

Breaking The Silence

First Published in 2002. Routledge is an imprint of Taylor & Francis, an informa company.

"Breaking the Silence is a story reluctantly told by the author, a survivor of Japanese atrocities during the liberation of Manila. It was first partially recounted to Nick Joaquin who had been commissioned by the author's family and the Far Eastern University to write a biography of Dr. Nicanor Reyes, university founder and first president." "Nick Joaquin's book was launched on February 11, 1995, by coincidence almost exactly 50 years after Dr. Reyes and his family had perished. A memorial to the non-combatant victims of the battle for the liberation of Manila was inaugurated in the Plazuela de Sta. Isabel in Intramuros on February 18. The author and other survivors belonging to Memorare-Manila raised funds for the monument. They were asked to surmount the pain and anguish of reliving their experiences, and to tell the story of the innocent civilians who had died in the battle." "This is Lourdes R. Montinola's sharing of her story."--BOOK JACKET.Title Summary field provided by Blackwell North America, Inc. All Rights Reserved

A discussion of the impact of Islamic bureaucracy on Malaysian society and its

consistency with the provisions of the Federal Constitution

Can black males offer useful insights on black women and patriarchy? Many black feminists are doubtful. Their skepticism derives in part from a history of explosive encounters with black men who blamed feminism for stigmatizing black men and undermining racial solidarity and in part from a perception that black male feminists are opportunists capitalizing on the current popularity of black women's writing and criticism. In *Breaking the Silence*, David Ikard goes boldly to the crux of this debate through a series of provocative readings of key African American texts that demonstrate the possibility and value of a viable black male feminist perspective. Seeking to advance the primary objectives of black feminism, Ikard provides literary models from Chester Himes's *If He Hollers Let Him Go*, James Baldwin's *Go Tell It on the Mountain*, Toni Morrison's *Paradise*, Toni Cade Bambara's *The Salt Eaters*, and Walter Mosley's *Always Outnumbered, Always Outgunned and Walkin' the Dog* that consciously wrestle with the concept of victim status for black men and women. He looks at how complicity across gender lines, far from rooting out patriarchy in the black community, has allowed it to thrive. This complicity, Ikard explains, is a process by which victimized groups invest in victim status to the point that they unintentionally concede power to their victimizers and engage in patterns of

behavior that are perceived as revolutionary but actually reinforce the status quo. While black feminism has fostered important and necessary discussions regarding the problems of patriarchy within the black community, little attention has been paid to the intersecting dynamics of complicity. By laying bare the nexus between victim status and complicity in oppression, *Breaking the Silence* charts a new direction for conceptualizing black women's complex humanity and provides the foundations for more expansive feminist approaches to resolving intraracial gender conflicts.

Top consultant Sarah Beaulieu offers a five-part framework that enables employees to have difficult but necessary conversations about sexual harassment and violence and develop new, better ways of working together. In the wake of the #MeToo movement, employees and leaders are struggling with how to respond to the pervasiveness of sexual harassment. Most approaches simply emphasize knowing and complying with existing laws. But people need more than lists of dos and don'ts--they need to learn how to navigate this uncertain, emotionally charged terrain. Sarah Beaulieu provides a new skills-based approach to addressing sexual harassment prevention and response in the workplace, including using underdeveloped skills like empathy, situational awareness, boundary setting, and intervention. Beaulieu outlines a five-part

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framework for having conversations about sexual harassment: Know the Facts; Feel Uncomfortable; Get Curious, Not Furious; See the Whole Picture; and Embrace Practical Questions. By embracing these conversations, we can break the cycle of avoidance and silence that makes our lives and workplaces feel volatile and unsafe. Grounded in storytelling, humor, and dozens of real-life scenarios, this book introduces the idea of uncomfortable conversation as the core skill required to enable everyone to bring their full talent and contributions to safe and respectful workplaces.

A young teacher is sick in hospital. She decides to write letters to her students telling them the cause of her illness and warning them about HIV and AIDS. Sadly, when her mother and brother are given the letters to post they burn them instead to keep the silence.

Writing by Asian women.

First published in 1997. Routledge is an imprint of Taylor & Francis, an informa company.

Laura Brandon's promise to her dying father was simple: to visit an elderly woman she'd never heard of before. A woman who remembers nothing— except the distant past. Visiting Sarah Tolley seemed a small enough sacrifice to make. But Laura's promise results in another death. Her husband's. And after their five-year-old daughter,

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Emma, witnesses her father's suicide, Emma refuses to talk about it to talk at all. Frantic and guilt ridden, Laura contacts the only person who may be able to help. A man she's met only once— six years before. A man who doesn't know he's Emma's real father. Guided only by a child's silence and an old woman's fading memories, the two unravel a tale of love and despair, of bravery and unspeakable evil. A tale that's shrouded in silence and that unbelievably links them all.

This groundbreaking book exposes the various manifestations and effects of abuse and offers practical solutions for its prevention and correction.

No church or faith-based community is immune to child abuse. Breaking the Silence will educate you about the realities of child abuse, why many victims blame God for abuse and walk away from God and the church. We remain silent about things we do not understand. It is time to break the silence.

Examines the South African HIV/AIDS epidemic through creative texts and the impact of these representations in determining which issues receive attention and how public understanding of the virus is shaped.

Breaking the SilenceVoices of Women from Around the World

Six years have passed since the first edition of this book was published-six years in which research has led to some profound new ideas related to posttraumatic stress disorder & to sexual abuse. Moreover, the environment of mental health practice has changed; among other things, this has meant the integration of art

therapy methods into many disciplines. For these reasons, the revision of *Breaking the Silence* is driven by an ever greater population of mental health practitioners interested in expanding & strengthening their therapeutic repertoire & by the unfortunate fact of ongoing child abuse & neglect in the United States & throughout the world. Specific topics discussed include inherent frustrations for therapists working in battered womens' shelters, what to include in art evaluation, & therapy with sexually abused children & much more.

People with mental illness are often stigmatized, both in the U.S. and around the world. Paradoxically, many in the mental health professions are themselves the source of a great deal of such stigma. Theoretical models in psychology and psychiatry have often blamed family members for causing mental illness, and too many practitioners and scientists hold to "us versus them" attitudes, showing extreme reluctance to admit personal and family experiences of mental illness. In *Living with Mental Illness*, mental health professionals and scientists, ranging from newly trained individuals to seasoned clinicians and researchers, tell their own and their families' stories of mental disorder, providing an unprecedented level of honesty and disclosure. The volume presents moving and inspiring narratives of serious mental disorder in individuals who have decided to focus their careers on mental illness in others. The editor, who has previously disclosed

his own family's struggles with his father's lifelong, misdiagnosed bipolar disorder, utilizes his own experiences to integrate, synthesize, and provide perspective on these revealing contributions. Through both personal narratives and accounts of parents, siblings, or offspring, the contributors convey the serious impairments that can accrue to those with mental illness, the strength and courage that emanate from such experiences, and the ways in which these experiences have contributed to their own decisions to enter the mental health field. Providing a humanizing portrayal of mental disorder, this volume will be indispensable reading for those in the mental health professions, trainees across many related fields, family members, persons contending with mental illness, and all those who wish to know more about the effects of mental illness on our society. Its stark stories of pain and impairment, and its clear messages of hope and courage, will inspire those working in the mental health professions, as well as their clients, for years to come.

From the Sunday Times bestselling author comes a true story of two deeply troubled boys both in need of a loving home. This is the sixth title in the series. The Watsons are astonished when they answer their front door to find their case worker with a small boy on the doorstep. Jenson is just nine years old. He was removed from his home thirty minutes earlier when it was discovered his mother

had left him at home while she went on holiday with her boyfriend. A couple of weeks later Casey is in for a second shock when she is asked to take a second nine-year-old boy, Georgie. Georgie is autistic and has been in a children's home since he was a toddler. The home is closing and social services need somewhere temporary for him to stay. With her own grown up son, Kieron, having Asperger's (a mild form of autism), Casey knows this is one child she cannot say no to. The relationship between Jenson and Georgie is difficult from the outset. Jenson is rebellious and full of attitude and he kicks off at anything, constantly winding Georgie up. Georgie doesn't cope well with change and is soon in a permanent state of stress. Despite Casey's best efforts, her innate love for the children is being tested and she begins to question if she can handle Jenson's cruelty. But overtime it becomes clear that the boys have formed an unlikely bond. Could this be the solution to all of their troubles?"

Breaking the Code of Silence: Alana Wyatt Smith Tells All chronicles the intense relationship and whirlwind marriage between a young woman and one of Hip-Hops most beloved artists. An honest and open memoir, Wyatt tells her story of how her turbulent childhood, difficult teenage years and sometimes not-so-wise decisions aided in her development to become a devoted mother and a strong, independent woman. Controversial and straightforward Breaking the Code of

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Silence holds no punches as Wyatt reveals how her glamorous lifestyle -envied by many wasn't always so fabulous. Part biography, part cautionary tale, Wyatt tells her story to educate and inspire others to be independent and remain true to themselves.

Something awful has happened to Deco and keeping this terrible secret is tearing him apart.

Mariette Hartley's Polaroid commercials with James Garner and her Emmy Award-winning television performances have made her one of America's favorite stars. But hidden behind her high good humor was a family legacy of abuse, suicide, and alcoholism that nearly destroyed her. Growing up the privileged granddaughter of pioneering psychologist John B. Watson, who preached that children should never be kissed, hugged, or even touched, Mariette went from days of martinis, tweeds, and roses in suburban Connecticut to madcap nights in Hollywood, outwardly leading a charmed life. Inside, though, her family secrets and abusive husband were pushing her toward tragedy. Filled with wit, humanity and marvelous inside stories of Hollywood and television, *Breaking the Silence* is the story of Mariette's triumphant journey to hope, courage and a happy new life-a work as warm and engaging as the woman herself. After enduring a horrific childhood, William Jackson lives a solitary existence working as a computer programmer from his Minnesota home. His safe routine is blown to pieces when the daily sight of an unknown woman walking her dog sends his heart into a tailspin. Jenny Fitzgerald's love life is at a definite low. Her only potential date in sight is her annoying and creepy coworker, Evan-until a stunning man appears before her like a gift from some kindly

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sex god. Who is she to turn down what's offered to her on a hunky blond platter? Will and Jenny's friendship develops as their hunger grows into love. Meanwhile, a jealous Evan watches, his rage building until it explodes in a brutal act of violence that tears Jenny's life apart. Will struggles to help her rebuild her courage and sense of self as his own demons and fragile memories threaten their chance at happiness-but perhaps they can learn to heal each other.

Cancer survivors, their family members, and their friends will find comfort in these inspirational stories told by black cancer patients. Covering every facet of the disease as it affects a person's life, including diagnosis, treatment, family involvement, spiritual strength, and healing, these stories, poems, journal entries, and letters address such complex issues as coping with the shock of the initial diagnosis, deciding among various forms of treatments, and dealing with conflicting emotions of anger, sadness, and hope. Helping to heal the mind, body, and spirit, these courageous and thoughtful reflections seek to lighten the burden that all cancer survivors and those who care for them must bear. Celebrated poet and cancer survivor Nikki Giovanni contributes a moving introduction to these inspirational pieces.

In her most raw and honest work yet, Amber discusses what life looks like behind the scenes being in a relationship with an addict. The parts no one wants to talk about or share. She sheds the fear of judgement as she tells the real truth behind the mistakes she made, the ugly moments, screaming the word divorce more times than she would like to admit, how the feelings of worthlessness came in to her life, and many more details. She shares the journey to how therapy and finding her own recovery saved her life and her marriage. Amber shares how the work is an inside job both for her and her husband, how it can only start with you.

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Vulnerably she steps forward to be a voice, an advocate and encourager to others in the same shoes still holding back their own stories. Powerfully, she is breaking the silence one tale, trick and triumph at a time.

I am a survivor of Domestic Violence as a teenager. I was caught up in this relationship for three and a half years. I would like to share my story with the world. I decided to Break the Silence and to Speak-Up for women and men who are not able to stand up for themselves. Writing this book was not easy, but important to help others.

He Lived a Secret Life for years. A respected pastor, husband, and father, Bernie Anderson battled behind closed doors with pornography and sexual addiction. Exposed to pornography early in life, he was held captive by the addiction until he allowed God to transform his life. It is a problem not often spoken about in the Christian community, yet pornography and sexual addiction are devastating countless Christian homes. To help others avoid it or break free from its stronghold, Anderson tells his personal story of torment, hope, and the God who changes lives. Offering insight, encouragement, and resources, Breaking the Silence boldly reveals the truth about this addiction and how you can protect yourself and your family from the dangers of pornography. Book jacket.

This book will rebuild your life When it seems all hope is gone, as though no one will ever understand and you can't see a way forward, this book opens the door and breaks the silence. This book provides a heads up to men (& women) sharing insights and strategies to navigate the jungle of confusion and isolation to get you back on your feet and safely moving forward, in peace. You'll learn: * The psychology of her anger * Step

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by step guide to managing her sugar coated viper tongue* 5 steps to avoid when verbally defending yourself* Tips for saving your relationship or having a stress-less divorce* Tips for keeping the kids safe* 3 mistakes to avoid when navigating the legal minefield* The psychology of being your own man without apology It's natural to blame yourself and consider yourself a fool. It isn't all your fault and you're no less of a man for experiencing this. You walked into a minefield of unspoken expectations where confusion and abuse then took over. Your kids need your stabilising force and your friends want the good ol' you back. While it all seems hopeless, you can piece your life together again, you can resume your natural manhood and you will rebuild your life, in fact, stronger than ever.

Culled From Hundreds Of Interviews And Remarkable Encounters, This Book Is An Extraordinary Testament To The New Empowerment Of Women Around The World.

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