

# **Chinese Acupuncture And Moxibustion Third Edition 2009 Seventeenth Printing 2016**

This comprehensive guide to Chinese cupping therapy details this traditional and effective treatment with extensive clinical examples, commentary, and detailed diagrams. Cupping therapy delivers healing effects by improving blood circulation, promoting smoother flow of qi through meridian points and dispelling cold and dampness in the body. It involves local suction on the skin through vacuum created by heating and subsequent cooling of the air in the cup. Because of its easy application and immediate effects, cupping therapy has been practiced in China since time immemorial and remains to this day as a form of traditional medicine for treating illnesses and enhancing health. With solid grounding in both theory and clinical practice, the author introduces the fundamental principles of cupping therapy and areas that require special attention, which are followed by techniques of cupping for targeted ailments. The book covers nine areas: internal medicine, surgery, ENT and ophthalmology, dermatology, andrology, gynecology, and pediatrics (with 73 common illnesses), as well as sub-health condition and health and complexion enhancement, with cupping options for various target skin areas. A Comprehensive Guide to Cupping Therapy contains: A therapy for healing, enhancing health and improving quality of life through the natural way of traditional Chinese medicine Techniques of cupping that can be quickly mastered to help yourself heal, with easy to follow illustrations Tips from a medical professional on having a better diet and life style to prevent illness and gain a healthy complexion.

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The modern medical model is gradually shifting from one of biomedicine to one that integrates practices from the physiological, psychological, sociological and medical fields. This growing recognition that people, the environment, ecological conditions and society are all aspects of a united whole has given rise to an emergence of alternative medicine and therapies, many of which are borrowed from traditional Chinese medicine. Volume One systematically introduces the basic theories and the diagnostic methods of Chinese Medicine, providing a concise presentation that is suitable for both teaching and self-study. Use of illustrations throughout also reinforce the theories and facts demonstrated in this valuable resource on the fundamental principles of Chinese Medicine.

Acupuncture and moxibustion are one of the most important contributions our ancestors have made to humankind. In the narrow sense, acupuncture and moxibustion refer to medical therapy, whilst broadly, they are an integral science consisting of four subdisciplines: the subject of meridians and acupoints, the subject of acupuncture and moxibustion techniques, the subject of acupuncture and moxibustion therapy, and the subject of experimental acupuncture and moxibustion.

A comprehensive introduction to the concept of Traditional Chinese Medicine, its basic principles, therapy and medication. More than 5000 well structured entries are arranged in alphabetical order and cover a wide spectrum, from symptoms and diseases to acupuncture points, to herbal and other drugs used in Chinese medicine. Also included are color images of the most important herbs and medicinal plants. This is an indispensable guide not only for medical practitioners interested in TCM but also for pharmacists and interested laypersons.

This informative text provides an introduction to schizophrenia

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and a review of the Traditional Chinese Medicine (TCM) treatments being used in treating both schizophrenia and other mental diseases. Rather than focusing on how to carry out acupuncture and TCM, it examines the best way to apply treatments. Covering both the Western biomedical diagnosis and the essentials of Chinese differential diagnosis, treatment protocols are provided for each condition. A controversial text whose basic message is that TCM has much to offer for the future of psychiatric medicine.

This definitive acupuncture text, used for licensing examinations in many states, remains an essential reference for professionals and students.

Using the information in this book, the thousands of people living with long term disability due to stroke, can lead a better quality of life. The book contains classical and standard contemporary acupuncture for emergency and rehabilitation use. Its covers such areas as: Running needle; Moxibustion; Electro-acupuncture; Magneto-therapy and herbal patches; Special protocols by famous contemporary practitioners; Treatments for body, scalp, ear, tongue, wrist-ankle and ocular acupuncture; and, the treatment of 23 post stroke sequelae. The final chapter of the book recounts the outcomes of scores of clinical trials proving acupuncture efficacy in the treatment of stroke.

This scholarly and comprehensive textbook comprises three parts: Channels and Points; Acupuncture and Moxibustion Techniques; Treatment of Diseases. Based on the ancient classics of traditional Chinese medicine, modern clinical practice, and recent research, Acupuncture and Moxibustion is a wonderful textbook both for international students and an essential reference for practitioners. Its editorial board, composed of well-known Chinese and Western acupuncture practitioners, has ensured that the English edition conforms to high academic standards.

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Optimal eye health is just around the corner with this guide to treating common eye disorders with acupuncture, herbs, and other tenets of Chinese medicine For the past ten years, Andy Rosenfarb has successfully used acupuncture and Chinese medicine to treat a wide range of eye conditions. His treatments include moxibustion techniques, tuina (massage), microcurrent stimulation, Chinese herbs, and qigong exercises, along with “essential acupuncture” where essential oils are placed on acupuncture points. The culmination of his work—which includes a recent pioneering study involving metabolic testing—is this handbook for healing the kinds of conditions too often considered almost impossibly challenging or irreversible. The first half of *Healing Your Eyes with Chinese Medicine* explains Traditional Chinese Medicine and its perspective on the eyes, which is based on the idea that the eyes and the brain work in tandem, not isolation. The second half focuses on proven methods derived from Rosenfarb’s practice, including nutritional, supplemental, and lifestyle adjustments. Individual chapters cover eye disorders such as glaucoma, macular degeneration, retinitis pigmentosa, and many more. This book is intended as a practical manual to help readers understand their eyes and vision more comprehensively, and to learn new, affordable ways for retaining the precious gift of sight.

This book is the second, revised edition of a practical handbook of Chinese medical patterns with their disease causes and mechanisms, signs and symptoms, treatment principles, guiding formulas, main modifications, and acupuncture treatments. It is meant for both the student and the clinical practitioner. The authors have included numerous patterns previously not described in the English language literature as well as many complex patterns which are commonly seen in real-life practice in the West. It also

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includes a symptom-sign index and a formula index for easy reference. All medicinal names in this new edition conform to Bensky et al.'s Chinese Herbal Medicine: Materia Medica 3rd edition, and all Chinese medical terminology corresponds to Wiseman and Feng's A Practical Dictionary of Chinese Medicine. Ingredients in Chinese medicinal formulas begin with their pinyin names and are listed down for easier reference. In addition, this new edition contains a number of case histories for use in problem-based learning (PBL) along with suggested answers, thus making it even more useful in the classroom.

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Acupuncture therapy with single point is a strategy of killing two birds with one stone. Needling a meridian meeting point is to needle one point to treat two meridians. When the cause involves two or more internal organs, it may be treated by the meeting points of meridians. The eight meeting points between extraordinary meridians and twelve master meridians refer to the points at which energy of the eight extraordinary meridians meet with that of the twelve master meridians. Needling at such meeting points is capable of producing a double effect of the twelve master meridians and the eight extraordinary meridians. Chinese acupuncture was originated in Yellow Emperor's Classics in which 66 diseases were treated by single point. In the first acupuncture classic entitled, First Classic Of Acupuncture And Moxibustion published in 282, a total of over 800 diseases were listed for

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acupuncture treatment among which 728 diseases were treated by single points. It was not until the publication of Living Classic Of Acupuncture And Moxibustion in 1220 that acupuncture therapy with multiple points became popular. The first national Chinese conference on acupuncture therapy with single point was held in 1989, with 81 representatives attending and 151 theses presented at the conference; followed by the second conference in 1991, and the third conference in 1992. There are a few characteristics of this type of acupuncture therapy. First of all, it puts emphasis on syndromes differentiation. Take headache as an example, headache in the forehead should be treated by Li4, headache on one side of the head should be treated by Lu7. In the second place, different methods of treatment should be applied, depending on the nature of diseases, such as needling, moxibustion, point injection, and cupping etc. In the third place, different treatment strategies should be applied to deal with different syndromes of diseases, such as toning up deficiency and sedating excess, sedating the child and toning up the mother.

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An in-depth understanding of the meridians and acupoints lies at the heart of effective practice in traditional Chinese medicine. This book outlines everything that practitioners and students need to know. The book explains how meridians relate to the major organs, where they are located in the body, and how they are linked to the healthy flow of Qi and blood. A large section of the book is devoted to descriptions of specific acupoints - their names, how to locate them, an introduction to the symptoms they can be used to treat, and how. Also included is a thorough introduction to the basics of acupuncture practice, including how to prepare a patient prior to treatment, how to insert and manipulate acupuncture needles, how and when to use moxibustion and cupping

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techniques, and what to do if treatment goes wrong. This useful and authoritative textbook, compiled by the China Beijing International Acupuncture Training Centre (CBIATC), under the editorial direction of leading Chinese clinicians Zhu Bing and Wang Hongcai, is essential reading for students of traditional Chinese medicine, and an excellent reference for acupuncture practitioners at all levels.

The first text on bloodletting therapy for Western practitioners of Chinese medicine, this authoritative text explores the theory and function of bloodletting, and provides detailed instruction on its clinical use. Bloodletting therapy, which works to remove internal and external disruptions to the system through the withdrawal of small quantities of blood, has numerous benefits, especially concerning the treatment of complex or chronic disease. Yet the technique is often met with alarm in the West and side-lined in favour of less controversial treatments such as fine-needle acupuncture, and moxibustion. This book provides a concise overview of its theory, historical and contemporary relevance, and clinical guidance. With detailed reference to the classic texts, the author clarifies the fundamental Chinese medical theory related to blood and the network vessels, and provides an in-depth discussion of the benefits of and practice guidelines for bloodletting. The book includes a chapter on the classical acupuncture techniques of Tung Ching Chang whose work is attracting increasing attention in the West. Through the exploration of classic texts and contemporary standards, the book provides everything needed to gain a comprehensive understanding of the technique and to encourage its use as a viable treatment option in the West. It will be an invaluable addition to the resources available for acupuncturists, as well as students and practitioners of Chinese medicine more generally, including those interested in all Chinese approaches to health.

Songs and rhymes have been used by physicians for centuries in China as a means of memorising and passing on methods of practice and behaviour, moral attitudes, effective points, diagnostic tips and rules of thumb. These newly translated poems offer a rich insight into the life and thought of these skilled doctors, as well as practical indications for treatment. Contemporary acupuncturists can see from these poems the depths of the tradition, better understand a breadth of diagnostic skills and treatment planning, and as a result greatly improve their appreciation of intent within their own practice. The poems also serve as a gentle introduction to the philosophy behind acupuncture practice. This is the first translation of these acupuncture odes, songs and rhymes from the Great Compendium of Acupuncture and Moxibustion compiled by the Chinese physician Yang Jizhou during late Ming China. The book includes a comprehensive introduction that places the work in historical, cultural, and medical context, a symptom index, a point index glossary and a list of helpful points for common signs and symptoms encountered in acupuncture and physiotherapy clinics.

Wilcox translates a work by Yng Jzhou which includes 31 case studies where he used acupuncture, moxibustion, and occasionally herbal formulas to treat the patients.

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Frank. The authors then go on to discuss what they call the "three free therapies" for arthritis: diet, exercise & deep relaxation. In addition to this trio of fundamental self-care therapies, the authors also discuss such low or no-cost Chinese self-help techniques as qi gong, self-massage, magnet therapy, moxibustion, hydrotherapy, Chinese herbal patent medicines & Chinese herbal wines & elixirs. They round out their presentation with some sound psychological advice about learning to live with chronic pain, advice on how to find a local professional practitioners & a section on learning more about Chinese medicine. A glossary at the back makes unfamiliar Chinese medical terms easy to understand. In addition, there is a bibliography & an index.

Cheng DAN-an was the single most important Chinese acupuncturist of the mid-20th century. He created the modern acupuncture college curriculum in China and rescued acupuncture and moxibustion from oblivion in its native land. As a teacher of many other famous teachers of acupuncture, such as the late Dr. James Tin Yau So, Cheng Dan-an is the father of modern Chinese acupuncture. This book is a collection of his formulas and treatments for a wide range of traditional Chinese diseases, such as cold damage, warm heat diseases, wind stroke, mania, diarrhea and dysentery, cough, phlegm rheum, panting & wheezing, the five accumulations, and

more. This is a seminal book in the development of modern acupuncture which should not be overlooked by any Western practitioner.

The Zhen Jiu Zi Sheng Jing (The Classic of Supporting Life with Acupuncture and Moxibustion) Volume IV-VII by Wang Zhizhong as translated by Yue Lu (with editing by Lorraine Wilcox) is the second half of an absolutely phenomenal resource for the clinical use of acupuncture and moxibustion. This text stands out amongst many of the classics for several reasons: the first is that Wang Zhizhong was a keen researcher, who would not only compare source materials against each other, but also cite which source materials he compared, and how they were the same or different. Secondly, while Wang was a gatherer of information, he was also practical, and this book is filled with his many pearls of how he used a point prescription, why, and what the results were of his own tests of the material. Thirdly, to date there is no other classical text which is as complete in subject matter as the Zhen Jiu Zi Sheng Jing. Wang categorized not only the point locations, and the methods for their use, but systematically collated 196 diseases from the most exterior down to the deepest levels, documenting multiple presentations and treatments for each disease. Lastly, Wang's primary focus was on supporting or nourishing life through the use of these techniques, and therefore there are a significant number of these treatments

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that either use moxibustion as the primary treatment method, or use moxibustion in addition to the primary treatment method. This second part of this two volume set includes the clinical information in chapters IV-VII, as well as a massive index of all entries for both books, and this gloss contains over 4000 words, many of which have never been translated before. In the modern age, we are extremely lucky to have access to the classical sources for East Asian Medicine, and this is partly because of the hard work of translators like Yue Lu and Lorraine Wilcox. We hope that you enjoy this most recent edition to our growing library of classical sources. Part 2 of a 2 part set."

"Single Point Acupuncture and Moxibustion for 100 Diseases" is a comprehensive yet easy-to-follow guide to the clinical application of single point acupuncture and moxibustion therapy, with a special emphasis on methods and needle techniques. Single point acupuncture and moxibustion therapy differs from other forms of acupuncture in that only one point is selected during each session. The single point technique is noted for its quick therapeutic response and exceptional results, despite using far fewer points than traditional acupuncture therapy. It is a simple technique for practitioners to master, and patients are quick to extol the virtues of the single-point approach. Author Dr. Decheng Chen describes in detail how to treat one hundred of the most

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common clinical ailments, including headaches, neck pain, hypertension, and even the common cold. Dr. Chen uses both Western and traditional Chinese medical theory to describe his treatment methods. Each section consists of an introduction to the disease, a detailed explanation of the needle technique used, a case study of the treatment, and a discussion. With its easy-to-use format and step-by-step instructions, "Single Point Acupuncture and Moxibustion for 100 Diseases" is the definitive single point acupuncture guide for teachers, students, and acupuncture practitioners alike.

People all over the world find acupressure brings relief from all kinds of problems: - How to strengthen the immune system? - How to cope with stress? - How to combat fatigue? - How to stop nosebleeds? - How to stop nosebleeds? - How to beat insomnia? - How to lose weight? - How to look younger?

Answers to these questions and more are to be found in this little book. About the author: Anna Filimonova lived in China from 1990 to 2006. She studied at the China Academy of Traditional Chinese Medicine, Institute of Acupuncture and Moxibustion, WHO Collaborating Centre for Traditional Medicine in Beijing and practiced at the Clinic of China Beijing International Acupuncture Training Centre, studied and practiced at the Beijing Massage Hospital. She currently works as a specialist in TCM (Traditional Chinese Medicine).

The authors look at TCM treatments for a wide range of common & more difficult problems, such as: eczema; gangrene; depressions; palpitations; & many more. Material is structured in such a way as to be easily accessed in clinical situations

Traditional Chinese medicine (TCM), with a history of thousands of years, is the crystallization of the ancient Chinese people's experiences in their struggle against diseases. It is also an integral part of their splendid culture. Under the influence and direction of classic Chinese philosophies, it has undergone long-term medical practice and infiltrated into, as well as absorbed from, other subjects in that point in time, thus gradually evolving into a unique medical theoretical system that contributed and is still contributing significantly to the healthcare of the Chinese and the prosperity of the Chinese nation. This is the first of a 7-volume set encompassing all essential elements of TCM — ranging from Basic Theory, Diagnosis and Prescription to Chinese Materia Medica, Tui Na and Acupuncture. The basic theories of TCM are the theoretical foundations for guiding traditional Chinese preventive medicine and clinical medicine, and encompass aspects such as the philosophical foundation for TCM, understanding the effects of TCM on the physiology and pathology of the human body, and the principles in TCM for life cultivation, rehabilitation, diagnostics, and therapeutics. In this

sense, the basic theories are regarded not only as an important part of TCM, but also as a compulsory course fundamental to the study and research of TCM. This book is compiled to allow the majority of readers to understand the theory of TCM and its methods of diagnosing and treating diseases in a relatively short period of time. It provides a brief introduction to the basic characteristics and theory of TCM, and a detailed schedule of learning commonly occurring diseases and patterns and their estimated 60 corresponding prescriptions. This is a great attempt in initiating more people to understand and apply the theory of TCM to diagnose and treat common diseases and provide corresponding formulas. This is the second of a 7-volume set encompassing all essential elements of TCM — ranging from Basic Theory, Diagnosis and Prescription to Chinese Materia Medica, Tui Na and Acupuncture. The 21st century is the start of an era where people are beginning to look at health and medical care from a different perspective.

Understanding the conventional pattern of medical treatment alone has ceased to meet the ever-growing demands of social development, and hence, the trend of exploiting natural therapies has gradually emerged. Besides turning to Chinese medicine as an option for treatment, increasingly, the principles and practices used in this field have been garnering more interest. This is exactly the reason

why this book is compiled. It is our hope that the contents can be of help to the readers to not only understand, but suitably apply Chinese medicine in practice, and thus benefit their health. This is the third of a 7-volume set encompassing all essential elements of TCM — ranging from Basic Theory, Diagnosis and Prescription to Chinese Materia Medica, Tui Na and Acupuncture. This book aims to provide readers with adequate knowledge for clinical application of Chinese medicine, which is in line with the fundamental principle of “correspondence of Chinese medicinals and patterns.” It contains a brief introduction to relative theories, divides these medicinals by actions into categories such as exterior-releasing, heat-clearing, purgative, dampness-dispelling, fluid retention-disinhibiting, interior-warming, qi-regulating, blood-invigorating, blood-stanching, food accumulation-relieving, phlegm, cough- and wheezing-arresting, mind-tranquilizing, liver-calming, orifices-opening, tonifying, astringing, and worm-dispelling, and elaborates each herb in terms of its actions, quality, indications, usage, and dosage. Furthermore, mnemonics and simple and effective formulas are included to help readers effectively grasp the concepts behind practical applications, and precautions and daily practices are specifically designed to support readers in easily understanding and retaining the information. This is the fourth of a



7-volume set encompassing all essential elements of TCM — ranging from Basic Theory, Diagnosis and Prescription to Chinese Materia Medica, Tui Na and Acupuncture. Chinese internal medicine is a clinical subject which explains, using traditional Chinese theories, the etiology, pathology and therapeutic rules of the diseases or syndromes belonging to internal medicine. It is also the foundation for learning and research in other clinical branches of Chinese medicine, thus playing a vital role in traditional Chinese medicine (TCM). Chinese internal medicine has had a long history. Its origins can be traced back several thousand years. Through long-term diagnostic and therapeutic practices, a rich collection of experiences and theories in Chinese internal medicine has been accumulated and this has gradually evolved into a complete, distinctive and effective clinical branch. In recent decades, Chinese internal medicine has also undergone more significant developments, especially in the treatment of cardiac or cerebral vascular diseases, digestive tract diseases, renal diseases and autoimmune diseases. In order to popularize Chinese internal medicine and allow readers to grasp its basic theories as well as diagnostic and therapeutic methods, we wrote this book in a language easily comprehensible by the layman. For ease of learning by modern doctors, we proceeded from the current clinical practice and outlined the contents with

Western disease names. There are more than 80 diseases discussed in this book. For each disease, the Chinese syndrome differentiation and treatment as well as modern diagnostic key points are provided, to make it more convenient for the readers to study and understand. The study of each disease should begin from its etiology, pathology and diagnostic key points, followed by the differentiated patterns and corresponding treatments. The respective points of caution for each disease should also be well-noted. Finally, the questions forming the “Daily Exercises” are useful for readers to check their comprehension and recall of the material. Given the chance, the theoretical knowledge should also be applied in clinical practice so that past knowledge is tested and new clinical knowledge and skills can be learned. Indices to the prescriptions are supplemented at the end so as to facilitate study and consultation. This book is suitable for those who are enthusiastic about TCM and with basic medical knowledge, as well as clinical TCM doctors, nursing personnel and TCM students. This is the fifth of a 7-volume set encompassing all essential elements of TCM — ranging from Basic Theory, Diagnosis and Prescription to Chinese Materia Medica, Tui Na and Acupuncture. With increased demands on medical health care due to societal developments, the sole dependence on modern medicine or Western medicine is clearly insufficient. Traditional Chinese

medicine, once derided by many in the west, is now firmly in the global limelight due to its numerous advantages in preventing and treating diseases. Chinese medicine achieves its curative effects by making use of natural therapies such as animal and plant parts, which are of interest to many doctors and patients who are in favor of rectifying the entire state of the body. For over two thousand years, Chinese medicinal formulas have been extensively used in China as the main technique to prevent and treat. The accordance of formula and disease pattern is the most specific, objective, stable, and recurrently effective aspect of treatment based on pattern differentiation, which will be introduced in this book as a reliable analytical method. In this book, the fundamental concepts of Chinese medicine, methods of conducting pattern differentiation and composing principles of formulas, and integration of indispensable courses of Chinese medicine, such as basic theories, diagnostic methods, Chinese medicinals, formulas, treatment principles, internal medicine, and warm diseases will be discussed, opening a door for novices who are interested to learn more about Chinese medicine. Through self-study of this book in a relatively short duration, it is our hope that the reader will be familiar with and preliminarily apply the basic theories of Chinese medicine and formulas in practice. This not only serves to prevent and treat diseases, but more

importantly, contributes to the spread of traditional Chinese medicine. This is the sixth of a 7-volume set encompassing all essential elements of TCM — ranging from Basic Theory, Diagnosis and Prescription to Chinese Materia Medica, Tui Na and Acupuncture. Acupuncture and moxibustion are one of the most important contributions our ancestors have made to humankind. In the narrow sense, acupuncture and moxibustion refer to medical therapy, whilst broadly, they are an integral science consisting of four subdisciplines: the subject of meridians and acupoints, the subject of acupuncture and moxibustion techniques, the subject of acupuncture and moxibustion therapy, and the subject of experimental acupuncture and moxibustion. This is the final of a 7-volume set encompassing all essential elements of TCM — ranging from Basic Theory, Diagnosis and Prescription to Chinese Materia Medica, Tui Na and Acupuncture. Traditional Chinese tui na, one of the earliest medical treatment methods with a long history tracing back to ancient times, is an important component of traditional Chinese medicine (TCM). This book is compiled with the aim of popularizing tui na modality along with allowing readers to understand and master the fundamental theories, basic techniques, commonly used acupoints and parts, and diagnosis and treatment methods of diseases in a relatively short period of time. The

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book is a summary of clinical experiences of tui na with practical contents and detailed illustrations, which can be easily appreciated and serve both purposes of the popularization of tui na and adva9789086862290\\This book provides a better understanding of the changing roles of non-governmental organizations (NGOs) in promoting sustainability of small and medium-sized enterprises (SMEs) in Peru. The book focuses on the domains of organic production, business social responsibility and sustainable production. The innovative study uses a combination of network and discourse analyses to identify the main patterns and shifts in the roles of NGOs in order to deal with sustainability and the market. Two major contemporary sociological theories - ecological modernization theory and network society theory - are applied to frame the analysis.

An introductory text aimed at practitioners of Chinese medicine and orthodox medicine, and other interested healthcare professionals, this book focuses on the conditions for which traditional Chinese medicine may be appropriate and its wider use healthcare. The book divides the subject into three sections: key issues in Chinese medicine, special as

The first clinical textbook of acumoxa therapy dating from the third century - and one of the four great Chinese acupuncture classics - this book is so

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authoritative that it has provided the framework and standard for all subsequent acupuncture textbooks in China. It contains all the most important passages of the Su Wen and Ling Shu, collated, edited, and arranged according to topic.

A new, revised edition of the first book for students and practitioners which explains how to do TCM style acupuncture. This book explains in depth how to do a complex, individualized TCM pattern discrimination, how to arrange and make sense of a welter of confusing signs and symptoms, and how to think using TCM terms and statement of fact.

Western students and beginning practitioners will find this book an invaluable aid in honing their ability to understand and use TCM. Although specifically about acupuncture, the method presented in this book can be used to erect a TCM treatment plan using any Chinese modality Chinese herbs, Chinese dietary therapy, tui na or Chinese massage, or qi gong, Chinese energy exercises. Included in this book are the functions of the main points of acupuncture and the functions of the main two and three point combinations.

Foreign Languages Press

1962 Research Institute of Acupuncture & Moxibustion, Academy of Traditional Chinese Medicine, Peking. What Are Acupuncture and Moxibustion? the Historical Development of Acupuncture and Moxibustion. the Method of

## Treatment by Acupuncture and Moxib.

For over two thousand years, Traditional Chinese Medicine (TCM) has made many significant contributions to China's growth and prosperity. This textbook, based on the unique characteristics of TCM, discusses its principle theories and presents a comprehensive daily practice guide for health maintenance and disease treatment. The book provides clinical practitioners with a fundamental understanding of the essence of TCM. We highly recommend this book for students interested in TCM, Chinese medicine doctors and other healthcare professionals, biomedical researchers, and interested individuals. Readers will benefit from the inspirational viewpoints discussed in the book.

In the third volume of the Evidence-based Clinical Chinese Medicine series, the authors focus on a challenging dermatological condition — chronic urticaria. Chronic urticaria can have a significant impact on quality of life, and while medical management can be effective, many people experience frequent and unpredictable recurrence. This book unearths treatments used in classical Chinese medicine textbooks, many of which are inaccessible to non-Chinese speaking Chinese medicine practitioners. Oral and topical Chinese herbal medicines used in pre-modern China for urticaria are identified, some of which are still in use today. Evidence from clinical studies has been subject to rigorous evaluation, with analyses conducted using the internationally recognized Cochrane-GRADE approach. Chinese herbal medicine formulas and acupuncture therapies which offer the most potential for treatment of chronic urticaria

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are highlighted. This book provides an easy to use reference for clinicians who are interested in Chinese medicine management of chronic urticaria. The authors are internationally recognized, well-respected leaders in the field of Chinese medicine and evidence-based medicine with strong track records in research. Contents: Introduction to Chronic Urticaria Chronic Urticaria in Chinese Medicine Classical Chinese Medicine Literature Methods for Evaluating Clinical Evidence Chinese Herbal Medicine Pharmacological Actions of the Frequently Used Herbs Clinical Evidence for Acupuncture and Related Therapies Clinical Evidence for Combination Therapies Summary and Conclusions Readership: Chinese medicine practitioners and researchers, undergraduate and postgraduate Chinese medicine students, other health science students with interest in Chinese medicine. Chinese Medicine; Chinese Herbal Medicine; Acupuncture; Urticaria; Dermatology 0

The Essentials of Chinese Medicine is a text book intended for international students who wish to gain a basic understanding of Chinese Medicine (CM) at the university level. The idea of writing such a text was originated from the Sino-American Consortium for the Advancement of Chinese Medicine (SACACM), which was founded in February 2000. In 1995, the British Hong Kong Administration set up a Preparatory Committee for the Development of Chinese Medicine to look into ways of bringing Chinese medical practice and herbal trade under proper control and regulation. After the reunification of Hong Kong with mainland China in 1997, the Government of the Hong Kong Special Administrative



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Region continued the efforts to uplift the practice of CM to a fully professional level through legislation. To help bring up a new generation of professional CM practitioners, the Hong Kong Baptist University (HKBU) obtained approval from the Government's university funding authority to develop a School of Chinese Medicine to prepare students who will meet the future professional requirements through public examinations. In order to establish itself quickly as a rigorous provider of university level CM education, HKBU sought alliance with eight major CM universities in the Chinese Mainland, and one US university which was interested in developing CM education within its medical college. As a result, the Consortium known as SACACM was formed, with ten founding institutions from Beijing, Shanghai, Nanjing, Shandong, Guangzhou, Chengdu, Heilongjiang, Hong Kong, and the United States.

"The Great Compendium of Acupuncture and Moxibustion" by Yang Ji Zhou is an encyclopedic Ming dynasty work on Acupuncture and Moxibustion. The text covers the details of using various point categories and the confluence points of the eight extraordinary vessels.

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