is a near complete absence of people of color in most of these contests. In addition, Poulson examines how concepts of masculinity in triathlons have changed as women’s roles in this sport increase.

The *Routledge Handbook of Sport Communication* is the only book to offer a fully comprehensive and in-depth survey of the contemporary discipline of sport communication. It explores communication within, through, and for sport in all its

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theoretical, conceptual, cultural, behavioral, practical and managerial aspects, tracing the contours of this expansive, transdisciplinary and international discipline and demonstrating that there are few aspects of contemporary sport that don't rely on effective communications. Including contributions from leading sport media and communications scholars and professionals from around the world, the book examines emerging (new and social) media, traditional (print, broadcast and screen) media, sociological themes in communication in sport, and management issues, at every level, from the interpersonal to communication within and between sport organisations and global institutions. Taking stock of current research, new ideas and key issues, this book is an essential reference for any advanced student, researcher or practitioner with an interest in sport communication, sport business, sport management, sport marketing, communication theory, journalism, or media studies.

Looking toward a future with increasingly hybridized media offerings, *Sports Media: Transformation, Integration, Consumption* examines sports media scholarship and its role in facilitating understanding of the increasingly complex world of sports media. Acknowledging that consumer demand for sports media content has influenced nearly every major technology innovation of the past several decades, chapters included herein assess existing scholarship while posing important future questions about the role sports media will play in the daily lives of sports fans worldwide. Contributions from well-known scholars are supplemented by work from younger researchers doing new work in this area. Developed for the Broadcast Education Association's Electronic Media Research series, this volume will be required reading for graduate and undergraduate students in media, communication, sociology, marketing, and sports

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management, and will serve as a valuable reference for future research in sports media.

Michel Foucault's work profoundly influences the way we think about society, in particular how we understand social power, the self, and the body. This book gives an innovative and entirely new analysis of his later works making it a one-stop guide for students, exploring how Foucauldian theory can inform our understanding of the body, domination, identity and freedom as experienced through sport and exercise. Divided into three themed parts, this book considers: Foucault's ideas and key debates Foucault's theories to explore power relations, the body, identity and the construction of social practices in sport and exercise how individuals make sense of the social forces surrounding them, considering physical activity, fitness and sport practices as expressions of freedom and sites for social change. Accessible and clear, including useful case studies helping to bring the theory to real-life, Foucault, Sport and Exercise considers cultures and experiences in sports, exercise and fitness, coaching and health promotion. In addition to presenting established Foucauldian perspectives and debates, this text also provides innovative discussion of how Foucault's later work can inform the study and understanding of sport and the physically active body. Women in many Westernized countries encounter a wider variety of career opportunities than afforded in previous decades, and the percentage of women leaders in nearly every sector is on the rise. Sport coaching, however, remains a domain where gender equity has declined or stalled, despite increasing female sport

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participation. The percentage of women who coach women are in the minority in most sports, and there is a near absence of women coaching men. This important new book examines why. Drawing on original multi-disciplinary research from across the globe, including first-hand accounts from practicing coaches, the book illuminates and examines the status of women in coaching, explores the complex issues they face in pursuing their careers, and suggests solutions for eliminating the barriers that impede women in coaching. Developing an innovative model of intersectionality and power constructs through which to guide research, the book covers issues including sexual identity, race, motherhood, cross-gender coaching and media coverage to give voice to women coaches from around the world. As such, *Women in Sports Coaching* is essential reading for serious students and scholars of sports coaching, sport sociology or anyone with an interest in gender and sport.

Socialization is a complex process which has a profound effect on how we experience teaching and learning. The study of teachers' lives and careers through the lens of occupational socialization theory has a rich history in physical education. However, as the social and political climates surrounding education have changed, so have the experiences of teachers. This book pushes beyond traditional perspectives to explore alternative and innovative approaches to socialization. Written by a team of leading international physical education scholars, this is the first edited collection of scholarship on teacher socialization to be published in more than two decades.

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Divided into five parts, the book provides a review of current knowledge on teacher socialization in school settings, as well as suggestions for different approaches to understanding teacher socialization and recommendations for future directions for studying teachers' lives and careers. A testament to what is known and what still needs to be learned about the lived experiences of physical educators, *Teacher Socialization in Physical Education: New Perspectives* provides valuable insights for all physical education students, teachers, and instructors.

Over the last three decades sports coaching has evolved from a set of customary practices based largely on tradition and routine into a sophisticated, reflective and multi-disciplinary profession. In parallel with this, coach education and coaching studies within higher education have developed into a coherent and substantial field of scholarly enquiry with a rich and sophisticated research literature. *The Routledge Handbook of Sports Coaching* is the first book to survey the full depth and breadth of contemporary coaching studies, mapping the existing disciplinary territory and opening up important new areas of research. Bringing together many of the world's leading coaching scholars and practitioners working across the full range of psychological, social and pedagogical perspectives, the book helps to develop an understanding of sports coaching that reflects its complex, dynamic and messy reality. With more importance than ever before being attached to the role of the coach in developing and shaping the sporting experience for participants at all levels of sport, this book

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makes an important contribution to the professionalization of coaching and the development of coaching theory. It is important reading for all students, researchers and policy makers with an interest in this young and flourishing area.

FEATURING: Adam Joyce, Lincoln Harvey, Marcia W. Mount Shoop, Margot Starbuck, and Tim Suttle PLUS:

Let's Dance: Zumba and the Imago Dei of Beautiful Black Bodies * Commercial Participation: Modern Sports Fandom and Sacramental Ontology * The Work of Play * Lines and Lines Athwart Lines * Singing with Losers

--AND MORE . . . The ancient Olympic games were held every four years at the temple of Zeus. They were a major cultural and religious event that doubled as a contest between rivaling nation-states. Certain strands of mythology even suggest that Heracles, the strongest of mortal men, organized the event and built the Olympic stadium in honor of his father, Zeus. Today, few athletes devote their efforts to the honor of Zeus, but there remains a certain religiosity at work in sport's place within Western culture. Fame, fortune, and honor; character and fair play; skill and artistic perfection also remain at stake, just in new ways. As Marcia W. Mount Shoop explains in her interview with Jessica Coblentz, sports still "tap into our most primal existential needs for vitality, for purpose, for creativity, for connection and community, and for work and play," and in this, our twenty-fifth issue of *The Other Journal*, we dive into these characteristics of sport, starting literally with Jennifer Stewart Fueston's poem "A Swim" and then continuing on to the ancient Greek stadium at Nemea.

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Our contributors consider the ethics, commodification, and embodiment of particular events, as well as the personal and cultural stories which weave in and out of sport. They do the hard work of conscientious fandom at football games; walk us through baseball liturgies; and take us to the windy courts of Philo, Illinois, where noted author David Foster Wallace was an outdoor tennis savant. They show us how to fly and then how to lose. And they invite us to dance, "to let our bodies taste the salt of our sweat, hear the pant of exhalation, and feel the perspiration on our skin, for it is in these very possibilities," argues John B. White, "that we relate to God, others, and self." The issue features essays and reviews by Jeff Appel, Andrew Arndt, Ben Bishop, Jen Grabarczyk-Turner, Lincoln Harvey, Jonathan Hiskes, Adam Joyce, Lakisha R. Lockhart-Rusch, Benj Petroelje, Justin Randall Phillips, Heather L. Reid, Margot Starbuck, Tim Suttle, and John B. White; an interview by Jessica Coblentz with Marcia W. Mount Shoop; creative nonfiction by Brett Beasley, Meghan Florian, and Katie Karnehm-Esh; poetry by Bethany Bowman, Catherine Thiel Lee, and Jennifer Stewart Fueston; and art by Allen Forrest, Gerald Lopez, and Abigail Platter.

Exercise promotion has become an increasingly important and visible part of public health campaigns. Studies have demonstrated that women have higher levels of obesity and are generally less physically active than men. While significant quantitative research has increased our knowledge of women's exercise patterns, these studies have revealed only some of the complex issues related to women's health, the body and physical

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activity. This volume fills this gap by examining women's contradictory experiences of their bodies, health and exercise...

Any study of sport is incomplete without consideration of its social function and structures, its economic impacts both locally and globally, and its political dimension – particularly when used by nations for competitive gain. Sport Sociology provides a comprehensive overview for any student taking a course on the subject at college or university, including both established and emergent themes, from issues around power, diversity and consumerism through to newer topics such as the digital environment and climate change – both now covered in new individual chapters. Other chapters have been fully revised to include up-to-date literature and case studies, as well as new key terms and reflective tasks. A new 'Key Thinker' box feature included in each chapter introduces readers to an esteemed theorist relevant for the chapter topic to help link theoretical concepts to practice and offer up suggestive research directions for student assessment.

Sport and International Development offers a critical sociological analysis of the emerging Sport for Development and Peace (SDP) movement. The book addresses a gap in the literature by focusing on the social and political implications of sport on development. It is a timely and important addition to the series.

Sociological Perspectives on Sport: The Games Outside the Games seeks not only to inform students about the sports world but also to offer them analytical skills and the application of theoretical perspectives that deepen their

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awareness and understanding of social processes linking sports to the larger social world. With six original framing essays linking sport to a variety of topics, including race, class, gender, media, politics, deviance, and globalization, and 37 reprinted articles, this text/reader sets a new standard for excellence in teaching sports and society.

Since their emergence in the 1960s, lifestyle sports (also referred to as action sport, extreme sports, adventure sports) have experienced unprecedented growth both in terms of participation and in their increased visibility across public and private space. book seeks to explore the changing representation and consumption of lifestyle sport in the twenty-first century. The essays, which cover a range of sports, and geographical contexts (including Brazil, Europe, North America and Australasia) focus on three themes. First, essays scrutinise aspects of the commercialisation process and impact of the media, reviewing and reconsidering theoretical frameworks to understand these processes. The scholars here emphasise the need to move beyond simplistic understandings of commercialisation as co-option and resistance, to capture the complexity and messiness of the process, and of the relationships between the cultural industries, participants and consumers. The second theme examines gender identity and representations, exploring the potential of lifestyle sport to be a politically transformative space in relation to gender, sexuality and 'race'. The last theme explores new theoretical directions in research on lifestyle sport, including insights from philosophy, sociology and cultural geography. The themes the monograph addresses are wide reaching, and centrally concerned with the changing meaning of sport and sporting identity in the twenty-first century. This book was previously published as a Special Issue of Sport in Society.

The first fully comprehensive review of theory, research and

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practice in physical education to be published in over a decade, this handbook represents an essential, evidence-based guide for all students, researchers and practitioners working in PE. Showcasing the latest research and theoretical work, it offers important insights into effective curriculum management, student learning, teaching and teacher development across a variety of learning environments. This handbook not only examines the methods, influences and contexts of physical education in schools, but also discusses the implications for professional practice. It includes both the traditional and the transformative, spanning physical education pedagogies from the local to the international. It also explores key questions and analysis techniques used in PE research, illuminating the links between theory and practice. Its nine sections cover a wide range of topics including: curriculum theory, development, policy and reform transformative pedagogies and adapted physical activity educating teachers and analysing teaching the role of student and teacher cognition achievement motivation. Offering an unprecedented wealth of material, the Routledge Handbook of Physical Education Pedagogies is an essential reference for any undergraduate or postgraduate degree programme in physical education or sports coaching, and any teacher training course with a physical education element.

Playing and watching sport can teach us a great deal about wider social issues. This book looks at how identities are constructed and reinforced in sport, exploring notions of race, class, sexuality and nationalism. With contributions from international experts, this book is key reading for students of sociology and sports studies.

This Handbook presents innovative research on sport and spectacle in ancient Greece and Rome, exploring historical perspectives, contest forms, and civic and social aspects such as class, spaces, health, gender, and sexuality. Greek

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and Roman topics are interwoven to simulate contest-like tensions and complementarities between the two cultures. Community-based research has recently gained attention within the sport and exercise sciences. When seeking to understand community based research methodologies, one finds a diversity of approaches spanning a breadth of ontological views and equally diverse methodological approaches. Though little is known about community-based sport, exercise and physical activity research, these foci are beginning to gain scholarly attention, in part through the emerging sport for development and peace literature. This book features a conceptual introduction and eight pioneering examples of community-based research from North American, European, and Oceanic scholars. The topic matter reveals scholarship undertaken in relation to health, physical activity, youth sport, and elite sport, exemplifying work with mainstream and marginalized populations. This book, perhaps the first compilation of community-based research relating to sport, exercise and health, will be of interest to sociologists of sport, sport and exercise psychology scholars, sport management scholars, qualitative researchers, health scholars and practitioners, sport for development organizations, and research ready communities seeking to engage in localized research projects. This book was published as a special issue of *Qualitative Research in Sport, Exercise and Health*.

The last two decades have witnessed a proliferation of qualitative research in sport and exercise. The *Routledge Handbook of Qualitative Research in Sport and Exercise* is the first book to offer an in-depth survey of established and emerging qualitative methods, from conceptual first principles to practice and process. Written and edited by a team of world-leading researchers, and some of the best emerging talents, the book introduces a range of research traditions

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within which qualitative researchers work. It explores the different methods used to collect and analyse data, offering rationales for why each method might be chosen and guidance on how to employ each technique successfully. It also introduces important contemporary debates and goes further than any other book in exploring new methods, concepts, and future directions, such as sensory research, digital research, visual methods, and how qualitative research can generate impact. Cutting-edge, timely and comprehensive, the Routledge Handbook of Qualitative Research in Sport and Exercise is an essential reference for any student or scholar using qualitative methods in sport and exercise-related research.

The sociology of sport is a core discipline within the academic study of sport. It helps us to understand what sport is and why it matters. Sociological knowledge, implicit or explicit, therefore underpins scholarly enquiry into sport in every aspect. The Routledge Handbook of the Sociology of Sport is a landmark publication that brings together the most important themes, theories and issues within the sociology of sport, tracing the contours of the discipline and surveying the state-of-the-art. Part One explores the main theories and analytical approaches that define contemporary sport sociology and introduces the most important methodological issues confronting researchers working in the social scientific study of sport. Part Two examines the connections and divisions between sociology and cognate disciplines within sport studies, including history, anthropology, economics, leisure and tourism studies, philosophy, politics and psychology. Part Three investigates how the most important social divisions within sport, and in wider society, are addressed in sport sociology, including 'race', gender, class, sexuality and disability. Part Four explores a wide range of pressing contemporary issues associated with sport, including

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sport and the body, social problems associated with sport, sport places and settings, and the global aspects of sport. Written by a team of leading international sport scholars, including many of the most well-known, respected and innovative thinkers working in the discipline, the Routledge Handbook of the Sociology of Sport is an essential reference for any student, researcher or professional with an interest in sport.

In the decade or more since publication of the first edition of *Understanding Sport*, both sport and wider global society have undergone profound change. In this fully updated, revised and expanded edition of their classic textbook, John Horne, Alan Tomlinson, Garry Whannel and Kath Woodward offer a critical and reflective introduction to the relationship between sport and contemporary society and explain how sport remains an important agent and symptom of socio-cultural change. Fully integrating historical, sociological, political and cultural analysis, the book covers every key topic in the study of sport and society, including: debate, interpretation and theory sport and the media sport and the body sport and politics commercialization globalization. Retaining the accessibility and scholarly rigour for which *Understanding Sport* has always been renowned, this new edition includes entirely new chapters on global transformations, sports mega-events and sites, sporting bodies and governance, as well as a succinct guide to researching sport. With review and seminar questions included in every chapter, plus

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concise, helpful guides to further reading, Understanding Sport remains an essential textbook for all courses on sport and society, the sociology of sport, sport and social theory, or social issues in sport.

Research Methods in Sports Coaching is a key resource for any student, researcher or practitioner wishing to undertake research into sports coaching. It takes the reader through each phase of the research process, from identifying valuable research questions, to data collection and analyses, to the presentation and dissemination of research findings. It is the only book to focus on the particular challenges and techniques of sports coaching research, with each chapter including examples, cases and scenarios from the real world of sports coaching. The book introduces and explores important philosophical, theoretical and practical considerations in conducting coaching research, including contextual discussions about why it's important to do sports coaching research, how to judge the quality of coaching research, and how sports coaching research might meet the needs of coaching practitioners. Written by a team of leading international scholars and researchers from the UK, US, Canada and Australia, and bridging the gap between theory and practice, this book is an essential course text for any research methods course taken as part of a degree programme in

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sports coaching or coach education.

The moving body—pervasively occupied by fitness activities, intense training and dieting regimes, recreational practices, and high-profile sporting mega-events—holds a vital function in contemporary society. As the body moves—as it performs, sweats, runs, and jumps—it sets in motion an intricate web of scientific rationalities, spatial arrangements, corporate imperatives, and identity politics (i.e. politics of gender, race, social class, etc.). It represents vitality in its productive and physiological capacities, it drives a complex economy of experiences and products, and it is a meaningful site of cultural identities and politics. Contributors to *Sport, Physical Culture, and the Moving Body* work from a simple premise: as it moves, the material body matters. Adding to the burgeoning fields of sport studies and body studies, the works featured here draw upon the traditions of feminist theory, posthumanism, actor network theory, and new materialism to reposition the physical, moving body as crucial to the cultural, political, environmental, and economic systems that it constitutes and within which is constituted. Once assembled, the book presents a study of bodies in motion—made to move in contexts where technique, performance, speed, strength, and vitality not only define the conduct therein, but provide the very reason for the body's being within those economies and environments. In

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so doing, the contributors look to how the body moving for and about rational systems of science, medicine, markets, and geopolity shapes the social and material world in important and unexpected ways. In *Sport, Physical Culture, and the Moving Body*, contributors explore the extent to which the body, when moving about both ostensibly active body spaces (i.e., the gymnasium, the ball field, exercise laboratory, the track or running trail, the beach, or the sport stadium) and those places less often connected to physical activity (i.e. the home, the street, the classroom, the automobile), is bounded to technologies of life and living; and to the political arrangements that seek to capitalize upon such frames of biological vitality. To do so, the authors problematize the rise of active body science (i.e. kinesiology, sport and exercise sciences, performance biotechnology) and the effects these scientific interventions have on embodied, lived experience. Contributors to *Sport, Physical Culture, and the Moving Body* will be engaging a range of new and emerging theoretical perspectives, including new materialist, political ecology, developmental systems theory, and new material feminist approaches, to examine the actors and assemblages of movement-based material, political, and economic production. In so doing, contributors will vividly and powerfully illustrate the extent to which a focus on the fleshed body and its material

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conditions can bring forth new insights or ontological and epistemological innovation to the sociology of sport and physical activity. They will also explore the agency of the body as and amongst things. Such a performative materialist approach explicates how complex assemblages of sport and physical activity—bringing into association everything from muscle fibers and dietary proteins to stadium concrete or regional aquifers—are not only meaningful, but ecological. By focusing on the confluence of agentic materialities, disciplinary technologies, vibrant assemblages, speculative realities, and vital performativities, *Sport, Physical Culture, and the Moving Body* promises to offer a groundbreaking departure from representationalist tendencies and orthodoxies brought about by the cultural turn in sport and physical cultural studies. It brings the moving body and its physics back into focus: recentering moving flesh and bones as locus of social order, environmental change, and the global political economy.

Ethnography has become an important method for researching and interpreting the social world, not least in the field of sport and exercise studies.

Ethnographies in Sport and Exercise Research is the first book to provide a contemporary overview of the current state of ethnographic research and its application within sport and exercise, introducing and explaining a range of well-established and emerging

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ethnographic approaches. Featuring a heavyweight line-up of sport and exercise researchers, the book is divided into three parts. The first considers the methodological and theoretical aspects of ethnographic research, including: a history of ethnography in sport and exercise research the definition of the ethnographic field methods of gathering ethnographic data methods of representing ethnographic research. In the second part of the book, a series of chapter-length case studies, spanning sports from boxing to fell running and themes from gender to fandom, demonstrate the challenges and rewards of ethnographic research in the context of sport and exercise, helping students and researchers to develop a solid understanding of qualitative research at both a theoretical and a practical level. The final part of the book considers future directions for ethnographic research, including an evaluation of its place in the expanding field of study in sport management. A comprehensive assessment of the statement of ethnographic research in sport, *Ethnographies in Sport and Exercise Research* is invaluable reading for any research methods course taken as part of a degree programme in sport and exercise, and a useful reference for all active researchers.

This innovative text's critical examination foregrounds the prime reason why so many people participate in or watch sport – pleasure. Although

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there has been a "turn" to emotions and affect within academia over the last two decades, it has been somewhat remiss that pleasure, as an integral aspect of human life, has not received greater attention from sociologists of sport, exercise and physical education. This book addresses this issue via an unabashed examination of sport and the moving body via a "pleasure lens." It provides new insights about the production of various identities, power relations and social issues, and the dialectical links between the socio-cultural and the body. Taking a wide-sweeping view of pleasure - dignified and debauched, distinguished and mundane – it examines topics as diverse as aging, health, fandom, running, extreme sports, biopolitics, consumerism, feminism, sex and sexuality. In drawing from diverse theoretical approaches and original empirical research, the text reveals the social and political significance of pleasure and provides a more rounded, dynamic and sensual account of sport.

In 1978 Michel Foucault went to Iran as a distinguished intellectual – but novice political journalist – controversially reporting on the unfolding revolution, undeniably compromising and wounding his reputation in the European intellectual community. Given the revolution's bloody aftermath and its violent theocratic development, is Foucault's Iranian expedition simply to be understood as a

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critical error in judgement, with disastrous consequences for his legacy? What exactly did Foucault hope to achieve in Iran in 1978-1979, explicitly supporting the cause of the revolting masses and effectively isolating himself from the European intellectual community and the Western liberal tradition? The book investigates this open nerve in the Foucault scholarship by interpreting Foucault's primary texts from this period, commenting on the various positions in the scholarship over the past three decades, and eventually proposes that Foucault's 'mistake', resulting from his 'self-consciousness' and 'uncertainty', was indeed a highly philosophical endeavour, but was completely misinterpreted by his contemporaries and even his most noteworthy biographers. The issue of Foucault's involvement in Iran is still a relatively unexplored theme in Foucault research and one that is actually bypassed by the majority of Foucault scholars, since the general view is that it was a breathtaking mistake, comparable to Heidegger's flirtation with National Socialism. This book will provide value and advance knowledge in this area, firstly, by presenting the three concepts that are in my opinion key to understand Foucault's involvement in the Iranian revolution (Otherness, Present history and Political spirituality). Secondly, by providing a thorough overview of what really happened in Iran after Foucault arrived in Tehran in

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September 1978 (and what really happened was not conforming to the West's idea of progression, but an Iranian idea of progression, on its own terms).

Thirdly, by disseminating Foucault's reports back to France, in a detailed and forensic fashion. Fourthly, by providing a solid overview of the interpretations on this issue (however reluctant and scarce) from the scholarship over the past three decades. Fifthly, by presenting Foucault's involvement in the Iranian revolution not as a mistake or a critical error in judgement, but as a deeply philosophical position that actually corresponds to many of Foucault's theoretical positions on power, death, madness, uncertainty, spirituality, Orientalism and Otherness, preceding the revolution in Iran. The detailed historical overview of Foucault's involvement in the Iranian revolution, the responsible and non-polemical overview of the scholarship's attempts to deal with the issue and the author's original interpretation and presentation of the legitimacy of Foucault's presence in Iran from September 1978 to April 1979. In an age where it has become urgent to reinterpret both Shia and Sunni legacies within the context of radicalised Islam, the book argues for a Foucaultian recognition of the 'Orient Other' - as nothing more than 'An Other Self'.

'We can reach far more people through sport than we can through political or educational programmes. In that way, sport is more powerful than politics. We

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have only just started to use its potential to build up this country. We must continue to do so.' – Nelson Mandela

Nelson Mandela's statement reflects a widely held view that sport can contribute in unique and far-reaching ways to the delivery of important social outcomes. But is this really the case? Can sport bring people from different backgrounds together, and in so doing act as a force for social transformation and change? In the language of policymakers and practitioners, can sport contribute to social inclusion or could it be argued that sport acts to marginalize and disadvantage some groups in society? In other words could sport reinforce, rather than challenge, social inequality? Focusing on youth sport as a touchstone sector of sport in society, this book examines the theoretical and empirical bases of arguments for the role of sport in social inclusion agendas. Authors are drawn from around the world and offer critical perspectives on assumptions underpinning the bold claims made about the power of sport. This book represents the most up-to-date and authoritative source of knowledge on inclusion and exclusion in youth sport. As such, it is essential reading for those who want to use sport to 'make a difference' in young people's lives. It is, therefore, recommended for students, researchers, policy makers and practitioners working in sports development, sports coaching, sport studies or physical education.

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The influence of professional, adult sport on youth sport is now a global concern. Children are involved in high-stakes competitive sport at national and international levels at an increasingly young age. In addition, the use of sport as a medium for positive youth development by governments and within the community has fuelled ambitious targets for young people's participation in sport at all levels. In this important study of ethical issues in and around youth sport, leading international experts argue for the development of strong ethical codes for the conduct of youth sport and for effective policy and pedagogical applications to ensure that the positive benefits of sport are optimized and the negative aspects diminished. At the heart of the discussion are the prevailing standards and expectations of youth sport in developed societies, typically consisting of the development of motor competence, the development of a safe and healthy lifestyle and competitive style, and the development of a positive self-image and good relationship skills. The book examines the recommendations emerging from the 'Panathlon Declaration' and the debates that have followed, and covers a wide range of key ethical issues, including: emotional and physical abuse aggression and violence doping and cheating values and norms teaching and coaching integrity management. Ethics in Youth Sport is focused on the application of ethical policy and pedagogies and is grounded in practice. It assumes no prior ethical training on the part of the reader and is

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essential reading for all students, researchers, policy makers and professionals working with children and young people in sport across school, community and professional settings.

Qualitative forms of inquiry are a dynamic and exciting area within contemporary research in sport, exercise and health. Students and researchers at all levels are now expected to understand qualitative approaches and be able to employ them in their work. In this comprehensive and in-depth introductory text, Andrew C. Sparkes and Brett Smith take the reader on a journey through the entire qualitative research process that begins with the conceptualization of ideas and the planning of a study, moves through the phases of data collection and analysis, and then explains how findings might be represented in various ways to different audiences.

Ethical issues are also explored in detail, as well as the ways that the goodness of qualitative research might be judged by its consumers. The book is based on the view that researchers need to make principled, informed and strategic decisions about what, why, when, and how to use qualitative forms of inquiry. The nature of qualitative research is explained in terms of both its core assumptions and what practitioners actually do in the field when they collect data and subject it to analysis. Each chapter is vividly illustrated with cases and examples from published research, to demonstrate different qualitative approaches in action and their relative strengths and weaknesses. The book also extends the boundaries of qualitative research by exploring innovative contemporary methodologies and

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novel ways to report research findings. *Qualitative Research Methods in Sport, Exercise and Health* is essential reading for any student, researcher or professional who wishes to understand this form of inquiry and to engage in a research project within a sport, exercise or health context.

This volume presents a collection of essays that explore the relationship between sporting clothing and gender. Drawing on uniform and sports apparel as a means of exploring the socio-sexual politics of contemporary US society, the contributions analyse the historical, political-economic, socio-cultural and sport-specific dimensions of gendered clothing in sport. Part of a two-volume series (the other discussing this phenomenon in a global context), contributors cover topics such as WNBA uniform politics, military promotion, female sportscaster clothing, magazine depictions, plus-size exercise apparel, FloJo, the Skirt Chaser 5k race, and the socio-politics of the LPGA, CrossFit, roller derby, rock climbing, and more. As the first single compendium to discuss American sportswomen's apparel, this collection will be of interest to practitioners and scholars of sports history, the sociology of sport, and gender/media studies. Exercise for women is a heavily-laden social and embodied experience. While exercise promotion has become an increasingly visible part of health campaigns, obesity among women is rising, and studies indicate that women are generally less physically active than men. Women's (lack of) exercise, therefore, has become a public concern, and physiological and psychological research has attempted to develop more effective

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exercise programs aimed at women. Yet women have a complex relationship with embodiment and physical activity that is difficult for quantitative scientific approaches to explore. This book addresses this neglect by providing a much-needed feminist, qualitative social analysis of women and exercise. The contributors, drawn from across Europe and North America, investigate the ways women experience exercise within the context of the global fitness industry. All the authors take a specifically feminist perspective in their analysis of the fit, feminine body, exploring media images and the global branding of fitness products, the relationship between exercise and fat, the construction of physical activity within health discourse, and the lived experience of the exercising body. The collection explores the diversity of women's experiences of exercise in relation to age, ethnicity and body size. The book is essential for anyone interested in health promotion, sport and exercise or the social and cultural study of gender and embodiment.

The Banff–Bow Valley in western Alberta is the heart of spiritual and economic life for the Nakoda peoples. While they were displaced from the region by the reserve system and the creation of Canada's first national park, in the twentieth century the Nakoda reasserted their presence in the valley through involvement in regional tourism economies and the Banff Indian Days sporting festivals. Drawing on extensive oral testimony from the Nakoda, supplemented by detailed analysis of archival and visual records, *Spirits of the Rockies* is a sophisticated account of the situation that these Indigenous communities encountered when they were

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denied access to the Banff National Park. Courtney W. Mason examines the power relations and racial discourses that dominated the eastern slopes of the Canadian Rocky Mountains and shows how the Nakoda strategically used the Banff Indian Days festivals to gain access to sacred lands and respond to colonial policies designed to repress their cultures.

Using visual ethnography, this book explores the many forms of pleasures that boys derive in and through the spaces and their bodies in physical education.

Employing the works of Michel Foucault and Judith Butler, Gerdin examines how pleasure is connected to identity, schooling, and power relations, and demonstrates how discourses of sport, fitness, health and masculinity work together to produce a variety of pleasurable experiences. At the same time, the book provides a critique of such pleasurable experiences within physical education by illustrating how these pleasures can still, for some boys, quickly turn into displeasures and can be associated with exclusion, humiliation, bullying and homophobia. *Boys, Bodies, and Physical Education* argues that pleasure can both be seen as an educational and productive practice in physical education but also a constraint that both engenders and privileges some boys over others as well as (re)producing narrow and limited conceptions of masculinity and pleasures for all boys. This book works to problematize these pleasures and their articulations with gender, bodies, and spaces.

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