

In 1964, as part of its landmark Civil Rights Act, Congress outlawed workplace discrimination on the basis of such personal attributes as sex, race, and religion. This provision, known as Title VII, laid a new legal foundation for women's rights at work. Though President Kennedy and other lawmakers expressed high hopes for Title VII, early attempts to enforce it were inconsistent. In the absence of a consensus definition of sex equality in the law or society, Title VII's practical meaning was far from certain. The first history to foreground Title VII's sex provision, Equality on Trial examines how the law's initial promise inspired a generation of Americans to dispatch expansive notions of sex equality. Imagining new solidarities and building a broad class politics, these workers and activists engaged Title VII to generate a pivotal battle over the terms of democracy and the role of the state in all labor relationships. But the law's ambiguity also allowed for narrow conceptions of sex equality to take hold. Conservatives found ways to bend Title VII's possible meanings to their benefit, discovering that a narrow definition of sex equality allowed businesses to comply with the law without transforming basic workplace structures or ceding power to workers. These contests to fix the meaning of sex equality ultimately laid the legal and cultural foundation for the neoliberal work regimes that enabled some women to break the glass ceiling as employers lowered the floor for everyone else. Synthesizing the histories of work, social movements, and civil rights in the postwar United States, Equality on Trial recovers the range of protagonists whose struggles forged the contemporary meanings of feminism, fairness, and labor rights.

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environment. With self-tests and dozens of real world examples, STOP SABOTAGING YOUR CAREER helps readers identify their dominant professional behaviors and offers proven strategies to maximize their career potential--in spite of themselves.

Suggests more than one hundred self-nurturing acts for women, and argues that women must consider their own needs to maintain a positive outlook.

Offering the same brand of practical, no-holds-barred, expert advice that made Nice Girls Don't Get the Corner Office an international million-copy bestseller, Nice Girls Just Don't Get It teaches us the skills we need to turn from a nice girl into a winning woman, not just in our careers but in our relationships, families, and everyday lives. Have you ever felt invisible? Taken advantage of? Reluctant (or unable) to articulate what you really want? If so, join the club. The nice girls club. Nice girls—that's right, girls—are those more concerned with pleasing others than with addressing their own needs and haven't yet learned how to overcome the childhood messages cultural stereotypes keeping them from getting their voices heard, their needs met, and the lives they want. This book will turn those nice girls into winning women. That is, women who factor their own needs in with those of others, confront those who treat them disrespectfully, maintain healthy and mutually beneficial relationships with appropriate boundaries—and as a result, are happier and more successful in every area of their life. In 2004, Lois Frankel blew the lid off so many of our long-held ideas about gender and success with her bestselling Nice Girls Don't Get the Corner Office, which went on to become such a huge phenomenon, the term "nice girls" has secured a place in our cultural lexicon. Here, Frankel teams up with negotiation expert Carol Frohlinger to bring this bestselling advice out of the workplace and provide a broader set of skills that any woman—whether a CEO or stay-at-home mom—can use to win anywhere, with anyone. Presented in the straightforward, digestible format that helped make Nice Girl's Don't Get the Corner Office an instant hit, Frankel and Frohlinger outline seven practical strategies and 99 supporting tactics that every winning woman should know. By the time you've finished reading this book, you'll be able to:

- Get your husband to do his half of the household chores—without being made to feel like a nag.
- Stop overextending yourself by taking on all the unpleasant tasks no one on your volunteer board, or your team at work will go near.
- Win an argument with your mother in law about who will be hosting Christmas dinner.
- Have the courage to send back a meal that isn't prepared the way you'd ordered it.
- Confront a colleague who is shirking responsibility or taking credit for your work.
- Convince a sales person to reduce a fee, waive a surcharge, or honor a store credit.
- Question a doctor's course or treatment or request a second opinion, instead of simply going along in order to be a "good" patient.
- Firmly but politely bow out of an extravagant vacation to celebrate a friend's birthday that you simply can't afford—without feeling guilty about it. And so much more.

A must-read for anyone who's ever felt taken advantage of by a friend or family member, unappreciated by a spouse or partner, or exploited by a vindictive neighbor or co-worker, Nice Girls Just Don't Get It offers women the indispensable knowledge and skills to get the things they want, the respect they've earned, and the success they deserve. From the Hardcover edition.

Presents a diverse perspective of successful, inspirational, and progressive women in science and engineering; reflecting a diversity of backgrounds and different sectors of the workforce, their profiles include affiliation, points of contact, accomplishments, brief biography, highlighting successes, personal commentaries on career and pointers for younger scientists building careers.

SPREAD YOUR INFLUENCE FOR TRUE LEADERSHIP SUCCESS "The extraordinary power of influence is now within everyone's reach. Recent graduates, executive assistants, project managers, and business leaders can all benefit from Monarth's simple steps for 'getting everyone to follow your lead.'" —MARSHALL GOLDSMITH, million-selling author of the New York Times bestsellers MOJO and What Got You Here Won't Get You There "Monarth's monograph is must reading for everyone who needs to build their personal brand and sell themselves—which is, of course, everybody." —JEFFREY PFEFFER, Ph.D., professor, Stanford Graduate School of Business, and author of Power: Why Some People Have It—and Others Don't "Your ability to influence and persuade others is the single most important skill for success in business and leadership—and this book shows you how with simple, powerful, practical, and proven techniques." —BRIAN TRACY, author of Full Engagement "Finally! A book about influence that doesn't tell you how to impose your position on others but rather illuminates ways to build authentic relationships that are mutually beneficial. Truly a 21st-century approach to a critical skill." —LOIS P. FRANKEL, Ph.D., author of Nice Girls Don't Get the Corner Office and Nice Girls Just Don't Get It "360 Degrees of Influence breaks new ground. Harrison Monarth writes with flair, passion, and insight. Even seasoned professionals will find his advice practical and invaluable." —HARRY MILLS, Managing Director of The Mills Group and author of Artful Persuasion and The StreetSmart Negotiator About the Book: Leadership doesn't have to be a top-down proposition. In fact, the best leaders influence those who are below and above them, as well as people external to the organization, such as customers and partners. This 360 degrees of influence is what separates the good leader from the great leader. Founder of the global executive coaching firm GuruMaker, Harrison Monarth makes a living helping top figures in business and politics hone their influencing, communication, persuasion, impression management, and media skills. He teaches leaders how to operate without relying on spin or manipulation. Now, in 360 Degrees of Influence, Monarth provides everything you need to gain the trust and respect of those around you—no matter where they're positioned in the organizational hierarchy—and expand your influence well beyond your immediate environment. Providing valuable insight into human emotion and behavior, Monarth reveals the secrets to becoming the most psychologically astute person in the room—so you can be the most influential leader in the room. Learn how to: Assess your current influencing power Overcome resistance to your ideas and proposals Know what people are thinking and feeling—even better than they do Avoid the most common decision-making pitfalls Create an influence strategy tailored to your organization's hierarchy In addition to sharing insight he has gleaned during years of coaching leading executives, Monarth includes practice exercises,

checklists, self-evaluations, and worksheets to help you tackle the challenge of influence and leadership head on. Right now, one of your own counterparts might be exerting influence over you and your boss. You can do the same thing. Apply the lessons of 360 Degrees of Influence to place yourself in the best possible position to lead the leaders. Build a More Equitable World for Your Daughter Today's dads are raising confident, empowered daughters who believe they can achieve anything. But the world is still profoundly unequal, with workplaces built by men, a massive gender pay gap, and deeply-ingrained gender stereotypes. Dads For Daughters: How Fathers Can Give their Daughters a Better, Brighter, Fairer Future offers fathers guidance for building a more equal world for their daughters. Invest in Your Daughter's Future. Inspired by their daughters, dads are uniquely positioned to become powerful allies for girls and women. That's where Dads For Daughters can help. With this book, you'll find: • Concrete strategies for creating a better tomorrow for the girls and women in your life • Inspiring stories from dads of daughters who are already having an impact • Resources for becoming a stronger male ally in your workplace and community • Advice for engaging other men in gender equality efforts Lean In for Dads. There are so many ways that dads of daughters can make a difference - from mentoring women to equalizing pay, from sports fields to science labs, from building empathy to combating gender bias, from boardrooms to ballot boxes. With every small step, dads have the power to make incredible change to level the playing field for our next generation of girls. Dads For Daughters also offers women a guide for recruiting men into action. Together, we can give all of our daughters a happier, more successful future.

Discover the "must-listen for every smart, capable woman who wants to succeed"-a guide on how to communicate with maximum impact in the workplace that's the new book in the New York Times bestselling Nice Girls Don't series (Anne Fisher, Fortune.com). How many times have you asked yourself why you didn't speak up in a meeting? Or pushed for the raise you deserved? Or agreed to take on someone else's task because you didn't want to rock the boat? Whether the answer is once or ten times or more, the reason is the same: It's because you're a nice girl who goes along to get along. But staying quiet and being ignored are not paths to achievement. Now, in Nice Girls Don't Speak Up or Stand Out, Dr. Lois Frankel shows you how to be an effective communicator and advocate for yourself. From the basics of speaking up to navigating sticky situations and mastering the art of influencing others, this audiobook provides step-by-step advice using real-life examples and powerful tools such as: Be a broken record Choose powerful word Never say no Enlist advocates And many more -- in bonus materials for extra tools in your pocket Dr. Frankel chose the format of this new audio-first work carefully, with the mission of creating an interactive and impactful listen, interweaved with actionable recommendations, real-life anecdotes, and concrete examples of not only what to say in various scenarios, but how to say it. Nice Girls Don't Speak Up or Stand Out dives deeply into nearly one hundred everyday challenges women face related to communication. With Dr. Lois Frankel as your guide, you can learn how to express yourself confidently, courageously, and clearly -- and start taking charge of your career.

A crisis manager explains how to overcome a personal crisis, whether a relationship crisis or business disaster, by recognizing one's worst qualities and dealing with them appropriately.

Popular leadership blogger gives the low-down on standing up for yourself In Pushback, top leadership consultant Selena Rezvani argues that self-advocacy is critical to success. Yet women initiate negotiations four times less often than men, resulting in getting less of what they want—promotion opportunities, plum assignments, and higher pay. This book shines a light on the real rules of holding your own and pushing back for what is rightfully yours. Drawing on interviews with high-level leaders, Rezvani offers readers in the first half of their career the unedited truth about how women have asked their way to the top and triumphed—and how you can too. Includes interviews with top business leaders such as Marie Chandoha, CEO of Charles Schwab Investment Management; Cindi Bigelow, President of Bigelow Tea Company; Fizzah Jafri, COO at Morgan Stanley; Rosemary Turner, President at UPS; and Irene Chang Britt, Chief Strategy Officer at Campbell's Soup Offers a reliable and methodic approach to negotiating and navigating tough conversations Highlights compelling facts and research from the world of psychology and leadership Insightful and accessible, Pushback is a timely resource for savvy women who want to leverage their skills, promote themselves effectively, and fast track their careers.

Nice Girls Don't Get the Corner Office Unconscious Mistakes Women Make That Sabotage Their Careers Business Plus

When passivity and false niceness don't bring the abundant life Jesus promised, some Christian women try even harder to hide behind a fragile façade of pleasant perfection. Paul Coughlin and Jennifer Degler give women the empowering message that they have options far beyond simply acting nice or being mean--if they will emulate the real Jesus Christ and face their fears of conflict, rejection, and criticism. Brimming with enlightening information, thought-provoking questionnaires, real-life stories, and biblically based teaching from both the male author of the pioneering No More Christian Nice Guy and a female clinical psychologist, this book will motivate women to allow God to transform them into authentic, powerful women of loving faith.

You've read The Single Mom's Little Book of Wisdom, and now you're ready to go deeper, to move from principle to practice, to put in the work to make yourself happier, healthier and whole. Well THE SINGLE MOM'S LITTLE BOOK OF WISDOM COMPANION WORKBOOK is a personal tutorial for you to work through, meditate on and hopefully process so that you can bring your life into sharper focus and get from where you are now to where you want to be. Why A Companion Workbook? Because it is one thing to read an inspiring book, feel encouraged by it and have a basic understanding of how a principle might work in theory. It's quite another to put the principles into practice, let the lessons kick in and take action so that you can achieve your desired results. This book will show you how to do the work of wholeness. Embrace the lessons, share the seeds of success with every woman you encounter and dare to live life by your design. See you on the path

Provides a broad set of skills women can use to maintain healthy and mutually beneficial relationships with appropriate boundaries and, as a result, have a happier and more successful life.

This book rhetorically analyzes discourses of the current genderblind system of social control that seeks to render gender as irrelevant in public life. The author reveals the functioning of genderblindness as ideology through examining discourse on the gender wage gap, abortion rights, rape culture, and tech culture.

This unique self-improvement program by a dynamic corporate consultant and coach offers advice to help successful people stay successful in an age of corporate downsizing and career anxiety.

»Denna lysande bok är packad med över 100 misstag som kvinnor begår på jobbet och praktiska tips för att sluta göra de saker som håller dem tillbaka. Jag önskar att jag hade skrivit den!« Annie Fischer, Fortune Lois P. Frankel är coach och ledare för kurser i chefsutveckling och har under sin karriär haft tusentals samtal med män och kvinnor som varit missnöjda med sin arbetssituation och velat stiga på karriärs- eller lönestegen. Här sammanställer hon, på ett roligt och träffande sätt, de 101 mest typiska och karriärssaboterande misstag som kvinnor begår på arbetsplatsen - och ger konkreta tips och råd om hur du i stället bör agera för att lyckas. Nice girls dont get the corner office: 101 steg mot chefsrummet är en bok både för dig som känner att du fastnat i en roll på arbetet och för dig som siktar riktigt högt. Den hjälper dig kort sagt att återta makten över din karriär! LOIS P. FRANKEL är en bästsäljande amerikansk författare, coach och internationellt erkänd expert inom ledarskapsutveckling för kvinnor. Nice girls dont get the corner office: 101 steg mot chefsrummet är hennes mest framgångsrika bok: en omedelbar New York Times Bestseller som översatts till fler än tjugo språk. »En rak, uppriktig karriärguide som hjälper dig att eliminera vanor som håller dig tillbaka på arbetsplatsen.« Essence »Strålande, en helt suverän handbok! Jag kan inte rekommendera den starkt nog.« Kingston Observer »En riktig game-changer. En planritning för framgång i karriären.« Jen Hayley
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