

## Creating Cohousing Building Sustainable Communities

Humiliated. That's how Anastasia Krupnik feels whenever she tries to climb the ropes in gym class. How come everyone else can climb up those hateful ropes? Since Anastasia has decided to become a journalist, it should be easy to answer most questions. Then why can't she understand about Daphne Bellingham's parents' divorce? And why can't she please Ms. Willoughby in gym class? Finally Anastasia thinks she has the answers! When a team of foreign educators comes to visit her school, she plans a big surprise that will amaze her classmates, Ms. Willoughby, and the visitors. What will she do when her big moment arrives?

How to make your senior years healthy, safe, social, and stimulating. "Architect and author Chuck Durrett's recently released book *Senior Cohousing Handbook* comes at a time of high interest in greening, sustainable housing and affordable living concerns. Durrett's new book is a comprehensive guide for baby boomers wishing to continue vibrant, active lifestyles." - EPR Real Estate News "Make your senior years safe and socially fun with the idea of senior cohousing and a book on the topic that shows how seniors can custom-build their neighborhood to fit their needs. This is housing built by seniors, not for them, and emphasizes independence and social networking. Any library strong in gerontology or social science and many a general lending library needs this. - James A. Cox, *The Midwest Book Review* "As a Baby Boomer, I've joked for a few years that we'll all end up living communally again because Social Security will be broke...This is one of the better ways to envision it."-- *Sacramento Bee* No matter how rich life is in youth and middle age, the elder years can bring on increasing isolation and loneliness as social connections lessen, especially if friends and family members move away. Senior cohousing fills a niche for this demographic—the healthy, educated, and proactive adults who want to live in a social and environmentally vibrant community. These seniors are already wanting to ward off the aging process, so they are unlikely to want to live in assisted housing. Senior cohousing revolves around custom-built neighborhoods organized by the seniors themselves in order to fit in with their real needs, wants, and aspirations for health, longevity, and quality of life. *Senior Cohousing* is a comprehensive guide to joining or creating a cohousing project, written by the US leader in the field. The author deals with all the psychological and logistical aspects of senior cohousing and addresses common concerns, fears, and misunderstandings. He emphasizes the many positive benefits of cohousing, including: Better physical, mental, emotional, and spiritual health Friendships and accessible social contact Safety and security Affordability Shared resources Successful aging requires control of one's life, and today's generation of seniors—the baby boomers—will find that this book holds a compelling vision for their future. Charles Durrett is a principal at McCamant & Durrett in Nevada City, California, a firm that specializes in affordable cohousing. He co-authored the groundbreaking *Cohousing* with his wife and business partner, Kathryn McCamant.

This book offers one of the first detailed anthropological studies of emergent ecotopianism in urban contexts. Engaging directly with debates on urbanisation, sustainability and utopia, it presents two detailed ethnographic case studies of inner urban Australian eco-communities in Adelaide and Melbourne. These novel responses to the ecological crisis – real social laboratories that attempt to manifest a vision of the ‘eco-city’ in microcosm – offer substantial new insights into the concept and creation of sustainable urban communities, their attempts to cultivate ways of living that are socially and ecologically nourishing, and their often fraught relationship to the capitalist city beyond. These studies also suggest the opportunities and limitations of moving beyond demonstration projects towards wider urban transformation, as well as exposing the problems of accessibility and affordability that thwart further urban eco-interventions and the ways that existing projects can exacerbate issues of gentrification and privilege in a socially polarised city. Amidst the challenges of the capitalist city, climate change and ecological crisis, this book offers vital lessons on the potential of urban sustainability in future cities.

Il tema di studio è stato esplorato nei molteplici aspetti durante alcuni workshop progettuali ed incontri con gli abitanti tenuti a Roma e a Magliano Sabina. Ne risulta che l'iniziativa di cohousing può essere considerata una valida strategia per il recupero delle parti degradate dei centri storici poiché integra aspetti che altre modalità di riuso non prevedono; è necessario che le persone partecipino con convinzione al progetto sin dall'inizio, che prevedano di stabilire relazioni durature nel tempo formando una comunità, un vicinato, un gruppo motivato che vorrà realizzare la crescita armoniosa dell'ambiente circostante, aumentando i fattori di qualità della vita propria ed altrui. In cambio dell'impegno richiesto nella partecipazione alle attività, gli abitanti ricevono innegabili benefici derivanti dal mix funzionale che quasi sempre si realizza nel cohousing: condividono gli spazi abitativi diminuendo le spese, realizzano attività produttive-economiche godendo dell'organizzazione della comunità, trovano possibilità di scambio culturale e intergenerazionale – giovani, adulti, anziani – cosa che non capita spesso al giorno d'oggi quando prevalgono piccoli o piccolissimi nuclei famigliari. ELENA MORTOLA Ha insegnato Metodologia Progettuale e CAAD presso l'Università di Roma “La Sapienza” (1883-1992). Dal 1993 insegna “Progettazione Architettonica Assistita dal Computer” nell'Università Roma Tre, dove ha coordinato il Master internazionale di II livello “Progettazione interattiva sostenibile e multimedialità”. Ha collaborato con molte Università italiane e straniere e ha svolto numerose ricerche ed esperienze professionali nel campo della progettazione partecipata. FAUSTA MECARELLI Architetto e Phd, ha sviluppato competenza nella ricerca, didattica e applicazione di metodologie per la pianificazione strategica sostenibile e la progettazione partecipata, svolgendo moduli d'insegnamento presso la facoltà di Architettura di Roma Tre (1999-2003) ed in corsi di formazione per istituti privati. È orientata alla sperimentazione di procedure decisionali per l'ambiente (Strategic Choice) ed alla ricerca di

linguaggi architettonici sostenibili (secondo il metodo A Pattern Language) per favorire l'interazione tra gli attori locali e gli enti territoriali che autorizzano le trasformazioni urbane o edilizie.

The entertaining story of four utopian writers—Edward Bellamy, William Morris, Edward Carpenter, and Charlotte Perkins Gilman—and their continuing influence today In this lively literary history, Michael Robertson introduces readers to a vital strain of utopianism that seized the imaginations of four American and British writers during an extraordinary period of literary and social experiment. The publication of Edward Bellamy's *Looking Backward* in 1888 opened the floodgates to an unprecedented wave of utopian writing. William Morris, the Arts and Crafts pioneer, was a committed socialist whose *News from Nowhere* envisions a workers' Arcadia. Edward Carpenter boldly argued that homosexuals constitute a utopian vanguard. Charlotte Perkins Gilman, a women's rights activist and the author of "The Yellow Wallpaper," wrote numerous utopian fictions, including *Herland*, a visionary tale of an all-female society. These writers believed in radical gender and class equality, envisioning new forms of familial and romantic relationships, and were committed to living a simple life rooted in a restored natural world. And their legacy remains with us today, from Occupy Wall Street to the Radical Faeries.

“Although the live-work concept is now accepted among progressive urban design and planning professionals, the specifics that define the term, and its application, remain sketchy. This encyclopedic work is sure to change that, providing the critical information that is needed by architects, planners and citizens.” -Peter Katz, Author, *The New Urbanism*, and Planning Director, Arlington County, Virginia *Live-Work Planning and Design* is the only comprehensive guide to the design and planning of live-work spaces for architects, designers, and urban planners. Readers will learn from built examples of live-work, both new construction and renovation, in a variety of locations. Urban planners, developers, and economic development staff will learn how various municipalities have developed and incorporated live-work within building codes and city plans. The author, whose pioneering website, [www.live-work.com](http://www.live-work.com), has been guiding practitioners and users of live-work since 1998, is the United States' leading expert on the subject.

*Creating Cohousing Building Sustainable Communities* New Society Publishers  
Who shapes our cities? In an age of increasing urban pluralism, globalization and immigration, decreasing public budgets, and an ongoing crisis of authority among designers and planners, the urban environment is shaped by a number of non-traditional stakeholders. The book surveys the kaleidoscope of views on the agency of urbanism, providing an overview of the various scholarly debates and territories that pertain to bottom-up efforts such as everyday urbanism, DIY urbanism, guerilla urbanism, tactical urbanism, and lean urbanism. Uniquely, this book seeks connections between the various movements by curating a range of views on the past, present, and future of bottom-up urbanism. The contributors

also connect the recent trend of bottom-up efforts in the West with urban informality in the Global South, drawing parallels and finding contrast between social and institutional structures across the globe. The book appeals to urbanists in the widest sense of the word: those who shape, study, and improve our urban spaces.

An intentional community is a group of people who have chosen to live or work together in pursuit of a common ideal or vision. An ecovillage is a village-scale intentional community that intends to create, ecological, social, economic, and spiritual sustainability over several generations. The 90s saw a revitalized surge of interest in intentional communities and ecovillages in North America: the number of intentional communities listed in the Communities Directory increased 60 percent between 1990 and 1995. But only 10 percent of the actual number of forming-community groups actually succeeded. Ninety percent failed, often in conflict and heartbreak. After visiting and interviewing founders of dozens of successful and failed communities, along with her own forming-community experiences, the author concluded that "the successful 10 percent" had all done the same five or six things right, and "the unsuccessful 90 percent" had made the same handful of mistakes. Recognizing that a wealth of wisdom were contained in these experiences, she set out to distill and capture them in one place. *Creating a Life Together* is the only resource available that provides step-by-step, practical "how-to" information on how to launch and sustain a successful ecovillage or intentional community. Through anecdotes, stories, and cautionary tales about real communities, and by profiling seven successful communities in depth, the book examines "the successful 10 percent" and why 90 percent fail; the role of community founders; getting a group off to a good start; vision and vision documents; decision-making and governance; agreements; legal options; finding, financing, and developing land; structuring a community economy; selecting new members; and communication, process, and dealing well with conflict. Sample vision documents, community agreements, and visioning exercises are included, along with abundant resources for learning more.

*Live Like You Give a Damn!* declares the very good news that God is raising up a new generation, largely outside the church, to bring impressive change to the lives of our neighbors locally and globally by creating innovative forms of social enterprise and community empowerment. The even better news is that those of us within the church can join this changemaking celebration and discover creative new ways God can use our mustard seeds to make a more remarkable difference than we ever imagined possible. In this book Tom Sine offers practical ways you can join those who are creating their best communities, their best world, and in the process their best lives. Sine shows that in a world changing at warp speed, following Jesus is a "design opportunity." It is not only an opportunity to design innovative ways to make a difference but also an opportunity to create lives with a difference, in the way of Jesus, that are simpler and more sustainable--and to throw better parties along the way. Why would anyone want to settle for less and miss the best? Review on Coffee House  
Contemplative hReview on Hearts on Minds Review on Book Saint .embed-container { position: relative; padding-bottom: 56.25%; height: 0; overflow: hidden; max-width: 100%; } .embed-container iframe, .embed-container object, .embed-container embed { position: absolute; top: 0; left: 0; width: 100%; height: 100%; }



cautious of redirecting environmentalist efforts away from structural solutions and onto personal environmentalism, offers a critical perspective on the challenges of an emerging green lifestyle. This book offers a critical perspective on the direction of US environmentalism and contributes to debates in environmental studies, anthropology, and urban planning.

Real world stories of the positive impact of living in green communities.

The single most useful resource out there on how to build and grow sustainable places The need to make our communities sustainable is more urgent than ever before. *Toward Sustainable Communities* remains the single most useful resource for creating vibrant, healthy, equitable, economically viable places. This comprehensive update of the classic text presents a leading-edge overview of sustainability in a new fully illustrated, full-color format. Compelling new case studies and expanded treatment of sustainability in rural as well as urban settings are complemented by contributions from a range of experts around the world, demonstrating how "community capital" can be leveraged to meet the needs of cities and towns for: Energy efficiency, waste reduction, and recycling Water, sewage, transportation, and housing Climate change and air quality Land use and urban planning. Fully supported by a complete suite of online resources and tools, *Toward Sustainable Communities* is packed with concrete, innovative solutions to a host of municipal challenges. Required reading for policymakers, educators, social enterprises, and engaged citizens, this "living book" will appeal to anyone concerned about community sustainability and a livable future. Mark Roseland is director of the Centre for Sustainable Community Development at Simon Fraser University and professor at SFU's School of Resource and Environmental Management. He lectures internationally, advises communities and governments on sustainable development policy and planning, and has been cited as one of British Columbia's "top fifty living public intellectuals."

This book by architect and author Chapin describes existing pocket neighborhoods and co-housing communities--and provides inspiration for creating new ones.

This book focuses on the impacts of the built environment, and how to predict and measure the benefits and consequences of changes taking place to address sustainability in the development and building industries. It draws together the best treatments of these subjects from the Leeds Sustainability Institute's inaugural International Conference on Sustainability, Ecology, Engineering, Design for Society (SEEDS). The focus of discussion is on understanding how buildings and spaces are designed and nurtured to obtain optimal outcomes in energy efficiency and environmental impacts. In addition to examining technical issues such as modeling energy performance, emphasis is placed on the health and well-being of occupants. This holistic approach addresses the interdependence of people with the built and natural environments. The book's contents reflect the interdisciplinary and international collaboration critical to assembly of the knowledge required for positive change.

No matter how rich life is in youth and middle age, the elder years can bring on increasing isolation and loneliness as social connections lessen, especially if friends and family members move away. Senior cohousing fills a niche for this demographic -- the healthy, educated and proactive adults who want to live in a social and environmentally vibrant community. These seniors are already wanting to ward off the aging process, so they are unlikely to want to live in assisted housing. Senior cohousing revolves around custom-built neighborhoods organized by the seniors themselves in order to fit in with their real needs, wants, and aspirations for health, longevity and quality of life. Senior Cohousing is a comprehensive guide to joining or creating a cohousing project, written by the U.S. leader in the field. The author deals with all the psychological and logistical aspects of senior cohousing, and addresses common concerns, fears, and misunderstandings. He emphasizes the many positive benefits of cohousing, including: Better physical, mental, emotional and spiritual health Friendships and accessible social contact Safety and security Affordability Shared resources. Successful aging requires control of one's life, and this generation of seniors -- the baby boomers -- will find this book holds a compelling vision for their future.

The cohousing "bible" by the US originators of the concept.   
???? ???? ???? ???? ???? ? ???? ???? ???? ???? ???? ???? H. ???? ???? ???? ????   
???? ???? '???? ????' ? ? ???? ????! ? ? ? ???? ? ? ? ? ? ? , ? ? ???? ? ? ? ? ? ? ? , ? ? ?   
???? ???? ? ? ? ? , ???? ???? ???? ???? , ? ? ? ? ? ? ? ? ? ? ? ? , ? ? ? ? ? ? ? ? ? ? ... ? ? ? ? ? ? ? ?   
???? ????   
? ? ? ? H. ???? ? ????   
? ? , ? ? , ? , ? ? ? ? ? ,   
????   
? ? ? ? ? ? ? ? ? ? , ? ? ? ? ? ? ? ? ? ? ? ? ? ? .

This book is the inspirational story of one project that shows you how you can become involved in building and running your neighbourhood. The author, co-founder of Lilac (Low Impact Living Affordable Community), along with other members of the community and the project team, explains how a group of people got together to build one of the most pioneering ecological, affordable cohousing neighbourhoods in the world. The book is a story of perseverance, vision and passion, demonstrating how ordinary people can build their own affordable, ecological community. The book starts with the clear values that motivated and guided the project's members: sustainability, co-operativism, equality, social justice and self-management. It outlines how they were driven by challenges and concerns over the need to respond to climate change and energy scarcity, the limits of the 'business as usual' model of pro-growth economics, and the need to develop resources so that communities can determine and manage their own land and resources. The author's story is interspersed with vignettes on topics such as decision making, landscaping, finance and design. The book summarises academic debates on the key issues that informed the project, and gives technical data on energy and land issues as well as practical 'how-to'

guides on a range of issues such as designing meetings, budget planning and community agreements. *Low Impact Living* provides clear and easy to follow advice for community groups, practitioners, government, business and the development sector and is heavily illustrated with drawings and photographs from the architectural team.

This book presents 50 case studies of contemporary co-housing projects spread all over the world to show how communities of shared living have become a global phenomenon that can serve as a tool to promote social and urban sustainability. By presenting evidence that shared housing experiences are capable of revitalizing sterile urban fabrics and promoting social sustainable practices, the volume situates co-housing experiences as microscale responses to the macroscale challenges posed by environmental degradation and the decline of communitarian ways of living. The volume also reviews the most famous typologies of shared living in different parts of the world across human history. By analyzing historical experiences in different regions of Africa, Americas, Asia, Europe and Oceania, the author shows that living together is part of a historical culture of sharing that is being rediscovered all over the world by people who activate public spaces, work in shared offices or live in contractual communities. *The Co-Housing Phenomenon – Environmental Alliance in Times of Changes* will be of interest to both professionals and scholars involved in urban design, urban planning and architecture, especially those in the field of sustainable urbanism. It will also be a valuable resource for public agents and civil society organizations dealing with housing, social, environmental and sustainability policies.

"Stewardship was a provocative, even revolutionary, book when the first edition was published twenty years ago, and it remains as relevant and radical today as it was then. We still face the challenge of fostering ownership and accountability throughout our organizations. Despite all the evidence calling for profound change, most organizations still rely on patriarchy and control as their core form of governance. The result is that they stifle initiative and spirit and alienate people from the work they do. This in the face of an increasing need to find ways to be responsive to customers and the wider community... Block has revised and updated the book throughout, including a new introduction addressing what has changed -- and what hasn't -- in the twenty years since the book was published and a new chapter on applying stewardship to the common good of the wider community. He covers both the theory of stewardship (in particular how it ameliorates the shortcomings of traditional leadership) and the practice (how it transforms every function and department for the better). And he offers tactical advice as well on gearing up to implement these reforms."--Publisher website.

Describes all aspects of sustainable conversion adaptation of existing buildings and provides solutions for making urban settlements resilient to climate change This comprehensive book explores the potential to change the character of cities with residential conversion of office space in order to withstand the negative effects of climate change. It investigates the nature and extent of sustainable conversion in a number of global cities, as well as the political, economic, social, technological,

environmental, and legal drivers and barriers to successful conversion. The book also identifies the key lessons learned through international comparisons with cases in the UK, US, Australia, and the Netherlands. *Building Urban Resilience Through Change of Use* covers the benefits and aspects of sustainable conversion adaptation through the whole lifecycle from inception, planning, and design, to procurement, construction, and management and operational issues. It illustrates and quantifies, through empirical research, the changes that have been achieved or delivered in sustainable conversion adaptation. The book gives an overview of all aspects of performance characteristics and the conversion adaptation of existing buildings. In the end, it enables planners to make more informed decisions about whether conversion adaptation is a good choice—and if so, which types of sustainability measures are best suited for projects. Provides detailed, empirical knowledge based on real-world research undertaken in five countries over three continents on both a citywide scale and on individual buildings. Case studies and exemplars demonstrate the application of the knowledge in North and South America, Canada, Australia, New Zealand, and in Europe. Addresses the key themes of technology, finance and procurement, and the regulatory framework. The first research-based book to examine how to improve resilience to climate change through sustainable reuse of buildings, *Building Urban Resilience Through Change of Use* is a welcome book for researchers and academics involved in building surveying, urban development, and sustainability planning.

This dissertation consists of three distinct but related chapters centered on the phenomenon of cohousing as sustainable community development. Research is building a case that cohousing succeeds in creating more socially and environmentally sustainable communities. This dissertation seeks to fill several gaps in this prior literature. First of all, Chapter 2 proposes the usefulness of a behavioristic approach to studying cohousing as sustainable development; specifically, it presents behavioristic interpretations of cohousing research and several promising concepts for future research: reconciling personal and collective contingencies, resource & ndashfree and resource & ndashlight reinforcers, and macroshaping. Chapters 3 and 4 follow up on the theories laid out in Chapter 2. Chapter 3 contributes a typology of cohousing practices and identifies those that enhance connection to community (cohousing core, fellowship and culture, and sharing and support) and connection to nature (i.e., fellowship and culture and stewardship of the natural environment) among residents; based on previous literature, the degree to which residents express such connectedness should be positively related to various facets of personal, social, and environmental well-being. Chapter 4 characterizes retrofit cohousing as a unique model with potential to increase cohousing adoptions, increase diversity in cohousing, and address cotemporary housing issues. Advocacy and policy strategies are suggested to mitigate ideological barriers to cohousing that deter the growth of retrofit and traditional models alike.

The West has long attracted visionaries and schemers from around the world. And no other region in North America can outstrip British Columbia for the number of utopian or intentional settlement attempts in the past 150 years. Andrew Scott delves into the dramatic stories of these fascinating, but often doomed, communities. From Doukhobor farmers to Finnish coal miners, Quakers and hippies, many groups have struggled to build idealistic colonies in BC's inspiring landscape. While most discovered hardship,

disillusionment and failure, new groups sprang up—and continue to spring up—to take their place. Meet the quick-tempered, slave-driving Madame Zee (partner of the infamous Brother XII), who reportedly beat followers with a riding crop. Hear from Richard “The Troll” Schaller, who founded the Legal Front Commune, General Store and Funny Food Farm on the Sunshine Coast, setting off a storm of hostility from locals. Congregate with Jerry LeBourdais and fellow members of the Ochiltree Organic Commune, who rebelled from hippie communes by embracing meat eating and coffee drinking. With careful research and engaging first-person accounts, Scott sifts through the wreckage of the utopia-seekers’ dreams and delves into the practices and philosophies of contemporary intentional communities. This book is a compendium of astounding misadventures as well as an intriguing analysis of what moves people to search for paradise.

This book tells the story of how Quimper Village, a state of the art senior cohousing community in Port Townsend, Washington, was created.

Health and happiness are fundamental to human quality of life. The United Nations World Happiness Report 2012 reflects a new worldwide call for governments to include happiness as a criterion to their policies. The Healthy Cities or Happy Cities movement has been endorsed by the WHO since 1986, and a Healthy House or Happy Home is a critical constituent of a healthy city or a happy city. Nevertheless, the concept has not been fully explored. Existing literature on the healthy house has often focused on the technical, economic, environmental, or biochemical aspects, while current scholarship on the happy home commonly centers on interior decoration. Few studies have addressed the importance of social and cultural factors that affect the health and happiness of the occupants. Identifying four key themes in Chinese philosophy to promote health and happiness at home, this book links architecture with Chinese philosophy, social sciences, and the humanities, and in doing so, argues that Architectural Multiculturalism is a vital ideology to guide housing design in North America. Using both qualitative and quantitative evidence gathered from ethnic Chinese and non-Chinese living in the USA and Canada, the study proposes that the Courtyard is a central component to promote social and cultural health and happiness of residents. It further details courtyard garden house design strategies that combine a sense of privacy with a feeling of community as represented in courtyard housing. The schemes may have universal implications.

The cohousing "bible" by the US originators of the concept.

Beginning with the foundations of community development, *An Introduction to Community Development* offers a comprehensive and practical approach to planning for communities. Road-tested in the authors’ own teaching, and through the training they provide for practicing planners, it enables students to begin making connections between academic study and practical know-how from both private and public sector contexts. *An Introduction to Community Development* shows how planners can utilize local economic interests and integrate finance and marketing considerations into their strategy. Most importantly, the book is strongly focused on outcomes, encouraging students to ask: what is best practice when it comes to planning for communities, and how do we accurately measure the results of planning practice? This newly revised and updated edition includes: increased coverage of sustainability issues, discussion of localism and its relation to community development, quality of life, community well-

being and public health considerations, and content on local food systems. Each chapter provides a range of reading materials for the student, supplemented with text boxes, a chapter outline, keywords, and reference lists, and new skills based exercises at the end of each chapter to help students turn their learning into action, making this the most user-friendly text for community development now available.

A comprehensive, state-of-the-art guide to site planning, covering planning processes, new technologies, and sustainability, with extensive treatment of practices in rapidly urbanizing countries. Cities are built site by site. Site planning—the art and science of designing settlements on the land—encompasses a range of activities undertaken by architects, planners, urban designers, landscape architects, and engineers. This book offers a comprehensive, up-to-date guide to site planning that is global in scope. It covers planning processes and standards, new technologies, sustainability, and cultural context, addressing the roles of all participants and stakeholders and offering extensive treatment of practices in rapidly urbanizing countries. Kevin Lynch and Gary Hack wrote the classic text on the subject, and this book takes up where the earlier book left off. It can be used as a textbook and will be an essential reference for practitioners. Site Planning consists of forty self-contained modules, organized into five parts: The Art of Site Planning, which presents site planning as a shared enterprise; Understanding Sites, covering the components of site analysis; Planning Sites, covering the processes involved; Site Infrastructure, from transit to waste systems; and Site Prototypes, including housing, recreation, and mixed use. Each module offers a brief introduction, covers standards or approaches, provides examples, and presents innovative practices in sidebars. The book is lavishly illustrated with 1350 photographs, diagrams, and examples of practice.

This book is about the previously unsubstantiated link between 'sustainability' and 'community'. It is based on a ten year investigation of cohousing, a popular new type of housing project that directly addresses both environmental degradation and social disintegration. The book argues that social and environmental sustainability are inexorably linked. Whilst the existence of this link is generally recognised, there is little existing literature that offers empirical evidence to prove it. In doing so, the book uses case study data (including 120 photographs, 50 tables and 30 diagrams) from twelve recent cohousing developments in Canada, the USA, New Zealand, Australia and Japan - concrete examples of working sustainable communities. The book comprises two parts. Part One introduces the twelve cohousing communities - projects with distinct attributes of their own that highlight their diversity and cultural specificity. Each is richly illustrated with photographs taken by the author, who (in addition to being an architect and scholar) is a commercial photographer. Part Two offers detailed comparative analysis based on substantive quantitative and qualitative data. The strands of the analysis are eventually brought together in a 'holistic' or 'ecological' model, the Community Empowerment Model. The model is then utilised in a broader discussion of empowerment, community development and ecologically sustainable development (ESD). The book is scholarly and authoritative, yet accessible to a broad intelligent readership as an illustrated account of a fascinating cultural phenomenon. It will be valuable to students of architecture, planning, sociology, community psychology and environmental studies. It will also be useful to architects, planners and other professionals. The book contains in-depth information for participants in the growing cohousing, ecovillage, sustainability and communities movements. It is well recognised that such activists face a scarcity of successful examples of sustainable communities from which to draw knowledge and inspiration. This book will help fill that void.

The world faces a 'perfect storm' of social and ecological stresses, including climate change, habitat loss, resource degradation and social, economic and cultural change. In order to cope with these, communities are struggling to transition to sustainable ways of living that improve well-being and increase resilience. This book demonstrates how communities in both

developed and developing countries are already taking action to maintain or build resilient and sustainable lifestyles. These communities, here designated as 'Ecocultures', are exemplars of the art and science of sustainable living. Though they form a diverse group, they organise themselves around several common organising principles including an ethic of care for nature, a respect for community, high ecological knowledge, and a desire to maintain and improve personal and social wellbeing. Case studies from both developed and developing countries including Australia, Brazil, Finland, Greenland, India, Indonesia, South Africa, UK and USA, show how, based on these principles, communities have been able to increase social, ecological and personal wellbeing and resilience. They also address how other more mainstream communities are beginning to transition to more sustainable, resilient alternatives. Some examples also illustrate the decline of ecocultures in the face of economic pressures, globalisation and climate change. Theoretical chapters examine the barriers and bridges to wider application of these examples. Overall, the volume describes how ecocultures can provide the global community with important lessons for a wider transition to sustainability and will show how we can redefine our personal and collective futures around these principles. Thoughts and feelings about home traditionally provided people of all cultures with a firm sense of where they belonged, and why. But with the world rapidly changing, many of our basic notions are becoming problematic. Both internationally and within countries, populations are constantly on the move, seeking better opportunities and living conditions, or an escape from violence and war. In spite of, or perhaps even because of these trends, ideas about home continue to shape the way people everywhere frame an understanding of their lives. In this Very Short Introduction Michael Allen Fox considers the complex meaning of home and the essential importance of place to human psychology. Drawing on a wide array of international examples he discusses what dwelling is and the variety of dwellings. Fox also looks at the politics of the concept of 'home', homelessness, refugeeism and migration, and the future of home, and argues that home remains a central organizing concept in human life. ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable. Profound transformations in residential practices are emerging in Europe as well as throughout the urban world. They can be observed in the unfolding diversity of residential architecture and spatially restructured cities. The complexity of urban and societal processes behind these changes requires new research approaches in order to fully grasp the significant changes in citizens lifestyles, their residential preferences, capacities and future opportunities for implementing resilient residential practices. The international case studies in this book examine why ways of residing have changed as well as the meaning and the significance of the social, economic, political, cultural and symbolic contexts. The volume brings together an interdisciplinary range of perspectives to reflect specifically upon the dynamic exchange between evolving ways of residing and professional practices in the fields of architecture and design, planning, policy-making, facilities management, property and market. In doing so, it provides a resourceful basis for further inquiries seeking an understanding of ways of residing in transformation as a reflection of diversifying residential cultures. This book will offer insights of interest to academics, policy-makers and professionals as well as students of urban studies, sociology, architecture, housing, planning, business and economics, engineering and facilities management.

[Copyright: bb1c3e2fdb1efda3b2e78c43fee1af05](#)