

Foot Ankle Orthopaedic Surgery Essentials 2nd Second Edition By Thordarson David Published By Lippincott Williams Wilkins 2012

This practical handbook is an essential reference for GPs when dealing with musculoskeletal disorders, as well as a useful exam prep aid for the common MSK cases that occur in the CSA. Responding to increasing pressures on GPs to reduce the number of referrals and treat more patients in the community, the book covers a breadth of orthopaedic disorders, with clear colour photographs and diagrams to demonstrate techniques in practice. Chapters are authored by experts in each disorder with GP input, putting a strong focus on diagnosis and easy-to-follow processes for deciding courses of action and investigation. Each section explores the range of treatment options for that topic, including step-by-step injection techniques where relevant, and signposts need-to-know areas with 'red flags'. This is an important reach-for guide to assist GPs with easy diagnosis and to provide clear direction on next recommended steps. It will also be useful for medical students taking orthopaedics modules.

The physical examination of the foot and ankle can be a complex topic for professionals with all levels of clinical experience. How can advance concepts be taught in a user-friendly, clear format, while still providing necessary information for effective diagnosis and treatment of the foot and ankle? *Musculoskeletal Examination of the Foot and Ankle: Making the Complex Simple* by Drs. Shepard Hurwitz and Selene Parekh answers these questions. Written by experts, this easy-to-carry book provides a quick and thorough review of the most common pathologic foot and ankle conditions, techniques for diagnosis, as well as the appropriate treatment for each condition. *Musculoskeletal Examination of the Foot and Ankle: Making the Complex Simple* contains clear photographic demonstrations, tables, sidebars, and charts throughout its pages, allowing a thorough and concise examination of the foot and ankle. A glance at some of what is covered inside:

- * Physical Examination o Basics and specific tests of the foot and ankle
- * General Imaging o Basic interpretation of common imaging modalities of the foot and ankle
- * Common Conditions o Bunions, toe deformities, Achilles pathology and posterior calcaneal pain, fractures, plantar fasciitis and plantar heel pain, and more

Musculoskeletal Examination of the Foot and Ankle: Making the Complex Simple contains essential information to successfully take a complex subject, and bring it to a level that will be welcomed by orthopedic residents, faculty, physical therapists, athletic trainers, medical students interested in musculoskeletal health careers, and other health care providers.

Publisher's Note: Products purchased from 3rd Party sellers are not guaranteed by the Publisher for quality, authenticity, or access to any online entitlements included with the product. This latest addition to the popular Pocket series is a go-to-resource for essential, up-to-date information for surgeons, podiatrists, and residents presented in a concise, quick-to-grasp format. With its compact size—perfect for taking home, on the ward, in your office—*Pocket Foot and Ankle Medicine and Surgery* addresses common disorders and conditions you'll encounter in a clinical setting. You'll find contributions from nearly 40 experts in both podiatry and orthopaedic surgery, as well as radiology, critical care, anesthesia, and other relevant fields. The ideal portable quick-reference for fast, effective musculoskeletal diagnosis and care!

This book is a comprehensive guide to surgery of the ankle and foot. Beginning with an introduction and basic anatomy, the following chapters discuss numerous different conditions that may affect the ankle and foot, and the surgical procedures used to treat them. Topics include diabetic foot, foot arthritis, toenail disorders, soft tissue and skin disorders; and amputations. With contributions from renowned orthopaedic surgeons, most of whom are based in the USA, *Foot and Ankle Surgery* presents almost 700 images and illustrations, making it an invaluable reference for both orthopaedic surgeons and postgraduate students.

Foot and Ankle, Second Edition, the best selling volume in the *Orthopaedics Essentials Series*, delivers the fundamental information residents need to excel during their foot and ankle surgery rotations. Expert coverage of relevant anatomy, biomechanics, physical examination, and orthotics – followed by vital information on the diagnosis and treatment of specific problems encountered in the foot and ankle clinical are included. The reader-friendly format lets you read the book cover to cover during a rotation or use it as a quick reference before a patient work-up or operation. This comprehensive reference contains clinically focused information, preparing you for the challenges of trauma, infection, and reconstructive surgery.

McGlamry's Comprehensive Textbook of Foot and Ankle Surgery, Third Edition is a standard core text in podiatric education, for those who specialize in managing the many problems of the foot and ankle. New content for the Third Edition includes: biomaterials; expansion of the external/internal fixation devices (pins, staples, cannulated screws); principles of fixation; and expansion of neurological disorders material. There will also be a new chapter on selected rearfoot arthrodeses.

Designed specifically for orthopedic surgeons involved in the review of musculoskeletal MRIs, this book enables clinicians to develop a systematic approach to the interpretation of MRI studies. It opens by providing clinicians with a solid understanding of essential concepts, including the physics of MRI, various pulse sequences available for obtaining an MRI, and normal MRI anatomy. The authors then present an overview of core concepts of image interpretation and step-by-step guidance on how to determine which pulse sequences have been utilized, how to evaluate images, and how to correlate imaging findings with patient history and clinical presentation. The remaining sections of the book present protocols for acquiring and interpreting MRIs of the upper extremity, lower extremity, and spine. Additional chapters cover special considerations for imaging articular cartilage and soft-tissue and bone tumors, as well as advanced techniques such as MR arthrography and MR angiography, correlation with other imaging modalities, and safety issues. **Features:** More than 700 MRIs and instructive illustrations to highlight key concepts related to normal anatomy and pathologic processes Practical discussion of how other imaging modalities correlate with MRI Clinical insights from leading

orthopedic surgeons and radiologists An ideal resource for orthopedic surgeons, residents, and fellows, this book provides essential instruction on how to approach MRI studies in everyday practice. With its practical coverage of clinical concepts, this book will also serve as a valuable reference for radiologists, rheumatologists, primary care physicians, and other specialists who care for patients with musculoskeletal conditions.

"Foot and Ankle, Second Edition, the best selling volume in the Orthopaedics Essentials Series, delivers the fundamental information residents need to excel during their foot and ankle surgery rotations. Expert coverage of relevant anatomy, biomechanics, physical examination, and orthotics - followed by vital information on the diagnosis and treatment of specific problems encountered in the foot and ankle clinical are included. The reader-friendly format lets you read the book cover to cover during a rotation or use it as a quick reference before a patient work-up or operation. This comprehensive reference contains clinically focused information, preparing you for the challenges of trauma, infection, and reconstructive surgery" Provided by publisher.

"This book is a 'go-to' guide to foot and ankle surgery for postgraduate orthopaedic surgery examinations. A streamlined approach ensures that the 22 core topics are covered in a succinct and practical way. Foot and ankle surgery is a vast topic that can be daunting to revise. Look no further for 'gold standard' answers to foot and ankle conditions"--

This concise third edition offers hands-on guidance for identifying and treating the most commonly seen orthopedic problems in children and adults. Convenient as a study source for medical students, its many photographs and illustrations will also serve as a useful clinical reference for young surgeons, residents, nurses, and physician assistants. Each of the many topics is covered in depth and is designed to educate medical students and steer them towards formulating excellent diagnoses and treatment plans. As a further aid, multiple-choice questions are included at the end of each chapter, and there is a section devoted to case studies.

Offering a complete, fully integrated approach to the entire field of orthopaedic surgery, this reference covers basic science, anatomy, surgical approaches, evaluation, treatment and anticipated outcome. Highlights include full discussions of: musculoskeletal soft tissues, joint pathology, imaging techniques, trauma, oncology, adult and pediatric orthopaedics, medical malpractice, and evolving telemedicine technology. The book's detailed yet easy-to-read format aids in implementing the practical tips and guidelines, highlighted throughout. With its complete approach, this book also provides the core curriculum for orthopaedic residents, including state-of-the-art sections on gene therapy, outpatient orthopaedics, new surgical procedures, and resource management.

Achieve the best outcomes with expert, practical, highly visual guidance! This expert clinical reference features just the foot and ankle surgery content from Operative Techniques in Orthopaedic Surgery, the comprehensive 4-volume set edited by Sam W. Wiesel, MD. Ideal for practitioners who wish to focus on mastering today's best foot and ankle surgery procedures, it you step-by-step through each technique in a consistent manner, using concise, bulleted text, full-color illustrations, and full-color intraoperative photographs to clearly convey exactly what to look for and how to proceed.

Essentials of Musculoskeletal Care, Enhanced Fifth Edition is a robust educational resource focused on how to evaluate and manage common musculoskeletal conditions. This text is used for immediate, point-of-care guidance in decision making and intervention and is a powerful educational product for many health professions dealing with the care of the musculoskeletal system. The easy-to-understand content and crisp presentation appeal to health care professionals and students. It is also a powerful tool to help educate patients regarding conditions and treatment.

A concise, insightful guide to foot and ankle surgeries from master orthopaedic foot and ankle surgeon Steven Raikin Foot and ankle problems such as injuries, arthritis, congenital and acquired deformities, tendinopathies, heel pain, and nerve damage account for a large percentage of orthopaedic conditions. A better understanding of the biomechanics of the foot and ankle and improved outcome research have led to considerable advances in foot surgery techniques, superior results, and improved functional outcomes. Foot and Ankle Surgery: Tricks of the Trade by renowned foot and ankle specialist Steven Raikin and experts from 12 countries, presents step-by-step guidance on the latest foot and ankle surgery procedures. Each succinct, consistently organized chapter takes the reader from patient assessment, diagnostic evaluations and patient selection to surgical planning and positioning, the procedure itself, how to handle complications, postoperative management, and the authors' pearls and surgical tips. The book is divided into forefoot, midfoot, hindfoot, nerve, and ankle pathologies, encompassing commonly performed reconstructive and traumatic procedures. Different techniques are discussed for similar pathologies, such as open and arthroscopic lateral ankle ligament reconstruction, and augmentation options utilizing tendon allograft or an internal brace. Key Features Discussion of six different total ankle replacement systems, many written by designers of the systems themselves, affords unique insights A full spectrum of techniques to correct plantar plate tears, hallux valgus, tarsal tunnel syndrome, drop-foot, midfoot arthritis and deformity, tibial tendon dysfunction, Achilles rupture, osteochondral lesions of the talus, ankle fractures, and more Tricks and pearls for optimizing procedural performance, managing hazards and pitfalls, and preventing or resolving intraoperative complications A mix of 500 high quality artist illustrations and intraoperative photographs delineate anatomy and procedures This highly practical book provides a robust teaching tool for orthopaedic procedures of the foot and ankle. Orthopaedic residents, foot and ankle surgeons, and podiatrists will benefit from clinical pearls and tips from top experts who made major significant contributions to this subspecialty.

Written by rising stars in the American Orthopaedic Foot and Ankle Society, this volume of our Orthopaedic Surgery Essentials Series presents all the information residents need during foot and ankle surgery rotations. It can easily be read cover to cover during a rotation or used for quick reference before a patient workup or operation. The user-friendly, visually stimulating format features ample illustrations, algorithms, bulleted lists, charts, and tables. Coverage begins with anatomy, biomechanics, physical examination, and orthotics and proceeds to the specific problems encountered in the foot and ankle clinic. A chapter on arthroscopy is also included.

Now in its Third Edition, Foot and Ankle, this popular volume in the Master Techniques in Orthopaedic Surgery series combines the step-by-step procedural guidance that readers have come to trust with fully updated material and new expert contributors. How-to format helps readers face each surgical challenge with confidence. Abundant intraoperative color photos and precise line drawings reveal areas not visible to the surgeon during a procedure. The book's reader-friendly style is a great time-saver when searching for essential facts. The Third Edition features thirteen new chapters, international perspectives from four new authors from outside the United States, and contributions from two additional expert podiatrists.

For specialists and non-specialists alike, returning an athlete to pre-injury performance safely and quickly is uniquely challenging. To help you address these complex issues in everyday practice, Baxter's The Foot and Ankle in Sport, 3rd Edition, provides focused, authoritative information on the examination, diagnosis, treatment, and rehabilitation of sports-related foot and ankle injuries – ideal for returning both professional and recreational athletes to full use and function. Provides expert guidance on athletic evaluation, sports syndromes, anatomic disorders, orthoses and rehabilitation, and more. Includes new and updated case studies and pearls for optimal use in the clinical setting. Features thoroughly revised content and enhanced coverage of stress fractures, as well as metabolic consideration in athletes. Includes new chapters on the disabled athlete, the military athlete, caring for the athlete as a team, foot and ankle exam, and biologics. Features a new, full-

color design throughout and new videos available online. Shares the expertise of international contributors who provide a global perspective on sports medicine.

Part of the practical, highly illustrated Operative Techniques series, this fully revised title by Drs. Glenn B. Pfeffer, Mark Easley, Beat Hintermann, Andrew Sands, and Alastair Younger brings you up to speed with must-know surgical techniques in today's foot and ankle surgery. Step-by-step, evidence-based guidance walks you through new procedures and modifications to existing procedures, as well as tips for improving patient outcomes and much more. Provides expert coverage of total ankle arthroplasty, revision surgery, and post-operative care and expected outcomes. Focuses on quick access to essential information, using an up-to-date, clean layout; a bulleted, highly templated format; and large, full-color intraoperative photos and illustrations. Presents essential information often overlooked in other procedural guides, such as positioning, exposures, instrumentation, and implants. Discusses pearls and pitfalls with an emphasis on optimizing outcomes to refine your technique and learn the experts' approach to getting the best results. Covers more than 25 new procedures, including Revision Hallux Valgus Surgery, Arthroscopic Fusion of the Great Toe, and Peroneal Tendinopathy with Allograft. Lavishly illustrated, comprehensive in scope, and easy to use, the second edition of Operative Techniques in Orthopaedic Surgery guides you to mastery of every surgical procedure you're likely to perform – while also providing a thorough understanding of how to select the best procedure, how to avoid complications, and what outcomes to expect. More than 800 global experts take you step by step through each procedure, and 13,000 full-color intraoperative photographs and drawings clearly demonstrate how to perform the techniques. Extensive use of bulleted points and a highly templated format allow for quick and easy reference across each of the four volumes.

The best clinically-focused, mid-sized reference covering the evaluation, management, and treatment of common orthopedic conditions. Emphasizes the impact of changes in imaging technology on the optimal approach to diagnosis and treatment. Includes a concise review of the basic science underlying current orthopedic surgery practice. Features more than 500 illustrations, an easy-access format, and a valuable chapter on orthopedic surgery in children.

This unique book provides a critical examination of the current traditions and techniques commonly taught regarding hallux valgus correction and contrasts them with new, evidence-based anatomic and surgical concepts that change the entire approach to bunion surgery. Beginning with the history, etiology and epidemiology of the deformity, its clinical implications and physical and radiological assessment are then discussed. An overview of surgical correction strategies is then presented, followed by detailed chapters on the techniques themselves, covering rationale for the approach, anatomic and technical considerations, post-operative management and evidence-based outcomes. Surgical techniques include phalangeal, crescentic and distal metatarsal osteotomies, the scarf and rotational scarf procedure, joint arthrodesis and arthroplasty, among others. The evaluation and management of the hallux valgus deformity has changed very little over the past several decades despite much discussion, debate, research and new technology. Now, utilizing the most up-to-date evidence and presenting multiple treatment strategies, Evidence-Based Bunion Surgery will be the new standard for the management of hallux valgus for podiatric and orthopedic surgeons, residents and fellows.

This is the 1st edition of the book Foot and Ankle Surgery. The text is comprehensive, updated as per the present day requirements in the subject of orthopaedics. This book contains current surgical and non-surgical options for foot and ankle pathologies. Preferred surgical techniques are described in detail with suitable illustrations. The book has 25 chapters. The first three chapters deal with general considerations, anatomy, examination and surgical options in foot and ankle pathologies. Next ten chapters are dedicated to different conditions, e.g. arthritis, deformities, nerve disorders,

Foot and ankle orthopedics is the fastest developing orthopedic subspecialty in the Asia-Pacific region and the Handbook of Foot and Ankle Orthopedics is designed to be an indispensable guide for all general as well as specialist orthopedicians. The handbook covers a wide range of topics, including the general rules of foot and ankle examination, their investigation, rationale of prescription of foot and ankle orthotics, various malunions, management of foot and ankle trauma, diagnosis, and the management of common foot and ankle infections. It also explains the art of arthrodesis in a concise yet comprehensive manner. Its content is organized in a pointwise format, supported by algorithms, tables, illustrations and real clinical pictures for easy and quick reference by orthopedic surgeons. The chapters are contributed by internationally-renowned authors with years of clinical experience. Salient features Comprehensive knowledge of all common and complex foot and ankle problems encountered in general orthopedic practice. Clear goals and principles of management along with treatment solutions in keeping with the resources available in developing countries. A simple approach to diagnosis and differential diagnosis of problems. Special 'Tips and Tricks' section summarizing the important points at various places within and at the end of chapters.

Now in vibrant full color, Manual of Orthopaedics, Eighth Edition, provides the must-know information you need to diagnose and treat musculoskeletal injuries and diseases with confidence. This quick-reference manual has been completely updated and revised to include content particularly valuable for orthopaedic physician assistants, while retaining key information for orthopaedic residents and nurse practitioners, primary care physicians, and orthopaedic providers in all practice environments.

Written by recognized experts in podiatry, this full-color text/atlas is a practical "how-to" guide to the most advanced and successful techniques for treating foot and ankle problems. The authors describe their preferred techniques in step-by-step detail, identify pitfalls and potential complications, and offer personal pearls and tips for improving results. The book is thoroughly illustrated with full-color, sequential, surgeon's-eye view intraoperative photographs and drawings demonstrating difficult surgical maneuvers. Each chapter focuses on a specific procedure and covers indications, contraindications, preoperative planning, surgical technique, postoperative management, and complications. A list of recommended readings appears at the end of each chapter.

This book, specifically designed to be of value in clinical practice, is an up-to-date, case-oriented reference on the various foot and ankle disorders that is presented in the style of a teaching file, with a wealth of informative illustrations. The text is concise and informative, providing a general overview of each disorder, identifying key points for correct diagnosis and differential diagnosis, and highlighting tips and pitfalls in conservative and operative treatment. The most important feature, however, is the depiction of representative cases by means of detailed, high-quality color photographs that will acquaint the reader with the key appearances relevant to diagnosis and treatment. Foot and Ankle Disorders will serve as a user-friendly source of information for all who deal with these conditions. It will be especially valuable for those with a keen interest in treatment algorithms, surgical techniques, and prevention of surgical complications.?

A practical, hands-on manual for surgeons of all levels on the management of foot and ankle trauma. The approaches are presented in a systematic, casebased format, ranging from simple to more complex cases. It provides step-by-step coverage of a wide range of basic to advanced techniques and procedures for the management of fractures, dislocations and soft tissue injuries of the foot and ankle. While a single case can be approached in a variety of ways, this book seeks to provide important guidelines which apply to most situations that may arise in foot and ankle injuries. It will be of value to anyone providing care for foot and ankle injuries. This book focuses on: General considerations in foot and ankle surgery Clinical and radiographic evaluation Decision-making and options for nonoperative treatment Preoperative planning Surgical approaches Avoiding pitfalls Managing

risks and complications Alternative techniques Postoperative rehabilitation Key features include: Contributions from 48 surgeons from 14 countries 59 detailed cases covering a comprehensive range of foot and ankle injuries More than 1,650 high-quality illustrations and images

Newly reorganized and streamlined, the fifth edition of McGlamry's Foot and Ankle Surgery remains the definitive text for today's podiatrist, foot and ankle surgeon, resident, or student, whether for everyday reference or preparing for certification exams. All clinical chapters have been formatted for ease of use, with clearly written, highly illustrated coverage of traditional as well as new and emerging techniques. Covering topics from perioperative management to postoperative complications, this must-have reference helps you master the full range of foot and ankle surgeries and procedures.

Your definitive, step-by-step guide to ultrasound-guided exams and injections of the foot and ankle Ultrasound of the Foot and Ankle is a multimedia, step-by-step introduction on how to use ultrasound successfully to diagnose and treat conditions of the foot and ankle. Authored by noted podiatric physician and educator, Nathan H. Schwartz, DPM, the book thoroughly covers both diagnostic and interventional methods. Concise text and numerous illustrations provide you with easy to understand instruction on using ultrasound to accurately identify normal and abnormal anatomy of foot and ankle. In addition to an extensive section devoted to ultrasound-guided musculoskeletal injections, the book features chapters on ultrasound basics: image optimization, probe handling, and ergonomics. Numerous tips and tricks are provided to help you master exams and acquire new skills. It is the perfect introduction for practitioners who are eager to bring these procedures into their practices to enhance patient care. • Guided learning that helps you put new procedures into practice • Comprehensive coverage of how to effectively scan muscles, tendons, ligaments, joints, soft tissue, fat, bone, and nerves • More than 60 videos illustrate key exams and injections • Ideal for podiatrists, pain medicine specialists, sports medicine physicians, orthopedic surgeons, and physiatrists

The reference of choice in foot surgery has been thoroughly updated to reflect the latest developments in foot and ankle surgery. Under the expert editorial guidance of Drs. Coughlin and Mann, this two-volume text covers general considerations, the forefoot, neurologic disorders, arthritic conditions, postural disorders, miscellaneous disorders, sports medicine, pediatric, and trauma. Eight new contributors bring fresh insight to several major topics: conservative treatment of foot and ankle, congenital neurological disorders, flat foot in children and young adults, heel pain, infections of the foot, tumors and metabolic disorders of the foot, dermatology, congenital foot and ankle deformities, miscellaneous soft tissue injuries, fractures and fracture dislocations of the ankle, and fractures and dislocations of the foot. Presents both conservative and surgical treatments with a clinically focused approach. Carefully details the precise methods for carrying out the preferred surgical approach, complemented by intricate line drawings. Discusses the biomechanics of the foot and ankle as well as principles of examination, imaging, conservative treatment, and peripheral anesthesia. Organized into nine sections - general considerations, the forefoot, neurologic conditions, arthritic conditions, postural disorders, miscellaneous conditions, sports medicine, pediatrics, and trauma. Clearly defines preoperative planning and postoperative management.

The vast majority of orthopaedic care takes place not in the orthopaedic surgeon's office or operating room but in various primary care settings. Essential Orthopaedics, 2nd Edition, provides concise, practical guidance from noted authority Dr. Mark D. Miller, along with a stellar editorial team and numerous contributors from both orthopaedics and primary care. Using a templated, bulleted format, it delivers the information you need on diagnosis, management, and appropriate referrals for adult and pediatric patients. It's the perfect, everyday orthopaedic reference for primary care physicians, physician assistants, nurse practitioners, physical therapists, and athletic trainers in the clinic or training room. Offers expert insight to help you confidently diagnose and treat sprains, fractures, arthritis and bursitis pain, and other musculoskeletal problems, or refer them when appropriate. Covers topics of high importance in orthopaedic care: anatomy and terminology, radiologic evaluation of orthopaedic conditions, principles of fracture management, and special considerations for the obese, the elderly, athletes, those with comorbidities, and other patient populations. Features 40 videos covering injections, physical examinations, common procedures, and more. Includes 12 new chapters with current information on physical exam of the hip and pelvis, femoroacetabular impingement (FAI), athletic pubalgia, state-of-the-art surgical techniques, and new imaging information, particularly in the area of musculoskeletal ultrasound. Provides new ICD-10 codes for common orthopaedic conditions. Features diagnostic algorithms, specific steps for treatment, and full-color illustrations throughout.

Packed with superb illustrations, pearls, and pitfalls, Reconstructive Foot and Ankle Surgery: Management of Complications, 3rd Edition, delivers step-by-step guidance on essential elements of complex foot and ankle surgery. World-renowned surgeon Dr. Mark S. Myerson, along with expert co-author Dr. Anish R. Kadakia, provides detailed instruction on how to select the correct treatment for challenging disorders and manage complications after surgery. A highly templated, consistent format, abundant illustrations, and decades of real-life experience make this an easy-to-use resource for everyday practice as well as an authoritative reference for in-depth study. Covers the most up-to-date techniques, new procedures, innovative approaches, and technological advances.

Foot & AnkleLWWEssentials of Foot and Ankle SurgeryCRC Press

This concise yet comprehensive visual resource is a fresh and unique approach for reviewing and solidifying your foundation in over 100 essential surgical procedures across the orthopaedic specialties. Chapters are heavily illustrated with radiographs, intraoperative photographs, and line drawings to help you visualize the procedures. The management of each condition is detailed in an easy-to-follow format that begins with patient selection, walks through a detailed step-by-step description of the procedure, and concludes with the authors surgical pearls. From rotator cuff repair and fixation of distal radius fractures to tibiotalar arthrodesis and pediatric ACL reconstruction, the 70 surgical videos that complement these chapters bring your learning experience to life. This technique-focused reference is a one-stop fundamental resource for busy practicing orthopaedic surgeons and a must have for orthopaedic residency.

Stay up to date with the latest minimally invasive foot and ankle surgeries with this second volume in the Minimally Invasive Orthopaedic Surgery series. Clinically focused, concise, and easy to use, Minimally Invasive Foot and Ankle Surgery walks you step by step through more than two dozen commonly performed surgeries designed to reduce patient recovery and rehabilitation time while minimizing risk. International experts in the field share their innovative techniques in an easy-to-follow, consistent format that includes indications, patient positioning, surgical approach and technique, rehabilitation protocol, outcomes, and complications.

This comprehensive textbook brings together a unique vision and multidisciplinary approach – embracing and combining MD, DO

and DPM foot and ankle training disciplines – into a singular focus on improving and mastering surgical treatment of foot and ankle disorders. It opens with a chapter presenting the specific preoperative considerations and protocols commonly followed by foot and ankle surgeons of all specialties. Divided into three main thematic sections detailing the forefoot, midfoot and hindfoot, each subsequent chapter follows a consistent chapter format presenting case examples, key surgical set-up and equipment needs and step-by-step clinical pearls for surgical excellence. Post-operative care and rehabilitation recommendations are also included for a well-rounded presentation of care from start to finish. Both common and complex pathologies and injuries are discussed, from bunion and hammertoe management to the Charcot foot and ankle, total ankle replacement, arthroscopy and arthroplasty techniques, amputations and biologics. Generous figures and intraoperative photos illustrate the procedures in vivid detail. The subspecialty of foot and ankle surgery is a highly specialized one, which is constantly evolving and improving. This speaks to the complexity of the foot and ankle complex, the multiple levels and articulations of the foot and the variety of pathologies encountered. This textbook leans on the unique experience and training of the OFAC attending surgeons and past fellows to reveal the pearls and keys to the efficient surgical treatment of the full gamut of foot and ankle pathologies. Ideally suited for residents and students whether MD, DO or DPM, *Essential Foot and Ankle Surgical Techniques - EFAST* for short - is a dynamic, multidisciplinary resource that covers the full range of pathologies and injuries an orthopedic surgeon or podiatrist would encounter in daily practice.

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In this book, the author describes the most successful surgical procedures for repairing fractures, traumatic injuries, and other problems. Emphasis is on restoring normal anatomy and optimal function. The first two sections present in-depth discussions of the general principles of acute trauma, fracture, and reconstructive surgery. The third section is an atlas that documents in detail specific operative techniques, including arthrodesis, osteotomy, tendon transfers, muscle-balancing techniques, capsulorrhaphy and capsulotomy, and miscellaneous techniques. (Midwest).

Covering more than 100 fundamental orthopaedic techniques, *Atlas of Essential Orthopaedic Procedures, 2nd edition* offers a highly illustrated, step-by-step guide to the wide variety of conditions you're most likely to see in practice. The easy-to-follow format begins with patient selection, walks you through a detailed, step-by-step description of the procedure, and concludes with the author's surgical pearls--all heavily illustrated with radiographs, intraoperative photographs, and line drawings for optimal visualization of the procedure. This technique-focused reference is an essential resource for busy orthopaedic surgeons and a must-have reference for orthopaedic residency. This one-stop essential resource provides: Step-by-step, fully illustrated coverage of the techniques you need to master--from rotator cuff repair and fixation of distal radius fractures to tibiotalar arthrodesis and pediatric ACL reconstruction. Dedicated sections covering sports medicine, shoulder and elbow, hand and wrist, adult reconstruction, trauma, foot and ankle, spine, and pediatric orthopaedics. Thirteen new procedures, including 5 for adult reconstruction and 5 for hand and wrist. More than 70 accompanying surgical videos that complement select chapters throughout the book. Enhance Your eBook Reading Experience Read directly on your preferred device(s), such as computer, tablet, or smartphone. Easily convert to audiobook, powering your content with natural language text-to-speech.

This book is a 'go-to' guide for postgraduate Orthopaedic examinations as well as for Orthopaedic surgeons for trauma and elective foot and ankle surgery. A streamlined approach ensures that the 22 core topics are covered in a succinct and practical way. Foot and ankle surgery is a vast topic that can be daunting to revise due to the complex and diverse nature of associated pathologies. This highly illustrated succinct text, together with key learning points ensures a rapid understanding of all the essential elements of foot and ankle surgery. * Provides 'need -to-know' information for Orthopaedic surgeons * Assists with exam preparation for postgraduate exit exams such as the FRCS (Trauma & Orth) * Simple, succinct and concise * Over 500 illustrations to aid learning * Accompanying website with MCQs and videos of clinical examination and surgical techniques Orthopaedic surgeons, registrars and trainees, other specialty doctors, general practitioners and physiotherapists with musculoskeletal interest and podiatrists will all find here 'gold standard' answers to foot and ankle conditions.

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