

Addicted A Novel

Discover How To Finally Overcome Your Social Media Addiction! Read on your PC, Mac, smart phone, tablet or Kindle device! You're about to discover a proven strategy on how to overcome your social media addiction and take back your life. Millions of people suffer from social media addictions and throw away hours a day of productive time and turn it into patterns of constantly checking the updates on their social media accounts. Most people realize how much of a problem this is, but are unable to change their situation, simply because it's been apart of their mindset for so long. The truth is, if you are suffering from wasting time because of your social media addiction and haven't been able to change, it's because you are lacking an effective strategy and understanding of where these addictions come from and why they are there. This book goes into how social media has changed our lives, signs that will tell you whether you are addicted or not, and a step-by-step strategy that will help you free yourself from social media dependency and help you take control of your life. Here Is A Preview Of What You'll Learn... Understanding How Social Media Has Changed Our Lives Signs That Will Tell You If You Are Addicted The Good And Bad Effects Of Social Media How To Overcome Your Social Media Addiction Take action right away to overcome your social media addiction by downloading this book, "Social Media Addiction: The Ultimate Guide to Finally Overcoming This Time-Consuming Addiction", for a limited time

discount!

Addiction is a significant health and social problem and one of the largest preventable causes of disease globally. Neuroscience promises to revolutionise our ability to treat addiction, lead to recognition of addiction as a 'real' disorder in need of medical treatment and thereby reduce stigma and discrimination. However, neuroscience raises numerous social and ethical challenges: • If addicted individuals are suffering from a brain disease that drives them to drug use, should we mandate treatment? • Does addiction impair an individual's ability to consent to research or treatment? • How will neuroscience affect social policies towards drug use? Addiction Neuroethics addresses these challenges by examining ethical implications of emerging neurobiological treatments, including: novel psychopharmacology, neurosurgery, drug vaccines to prevent relapse, and genetic screening to identify individuals who are vulnerable to addiction. Essential reading for academics, clinicians, researchers and policy-makers in the fields of addiction, mental health and public policy.

"Signet Eclipse contemporary romance"--Spine.

Offers guidance on not only recovering from addictions, but transcending them, including how to avoid victim mentality, how to make full use of your personal power, and more.

Living Without Shame is the follow-up support book to Barbara Theodosiou's family account of addiction, Without Shame. She knows all too well the depths of addiction,

losing her precious son Daniel to its destruction. Recipient of a White House Champion of Change award, Barbara continues to help other mothers of addicted children with this interactive mindfulness journal for moms. Founder of The Addict's Mom and sister to tens of thousands of fellow mothers of children with addictions, Barbara Theodosiou renews her pledge to help her peers. *Living Without Shame* is anchored in her main spiritual principle of healing: to process, grieve, and move forward from addiction, mothers of addicted children must look inward and live outward, without shame. Nestled inside an affirming and comforting aesthetic, this guided journal's fifty-two weekly activities help any mother to focus on herself. It may feel unnatural at first, because a mother's primary concern is always her child. But it's vital that a mother look after herself too, and this healing journal is designed for just that. This journal isn't for a child: not for finding him help or for saving him. It's entirely for moms to find their way home to their own happiness.

Love Addict? Don't stop reading! For days I struggled to find the perfect words - the wow factor - for this description. I wanted to craft something that would prompt you to read this book immediately. The more I thought about it, the more I realized I couldn't think of anything better to say than the truth. My name is Bri, aka Lipstick Preacher, and I'm a recovering love addict. I can already imagine what you're thinking. A love addict? No, I'm not talking about being addicted to sex or having multiple relationships and partners. As a young girl and into adulthood, I obsessed over the idea of being in love

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and assumed it was an easy thing to attain if you were a decent person. No one in my life explained to me the importance of love and how much power it holds. I developed a deep desire to achieve love and had no idea where it came from. The desire for love is embedded in the core of our being, and when we encounter it, good or bad, it can shape the essence of who we are. After many failed relationships and encounters with the opposite sex, my idea of love became broken. This achy and painful feeling consumed my mind and eventually created a pattern of addiction. A love addiction. If you're reading this description, and you know love has dealt you a blow you don't know how to recover from, read this book. If you're someone who has ended or creates complicated relationships that have left you feeling like a different person, read this book. If you've never experienced love to a capacity that you know is real and true, read this book. If you want to love again but believe it's for everyone else, read this book. If you're in an amazing relationship but had some sucky ones in the past, and you find yourself sabotaging something good because of it, read this book. Hey you, Read this book! The End!

Two addicts. One epic love story. Prepare for the worst. That's what Lily and Lo try to do when Jonathan Hale schedules an "important" meeting. The problem: after being swept into the public eye and battling their addictions, they're not sure what the worst is anymore. In a sea of many changes—including Ryke & Daisy living with them—Lily realizes that the best part of her fluctuating hormones might just be the worst. Her sex

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drive is out of control. Loren knows that she's insatiable, but he's not giving up on her. She's too much a part of him. And as he carries more and more responsibility, some of the people that he loves doubt his resolve. In the conclusion to their love story, Lily & Lo stand side-by-side to fight, one last time, for their happily ever after.

He's addicted to booze. She's addicted to sex...staying sober is only half the battle. No. More. Sex. Those are the three words Lily Calloway fears the most. But Loren Hale is determined to be with Lily without enabling her dangerous compulsions. With their new living situation—sleeping in the same bed, for real, together—Lily has new battles. Like not jumping Lo's bones every night. Not being consumed by sex and his body. Loren plans to stay sober, to right all of his wrongs. So when someone threatens to expose Lily's secret to her family and the public, he promises that he'll do anything to protect her. But with old enemies surfacing, Lo has more at stake than his sobriety. They will torment Lily until Lo breaks. And his worst fear isn't relapsing. He hears the end. He sees it. The one thing that could change everything. Just three words. No. More. Us. ??????????????, ??, ????????, ??????????????????, ??????????, ??????????????, ?????????;?????????, ?????????????, ?????????, ?????????.

Fans of New Adult romances will love this story of two wealthy college students who are using their own addictions to escape their screwed up worlds, but end up falling in love in the process.

Integrating scientific knowledge with today's most effective treatment options, Addiction

Medicine: Science and Practice, 2nd Edition, provides a wealth of information on addictions to substances and behavioral addictions. It discusses the concrete research on how the brain and body are affected by addictions, improving your understanding of how patients develop addictions and how best to personalize treatment and improve outcomes. This essential text is ideal for anyone who deals with patients with addictions in clinical practice, including psychiatrists, health psychologists, pharmacologists, social workers, drug counselors, trainees, and general physicians/family practitioners. Clearly explains the role of brain function in drug taking and other habit-forming behaviors, and shows how to apply this biobehavioral framework to the delivery of evidence-based treatment. Provides clinically relevant details on not only traditional sources of addiction such as cocaine, opiates, and alcohol, but also more recently recognized substances of abuse (e.g., steroids, inhalants) as well as behavioral addictions (e.g., binge eating, compulsive gambling, hoarding). Discusses current behavioral and medical therapies in depth, while also addressing social contexts that may affect personalized treatment. Contains new information on compliance-enhancing interventions, cognitive behavioral treatments, behavioral management, and other psychosocial interventions. Includes neurobiological, molecular, and behavioral theories of addiction, and includes a section on epigenetics. Contains up-to-date information throughout, including a new definition of status epilepticus, a current overview of Lennox Gastaut syndrome, and updates on new FDA-approved drugs for pediatric neurological disorders. Features expanded

sections on evidence-based treatment options including pharmacotherapy, pharmacogenetics, and potential vaccines. Addresses addiction in regards to specific populations, including adolescents, geriatric, pregnant women, and health care professionals. Includes contributions from expert international authors, making this a truly global reference to addiction medicine.

this a fictitious novel based research during the 1970 through to today's society. It begins with child abandonment by drug addicts and tells how women were turned on to drugs and sex addiction by their husbands or significant other during the period from 1970 onward. It depicts how the addictive personality is developed in individuals. The novel illustrates how sex addiction goes hand in hand with drug addiction. It also teaches how an addict enters the addiction cycle of 4 stages once one has become addicted. Homosexuality may be triggered in a man or woman during such a period of time. The novel also illustrates the difficulty of ending the addiction once one has become addicted.

A timely and original book that explores the fundamental nature of human addiction and the current epidemic of different types of addictions with society. Starting with a dramatically close view of Mate's drug addicted patients, he skilfully weaves in stories of real people while providing a bold synthesis of clinical experience, insight and up-to-date findings. This became a bestselling book upon publication in Canada and comes highly recommended by casual readers, experts and reviewers alike.

Bleu is addicted...addicted to the luxe life and it has led her down a road of self-destruction. She knows what it feels like to be turned out by the game. With a crack cocaine addiction that she can't seem to escape, she is desperate for a savior. Her problem is she has two great loves that want to come to her rescue. When her best friend, Noah comes searching for her she is faced with a dilemma. Will she let him save her? Or will she stick with the kingpin, Iman, who has loved her since their first encounter? Or will both men lose her to a love she can't get rid of...one that abuses her...and one that will be the death of her...the love of the high, in *Luxe Two: A La La Land Addiction* by New York Times bestselling author Ashley Antoinette.

The word 'addiction' these days is used to refer to a chronic condition where there is an unhealthily powerful motivation to engage in a particular behaviour. This can be driven by many different factors – physiological, psychological, environmental and social. If we say that it is all about X, we miss V, W, Y and Z. So, some people think addicts are using drugs to escape from unhappy lives, feelings of anxiety and so on; many are. Some people think drugs become addictive because they alter the brain chemistry to create powerful urges; that is often true. Others think that drug taking is about seeking after pleasure; often it is. Some take the view that addiction is a choice – addicts weigh up the pros and cons of doing what they do and decide the former outweigh the latter. Yet others believe that addicts suffer from poor impulse control; that is often true... And so it goes on. When you look at the evidence, you see that all these

positions capture important aspects of the problem – but they are not complete explanations. Neuroscience can help us delve more deeply into some of these explanations, while the behavioural and social sciences are better at exploring others. We need a model that puts all this together in a way that can help us decide what to do in different cases. Should we prescribe a drug, give the person some ‘tender loving care’, put them in prison or what? Theory of Addiction provides this synthesis. The first edition was well received: ‘Throughout the book the reader is exposed to a vast number of useful observations... The theoretical aims are timely, refreshing, ambitious and above all challenging. It opens up a new way of looking at addiction and has the potential to move the field of addiction a considerable leap forward. Thus we wholeheartedly would like to recommend the book for students as well as scholars. Read and learn!’ Nordic Studies on Alcohol and Drugs ‘The book provides a comprehensive review of existing theories - over 30 in all - and this synthesis of theories constitutes an important contribution in and of itself... West is to be commended for his synthesis of addiction theories that span neurobiology, psychology and social science and for his insights into what remains unexplained.’ Addiction This new edition of Theory of Addiction builds on the first, including additional theories in the field, a more developed specification of PRIME theory and analysis of the expanding evidence base. With this important new information, Theory of Addiction will continue to be essential reading for all those working in addiction, from student to experienced practitioner – as

what we need to do. But for now we have each other. . . ." He met Candy amid a lush Sydney summer. Gorgeous, sexy, free-spirited Candy. They fell in love fast, lots of laughter and lust, the days melting warmly into each other. He never planned to give her a habit. But she wanted a taste. And wasn't love, after all, about sharing lives? Candy had a bit of money and in the beginning, everything was beautiful. Heady, heroin-hazed days, the world open and inviting. But when the money ran out, the craving remained, and the days ceased their luxurious stretch. But there was still love. Only now, it was a threesome. Heroin had its own demands, its own timetable, and thoughts of nabbing the next fix hurled them into each day. Then, when desperation sets in, Candy will stop at nothing to secure a blast, as she and her lover become hostage to the nightmarish world of addiction. Painful, sexy, tender, and charged with dark humor, Candy provocatively charts the daily rituals of two lovers maintaining a long-term junk habit. Told in stunningly vivid prose and set against the backdrop of suburban and urban Australia, Candy is both an electrifying and frightening glimpse of contemporary life and love.

Certain features of criminal behaviours parallel those of addictions. This book explores addiction models in their application to the understanding and treatment of some criminal behaviours.

Addiction is increasing all around the world, and the conventional remedies don't work. The Globalization of Addiction argues that the cause of this failure to control addiction is that past treatments have focused too single-mindedly on the afflicted individual addict. This book presents a radical rethink about the nature of addiction.

This book has been re-edited and reformatted. Michelle is my addiction. She's sweetness and light wrapped up in a delicious package. Almost as delicious as the confections she makes. Until now, I've kept my distance to make sure my darkness doesn't taint her. She's better than a killer who sits behind a scope. I watch her from afar. Getting dragged under her spell a little further with every sweet smile and mischievous grin. I know I'll cave one day, give into the craving to be near her. Being in her presence is a feeling like no other, one I can't seem to resist. Unfortunately, I'm not the only one living under her influence. While I was watching her, someone else was watching too. But she belongs with me, no matter what anyone else wants. Now I need to make sure she gives me my next fix of her, even if she's too stubborn to admit she wants to. She's my addiction, cure and redemption all rolled into one. Her soul calls out to my own. I'll make sure she's as addicted to me as I am to her. She'll crave me - if it's the last thing I do.

Libby Cataldi was the head of a private school and prided herself on being attuned to the problems her students endured. So how was it that she missed her own son Jeff's descent into addiction, even as he escalated to more and more dangerous drugs? How did Jeff, a loving brother and son, and a star athlete, start using in the first place? And how could Libby help him without risking the rest of her family? "Stagli vicino", an Italian recovering addict told the author. "Stay close--never leave him, even when he is most unlovable." This is not a book about how to save a child. It is a book about what it means to stay close to a loved one gripped by addiction. It is about one son who came home and one mother who never gave up hope. Stay Close is one mother's tough, honest, and intimate tale that chronicles her son's severe drug addiction, as it corroded all relationships from the inside out. It is a story of deep trauma and deep despair, but also of deep hope--and healing. He told her, "Mom, never quit believing." And she didn't.

From the New York Times ebook bestselling author of the Because You Are Mine series and The Affair, for fans for Sylvia Day, J. Kenner and Maya Banks. This is the first in Beth Kery's One Night of Passion series about a group of connected characters who each begin their romance with a night of impulsive, steamy sex... Irish film director Rill Pierce fled to the tiny, backwoods town of Vulture's Canyon,

seeking sanctuary and solitude after a devastating tragedy. Once, his raw sex appeal and sultry Irish accent made women across the globe swoon. Now, he's barely recognisable... But Katie Hughes, his best friend's sister, is not the type of woman to give up on a man like Rill. She blazes into Vulture's Canyon determined to save him from himself. Instead, she finds herself unleashing years of pent-up passion. In a storm of hunger and need, Katie and Rill forget themselves and the world. But will Rill's insatiable attraction to Katie heal his pain - or will it just feed the darkness within him? ***This was previously published under the author's pseudonym Bethany Kane*** Lose yourself in One Night of Passion: Addicted To You, Bound To You, Captured By You, Exposed To You, Only For You.

The author offers an account of her descent into Ritalin addiction, her experiences as an addict, and her difficult struggle to gain control over the drug and her life.

A stress management expert explains the growing problem of stress addiction and offers a step-by-step program for alleviating it, demonstrating how women can overcome repetitive, destructive behaviors with a regimen of self-empowerment, exercise and self-care, healthy narcissism, diet, and renewed humor and sensuality.

2016 INTERNATIONAL BOOK AWARDS - WINNER IN ADDICTION & RECOVERY
2016 NATIONAL INDIE EXCELLENCE AWARDS (NIEA)- WINNER IN ADDICTION & RECOVERY
2016 INDEPENDENT PUBLISHER BOOK AWARDS (IPPY)- BRONZE MEDAL — LITERARY FICTION
2015 FOREWARD REVIEWS INDIEFAB BOOK OF THE YEAR AWARDS HONORABLE MENTION FOR GENERAL FICTION
2015 USA BEST BOOK AWARDS FINALIST FOR GENERAL FICTION
Randall Grange has been tricked into admitting herself into a treatment center and she doesn't know why. She's not a party hound like the others in her therapy group—but then again, she knows she can't live without pills or booze. Raised by an abusive father, a detached mother, and a loving aunt and uncle, Randall both loves and hates her life. She's awkward and a misfit. Her parents introduced her to alcohol and tranquilizers at a young age, ensuring that her teenage years would be full of bad choices, and by the time she's twenty-three years old, she's a full-blown drug addict, well acquainted with the miraculous power chemicals have to cure just about any problem she could possibly have—and she's in more trouble than she's ever known was possible.

Discover the addiction...find out what happens next in the sequel to *The Hunted - Temptation* by Ivy Smoak. *Temptation* has quickly turned into addiction. Penny Taylor fell hard for the sexy, mysterious, exciting, and dangerous Professor Hunter. But scandalous affairs are meant to go down in flames. Now that he's not speaking to her, she feels numb. And what hurts the most is that he appears to be completely fine. As she struggles to accept that their relationship is really over, her best friend's crude advice is in the back of her mind- the best way to get over someone is to get under someone else. Will she be able to move on, or is her addiction to her alluring professor only just beginning? This book is intended for mature audiences.

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Two years will change them forever. When rumors spread like wildfire—like having three-ways with her boyfriend's rock climbing brother—Lily Calloway spirals into a dark place. Her bedroom. Loren Hale is more confident and determined to keep their sex life private, even from their friends, and he helps Lily in the only way he knows how. But how much love is too much? Their lives are filmed, watched, and criticized. And through it all, Lily and Loren have to face enemies they never thought they'd see, demons they don't know if they should bury, and setbacks they didn't think they'd meet. Not this soon. And one rumor could be too much for them to handle. It will test their greatest limitations, and if they don't hold onto each other, someone is going to drown. A full-length New Adult Romance that bridges the gap between the second and third books. Thrive must be read before Addicted After All if you have not read the Calloway Sisters spin-off series.

Since the nineteenth century, the Western realistic novel has persistently represented the addict as a morally toxic force bent on destroying the institutions, practices, and ideologies that historically have connoted reason, order, civilization. Addiction, Representation undertakes an investigation into an alternative literary tradition that unsettles this limited portrayal of the addict. The book analyzes the practices and politics of reading the experimental addiction novel, and outlines both a practice and an ethics of reading that advocates for a more compassionate response to both diegetic and extra-diegetic addicts—an approach that, at its core, is focused on understanding.

Devoting her life to her son, she is the the best mom Alex could ask for. Raising a young boy alone, Audrey realizes that parenting is a challenge, but it's one that she gladly accepts. The two spend every free moment they can together when she's not working and he's not in school.

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But when Alex suddenly dies, she finds it near impossible to cope with reality. Seeking help from her doctor, she begins dealing with her depression. The doctor warns her that her prescription drugs are habit forming, but Audrey's never had a problem with drugs in the past. Soon, she finds herself becoming addicted to them and her life begins to spiral out of control. Before she knows it, she's buying pills off the streets which leads to her developing a heroin addiction. Just as Audrey begins to get her life back in order, an old boyfriend from her past emerges. Billionaire Chad Wetzel was a skirt chaser in college, but he's always thought of Audrey as the one who got away. One day at work, he does a simple internet search for her and finds a horrible news article about her. His gut tells him that he needs to reach out to her; she needs to be saved, but Chad has a past of his own. A dark secret will come back to haunt him as he tries to win Audrey's love--if she can love again since the loss of her son. With Audrey's addiction problem and Chad's wild past, the two are destined to run into problems. Will Chad be able to tame his past? Can Audrey beat her addiction once and for all? The only way for the two to survive as a couple is to help save each other, but will they realize it in time? Do you spend hours every day playing online games? Are you always on social media, ignoring your real life friends and family? Have you lost your job or your relationship? Have you tried to cut back on your screen time, only to fail miserably? Sadly, Internet Addiction is a real problem for millions of people around the world. As a new addiction, there is little help for those who feel trapped in this addiction. In this book, you will learn why you are addicted to electronics, and what you gain from them. You will begin to make goals for your life while renewing real-world relationships. You will start to structure your life not around electronics, but around real-world activities. You will learn how to combat urges to be online and fight negative

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thoughts that shame and condemn you. The techniques used in this book have helped hundreds of people who are addicted to electronics. It is time to fight this addiction and take your life back.

Struggling with the demands of her job, distant husband, spoiled daughter and Alzheimer's patient father, Allison becomes addicted to painkillers and lands in rehab, where amid fellow inpatients she confronts incompatible recovery techniques, barely trained counselors and her own denial. By the best-selling author of *In Her Shoes*.

RicochetAn Addicted NovelK.B. Ritchie LLC

From the Queen of Erotica, Zane's *Addicted with a Twist* is the sequel to *Addicted*, her wildly popular novel about a married woman whose life spirals out of control when her three affairs lead her down a dark and twisted path, now a major motion picture distributed by Lionsgate. Three years after the end of *Addicted*, Zoe and Jason Reynard are still married and raising their family together. But Zoe has a new "dirty little secret" that leaves her torn between being honest with her therapist, Dr. Marcella Spencer, and her mother—or continuing her forbidden hotel rendezvous with a man who calls himself "Orpheus." Has Zoe truly overcome her sexual addiction through the strength of her love for her husband and continued therapy? Or is she still jeopardizing everything and everyone she holds dear in order to satisfy her fantasies? On the day of Ling Xi's wedding, Ye Yao had died miserably in his home. Unexpectedly, when she opened her eyes and went back to the year she was 18, she still hadn't fallen in love with Ling Xi. This is really ... Great. She could finally take back everything that belonged to her and take back the Ye Family without worrying about anyone else. She could unrestrainedly take revenge on those dregs that had hurt her, become the most dazzling star, then turn to that

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handsome little fresh meat that flew into the sky and escaped into the ground, and talk about a sweet love life and death that would never change. "You want to fall in love with Fresh Meat, huh?" Ye Jiayao's mouth was dry from being slammed into the wall by a man. The man's voice was deep and sexy, full of danger. "You can't look for anyone else except me." In his previous life, there were two things that Ye Yao was most afraid of. One was Ling Tingxiao, and the other was Ling Tingxiao after dark. In this life, she ... Still scared.

Meyer understands the need for seeking approval from others to overcome feelings of rejection and low self-esteem. The good news, she says, is that there is a cure. God provides all the security anyone needs. Her goal is to provide a pathway toward freedom from the approval addiction.

Preparing to meet the woman who could possibly be his biological mother, Rexalynn is feeling apprehensive about it. He wants to meet her, but at the same time, he doesn't... Wanting to distance himself from his adoptive family, he decides to move in with his best friend. But just when he starts to feel like life is done toying with him, things take a dangerous turn. With Ramsey's obsession with him escalating will it put everyone Rexalynn cares about in grave danger?

Do you worry that you drink too much? Or perhaps you fear that your dependence on drugs, food, sex, or some other vice is spiralling out of control, and taking your quality of life with it? In *Who Says I'm an Addict?*, David Smallwood looks at the issue of addiction with compassion, clarity, and wisdom that comes not only from his own difficult journey with addiction, but from his considerable experience overseeing treatment programmes in rehabilitation clinics. David looks in detail at all areas of addiction, from denial, hitting rock bottom, and dealing with shame

and guilt, to how our family of origin and the traumas we go through in childhood influence us in later life. He then explores the road to long-term recovery, guiding the reader on how to do the emotional work necessary to ensure that they avoid relapse and can finally lay their demons to rest and get on with re-building their life.

"Caring deeply about our children is part of what makes us human. Yet the thing we call 'parenting' is a surprisingly new invention. In the past thirty years, the concept of parenting and the multibillion dollar industry surrounding it have transformed child care into obsessive, controlling, and goal-oriented labor intended to create a particular kind of child and therefore a particular kind of adult. In *The Gardener and the Carpenter*, the pioneering developmental psychologist and philosopher Alison Gopnik argues that the familiar twenty-first-century picture of parents and children is profoundly wrong--it's not just based on bad science, it's bad for kids and parents, too. Drawing on the study of human evolution and her own cutting-edge scientific research into how children learn, Gopnik shows that although caring for children is profoundly important, it is not a matter of shaping them to turn out a particular way. Children are designed to be messy and unpredictable, playful and imaginative, and to be very different both from their parents and from each other. The variability and flexibility of childhood lets them innovate, create, and survive in an unpredictable world. 'Parenting' won't make children learn--but caring parents let children learn by creating a secure, loving environment."--Provided by publisher.

STEPHEN SPEAKS WORLDWIDE ON ADDICTION 60 second book trailer available in sample or visit www.addictbook.com The most incredible enlightening true story ever told. From an affluent family Stephen aged 14 ran away to become involved in organised crime and immense wealth. As his amphetamine addiction took its toll he ended up living in shop

