

conventional doctors. Practice techniques for heightening your senses, expanding your awareness, and entering an open state, culminating in Jamie's method for Dialoguing with the Departed. When connection and love live on, fear is banished and relationships can grow and heal as never before. Begin opening your mind and your heart today!

One woman's extra-sensory experiences in out-of-body travels, lucid dreams, dreams, synchronicities, dowsing, healing, spirit visits, past-life experience, precognition. She also offers instructions and resources that can potentially open up new dimensions for those who are willing to believe, to open themselves to truth.

"Dr. Backman's book sheds light on the enduring soul." -Reb Zalman Schachter-Shalomi, author of From Age-ing to Sage-ing Your life has a divine purpose. With the assistance of spirit guides and wise elders, before you were born you designed a plan for this incarnation, choosing the family, culture, era, and life circumstances that would best serve your spiritual advancement. The health and wellness book Bringing Your Soul to Light offers a compelling and personal glimpse into this extraordinary process and the universal connections we share across lifetimes and beyond. Noted regression therapist Dr. Linda Backman presents a wealth of original first-hand accounts from actual past-life and between-lives regression sessions. Empowering and transformative, this spirituality book includes a foreword by holistic healing pioneer and author C. Norman Shealy, MD, PhD.

"This book brings forth incredible new channeled material that completely demystifies the seven levels of initiation and how to attain them. It contains revolutionary new information on how to anchor and open our thirty-six chakras and how to build our light quotient at a rate of speed never dreamed possible. The book includes a chapter on cosmic ascension and a unique cosmic map that outlines the process of planetary ascension. The map also charts the course for full cosmic ascension through the seven cosmic planes and forty-eight dimensions of reality back to the Godhead and undifferentiated Source."

[Copyright: 0a2f11382d87a91283623ae61b2f862f](https://www.amazon.com/dp/B000000000)