

Cosmetic Acupuncture By Radha Thambirajah

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A guide to the diagnosis and treatment of cosmetic and dermatological problems with practical instruction on how to perform treatment techniques. Thambirajah explains the energetic imbalances which cause skin diseases and the problems of early ageing, and describes how they can be treated successfully. Skin problems occur because the Blood, Qi, yin and yang of the body are not in balance and the book discusses how these can be balanced by acupuncture therapy. The therapy for a cosmetic problem has three steps: 1) to balance the body energies that cause the problem, 2) to treat the problem locally, 3) changing the diet and lifestyle of the patients with these problems. Concepts are accompanied with useful illustrations throughout, demonstrating the methods described. This second edition also contains new material on needling and massage techniques. This is a comprehensive and authoritative textbook on the topic for practising acupuncturists and Chinese Medicine practitioners.

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This book is a systematic summing-up of the achievements of Chinese massotherapy and a comprehensive and detailed research into its academic origin and development, basic theories, fundamental knowledge, basic manipulations, physical exercises, and its concrete application in clinical practice and health maintenance. It includes the main massotherapeutic works and a wealth of other documents of the various periods in China, brings together the fruits of modern massotherapeutic research from home and abroad in the past five decades, summarizes the clinical experience of

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massotherapists of various periods, and brings to light hundreds of almost-lost methods of treatment. It is no exaggeration to say that this book is an omni-directional, high-level and wide-ranging crystallization of the contents and characteristics of Chinese massotherapy.

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A practical handbook for the diagnosis and treatment of cosmetic and skin problems according to Traditional Chinese Medicine. This book presents the TCM theory that provides the rationale behind the choice of treatment and offers step-by-step instruction on how to treat cosmetic and skin problems through the use of acupuncture. The needling techniques for face lifting, cellulites and more are described clearly and the text is supported by illustrations showing the techniques.

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Cosmetic AcupunctureA Traditional Chinese
 Medicine Approach to Cosmetic and Dermatological
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San Zi Jing is an enlightenment textbook for children in ancient Chinese schools. Its wide range includes: astronomy, geography, scientific common sense, historical knowledge, personality education, character training, life ethics, etc. Children can learn the wisdom essence of the ancient saints, life ethics, and cultivate good character in a subtle way.

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New title by the author of Cosmetic Acupuncture! Energetics is an area of growing interest and importance in acupuncture. Acupuncture treatment aims to correct the imbalance of energy, or qi; energetics is a method of diagnosing which aspects of qi are out of balance. Energetics in Acupuncture provides a straightforward diagnostic method of identifying which aspects of the qi are out of balance and therefore what acupuncture treatment is required. One symptom can be

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caused by many different imbalances of organs and it is essential for the therapist to correctly diagnose the problem before commencing treatment. Once the correct diagnosis is made, the relevant points can be treated with appropriate techniques. The book takes a logical approach to diagnosis and provides relevant lines of questioning and reasoning.

FEATURES *Treatments are described for over 80 different diseases. *Innovative visual 'towers' show clearly what an energy imbalance looks like * Case studies illustrate imbalanced states.

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??(??,2001)

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