

# Clinical Handbook Of Marital Therapy

If the twentieth century was the American century, then the twenty-first century belongs to China. Now the one and only Jim Rogers shows how any investor can get in on the ground floor of "the greatest economic boom since England's Industrial Revolution."

Help your clients' relationships survive infidelity! In the Handbook of the Clinical Treatment of Infidelity, a panel of seasoned experts reflects on issues central to affairs, and on how to help couples heal and learn from them. First, editors Fred P. Piercy, Katherine M. Hertlein, and Joseph L. Wetchler provide an essential overview of infidelity theory, research, and treatment. They discuss the effect of infidelity on couples and delineate three types of infidelity—emotional, physical, and infidelity including aspects of both. They review the relatively new role of the Internet in infidelity and explore infidelity within the context of comarital relationships. Finally, they discuss the overarching theories and common models used in infidelity treatment. Also in the Handbook of the Clinical Treatment of Infidelity: Susan M. Johnson, the co-developer of Emotionally Focused Therapy (EFT), discusses affairs through the lens of attachment theory, and shows how EFT

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provides a way to acknowledge and express pain, remorse, and regret, and to repair this attachment bond. David Moultrup takes a Bowenian approach to infidelity, focusing attention on the underlying dynamics of the emotional system Frank Pittman and Tina Pittman Wagers outline cultural myths about affairs and do their share of debunking Adrian Blow discusses how to help couples directly address their pain—and the challenges of the healing process Brian Case highlights the role of apology and forgiveness in the healing process Frank Stalfa and Catherine Hastings focus on the treatment of “accusatory suffering”—a spouse’s obsessive holding onto and retaliating for an affair long after it has ended, and despite the offending partner’s repeated apologies and attempts at restitution Don-David Lusterman discusses individuals who have suppressed or denied traumatic stress reactions to their partner’s affair, and how to help them Scott Johnson discusses myths about affairs, from who is cheating on whom, to whether men really have more affairs than women, to the blame-filled language of “affairs,” “betrayal,” and “infidelity,” asking us to think more systematically about affairs and to see the dynamics of extra dyadic relationships as more complex and nuanced than they are typically portrayed in the literature Joan Atwood provides an overview of Internet infidelity—the factors influencing one’s involvement in this type of infidelity, and some

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considerations for therapists Tim Nelson, Fred Piercy, and Doug Sprenkle report on the results of a multi-phase Delphi study that explored what infidelity experts say are the critical issues, interventions, and gender differences in the treatment of Internet infidelity Monica Whitty and Adrian Carr draw upon Klein's object relations theory and discuss how this might influence the way people rationalize their Internet infidelity Emily Brown outlines the concept of the Split Self Affair—discussing its origins, characteristics, and implications for individuals and couples, and providing detailed information on how to work with these couples in therapy Michael Bettinger presents extra dyadic relationship as a fact, rather than a problem, within many gay male relationships—a discussion that shows how gay male polyamory can work as an alternative to the heterosexual model of emotional and sexual exclusivity in romantic dyadic relationships Katherine Hertlein and Gary Skaggs report on the results of a study that assessed the level of differentiation and one's engagement in extra dyadic relationships The Handbook of the Clinical Treatment of Infidelity is essential reading for today's (and tomorrow's) clinicians who work with couples. Make it a p Seasoned psychotherapists realize that no single theory or unitary treatment can ever suffice for all patients, disorders, and situations. This volume provides a comprehensive description and

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illustration of psychotherapy integration by leading proponents. Replete with clinical vignettes, this unique handbook will be invaluable to practitioners, researchers, and students alike.

This authoritative handbook provides a definitive overview of the theory and practice of couple therapy. Noted contributors--many of whom developed the approaches they describe--combine clear conceptual exposition with thorough descriptions of therapeutic techniques. In addition to presenting major couple therapy models in step-by-step detail, the book describes effective applications for particular populations and problems. Chapters adhere closely to a uniform structure to facilitate study and comparison, enhancing the book's utility as a reference and text. See also *Clinical Casebook of Couple Therapy*, also edited by Alan S. Gurman, which presents in-depth illustrations of treatment. It is particularly gratifying to prepare a second edition of a book, because there is the necessary implication that the first edition was well received. Moreover, now an opportunity is provided to correct the problems or limitations that existed in the first edition as well as to address recent developments in the field. Thus, we are grateful to our friends, colleagues, and students, as well as to the reviewers who have expressed their approval of the first edition and who have given us valuable input on how the revision could best be structured. Perhaps the first

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thing that the reader will notice about the second edition is that it is more extensive than the first. The volume currently has 41 chapters, in contrast to the 31 chapters that comprised the earlier version. Chapters 3, 9, 29, and 30 of the first edition either have been dropped or were combined, whereas 14 new chapters have been added. In effect, we are gratified in being able to reflect the continued growth of behavior therapy in the 1980s. Behavior therapists have addressed an ever-increasing number of disorders and behavioral dysfunctions in an increasing range of populations. The most notable advances are taking place in such areas as cognitive approaches, geriatrics, and behavioral medicine, and also in the treatment of childhood disorders.

The Wiley-Blackwell Handbook of Couples and Family Relationships presents original articles from leading experts that link research, policy, and practice together to reflect the most current knowledge of contemporary relationships. Offers interesting new perspectives on a range of relationship issues facing twenty-first century Western society Helps those who work with couples and families facing with relationship issues Includes practical suggestions for dealing with relationship problems Explores diverse issues, including family structure versus functioning; attachment theory; divorce and family breakdown; communication and conflict; self regulation, partner regulation, and

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behavior change; care-giving and parenting; relationship education; and therapy and policy implications

Psychology is of interest to academics from many fields, as well as to the thousands of academic and clinical psychologists and general public who can't help but be interested in learning more about why humans think and behave as they do. This award-winning twelve-volume reference covers every aspect of the ever-fascinating discipline of psychology and represents the most current knowledge in the field. This ten-year revision now covers discoveries based in neuroscience, clinical psychology's new interest in evidence-based practice and mindfulness, and new findings in social, developmental, and forensic psychology.

This new Handbook of Family Therapy is the culmination of a decade of achievements within the field of family and couples therapy, emerging from and celebrating the dynamic evolution of marriage and family theory, practice, and research. The editors have unified the efforts of the profession's major players in bringing the most up-to-date and innovative information to the forefront of both educational and practice settings. They review the major theoretical approaches and break new ground by identifying and describing the current era of evidence-based models and contemporary areas of application. The Handbook of Family Therapy is a comprehensive, progressive, and skillful presentation of the science and practice of family and couples therapy,

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and a valuable resource for practitioners and students alike.

An ideal supplemental text, this instructive casebook presents in-depth illustrations of treatment based on the most important couple therapy models. An array of leading clinicians offer a window onto how they work with clients grappling with mild and more serious clinical concerns, including conflicts surrounding intimacy, sex, power, and communication; parenting issues; and mental illness. Featuring couples of varying ages, cultural backgrounds, and sexual orientations, the cases shed light on both what works and what doesn't work when treating intimate partners. Each candid case presentation includes engaging comments and discussion questions from the editor. See also *Clinical Handbook of Couple Therapy, Fourth Edition*, also edited by Alan S. Gurman, which provides an authoritative overview of theory and practice.

The military imposes unique and often severe challenges to couples, which clinicians – particularly the growing numbers of civilian clinicians who see military couples – often struggle to address. These problems are only compounded by misunderstandings and misconceptions about what it means to be part of a specific branch of the military and part of the military as a whole. *Handbook of Counseling Military Couples* includes a clear, thorough introduction to military culture and to couple relationships in the military. But more than that, it provides readers with expert analyses of the special types of issues that come up for military couples and shows clinicians how to address them productively. In the chapters, readers will

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find the answers to questions such as how are military couples' rights different from those of civilians? What attitudes and beliefs about relationships might military members bring to a session, and how are those different from those of civilians? What is the state of marriage and divorce in each of the branches and within the military in general? For a particular treatment modality, how does research in with military members compare to that of civilians? When should particular treatment strategies be used, and why – and how?

Clinical Handbook of Couple Therapy, Fourth Edition  
Guilford Press

The Wiley Handbook of Sex Therapy is a comprehensive and empirically-based review of the latest theory and practice in the psychotherapeutic treatment of sexual problems across client populations. Structured in four sections covering specific sexual dysfunctions, theoretical approaches to sex therapy; working with client diversity; and future directions in sex therapy. Advocates a holistic approach to sex therapy with a focus on using a range of psychotherapeutic theories and techniques rather than only the most popular behavioral strategies. Includes case studies which highlight the broad spectrum of diverse conditions that clients can experience and which sex therapists can therefore encounter in the consulting room. Includes contributions by more than 60 experts from a wide range of disciplines.

Integrative, research-based, multisystemic: these words reflect not only the state of family therapy, but the nature of this comprehensive handbook as well. The

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contributors, all well-recognized names who have contributed extensively to the field, accept and embrace the tensions that emerge when integrating theoretical perspectives and science in clinical settings to document the current evolution of couples and family therapy, practice, and research. Each individual chapter contribution is organized around a central theme: that the integration of theory, clinical wisdom, and practical and meaningful research produce the best understanding of couple and family relationships, and the best treatment options. The handbook contains five parts: • Part I describes the history of the field and its current core theoretical constructs • Part II analyzes the theories that form the foundation of couple and family therapy, chosen because they best represent the broad range of schools of practice in the field • Part III provides the best examples of approaches that illustrate how clinical models can be theoretically integrative, evidence-based, and clinically responsive • Part IV summarizes evidence and provides useful findings relevant for research and practice • Part V looks at the application of couple and family interventions that are based on emerging clinical needs, such as divorce and working in medical settings. Handbook of Family Therapy illuminates the threads that are common to family therapies and gives voice to the range of perspectives that are possible. Practitioners, researchers, and students need to have this handbook on their shelves, both to help look back on our past and to usher in the next evolution in family therapy. Couples Therapy, Multiple Perspectives is a springboard from which therapists may begin to answer such

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questions as What are the ingredients essential to good relationships? What are the ingredients essential to activity within the psychotherapeutic relationship? How can what therapists know regarding psychotherapy be combined to create a whole greater than the sum of its parts? Barbara Jo Brothers aids therapists in answering these and other questions about the basic ingredients, the common denominators, and the universal threads of work with couples from exploring the theories and methods of successful therapists. As there are many ways of looking at couples therapy, this volume encourages therapists to work cooperatively, not competitively, in developing clients' possibilities. *Couples Therapy, Multiple Perspectives* is intended to assist therapists working with couples achieve a broader view of their work and a richer range of choices in helping their clients. Every article, especially the two by master therapists Florence Kaslow and Maurizio Andolfi, moves readers toward a tapestry of therapeutic possibilities. Features of *Couples Therapy, Multiple Perspectives* include an in-depth look at the ingredients of a successful marriage, or, what makes marriages work for the long-term by Florence Kaslow; an article by Maurizio Andolfi, translated by Vincenzo DiNicola, which brings together an excellent integration of theories, including those of Bowen, Framo, and Whitaker. Andolfi describes a transgenerational approach to work with couples in crisis, with a case example of the value of doing family-of-origin work in the initial phase of therapy. In an interview segment with Virginia Satir (with Sheldon Starr, PhD, in 1985), she explores how all good therapy has essentially

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the same ingredients. Readers will find Satir's ideas timeless and thought provoking; indeed they may re-evaluate their own position and theories on therapy with couples.

The exponential growth of clinical psychology since the late 1960s can be measured in part by the extensive--perhaps exhaustive--literature on the subject. This proliferation of writing has continued into the new century, and the field has come to be defined as much by its many topics as its many voices. The Oxford Handbook of Clinical Psychology synthesizes these decades of literature in one extraordinary volume. Comprising chapters from the foremost scholars in clinical psychology, the handbook provides even and authoritative coverage of the research, practice, and policy factors that combine to form today's clinical psychology landscape. In addition to core sections on topics such as training, assessment, diagnosis, and intervention, the handbook includes valuable chapters devoted to new and emerging issues in the clinical field, including health care reforms, cultural factors, and technological innovations and challenges. Each chapter offers a review of the most pertinent literature, outlining current issues and identifying possibilities for future research. Featuring two chapters by Editor David H. Barlow -- one on changes during his own 40-year odyssey in the field, the other projecting ten themes for the future of clinical psychology -- The Oxford Handbook of Clinical Psychology is a landmark publication that is sure to serve as the field's benchmark reference publication for years to come. It is an essential resource

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for students, clinicians, and researchers across the ever-growing clinical psychology community.

This new edition of *Couples Therapy* tackles four challenges currently facing the field: (1) accountability and the increasing demands for demonstrating effectiveness as a condition for reimbursement, (2) the need for practitioners to reconfigure their practice patterns in an ever-involving health-care system, (3) training mental health practitioners who have not completed marital and family therapy (MFT) programs, and (4) integrating new couples approaches and interventions into everyday clinical practice. The book offers a focused vision and successful strategies for working effectively with couples, both today and tomorrow. It incorporates the best insights from the neurosciences as well as new couples theories, research, and evidence-based interventions, introducing approaches including psychoanalytic, systemic, cognitive behavioral, Adlerian, constructivist, third wave, integrative, and mindfulness-based. Chapters also present practical applications and professional considerations, with a comprehensive look at how to work with diverse issues in couples therapy, such as substance abuse, domestic violence, sexual dysfunction, infidelity, aging, and much more. This third edition of *Couples Therapy* is an essential resource for students as well as mental health practitioners, social workers, and family counselors who are keen to better meet the needs of couples and the demands of the changing healthcare landscape.

First published in 1981. Routledge is an imprint of Taylor

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& Francis, an informa company.

This clinical reference and widely adopted text is recognized as the premier guide to understanding and treating frequently encountered psychological disorders in adults. Showcasing evidence-based psychotherapy models, the volume addresses the most pressing question asked by students and practitioners--"How do I do it?" Leading authorities present state-of-the-art information on each clinical problem and explain the conceptual and empirical bases of their respective therapeutic approaches. Procedures for assessment, case formulation, treatment planning, and intervention are described in detail. Extended case examples with session transcripts illustrate each component of treatment. New to This Edition \*Incorporates treatment innovations, the latest empirical findings, and changes to diagnostic criteria in DSM-5. \*Chapter on acceptance-based treatment of generalized anxiety disorder. \*Chapter on comorbid depression and substance abuse, demonstrating a transdiagnostic approach. \*Chapter on sleep disorders.

Today's clinical social workers face a spectrum of social issues and problems of a scope and severity hardly imagined just a few years ago and an ever-widening domain of responsibility to overcome them. Theory and Practice in Clinical Social Work is the authoritative handbook for social work clinicians and graduate social work students, that keeps pace with rapid social changes and presents carefully devised methods, models, and techniques for responding to the needs of an increasingly diverse clientele. Following an overview of

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the principal frameworks for clinical practice, including systems theory, behavioral and cognitive theories, psychoanalytic theory, and neurobiological theory, the book goes on to present the major social crises, problems, and new populations the social work clinician confronts each day. *Theory and Practice in Clinical Social Work* includes 29 original chapters, many with carefully crafted and detailed clinical illustrations, by leading social work scholars and master clinicians who represent the widest variety of clinical orientations and specializations. Collectively, these leading authors have treated nearly every conceivable clinical population, in virtually every practice context, using a full array of treatment approaches and modalities. Included in this volume are chapters on practice with adults and children, clinical social work with adolescents, family therapy, and children's treatment groups; other chapters focus on social work with communities affected by disasters and terrorism, clinical case management, cross-cultural clinical practice, psychopharmacology, practice with older adults, and mourning and loss. The extraordinary breadth of coverage will make this book an essential source of information for students in advanced practice courses and practicing social workers alike.

Now updated in its second edition, *Handbook of Clinical Issues in Couple Therapy* provides a comprehensive overview of emerging issues that impact couple therapy. Unlike other guides that concentrate more on theoretical approaches, this invaluable resource contains the latest research and perspectives that every clinician needs when dealing with the challenging issues often found in

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practice. Carefully referenced, it explores a range of issues that include intimate partner violence, posttraumatic stress disorder and its effect on couple relationships, divorce therapy, remarriage and cohabitation issues, cultural issues, and couple therapist training. This insightful edited volume is suitable for a wide spectrum of readers, including couple and family therapists, counselors, psychologists, social workers, pastoral counselors, educators, and graduate students. The essential guide to successful couples therapy at every stage of the lifecycle A variety of therapeutic interventions can help couples develop the tools for a successful relationship. Yet many practitioners begin seeing couples without extensive training in couples work. To fill this gap in their therapeutic repertoires, noted couple therapist Michele Harway brings together other well-known experts in marriage and family therapy to offer the Handbook of Couples Therapy, a comprehensive guide to the study and practice of couple therapy. The book's chapters provide a variety of perspectives along developmental, theoretical, and situational lines. Recognizing the need for clinically proven, evidence-based approaches, chapters provide detailed coverage of the most effective treatment modes. Couples at different stages of the lifecycle feature prominently in the text, as do relevant special issues and treatment approaches for each stage. Subjects covered include: Premarital counseling from the PAIRS perspective (an extensive curriculum of interventions for premarital couples) The first years of marital commitment Couples with young children Couples with adolescents

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Therapy with older couples Same sex couples A variety of theoretical approaches, including Cognitive-Behavioral, Object Relational, Narrative, Integrative, and Feminist and Contextual Special issues and situations, including serious illness, physical aggression, addiction, infidelity, and religious/spiritual commitments or conflicts Providing a diverse set of treatment approaches suited to working with a wide range of adult populations, the Handbook of Couples Therapy is an essential resource for mental health professionals working with couples. Regarded as the authoritative reference and text, this handbook presents the most effective, widely studied approaches to couple therapy. The distinguished coeditors bring together other leading experts, most of whom developed the approaches they describe. Adhering closely to a uniform structure to facilitate study and comparison, chapters cover the history, theoretical and empirical underpinnings, and techniques of each model. The volume also describes cutting-edge applications for particular relationship contexts (such as blended families, LGBT couples, and separated couples) and clinical problems (such as partner aggression, psychological disorders, and medical issues). New to This Edition \*Chapters on interpersonal neurobiology and intercultural relationships. \*Chapters on couple therapy for PTSD, functional analytic couple therapy, and the integrative problem-centered metaframeworks approach. \*Many new

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authors.\*Extensively revised with the latest theory and research. See also Clinical Casebook of Couple Therapy, edited by Alan S. Gurman, which presents in-depth illustrations of treatment.

The Oxford Handbook of Relationship Science and Couple Interventions showcases cutting-edge research in relationship science, including couple functioning, relationship education, and couple therapy.

In the treatment of marital problems, behaviorally oriented and communication oriented approaches have been in conflict and seen as contrasting and unlikely bed partners. Many therapists, focusing on communication skills, have felt that behaviorists were too structured and uncaring; on the other hand, behaviorists have considered humanistic therapists as being "touchy-feely," vague, and unfocused. However, in the Handbook of Marital Therapy, Liberman, Wheeler, de Visser, and the Kuehnelns have wedded these two potent approaches into an integrated framework that makes them loving bed partners. With over a decade of experience in applying behaviorally oriented treatment to couples, Liberman and his co-authors have developed an educational model that focuses on teaching specific communication skills to couples. The communication skills they describe have been used extensively in all types of marital therapy, regardless of the therapist's theoretical orientation. The unique

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contribution of this book is that the authors provide a step-by-step approach to teaching these communication skills within a behavioral framework. Each chapter guides the therapist through the many issues and problems confronting him or her as a change agent. This highly readable book is enhanced by a liberal use of case examples. Emphasis is given to homework and structured sessions that focus on increasing specific communication skills in a sequential manner. The advantages of working with couples in a group setting are discussed, and concrete suggestions on how to manage these groups are clearly presented. Family and marital therapies are rapidly becoming highly used methods of treatment of mental disorders and are no longer ancillary methods to individual psychotherapy. The last few decades have brought about an increasing awareness of the fact that, excluding organic etiology, practically all mental disorders are caused, fostered, and/or related to faulty interpersonal relations. As a rule, the earlier in life one is exposed to noxious factors, the more severe is the damage. Thus, early child-parents' and child-siblings' interactions are highly relevant determinants of mental health and mental disorder. Moreover, parents themselves do not live in a vacuum. Their marital interaction significantly contributes to their own mental health or to its decline, and parent-child relationships are greatly

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influenced by the nature of intraparental relationships. Parental discord, conflicts, and abandonment affect the child's personality development. Thus, family and marital therapy is more than therapy; it is an important contribution to the prevention of mental disorder. The present volume is comprised of three parts. The first, primarily theoretical, analyzes the fundamental aspects of marital and family therapy. The second part describes the various therapeutic techniques and the last deals with several specific issues. It gives me great pleasure to acknowledge my gratitude to my coeditor, Dr. George Stricker. Without his thorough and devoted efforts, this volume could not have come into being. I am also profoundly indebted to our consulting editors, Dr. James Framo, Dr.

Building on the groundbreaking original work with the same title, these articles focus on current issues, such as certain life stages, special populations, the devalued and abused, the addicted and special issues of the 1990's.

This handbook reviews therapy and counselling with couples, whether they be married, co-habiting, heterosexual, lesbian or gay. It explores how the problems of closely involved couples are assessed and tackled in different circumstances and in different ways. It places couples therapy in its theoretical and institutional contexts, analyzes

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immediate therapeutic concerns, and examines the wider roles of agencies, education, research and training.

Now in a revised and expanded third edition, this acclaimed handbook and clinical text provides comprehensive coverage of the full range of couple therapy interventions. Noted contributors, many of whom developed the approaches they describe, combine clear conceptual and historical exposition with hands-on presentations of therapeutic strategies and techniques. Chapters in the new edition adhere even more closely to a uniform structure, facilitating easy comparison of different therapeutic models, and have been extensively rewritten to reflect the latest conceptual, clinical, and empirical advances. Entirely new chapters cover structural; strategic, transgenerational, narrative, solution-focused, brief integrative, and affective; reconstructive approaches; prevention and psychoeducation; interventions with families during and after divorce; multicultural couple therapy; and treatment of clients with bipolar disorder as well as other psychiatric and medical problems.

Making explicit connections between theory and practice, this outstanding collection of 14 full-length cases reflects the gamut of difficulties therapists typically encounter with couples, such as intimacy, jealousy, distance conflicts, and problems with family members outside the marital relationship.

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Volume III of The Handbook of Systemic Family Therapy focuses on therapy with couples. Information on the effectiveness of relational treatment is included along with consideration of the most appropriate modality for treatment. Developed in partnership with the American Association for Marriage and Family Therapy (AAMFT), it will appeal to clinicians, such as couple, marital, and family therapists, counselors, psychologists, social workers, and psychiatrists. It will also benefit researchers, educators, and graduate students involved in CMFT. Preventive Approaches in Couples Therapy is the first thorough overview of the leading approaches to preventing marital distress and dissolution. Written for professionals, paraprofessionals, and lay people involved in the development and implementation of preventive programs, the editors have created a resource accessible to all those in the field of couples therapy. The volume serves as an important resource for programs that the therapist may already use and as an insightful introduction into new programs that can strengthen and invigorate these existing therapeutic approaches.

The latest theory, research, and practice information for familytherapy The last twenty years have seen an explosion of new, innovative, and empirically supported therapeutic approaches for treating families. Mental health professionals working with families today apply a wide range of approaches

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to a variety of situations and clients using techniques based on their clinically and empirically proven effectiveness, their focus on specific individual and relational disorders, their applicability in various contexts, and their prominence in the field. In this accessible and comprehensive text, each chapter covers specific problems, the theoretical and practical elements of the treatment approach, recommended intervention strategies, special considerations, supporting research, and clinical examples.

The contributors provide step-by-step guidelines for implementing the approaches described and discuss particular issues that arise in different couple, family, and cultural contexts. Handbook of Clinical Family Therapy covers treatment strategies for the most common problems encountered in family therapy, including: Domestic violence Adolescent defiance, anxiety, and depression Trauma-induced problems Stepfamily conflicts ADHD disruption Substance abuse in adults and adolescents Couple conflict and divorce Chronic illness A detailed reference for today's best treatment strategies, the Handbook of Clinical Family Therapy brings together the top practitioners and scholars to produce an innovative and user-friendly guide for clinicians and students alike.

The majority of people, in cultures worldwide, seek fulfilment and happiness in marriage and couples relationships. Many mental health professionals now

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find they are increasingly consulted when such relationships encounter difficulties that threaten the wellbeing of the couples involved. The costs of such difficulties can be high, to society, to children and to other family members, in both emotional and economic terms. Psychologists, psychiatrists, therapists, counsellors and social workers will find in this uniquely comprehensive handbook a critical review of knowledge in this wide field, as well as a guide to best practice in its many areas of intervention. The scope of the handbook includes an overview of healthy, normal marriage processes, the major influences on marital quality and stability, the interaction between individual adjustment, environmental events, and relationship satisfaction, and interventions designed to assist couples to enhance their relationship. The emphasis in the chapters which review research is on explicating the implications of current state-of-the-art knowledge for assessment and intervention with couples. Over half the book comprises detailed guidelines on how to conduct interventions for relationship problems. This includes work on different approaches to couples therapy, adapting couples therapy to the needs of couples in which one partner has significant individual psychopathology, working with just one partner, responding to crises initiated by extramarital affairs, mediating divorce, and working with families in which there are combined marital and parenting

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difficulties.

Now available in paperback. In this volume, theoretical frames, modalities, and applications are examined for

Interpersonal/Humanistic/Existential psychotherapy.

Topics range from "Culturally

Sensitive Psychotherapy with Children" to "Spiritually

Sensitive Therapy" and "Existential Treatment with HIV/AIDS clients."

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