

## Daniel Plan Study Guide

In this four-session video-based Bible study, The Daniel Plan team explores both the spiritual and the health benefits of following a healthy lifestyle by focusing on the fifth and final essential of The Daniel Plan: Friends. The sessions include: Community as the Power to Change Building Authentic Relationships Resolving Conflict and the Power of Forgiveness Give It Away Each session will highlight testimony from those who have incorporated The Daniel Plan into their everyday lifestyle, plus tips on getting started and medically based information on maintaining a healthy lifestyle by following The Daniel Plan. Each of the other DVD/Study guides will focus on another essential: Faith, Food, Fitness, and Focus. Each pack contains one study guide and one DVD.

In this four-session video-based Bible study (DVD/digital video sold separately), The Daniel Plan team explores both the spiritual and the health benefits of following a healthy lifestyle by focusing on the third essential of The Daniel Plan: Fitness. Sessions include: Becoming Daniel Strong Discover Movement You Enjoy Get a Metabolic Makeover Breaking through the Wall Each session will highlight testimony from those who have incorporated The Daniel Plan into their everyday lifestyle, plus tips on getting started and medically-based information on maintaining a healthy lifestyle by following The Daniel Plan. Each of the other DVD/Study Guides will focus on another essential: Faith, Food, Focus, and Friends. Designed for use with the Fitness Video Study (sold separately).

In this four-session video-based Bible study, The Daniel Plan team explores both the spiritual and the health benefits of following a healthy lifestyle by focusing on the fifth and final essential of The Daniel Plan: Friends. The sessions include: Community as the Power to Change Building Authentic Relationships Resolving Conflict and the Power of Forgiveness Give It Away Each session will highlight testimony from those who have incorporated The Daniel Plan into their everyday lifestyle, plus tips on getting started and medically based information on maintaining a healthy lifestyle by following The Daniel Plan. Each of the other DVD/Study guides will focus on another essential: Faith, Food, Fitness, and Focus.

Does the Bible really answer some of life's most difficult questions? How does God provide direction to the common issues that we face? We live in a world where we all have to deal with the realities of stress, failure, crises, loneliness and change. In this six-session DVD study, renowned pastor and bestselling author Rick Warren takes you inside the Bible to discover answers to six of life's toughest questions. Drawing from the examples of different biblical characters who faced the same issues, Warren offers concise, practical insights you can understand and apply in order to move past everyday struggles and experience a life of purpose, peace and significance. Life's difficult questions do have answers. Answers from the Bible that can change your outlook -- and your life. The God's Answers to Life's Difficult Questions Study Guide will help you fully engage with the six-session group DVD study. The six DVD session titles include: Session One: How Can I Cope with Stress? Session Two: How Can I Rebound from Failure? Session Three: How Can I Be Confident in a Crisis? Session Four: How Can I Live Above Average? Session Five: How Can I Overcome Loneliness? Session Six: How Can I Ever Change? [Thumbnail DVD image] Designed for use with the God's Answers to Life's Difficult Questions DVD.

"Based on the feature film produced by Mark Burnett and Roma Downey"--p. [1] of cover.

Be Inspired. Be Informed. Be Prepared. The Book of Daniel is really two books in one as you'll discover in The Smart Guide to the Bible: The Book of Daniel. You'll be inspired by Daniel's integrity in part one. As a young man in Babylonian captivity, Daniel's faith and courage led him to famously interpret the King's dream and to survive being cast in a furnace. And, you'll be amazed by Daniel's God-given prophecies in part two. Many of these events have already taken place or are now unfolding exactly as predicted. This Smart Guide will help you understand-and be prepared for-God's triumphant plan. Be Smart About: Obeying God Priorities Prophecies & Prophets Trusting God Spiritual Warfare God's Sovereignty End-of-the-Age Powers And More! Smart Guides Are for Everyone! The Bible is loaded with valuable insights for every area of your life. The Smart Guides to the Bible let you easily uncover them all-even the passages you once thought were hard to understand. Whether you're new to the Bible, a long-time student of Scripture or somewhere in between, you'll appreciate the many ways the relevant helps on each page lead you to get the most out of God's Word.

This fourth volume in the Promises of God Study Guide Series completes the Old Testament collection. This volume is filled with beautiful testimonies about God's faithfulness, words of wisdom for daily living, and texts of praise and worship to help us praise and thank God for all His blessings. God beautifully reveals His nature, His plan of redemption, and the fruit of His Spirit in the Old Testament collection. The Promises of God Study Guide Series makes God's Word accessible and understandable to all people. I know you will be blessed and will draw nearer to our Lord and Savior, Jesus Christ, as you read and study this series.

Based on the "New York Times"-bestselling work "Fasting," this five-week interactive study resource package is perfect for both individuals and small groups interested in gaining understanding, growing their faith, and drawing closer to God.

In this four-session video-based Bible study (DVD/digital video sold separately), The Daniel Plan team explores both the spiritual and the health benefits of following a healthy lifestyle by focusing on the first essential of The Daniel Plan: Faith. Sessions include: Every Body Matters Magnificent Obsession God's Power, Not Willpower Your Soul's Path to God Each session will highlight testimony from those who have incorporated The Daniel Plan into their everyday lifestyle, plus tips on getting started and medically based information on maintaining a healthy lifestyle by following The Daniel Plan. Each of the other DVD/Study guides will focus on another essential: Food, Fitness, Focus, Friends. Designed for use with the Faith Video Study (sold separately).

In this four-session video-based Bible study (DVD/digital video sold separately), The Daniel Plan team explores both the spiritual and the health benefits of following a healthy lifestyle by focusing on the fifth

and final essential of The Daniel Plan: Friends. Sessions include: The Power to Transform Honesty: The Real Deal Moving through Grief and Loss God's Purpose for Living Each session will highlight testimony from those who have incorporated The Daniel Plan into their everyday lifestyle, plus tips on getting started and medically based information on maintaining a healthy lifestyle by following The Daniel Plan. Each of the other DVD/Study guides will focus on another essential: Faith, Food, Fitness, and Focus. Designed for use with the Friends Video Study (sold separately).

In this four-session video-based Bible study, The Daniel Plan team explores both the spiritual and the health benefits of following a healthy lifestyle by focusing on the fourth essential of The Daniel Plan: FOCUS. The sessions include: Mindset Matters Having a Positive ID: Your Identity Don't Mess with Stress Small Steps = Big Results Each session will highlight testimony from those who have incorporated The Daniel Plan into their everyday lifestyle, plus tips on getting started and medically based information on maintaining a healthy lifestyle by following The Daniel Plan. Each of the other DVD/Study guides will focus on another essential: Faith, Food, Fitness, and Friends.

Feast on Something Bigger than a Fad This six-session video-based small group study (DVD/digital video sold separately) from Rick Warren, Dr. Daniel Amen, and Dr. Mark Hyman is centered on five essentials that will launch your journey to health: faith, food, fitness, focus, and friends. With support from medical and fitness experts, Pastor Rick Warren and thousands of people from his congregation started on a journey to transform their own lives. It's called The Daniel Plan and it works for on simple reason: God designed your body to be healthy and He provided everything you need to thrive and live an abundant life. This small group study is a vital component of The Daniel Plan because it emphasizes the powerful community component of the program. As Dr. Mark Hyman says, "community is the cure" for healthy living. The Daniel Plan small group study teaches simple ways to incorporate healthy choices into your daily lifestyle. This study guide includes biblical inspiration from Pastor Rick, instruction from our doctors and wellness experts, practical food and fitness tips, and much more. Sessions include: Faith: Nurturing Your Soul Food: Enjoying God's Abundance Fitness: Strengthening Your Body Focus: Renewing Your Mind Friends: Encouraging Each Other Living the Lifestyle Designed for use with The Daniel Plan Video Study 9780310824459 (sold separately).

Simplified Chinese edition of The Boy in the Striped Pajamas, a multiple book award winner. A privileged nine-year-old Berlin boy's family was moved to a place called "Out-With" (A mis-read of Auschwitz) befriends a striped-pajama clad residents inside the fence wall. To be adapted into film by Miramax.

STUDENT STUDY GUIDE begins with the student answering ten basic questions concerning the Old Testament. What is the Old Testament? Who wrote the Old Testament? Where, When, Why and How was the Old Testament written? What are three major features of the Old Testament: Revelation, Inspiration and Preservation? How should we study the Old Testament? Why should you memorize verses of the Old Testament? When should one read the Old Testament? BIBLE MEMORY VERSES (97 memorized accumulatively) aid the student to say with the Psalmist "Thy word have I hidden in mine heart, that I might not sin against thee." This STUDENT STUDY GUIDE closes with an incomplete outline for each of the 39 books of the Old Testament. Each outline has space for personal notes, classroom instruction plus THE BASICS: Author, Date of Writing, Name Meaning, Passages for Particular Emphasis, Verses for Memory, Characters of Interest and Content Description. Following high school, a Bachelor of Science degree was received from Piedmont College, Demorest, GA plus a Georgia Teacher's Professional Certificate. Then came the Army Security Agency and three years later came employment with the National Security Agency, Washington, DC. Meeting Edith Campen from North Carolina led to marriage, February 1, 1957. A year after marriage, God called me to the ministry. Graduating from Southwestern Baptist Theological Seminary, Ft. Worth, TX with a Bachelor of Divinity (updated to Masters of Divinity) and Masters in Religious Education (updated to Masters of Arts), God directed me to serve Him. For some 50 years, it was a pleasure to serve God and people in churches and classrooms as Minister of Youth, Minister of Education, Minister of Education/Administration, and Minister of Pastoral Care. It was a joy to teach this Old Testament Bible Survey Course to ninth grade students at Cypress Community Christian School, Houston, TX.

In this four-session video-based Bible study, The Daniel Plan team explores both the spiritual and the health benefits of following a healthy lifestyle by focusing on the second essential of The Daniel Plan: Food. The sessions include: Enjoying God's Abundance Cravings, Comfort Food, and Choices Create a Daniel Plan Kitchen No Such Thing as Failure Each session will highlight testimony from those who have incorporated The Daniel Plan into their everyday lifestyle, plus tips on getting started and medically based information on maintaining a healthy lifestyle by following The Daniel Plan. Each of the other DVD/Study Guides will focus on another essential: Faith, Fitness, Focus, and Friends.

HowÆs your faith? Is it strong or weak? Is it steady or stretched? ItÆs an important question, because thereÆs a lot riding on your answer. More importantly, would you like your faith to be stronger? ThatÆs what this six-session video study from ÕAmericaÆs most influential spiritual leaderÕ is all about. Faith, according to Pastor Rick Warren, is like a muscle. It needs to be exercised and developed. And God uses a predictable pattern and process to build your faith. ItÆs what Warren calls the Six Phases of Faith. Once you understand these six phases, you can cooperate with God in the process of strengthening your faith and building your character. The Six Phases of Faith is a groundbreaking small group video study with participantÆs guide that will help you uncover and participate in GodÆs unique plan and purpose for your life.

This six-session video-based, small group Bible study is an innovative approach to achieving a healthy lifestyle that is dependent on five essentials: faith, food, fitness, focus, and friends. The Daniel Plan Study Guide gives individuals, small groups, and whole congregations the encouragement and accountability needed to succeed.

Reduce the Size of Your Congregation God designed our bodies to be healthy, providing everything we need to thrive and live abundantly. With assistance from medical and fitness experts, Pastor Rick Warren and thousands of people from his congregation at Saddleback Church started on a journey to transform their own lives. It's called The Daniel Plan and it is centered on five Bible-based essentials: faith, food, fitness, focus, and friends. Now you can take your congregation on a similar journey with The Daniel Plan Church Campaign Kit, a six-week preaching series and small group study that teaches simple ways to incorporate healthy choices into anyone's current lifestyle. The Daniel Plan is a great way to encourage everyone in your church to get healthy, explore biblical principles for health, and unite your congregation around a single purpose. Together, your congregation will become equipped to serve and outreach to your extended community. This Kit includes all of the materials needed for a six-week church campaign: The Daniel Plan The Daniel Plan Study Guide The Daniel Plan DVD-ROM Starter Guide The small group DVD includes six 25-30 minute teaching sessions from Rick Warren with Dr. Daniel Amen, Dr. Mark Hyman, weekly tips from fitness experts, food demos from Daniel Plan Signature Chefs, as well as sermon materials and campaign promotional resources. The study guide includes a Bible study, video discussion questions and notes, practical food and fitness tips to keep you on track each week, and much more.

What if you could grow closer to God and improve your health in just 21 days? This companion workbook to the popular book The Daniel Fast will help you do just that as it guides you through the actual fasting experience. Susan Gregory, "The Daniel Fast Blogger," is widely recognized as the expert on this 21-day fast inspired by the book of Daniel, and she has helped thousands of people discover a safe and healthy way to fast. Designed for churches, small groups, or individuals, her 5-week study contains an introduction, three sessions, and a conclusion (as well as

bonus leader's resources). The principles you learn from The Daniel Fast will change the way you view food, your body, and your relationship with the one who created you.

In this four-session video-based Bible study, The Daniel Plan team explores both the spiritual and the health benefits of following a healthy lifestyle by focusing on the third essential of The Daniel Plan: Fitness. The sessions include: Becoming Daniel Strong Movement You Enjoy Get a Metabolic Makeover Breaking Through the Wall Each session will highlight testimony from those who have incorporated The Daniel Plan into their everyday lifestyle, plus tips on getting started and medically-based information on maintaining a healthy lifestyle by following The Daniel Plan. Each of the other DVD/Study Guides will focus on another essential: Faith, Food, Focus, and Friends. Each pack contains one study guide and one DVD.

In this four-session video-based Bible study, The Daniel Plan team explores both the spiritual and the health benefits of following a healthy lifestyle by focusing on the first essential of The Daniel Plan: Faith. The sessions include: God's Power, Not Willpower The Life You've Always Wanted Trusting God Moment by Moment Intentional Living Each session will highlight testimony from those who have incorporated The Daniel Plan into their everyday lifestyle, plus tips on getting started and medically based information on maintaining a healthy lifestyle by following The Daniel Plan. Each of the other DVD/Study guides will focus on another essential: Food, Fitness, Focus, Friends. Each pack contains one study guide and one DVD.

In this four-session video-based Bible study, the Daniel Plan team explores the spiritual and physical benefits of following a healthy lifestyle by focusing on the second essential of the Daniel Plan: Food. The sessions include: Enjoying God's Abundance Cravings Comfort Food, and Choices Create a Daniel Plan Kitchen No Such Thing as Failure Each session will highlight testimony from those who have incorporated The Daniel Plan into their everyday lifestyle, plus tips on getting started and medically-based information on maintaining a healthy lifestyle by following The Daniel Plan. Each of the other DVD/Study Guides will focus on another essential: Faith, Fitness, Focus, and Friends. Each pack contains one study guide and one DVD.

In this four-session video-based Bible study, The Daniel Plan team explores both the spiritual and the health benefits of following a healthy lifestyle by focusing on the third essential of The Daniel Plan: Fitness. The sessions include: Becoming Daniel Strong Movement You Enjoy Get a Metabolic Makeover Breaking Through the Wall Each session will highlight testimony from those who have incorporated The Daniel Plan into their everyday lifestyle, plus tips on getting started and medically-based information on maintaining a healthy lifestyle by following The Daniel Plan. Each of the other DVD/Study Guides will focus on another essential: Faith, Food, Focus, and Friends.

All In is based on five witness symbols which represent the significant moments in Jesus' life: He Came. He Died. He Arose He Ascended. He's Coming Back. This study will help the participants to understand these key events as well as learn to share these events with others in explaining the Gospel to them.

The Daniel Plan 40 Days to a Healthier Life

In this four-session video-based Bible study, The Daniel Plan team explores both the spiritual and the health benefits of following a healthy lifestyle by focusing on the fourth essential of The Daniel Plan: FOCUS. The sessions include: Mindset Matters Having a Positive ID: Your Identity Don't Mess with Stress Small Steps = Big Results Each session will highlight testimony from those who have incorporated The Daniel Plan into their everyday lifestyle, plus tips on getting started and medically based information on maintaining a healthy lifestyle by following The Daniel Plan. Each of the other DVD/Study guides will focus on another essential: Faith, Food, Fitness, and Friends. Each pack contains one study guide and one DVD.

In this four-session video-based Bible study, The Daniel Plan team explores both the spiritual and the health benefits of following a healthy lifestyle by focusing on the first essential of The Daniel Plan: Faith. The sessions include: God's Power, Not Willpower The Life You've Always Wanted Trusting God Moment by Moment Intentional Living Each session will highlight testimony from those who have incorporated The Daniel Plan into their everyday lifestyle, plus tips on getting started and medically based information on maintaining a healthy lifestyle by following The Daniel Plan. Each of the other DVD/Study guides will focus on another essential: Food, Fitness, Focus, Friends.

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In the 40 Days of Community small group bible study, pastor Rick Warren illustrates God's plan for us to fulfill his purposes in the context of community. This set includes one Participant guide, one Devotional, and one DVD."

In the six-session small group Bible study, What On Earth Am I Here For?, Rick Warren helps users answer life's fundamental question: "What on earth am I here for?" This is the official study companion for The Purpose Driven Life. Includes one Study Guide and one six-session DVD.

In this four-session video-based Bible study, The Daniel Plan team explores both the spiritual and the health benefits of following a healthy lifestyle by focusing on the fourth essential of The Daniel Plan: FOCUS. Sessions include: Brain Health Mindset Matters Breaking through Barriers Don't Mess with Stress Each session will highlight testimony from those who have incorporated The Daniel Plan into their everyday lifestyle, plus tips on getting started and medically based information on maintaining a healthy lifestyle by following The Daniel Plan. Each of the other DVD/Study guides will focus on another essential: Faith, Food, Fitness, and Friends. Designed for use with the Focus DVD 9780310823308 (sold separately).

"A six-session video-based study for small groups"--Container.

Great answers start with great questions. People remember what they discover for themselves far more than what others tell them. A great question can mean the difference between exchanging information and discovering deeper meaning. In How to Ask Great Questions, you'll learn when and how to ask effective questions and how to promote follow-up discussions that will lead from thoughtful conversations to life application. Ideal for small-group leaders, Sunday school teachers, and anyone who regularly leads group discussions or committee meetings. How to Ask Great Questions will equip you to build relationships between group members help people unpack a passage of Scripture or another book draw out opinions, feelings, and

assumptions deepen discussions with intentional focus guide people in applying the Bible to their lives facilitate problem-solving and decision-making in group settings Transform a gathering of acquaintances into a community of friends.

Bestselling author Susan Gregory, the popular "Daniel Fast Blogger," has helped countless readers discover renewed physical, mental, and spiritual health through the 21-day Daniel Fast. Now, in *The Daniel Fast for Financial Breakthrough*, she leads us on a journey to practice the spiritual discipline of fasting while learning to honor God with our finances. Filled with a detailed fasting framework, more than 70 new recipes, a meal planner, and a 21-day devotional to guide you through the fast, *The Daniel Fast for Financial Breakthrough* will help you seek God's guidance for your financial life. You'll discover both a healthy approach to financial freedom and a healthy dependence on God's provision.

You are about to embark on a journey of discovery. Throughout this six-session video-based study taught by Rick Warren you are going to discover the answer to life's fundamental question: "What on earth am I here for?" And here's a clue to the answer: "It's not about you ... You were created by God and for God, and until you understand that, life will never make sense. It is only in God that we discover our origin, our identity, our meaning, our purpose, our significance, and our destiny. Every other path leads to a dead end." *The Purpose Driven Life DVD Study Guide* is designed to be used with *The Purpose Driven Life* DVD. Whether you are going to experience this adventure with a small group or on your own, this six-session video-based study will change your life. This study has been used by over four million people during the 40 Days of Purpose Campaigns in churches all over the world. When combined with the reading of *The Purpose Driven Life*, the book Publishers Weekly declared the "bestselling nonfiction hardback in history" this study will give your small group the opportunity to discuss the implications and applications of living the life God created you to live.

If you're tired of chasing the latest diet fad only to find that you've gained weight, it's time to try an entirely different approach. *The Daniel Fast for Weight Loss* succeeds where other programs fail because it focuses on your relationship with God as well as on your relationship with food. Once you discover the pleasures of eating the food God has provided for optimum health, you will not want to turn back. *The Daniel Fast for Weight Loss* offers a strategic, biblically based plan backed by solid research that will eliminate your cravings and help you to drop those unwanted pounds once and for all. Susan Gregory, "The Daniel Fast Blogger" and bestselling author of *The Daniel Fast*, is back with a spiritual and practical roadmap to this wildly popular 21-day fast for anyone who wants to lose weight and develop a lifestyle of health in a way that honors God. Way beyond a diet plan, *The Daniel Fast for Weight Loss* includes more than 90 new recipes, multiple tips for successful fasting, a 21-day devotional, and practical guidance for maintaining weight loss and good eating habits even after you complete your Christ-centered fasting experience. Embark on a life-changing journey toward happiness and confidence about the body God designed for you.

In this six-session small group Bible study *40 Days of Community*, pastor Rick Warren illustrates God's plan for us to fulfill his purposes in the context of community rather than in isolation. Designed for use with the corresponding DVD and Devotional Journal (both sold separately)."

This e-book includes the full text of the book plus an exclusive additional chapter from Susan Gregory that is not found in the print edition! What if you could grow closer to God and improve your health in just 21 days? Susan Gregory, "The Daniel Fast Blogger," has a plan to help you do just that. Widely recognized as the expert on this 21-day fast inspired by the book of Daniel, Susan has helped thousands of people discover a safe and healthy way to fast. The principles you learn from *The Daniel Fast* will change the way you view food, your body, and your relationship with the one who created you. Includes 21 days' worth of Daniel Fast recipes!

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