

Emg Secrets

Detailed and evidence-based, this text focuses on musculoskeletal pathology and injury with descriptions of current and practical rehabilitation methods. PATHOLOGY AND INTERVENTION IN MUSCULOSKELETAL REHABILITATION provides everything you need to create and implement rehabilitation programs for your patients with musculoskeletal disorders due to injury, illness, or surgery. Each intervention includes a rationale, pathology and related problems, stages of healing, evidence in literature, and clinical reasoning considerations. This is the third volume of the new four-volume musculoskeletal rehabilitation series anchored by "Magee's Orthopedic Physical Assessment, 5th Edition." A companion CD with references and links to MEDLINE abstracts, provides easy access to the articles referenced in the text. Evidence-based content, with over 4,000 references, supports the scientific principles for rehabilitation interventions, providing the best evidence for the management of musculoskeletal pathology and injury. Over 150 tables and 250 boxes help organize and summarize important information, highlighting key points. Over 700 drawings, clinical photos, radiographs, and CT and MRI scans demonstrate and clarify important concepts. Trusted experts in musculoskeletal rehabilitation - David Magee, James Zachazewski, Sandy Quillen, plus more than 70 contributors - provide authoritative guidance on the management of musculoskeletal pathology and injury. This new edition of one of the most popular books in otolaryngology is now completely updated and expanded. In 89 chapters, the authors cover every virtually every ENT disorder in the clear and engaging "textbook in question and answer" format of The Secrets Series®. Ideal for rounds, clinical discussions, examinations, and a great refresher for practitioners The smart way to study! Elsevier titles with STUDENT CONSULT will help you master difficult concepts and study more efficiently in print and online! Perform rapid searches. Integrate bonus content from other disciplines. Download text to your handheld device. And a lot more. Each STUDENT CONSULT title comes with full text online, a unique image library, case studies, USMLE style questions, and online note-taking to enhance your learning experience. Includes 3 new chapters - Deafness, Hair Transplantation, and Telemedicine. Each chapter will feature a "sidebar" - a small box of interesting history or arcana. All the most important "need-to-know" questions-and-answers in the proven format of the highly acclaimed Secrets Series® Concise answers that include the author's pearls, tips, memory aids, and "secrets" Bulleted lists, algorithms, and illustrations for quick review Thorough, highly detailed index Thought-provoking questions that provide succinct answers Presentation of a vast amount of information, but not overly simplistic Your purchase of this book entitles you to access www.studentconsult.com at no extra charge. This innovative web site offers you... Access to the complete text and illustrations of this book. Content clipping for your handheld. An interactive community center with a wealth of additional resources. The more STUDENT CONSULT titles you buy, the more resources you can access online! Li>Look for the STUDENT CONSULT logo on your favorite Elsevier textbooks! Complete updating of all information. The new edition of this popular volume updates and expands the first edition. The content is organized by classification, mechanisms, clinical approach, syndromes defined by pain, syndromes in which pain is a component, and management by all current modalities and specialties. New chapters include High-Tech Intervention, Pain Management in the Terminally Ill Patient, and the Difficult Patient. Perfect for exam preparation, and a valuable clinical reference. Highly successful volume in first edition Concise answers that include the author's pearls, tips, memory aids Bulleted lists, tables, and illustrations for quick review Chapters written by experts their fields Thorough, highly detailed index Great for review for Pain Management Board Exams New chapters to this edition are Complementary and Alternative Medicine,

Interventional Pain Management, and Addiction and Pain Management All chapters have been significantly revised and update and many new questions have been added

Fetal and Neonatal Secrets, by Drs. Richard Polin and Alan Spitzer, uses the success formula of the highly popular Secrets Series to offer fast answers to the most essential clinical questions in fetal and neonatal medicine. With its user-friendly Q & A format, practical tips from neonatologists and fetal medicine experts, and "Key Points" boxes, this portable and easy-to-read medical reference book provides rapid access to the practical knowledge you need to succeed both in practice and on board and recertification exams. Get the evidence-based guidance you need to provide optimal care for your fetal and neonatal patients. Zero in on key fetal and neonatal information with a question and answer format, bulleted lists, mnemonics, and practical tips from the authors. Enhance your reference power with a two-color page layout, "Key Points" boxes, and lists of useful websites. Review essential material efficiently with the "Top 100 Secrets in Fetal and Neonatal Medicine" - perfect for last-minute study or self-assessment. Apply all the latest pediatric advances in clinical fetal neonatology techniques, technology, and pharmacology. Access the complete and fully searchable text and illustrations online at Expert Consult.

Garry Rogers played a key role in one of the UK's most successful undercover policing operations, targeting the football hooliganism which blighted the domestic and international game. From Old Trafford to Turkey and Sweden to Sardinia, this working class lad turned undercover cop infiltrated some of the most notorious hooligan gangs at club and England level as part of Greater Manchester Police's groundbreaking Omega Unit. When the force extended its undercover policing operations to target serious and violent crime, it was Garry who gained the trust of armed robbers, drug dealers and a murderer securing the evidence to take them off the streets, often for many years. But after five years at the cutting edge of covert operations, and with a new, inexperienced and ultimately corrupt officer in charge of the unit, Garry found himself dangerously exposed to violent criminals living just minutes from his family home. And when he turned to the force for support he was met with a wall of silence, accusations, and what one chief constable later described as a Masonic conspiracy that eventually pushed him out of the job after 28 years. Now he's determined to tell his story – the truth, the whole truth and nothing but the truth.

Succinct, easy to read, engaging, and highly effective—the highly regarded Secrets Series® provides students and practitioners in all areas of health care with focused, engaging resources for quick reference and exam review. Written by prolific author Dr. Theodore X. O'Connell, USMLE Step 2 Secrets, 6th Edition, offers practical, up-to-date coverage of the full range of topics on this high-stakes exam. This bestselling resource features the Secrets' popular question-and-answer format that prepares you for the broad-based diagnosis, treatment, and management questions you'll face on the vignette-style USMLE exam. Completely revised and updated, now with additional content to reflect high-yield content on the USMLE Step 2. Coverage includes essential questions and answers on the key conditions you will be expected to recognize, all specialty and subspecialty topics, and necessary clinical concepts. New full-color images, including more dermatology photos, plus numerous figures, tables, and summary boxes throughout. Top 100 Secrets, tips, and memory aids offer a fast overview of the secrets you must know for success in practice and on exams. Review board composed of students and residents who performed highly on USMLE Step 2 and have experience with USMLE-style question development. Portable size makes it easy to carry with you for quick reference or review anywhere, anytime.

This volume has over 90 contributing experts to provide you with authoritative, up-to-date guidance on every aspect of orthopaedic disorders in children [taken from back cover].

For more than 30 years, the highly regarded Secrets Series® has provided students and practitioners in all areas of health care with concise,

focused, and engaging resources for quick reference and exam review. Anesthesia Secrets, 6th Edition offers practical, up-to-date coverage of the full range of essential topics in the practice of anesthesiology. This bestselling resource features the Secrets' popular question-and-answer format that also includes lists, tables, pearls, memory aids, and an easy-to-read style – making inquiry, reference, and review quick, easy, and enjoyable. The proven Secrets Series® format gives you the most return for your time – succinct, easy to read, engaging, and highly effective. Fully revised and updated throughout, including protocols and guidelines that are continuously evolving and that increasingly dictate best practices. New chapters on Electrocardiogram Interpretation, Cardiac Physiology, Vasoactive Agents, Volume Assessment, Blood Pressure Disturbances, Mechanical Ventilation Strategies, Perioperative Point-of-Care Ultrasound and Echocardiography, Neuraxial Techniques, Peripheral Nerve and Trunk Blocks, Patient Safety, and Medical Ethics. Top 100 Secrets and Key Points boxes provide a fast overview of the secrets you must know for success in practice and on exams. Features bulleted lists, mnemonics, practical tips from leaders in the field – all providing a concise overview of important board-relevant content. Portable size makes it easy to carry with you for quick reference or review anywhere, anytime.

The association of shoemakers (cordiners in Scotland) with St Crispin, their patron saint, remained so strong that, at least until the early twentieth century, a shoemaker was popularly called a “Crispin” and collectively “sons of Crispin”. Medieval Scottish cordiners maintained altars to St Crispin and his brother St Crispianus and their cult can be traced to France in the sixth century. In the late sixteenth century, an English rewriting of the legend achieved immediate popularity and St Crispin’s Day continued to be remembered in England throughout the seventeenth century. Journeymen shoemakers in Scotland in the early eighteenth century commemorated their patron with processions; and the appellation “St Crispin Society” appeared in 1763. Shaped by collections held by Scottish museums and archives, the longevity of the shoemakers’ attachment to St Crispin is investigated, as are the origin, creation, organisation, development and demise of the Royal St Crispin Society and the network of lodges it created in Scotland in the period 1817–1909. Although showing the influence of freemasonry, the Royal St Crispin Society devised and practised rituals based on shoemaking legends and traditions; and this study affords a rare insight into the “secret” associational life of a group of Scottish working men in the late eighteenth and nineteenth centuries.

Plastic Surgery Secrets—the first Secrets Series® title in the PLUS format—offers an easy-to-read, information-at-your-fingertips approach to plastic and reconstructive surgery and hand surgery. Jeffrey Weinzweig has joined forces with world-renowned plastic surgeons Joseph McCarthy, Julia Terzis, Joseph Upton, Fernando Ortiz-Monasterio, and Luis Vasconez, and others to bring you the expert perspective you need to grasp the nuances of this specialty. This new edition features an additional color that highlights tables, legends, key terms, section and chapter titles, and web references. All this, along with the popular question-and answer approach and list of the "Top 100 Plastic Surgery Secrets," make it a perfect concise board review tool and a handy clinical reference. Maintains the popular and trusted

Secrets Series® format, using questions and short answers for effective and enjoyable learning. Provides the most current overview and authoritative coverage of all topics thanks to contributions from an impressive list of over 300 experts in the field of plastic surgery and multiple related specialties. Introduces the new PLUS format, with an expanded size and layout and full color for easier review, more information, and more visual elements for an overall enhanced experience. Presents enhanced tables, legends, key terms, and section and chapter titles through the use of an additional color that makes finding information quick and easy. Contains new full color images and illustrations to provide more detail and offer a clearer picture of what is seen in practice.

From the highly popular Secrets Series® comes the succinct, practical electromyography book that practitioners have been waiting for. Major authorities in the field present a series of key questions and answers in areas of importance in EMG, featuring the additional tips, pearls, and "secrets" that are the hallmark of the series. Major sections include Anatomy and Physiology, Instrumentation, Nerve Conduction Studies, Electromyography, Specific Diseases, and Interpretation of Results. All the most important "need-to-know" questions-and-answers in the proven format of the highly acclaimed Secrets Series® Concise answers that include the author's pearls, tips, memory aids, and "secrets" Bulleted lists, algorithms, and illustrations for quick review Thorough, highly detailed index Thought-provoking questions that provide succinct answers Presentation of a vast amount of information

Addresses a wide variety of diseases of the nervous system, as well as neurologic complications of medical and surgical conditions, in a question and answer format. Topics covered include myopathies, radiculopathies and chronic pain, dementias, neuro-oncology, infections and paediatric neurology.

Univ. of Colorado, Denver. Exam review provides bulleted lists and tables, questions and answers, pearls, tips, memory aids, and 'secrets,' (Product Description).

The highly popular Secrets Series® presents an important new resource for veterinarians in this comprehensive, yet focused, coverage of one of the most important and fastest-emerging specialties in veterinary medicine. Among the topics covered are Patient Management, Preparation, Pharmacology, Monitoring, Anesthetic Complications, Anesthesia and Systemic Disease, Special Anesthetic Considerations, Regional Anesthesia, and Pain Management for Small Animals. Emerging area of pain management is covered as well as anesthesia Greene one of the major authorities on pain management Proven Secrets format makes this a unique offering

This is a very good all round ENT book Reviewed by: Harry Brown on behalf of www.glycosmedia.com, November 2015 Apply the latest knowledge and techniques with content thoroughly updated by leaders in the field. Quickly review key concepts through a question-and-answer format, bulleted lists, mnemonics, Exam Pearls, Key Points summaries, and

practical tips from the authors. Enhance your reference power with a full range of well-organized essential topics in ear, nose and throat disorders. Improve content knowledge with a special chapter containing Top 100 Secrets, providing an overview of essential material for last-minute study or self-assessment. Expert Consult eBook version included with purchase. This enhanced eBook experience allows you to search all of the text, figures, and references from the book on a variety of devices.

EMG Secrets

Dr. Elersawi, a pioneer in the field of electricity and its effect in living things, challenges the traditional mechanistic in our thinking about the living inner process of magnetism. He found clues to the interaction between electromagnetic field and the human body. Like the gravity of the earth and the quantum in the universe, the magnet has different effect on different regions of the earth and the universe. The strength and location of natural magnetic fields on the earth can influence our minds, alter our character, and noticeably affect our health. The text explains the effect of magnetic fields on humans at different altitudes on the earth. For example, the intensity of magnetic fields at the two poles is greater than at the equator. This reference explores the sources, characteristics, health hazards and benefits of electromagnetic fields (EM), of low-frequency fields and of radio frequency radiations. Pulsed Electro Magnetic Field Therapy (PEMF) is also expressed in pain relief, osteoporosis treatment, fibromyalgia treatment, fracture healing, rheumatic pain, and stress reduction. More over, electricity and electromagnetic fields do affect the spiritual quality of the human. Electricity can vibrate cells, nerves, bones, organs, and change the chemical reaction and metabolism. Disharmonious or unbalanced vibrations show themselves in many ways including discomfort, disease, illness, fatigue, and a variety of different symptoms. Higher vibrations mean healthy body, and low vibrations mean an ailing body. Interestingly, particular electromagnetic waves can cause degenerative disorder of the central nervous system (the brain), which leads to Parkinson's and Huntington's diseases, and impairments both in sequence learning, and in the initiation and termination of voluntary movements. The book contains materials describing different waves of EM of alpha, beta and Gamma to explain their interaction with biological systems.

World renowned sports medicine physician Dr. Anthony Galea reveals the secret to optimum mental and physical health. With Dr. Galea's background in science he helps the reader understand how their body works and how to reach its full potential. You will learn How to turn back the age clock by understanding how spirituality, diet, and exercise all work together to create the perfect working machine What star athletes such as Tiger Woods, A-Rod, or the Olympic athletes follow in their diet and exercise How to balance your blood chemistry and hormone levels Why diets fail How to develop a perfect eating plan that's easy to follow, effective, and won't leave you feeling hungry What foods that have a positive effect on your body and those you should avoid Exercises you can begin at any fitness level and will only take minutes a day to follow Causes and treatments of common injuries How 10 minutes of meditation a will help give you a more youthful appearance

Every entry is standardized for quick look-up in the office or clinic, and features description, etiology, risk factors, clinical features, natural history, diagnosis, red flags, treatment, prognosis, helpful hints and suggested readings. Features of Rehabilitation Medicine Quick Reference Series Titles Include: • Comprehensive coverage of all important topics in PM&R • Multi-specialty editorship and authorship • Chapters are organized into succinct facts, presented in a bullet point format • Laid out for easy look up by syndrome, complication and treatment • Focus on clinical management provides readers with hands-on, practical guidance for all types of interventions and therapies • Consistent approach allows readers to know exactly where to find the information they need rapidly • "Pitfalls", "Red Flags", "Complications", and "Helpful Hints" help guard against unwanted sequelae

Stay up to date on the latest common and uncommon rheumatic disorders with Rheumatology Secrets Plus. This enhanced medical reference book addresses the treatment of common and uncommon rheumatic disorders, with each chapter reviewing basic immunology and pathophysiology, important disease manifestations, and practical management issues. The user-friendly style of the popular Secrets Series® makes this updated volume a valuable addition to your library! Review basic immunology and pathophysiology, important disease manifestations, and practical management issues related to rheumatic disorders. Apply the latest knowledge and techniques with content thoroughly updated by leaders in the field. Quickly review key concepts with improved "Plus" formatting, such as larger figures and easier-to-read text. Enhance your reference power through a question-and-answer format, bulleted lists, mnemonics, "Key Points" summaries, lists of useful web sites, and practical tips from the authors. Improve content knowledge with a special chapter containing "Top 100 Secrets," providing an overview of essential material for last-minute study or self-assessment. Expert Consult eBook version included with purchase. This enhanced eBook experience allows you to search all of the text, figures, references, and videos from the book on a variety of devices.

This two-volume set LNICST 335 and 336 constitutes the post-conference proceedings of the 16th International Conference on Security and Privacy in Communication Networks, SecureComm 2020, held in Washington, DC, USA, in October 2020. The conference was held virtually due to COVID-19 pandemic. The 60 full papers were carefully reviewed and selected from 120 submissions. The papers focus on the latest scientific research results in security and privacy in wired, mobile, hybrid and ad hoc networks, in IoT technologies, in cyber-physical systems, in next-generation communication systems in web and systems security and in pervasive and ubiquitous computing. .

For more than 30 years, the highly regarded Secrets Series® has provided students and practitioners in all areas of health care with concise, focused, and engaging resources for quick reference and exam review. Spine Secrets Plus, 3rd Edition, by Dr. Vincent J. Devlin, features the Secrets' popular question-and-answer format that also includes lists, tables, pearls, memory aids, and an easy-to-read style – making inquiry, reference, and review quick, easy, and enjoyable. The proven Secrets Series® format gives you the most return for your time – succinct, easy to read, engaging, and highly effective. Fully revised and updated throughout, including protocols and guidelines that are continuously evolving and that increasingly dictate best practices. Expanded PLUS format includes extended coverage, a larger format, colorful visual elements, and larger, detailed images and

illustrations to provide an overall enhanced learning experience. Remain at the forefront of the nuances of spine surgery and related specialties with updates on new techniques and technologies, as well as changing treatment options and drug information. Top 100 Secrets and Key Points boxes provide a fast overview of the secrets you must know for success in practice and on exams. Zero in on key information with bulleted lists, mnemonics, and practical tips from prominent specialists – all providing a concise overview of important, board-relevant content. Portable size makes it easy to carry with you for quick reference or review anywhere, anytime.

Medical Secrets is an easy-to-read, best-selling volume in the Secrets Series®, perfect for use in clerkships, for board prep, or as a handy clinical reference. Mary P. Harward, MD presents core medical knowledge in the trusted question-and-answer format to help you better meet the challenges you face every day. Prepare effectively with the proven question-and-answer format of the highly acclaimed Secrets Series®. Master all common conditions and their treatments. Identify key facts and secrets using the "Top 100 Secrets" section. Review material quickly thanks to bulleted lists, tables, and short answers. Apply pearls, tips, memory aids, and "secrets" from experts in the field. Stay current on the latest standards in medical care thanks to extensive updates, including new chapters on Medical Ethics, Vascular Medicine, and Palliative Medicine. Get the latest key information at a glance with over 30 new tables and several new figures. Consult the book wherever you go thanks to the portable size that fits in your lab coat pocket. Find information easily using the two-color page layout, "Key Points" boxes, and a highly detailed index.

Presents key information on the diagnosis and management of the full array of sleep disorders. Each chapter asks a series of key questions and provides answers from leading authorities in the field. Ideal as a quick reference, but comprehensive enough to function as the clinical book of choice in sleep medicine.

Written by Dr. Brochert, who scored in the 99th percentile in Steps 1 and 2 of the U.S. Medical Licensing Exam (USMLE), this new addition to The Secrets Series(R) provides essential questions and answers covering topics that have appeared on recent Step II exams and will enable medical students to become more confident and do very well on their test. Content is based on very recent topics that have appeared on Step 2. It is written in the current exam format in terms of question style and length. The organisation of the book into one-hour block sessions parallels the current organisation of the USMLE exam. Comprehensive answers and comments ensure that the reader will understand why they got the answer right or wrong. Questions cover all of the subspecialty areas tested on the exam, not just the core rotations. Book written by author after recently taking the exam and extensively interviewing students who have also taken the exam.

Dreaming is vital to the human story. It is essential to our survival and evolution, to creative endeavors in every field, and, quite simply, to getting us through our daily lives. All of us dream. Now Robert Moss shows us how dreams have shaped world events and why deepening our conscious engagement with dreaming is crucial for our future. He traces the strands of dreams through archival records and well-known writings, weaving remarkable yet true accounts of historical figures who were influenced by their dreams. In this wide-ranging, visionary book, Moss creates a new way to explore history and consciousness, combining the storytelling skills of a bestselling novelist with the research acumen of a scholar of ancient history and the personal experience of an active dreamer.

This book provides advanced content that begins where the Practical Guide for Clinical Neurophysiologic Testing: EEG ends. This advanced

guide, more geared to neurology fellows than to electroneurodiagnostic technologists, discusses evoked potentials, including visual, brainstem auditory, and somatosensory EPs. The author covers intraoperative neurophysiologic monitoring, epilepsy monitoring, long-term bedside EEG monitoring, and sleep studies. Companion website includes fully searchable text, quiz bank, and image bank.

This completely updated top-seller in physical medicine and rehabilitation continues the tradition of the highly popular Secrets Series®. From anatomy and physiology of the nervous and musculoskeletal system to medical complications in rehabilitation to work and rehabilitation—this book presents all the key elements you need for clinical use, rounds, and board preparation. Expedites reference and review with a question-and-answer format, bulleted lists, mnemonics, and tips from the authors. Features a two-color page layout, "Key Points" boxes, and lists of useful web sites to enhance your referencing power. Includes a chapter containing the "Top 100 Secrets" in physical medicine and rehabilitation, enabling you to quickly review essential material. Comes in a convenient pocket size for easy access to key information.

For more than 30 years, the highly regarded Secrets Series® has provided students and practitioners in all areas of health care with concise, focused, and engaging resources for quick reference and exam review. Rheumatology Secrets, 4th Edition, features the Secrets' popular question-and-answer format that also includes lists, tables, pearls, memory aids, and an easy-to-read style – making inquiry, reference, and review quick, easy, and enjoyable. The proven Secrets Series® format gives you the most return for your time – succinct, easy to read, engaging, and highly effective. Fully revised and updated throughout, including protocols and guidelines that are continuously evolving and that increasingly dictate best practices. Practical coverage of basic immunology and pathophysiology, important disease manifestations, and clinical management issues related to common and uncommon rheumatic disorders. Top 100 Secrets and Key Points boxes provide a fast overview of the secrets you must know for success in practice and on exams. Features bulleted lists, mnemonics, practical tips from leaders in the field – all providing a concise overview of important board-relevant content. Keeps you up to date with new techniques and technologies, as well as changing treatment options and drug information. Portable size makes it easy to carry with you for quick reference or review anywhere, anytime.

Revised and updated, Neurology Secrets, 5th Edition has the answers you need. A two-color page layout, portable size, and a list of the "Top 100 Secrets" in neurology help you better meet the challenges you face today. You'll find all the features you rely on from the Secrets Series®—a question-and-answer format, lists, mnemonics, tables, and an informal tone—that make study or reference fast and easy. •

Expedites reference and review with a question-and-answer format, bulleted lists, mnemonics, and practical tips from the authors. • Features a two-color page layout, "Key Points" boxes, and lists of useful web sites to enhance your reference power. • Presents a chapter containing "Top 100 Secrets," providing you with a quick and concise overview of essential material for last-minute study or self-assessment. • Fits comfortably in the pocket of your lab coat to allow quick access to essential information when you need it the most. • Presents completely revised chapters, covering all of today's most common neurologic conditions and their treatment to keep you up to date.

Get the most out of your study and review with Critical Care Secrets! This easy-to-read book uses the popular and trusted Secrets Series® question-and-answer format to cover all areas of critical care medicine, focusing on the practical, "in-the-trenches" know-how you need to succeed both in practice, and on board and recertification exams. The easy-to-read approach of the Secrets books has been serving medical professionals for decades. Expedite your reference and review with a question-and-answer format that's conversational and easy to read. Zero in on key information with bulleted lists, mnemonics, practical tips from the authors, and "Key Points" boxes that provide a concise overview of important board-relevant content. Explore effective solutions to patients' medical and ethical problems related to a wide range of

specialties, including pulmonology, surgery, anesthesiology, pharmacy, and infectious disease. Get the evidence-based guidance you need to provide optimal care for the critically ill. Gain a new perspective on today's hot topics with new coverage of encephalitis, acute abdomen, antidepressants, and much more. Stay up to date with all-new chapters on General Approach to Trauma Victims, Arterial and Central Venous Lines, ICU Ultrasound, Extracorporeal Membrane Oxygenator (ECMO), H1N1/Influenza, Immunocompromised Host, Glycemic Control in the ICU, Disaster Medicine, Toxic Alcohols, Cardiovascular Drugs, Palliative Care, and Organ Donation. Learn from the experience of international experts, many of whom are new to this edition and offer a fresh viewpoint on critical care. A comprehensive, easy-to-read overview makes Critical Care Secrets the perfect review tool for board and recertification exams, a clinical refresher, or a quick reference guide.

Presented in a question-and-answer format, this text provides a review of sports medicine. Topics include - supervision of the athlete, special populations, conditioning, environmental concerns, protective equipment and sports nutrition.

Spine Secrets Plus—a Secrets Series® title in the new PLUS format— gives you the answers you need to succeed on your rotations, your boards, and your career. Dr. Vincent J. Devlin provides the expert perspective you need to grasp the nuances of spine surgery and related specialties. This new edition offers expanded coverage, a larger format, and colorful visual elements to provide an overall enhanced learning experience. All this, along with the popular question-and-answer approach, makes it a perfect concise board review tool and a handy clinical reference. Prepare effectively with the proven question-and-answer format of the highly acclaimed Secrets Series®. Master all common conditions and their treatments. Identify key facts using the "Top 100 Secrets". Review material quickly thanks to bulleted lists, tables, and short answers. Apply memory aids and "secrets" from experts in the field. Get an overall enhanced learning experience from the new PLUS format, with an expanded size and layout for easier review, more information, and full-color visual elements. Stay current on the latest standards in medical care thanks to extensive updates, including new chapters on Spinal Cord Stimulation and Implantable Drug Delivery Systems, Special surgical Techniques for the Growing Spine, Pathophysiology of Degenerative Disorders of the Spine, Discogenic Low Back Pain, Treatment Options for Osteoporotic Vertebral Compression Fractures, and Disorders Affecting the Spinal Cord and Nerve Roots. See a clearer picture of what you encounter in practice through larger, detailed images and illustrations. Find information quickly and easily with additional color that enhances tables, legends, key points, and websites.

Stay up to date on the broad specialty of otolaryngology with, ENT Secrets, the revised volume in the popular Secrets Series®. This medical reference book reviews the overall field of otolaryngology, with each chapter covering basic and in-depth subjects, important topics for a wide-range of practitioners, and practical management issues. The user-friendly Secrets style makes this resource a valuable addition to your library! Apply the latest knowledge and techniques with content thoroughly updated by leaders in the field. Quickly review key concepts through a question-and-answer format,

bulleted lists, mnemonics, "Exam Pearls," "Key Points" summaries, and practical tips from the authors. Enhance your reference power with a full range of well-organized essential topics in ear, nose and throat disorders. Improve content knowledge with a special chapter containing "Top 100 Secrets," providing an overview of essential material for last-minute study or self-assessment. Expert Consult eBook version included with purchase. This enhanced eBook experience allows you to search all of the text, figures, and references from the book on a variety of devices.

USMLE Step 2 Secrets is an easy-to-read review perfect for busy students like you. Adam Brochert, MD—who scored in the 99th percentile on the Step 2 USMLE—and Theodore X. O’Connell, MD—author of several review and clinical reference books—present essential questions and answers covering the important concepts you need to know to score well on the USMLE Step 2 exam: key conditions you will be expected to recognize, all specialty and subspecialty topics, and necessary clinical concepts. Learn the most important questions and answers with the proven format of the highly acclaimed Secrets Series. Master all specialty and subspecialty topics covered on Step 2. Identify key facts and secrets using the Top 100 Secrets chapter. Review material quickly and easily thanks to bulleted lists, algorithms, and illustrations. Apply the pearls, tips, memory aids, and "secrets" from well-known and highly popular authors, Adam Brochert, MD and Theodore X. O’Connell, MD. Find information quickly with a second color highlighting chapter and section titles, legends, bullets and icons, and key terms. Consult the book wherever you go thanks to the portable size that fits in your lab coat pocket.

Newly revised and updated, this is the industry standard for executives and professionals in all major industries, and includes a free resume review by the author. Steven Provenzano is President of ECS: Executive Career Services and DTP, Inc. ECS is a team of certified experts specializing in career marketing at all income levels. Mr. Provenzano is the author of ten highly successful career books including Top Secret Resumes & Cover Letters, 4th Ed., the Complete Career Marketing guide for all job seekers. He is a CPRW, Certified Professional Resume Writer, a CEIP, Certified Employment Interview Professional, and has written or edited more than 5000 resumes for staff, managers and executives at all income levels during his 20 years in career marketing and corporate recruiting. His team is so highly regarded, they were selected to write more than 1500 resumes for all of SAP America's domestic consultants. Steven has appeared numerous times on CNBC, CNN, WGN, NBC/ABC in Chicago, in the Wall Street Journal, Chicago Tribune, Crain's, the Daily Herald, and on numerous radio programs. His work is endorsed by Chicago Tribune career columnist Lindsey Novak, as well as top executives from the Fortune 500, including Motorola, Coca-Cola and other firms. You may email your resume direct to the author for a free review, to the email provided on the back cover.

Popular Mechanics inspires, instructs and influences readers to help them master the modern world. Whether it's

practical DIY home-improvement tips, gadgets and digital technology, information on the newest cars or the latest breakthroughs in science -- PM is the ultimate guide to our high-tech lifestyle.

Orthopedic Nursing Secrets provides pearls of knowledge, or nursing secrets to nurses who provide care to patients with musculoskeletal disorders. Not only is this a useful reference for orthopedic nurses, but also for nurses who provide care to orthopedic patients in a variety of settings including the ER, OR, ICU, Med/Surg units, outpatient clinics, etc. This book provides essential nursing considerations from a wide variety of orthopedic nursing topic areas. Each chapter has been developed upon thought-provoking questions and straightforward answers. - Engaging, interactive Q & A format - Concise answers with valuable pearls, tips, memory aids, and secrets - 18 succinct chapters written for quick review - All the most important, need-to-know questions and answers in the proven format of the highly acclaimed Secret Series - Thorough, highly detailed index

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