

Principles Of Athletic Training A Competency Based Approach

Principles of Athletic Training: A Competency-Based Approach is designed to be used by athletic trainers in courses concerned with the scientific, evidence-based and clinical foundations of athletic training and sports medicine. The text leads the student from general foundations to specific concepts relative to injury prevention, evaluation, management, and rehabilitation. As the student progresses from beginning to end, he or she will understand the complexities of the profession of athletic training. An overarching goal of the text is to make certain that each and every one of the educational competencies identified by the Education Council is specifically covered. After using this text the student should be able to apply the appropriate techniques and concepts in the day-to-day performance of his or her job as an athletic trainer.

Never HIGHLIGHT a Book Again! Virtually all of the testable terms, concepts, persons, places, and events from the textbook are included. Cram101 Just the FACTS101 studyguides give all of the outlines, highlights, notes, and quizzes for your textbook with optional online comprehensive practice tests. Only Cram101 is Textbook Specific. Accompanys: 9780073523736 .

This text is a practical introduction to athletic training, grounded in real-world, everyday sports settings and an ideal guide for giving trainers the knowledge they need to be successful in an athletic setting. Instead of overwhelming the reader with details on all injuries and illnesses, this guide details common injuries and outlines special tests and rehab protocols that should be utilized to address those injuries. Readers will learn the various injuries an athlete may incur, the appropriate treatment and protocols to improve the athlete's ability to return to play safely, and the healing process associated with the specific injury. The text has an easy to follow format, concentrating on injuries for each major region of the lower body and then focusing on the upper body and its common injuries. Important Notice: The digital edition of this book is missing some of the images or content found in the physical edition."

Fundamentals of Athletic Training, Fourth Edition, provides a clear understanding of the functions, skills, and activities that are involved in the work of certified athletic trainers. This book helps students evaluate the possibility of a career as a sports medicine professional.

"Since the first edition of Principles of Athletic Training was published in 1963, the profession of athletic training has experienced amazing growth, not only in numbers but also in the associated body of knowledge. During all those years and in fifteen previous editions, the authors of this text, Daniel Arnheim, John Klafs, and now Bill Prentice, have taken it as a personal responsibility to provide the reader with the most current clinical information in athletic training and sports medicine. It has always been based on the most current research evidence and, consequently, it has endured as one of the preeminent textbooks for athletic training students and professionals for more than 50 years"--

Principles of Athletic Training: A Guide to Evidence-Based Clinical Practice McGraw-Hill Education

This ISBN is for the standalone book only! Arnheim's Principles of Athletic Training: A Competency-Based Approach is the leading text in the athletic training field. The text is

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designed to lead the student from general foundations to specific concepts relative to injury prevention, evaluation, management, and rehabilitation. Now in its 14th edition, Arnheim's Principles of Athletic Training continues to innovate, with several new features available with the new edition: Connect Athletic Training: the first online learning management system for the athletic training course, featuring assignable labs, videos, Internet exercises, an optional integrated ebook, and more Full color photographs and illustrations throughout the entire text Expanded coverage of athletic trainers working in a variety of employment settings

"This seventh edition of Rehabilitation Techniques for Sports Medicine and Athletic Training is for the professional student of athletic training who is interested in gaining more in-depth exposure to the theory and practical application of rehabilitation techniques used in a sports medicine environment. The purpose of this text is to provide the athletic trainer with a comprehensive guide to the design, implementation, and supervision of rehabilitation programs for sport-related injuries that is based on the current best-available evidence available in the professional literature. It is intended for use in courses in athletic training that deal with practical application of theory in a clinical setting. The contributing authors have collectively attempted to combine their expertise and knowledge to produce a text that encompasses all aspects of sports medicine rehabilitation"--

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- SmartBook® - an adaptive digital version of the course textbook that personalizes your reading experience based on how well you are learning the content.
- Access to your instructor's homework assignments, quizzes, syllabus, notes, reminders, and other important files for the course.
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<http://www.mheducation.com/highered/platforms/connect/training-support-students.html>

This market-leading text emphasizes the prevention and management of athletic injuries and remains the only text to cover all aspects of the profession of athletic training. It is a valuable resource in seeking professional certification. The text provides practical, career-oriented content for students in athletic training, sports medicine, physical education, physical therapy, and coaching.

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This work explains concepts in athletic training and presents injuries and illnesses encountered by certified athletic trainers. The book discusses various conditions, illnesses and diseases along with information on nutrition and the effects of therapeutic, recreational and performance-enhancing drug use. Principles of Athletic Training: A Guide to Evidence-Based Clinical Practice is designed to be used by athletic trainers in courses concerned with the scientific, evidence-based and clinical foundations of athletic training and sports medicine. The text is developed with the goal of helping prepare students to become competent health care professionals who will continue to enhance the ongoing advancement of the athletic training profession. The text leads the student from general foundations to specific concepts relative to injury prevention, evaluation, management, and rehabilitation. As the student progresses from beginning to end, he or she will understand the complexities of the profession of athletic training. An over-arching goal of the text is to incorporate the best available evidence to support the recommendations being made relative to patient care. After using this text the student should be able to apply the appropriate techniques and concepts in the day-to-day performance of his or her job as an athletic trainer. Practicing athletic trainers, physical therapists, and other health care professionals involved with physically active individuals will also find this text valuable. McGraw-Hill Connect® is a subscription-based learning service accessible online through your personal computer or tablet. Choose this option if your instructor will require Connect to be used in the course. Your subscription to Connect includes the following: SmartBook® 2.0- an adaptive digital version of the course textbook that personalizes your reading experience based on how well you are learning the content. Access to your instructors homework assignments, quizzes, syllabus, notes, reminders, and other important files for the course. Progress dashboards that quickly show how you are performing on your assignments and tips for improvement.

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Principles of Pharmacology for Athletic Trainers, Third Edition continues the tradition of past editions to provide applications of pharmacological principles specifically aimed at the athletic trainer. The drug categories that are included are primarily those that may be pertinent to the treatment of athletic injuries or that may affect athletic performance. Drs. Joel Houglum, Gary Harrelson, and Teresa Seefeldt have taken a unique aspect to the organization and design of the Third Edition to be instructional discussions regarding the use and effects of drugs and of the disease states treated by these drug categories. Additionally, there is a specific discussion of the role of the athletic trainer regarding the therapeutic use and effects of these drugs.

Features of the Third Edition: Satisfies all of the CAATE Educational Competencies on pharmacology Advanced organizers and specific learning objectives at the beginning of each chapter Summaries after each major topic within the chapter Case studies and clinical applications Discussion on popular fitness supplements Key words are in italics and defined in the glossary Concept maps present important, yet complex, processes in a concise, graphical

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way Shaded textboxes throughout include additional information and are beneficial for the reader to recall a key concept addressed in an earlier chapter New ancillary materials specifically for faculty that include PowerPoint slides and test bank questions for each chapter Instructors in educational settings can visit www.efacultyounge.com for additional materials to be used for teaching in the classroom. Principles of Pharmacology for Athletic Trainers, Third Edition will continue to be the go-to resource to determine the best pharmacological treatment strategy and management by athletic trainers.

Designed for physiotherapists, sports scientists and lecturers and students of physical education, this text provides a thorough overview of the field of athletic training, from general foundations to specific injury prevention and management techniques. It looks at organizational and administrative considerations, giving information on the budgeting and purchasing of supplies, training room design and operation and the importance of record keeping and legal concerns. Injury prevention through maintenance and improvement of cardiorespiratory endurance is discussed, and the text also provides coverage of many new topics, such as the rapid form immobilizer, various types of artificial surfaces, the McConnell technique for treating patellofemoral pain, new illustrations of various mobilization techniques, injuries to the temporomandibular joint and acupressure and acupuncture. Taking a case-study approach, this book includes sample management and exercises rehabilitation plans.

Written in cooperation with the American Academy of Orthopaedic Surgeons (AAOS), Athletic Training and Sports Medicine: An Integrated Approach, Fifth Edition is a multi-purpose, multi-course text that emphasizes the post-injury management techniques used by athletic trainers and physicians in management of orthopaedic injuries. This classic text has been re-titled to more accurately reflect the topical coverage of injury management and care. Richly illustrated and full of evidence-based practice, this text describes surgical techniques and their implications on rehabilitation/activity and captures the totality of injury management including: pathology, immediate management, diagnostic imaging, definitive and differential diagnosis, medical management, medications, surgical intervention, post-injury and/or post-surgical management, and rehabilitation. Athletic trainers are well educated on how to evaluate, manage, and rehabilitate athletic injuries. However, no other mainstream textbook describes what is involved with common surgical procedures and how those procedures affect the treatment and rehabilitation process and the eventual return to activity. Athletic Training and Sports Medicine: An Integrated Approach serves as a primary reference to tie it all together.

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