Achieve Your Goals Podcast 125 What Do Richard Branson

Transform Aspirational Thoughts into Life-Changing Results What’s the biggest challenge you face if you want to accomplish great things? It’s getting and keeping the right mindset, according to the hundreds of high achievers Julia Pimsleur has interviewed and worked with as a business coach. In Go Big Now, Pimsleur distills two decades of studying complex mindset practices into eight essential “mindset keys” that can be used by anyone to get the Go Big Mindset and achieve ambitious professional and life goals. Pimsleur shares personal stories of how she used these keys to raise venture capital and build multimillion-dollar companies, and illustrates each key with an example from a leader, CEO, or celebrity whose mindset catapulted them to success. You’ll learn to reframe perceived setbacks, replace unhelpful thoughts and limiting beliefs with empowering ones, and stay motivated to pursue your big goal, even in the face of massive hurdles. With the Go Big Mindset, you’ll boost your mental resilience and discover how to think your way to bigger, better results.

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Traditional Chinese edition of Becoming: A Guided Journal for Discovering Your Voice
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Tired of fear, loneliness, anxiety, and not knowing who you are or what you're meant to do? Robertson shares her story of overcoming anxiety and fear, and takes you along on her journey of transformation that has left her living a fearless life. As you read through these pages, you'll discover how you can embrace the road toward power, passion, and purpose as you live at the center of who God created you to be!

"An exploration of moving away from traditional letter or number grades as an assessment and as a result producing more thoughtful students whose learning is more authentic"--

This book is compilation of over 150 my best blog articles have written with one goal in mind - to deconstruct the art of personal and professional growth, development, and, of course, leadership. In this book I am sharing my passion, and many years of trial and error, success and failure, based on my personal and professional experience, knowledge, and training. If you have ever experienced a fear of failure, low self-esteem, confidence overpowered by fear, lack of motivation, feeling of being stuck with no opportunity to grow, strong desire to change your present and create a better future for yourself and those around you but not sure how, strong desire to improve but unclear of steps to take, then this book is for you. Begin re-discovering new you - confident, determined, and ready to overcome any obstacle and fear on your path, while pursuing your goals and lifetime dreams today

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advocate. Between micro- and macro-aggressions at school, at work, and everywhere in between, it’s tough to prioritize physical and mental wellness as a Black woman, especially with a constant news cycle highlighting Black trauma. Now, with The Self-Care for Black Women you’ll find more than 150 exercises that will help you radically choose to put yourself first. Whether you need a quick pick-me-up in the middle of the day, you’re working through feelings of burnout, or you need to process a microaggression, this book has everything you need to feel more at peace. You’ll find prompts like: -Map out your feelings about a microaggression -Make a list of your safe spaces -Detail out an entire day dedicated to your self-care -And more! It’s time to put yourself first and prioritize your self-care once and for all—and this book is here to help you do just that.

Amazon's top 10 best-selling business organization category. A high score of 4.8 stars by Amazon readers. The best-selling writers of New York Times and Wall Street Journal. We all have our own mountains to climb. On the way to the summit, we can only rely on our vision. The chief executive of the company personally teaches the principles of leading high-performance teams, learns the blueprint for the future of Airbnb, Instagram, Amazon, and Marvel, outlines a clear and pragmatic vision, and even difficult goals can be gradually achieved!

C.S. Lewis wrote many great words, but not everything you see with his name on it is from the famed author of the Narnia books. Seventy-five quotations are presented that have an association in one way or another with a host of names, including: Ryan Seacrest, Anthony Hopkins, Max Lucado, Rick Warren, and Tim Allen! Learn the three most common ways Lewis is misrepresented: 1.Falsely Attributed Quotes: Expressions that are NOT by him. 2.Paraphrased: Words that are ALMOST what he said. 3.Out of Context: Material he wrote, but are NOT QUITE what he believed. This book doesn't stop there. Also discover what Lewis actually said that is related to the presented misquotes. Those new to Lewis and the more serious reader of his works will grow in their appreciation of a writer that is not only quotable, but obviously misquotable!

Traditional Chinese edition of Mr. Penumbras 24-Hour Bookstore, Robin Sloan's bestselling adventure novel that uses today's technology to solve a ancient mystery. The book is named Amazon Best Books of the Month, October 2012. In Traditional Chinese. Annotation copyright Tsai Fong Books, Inc. Distributed by Tsai Fong Books, Inc.

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takes you behind the scenes of the interview process from start to finish from the candidate, interviewer and organisation perspective. This guide offers you unique insights, practical tips, techniques and downloadable worksheets. So, the next time you walk into the ‘ring’ be sure you are prepared…with Knockout Interview.” Ajaz Hussein, International Career Counsellor "A brilliant book which I wholeheartedly recommend to my coaching clients. John takes you step by step through every question you could face in an interview, from the deceptively simple, to some of the toughest. Not only will you learn how to answer them with ease, but also the reasons behind why they are being asked, allowing you to perform at your best and get the job. A must read for any job seeker." James Curran, Career coach and podcast host at www.graduatejobpodcast.com "The old adage attributed to Benjamin Franklin of 'By failing to prepare, you are preparing to fail' is never more apt than when applied to interviews. The top career strategist and author John Lees has followed up on his excellent series of books with another winner here. If you are anxious about an upcoming interview or want to improve your performance in the future, reading Knockout Interview will be an ideal solution. The 125 questions in the book cover almost any eventuality but are presented in a format that is much more than just a list. Each question is followed by excellent guidance on how to decode the question and structure your answer. Knockout Interview is as comprehensive a resource on succeeding at interviews as any on the market." David Levinson, Careers Manager, University of Glasgow, UK "John gives consistently good, pragmatic advice and provides suggestions to help people make the most of themselves and the opportunities they get. Easy to read, relevant and straightforward, the book offers so much more than standard self help books - it provides practical steps to get readers started and give them confidence to take ownership of their careers. A great resource to ensure a head start in a competitive market." Denise Nesbitt, Senior Change Delivery Manager, Talent & Development, Lloyds Banking Group "This book is a great source of information and advice for anyone approaching a job interview. By helping you to understand your own strengths in the context of your future employer’s requirements, John Lees' suggestions will make sure you prepare effectively for any style of interview. A wealth of strategies to cover the questions that many candidates dread will help you to avoid the pitfalls and demonstrate why you are the right candidate, setting you on the path to the next stage in your career." Gary Argent, Director of the Career and Skills Development Centre, City University London, UK "Once again, John shows how to be at your very best in front of a prospective employer. This latest edition covers every aspect of interview preparation and is a must read for anyone in job search. As ever, his advice is eminently practical and accessible, delivered in a caring and supportive voice that will resonate with all readers and encourage them to embrace every job search opportunity." Sophie Rowan, Coaching Psychologist at Pinpoint, author of Brilliant Career Coach PRAISE FOR KNOCKOUT CV "A comprehensive and practical guide to building a relevant, evidence-based CV which will win the recruiter's attention. Looks afresh at the role of your CV, the pitfalls to avoid and shares invaluable recruiter insights." Liz Mason, Associate Director, Alumni Career Services, London Business School "You write a CV for a purpose – to get a job. Knockout CV works backwards from the desired result, analysing each feature of the CV from the perspective of impact on the decision-maker. No frills, no diversions, simply full of practical help." Shirley Anderson, HR Director, Talent and Reward, Pilkington Group Limited PRAISE FOR HOW TO GET A JOB YOU LOVE "This book is a treasure. Read it, devour it, use it, and find that job you once dreamed about but had almost given up on." Richard Nelson Bolles, author of What Color Is Your Parachute? "I frequently recommend job seekers or those at a career crossroads to read How to Get a Job You Love as it offers practical and easily accessible advice from someone with vast experience in the area." Joëlle Warren, Managing Director, Warren Partners Ltd "A positive, practical and readable guide, packed with creative tools and common sense advice from an author who understands careers from all angles. This book will support and encourage you throughout your working life, from making your initial career decision to helping with long term career management. It will challenge your preconceptions of yourself and of the world of work, and help you to a more fulfilling career." Julia Yates, Programme Leader, MSc Career Coaching, University of East London, UK "The popularity of John Lees' writing lies in his ability to connect with the sense many people have that they can be more than they currently are and deserve greater job satisfaction than they currently have. What makes his work distinctive is his use of his wide experience in careers coaching to provide tools and ways of thinking that any motivated individual can easily use to take control of their working life." Carole Pemberton, Career and Executive Coach and author of Coaching to Solutions "I know first hand the joy that being in the right career can bring and I commend John Lees for his books and seminars which help other people do just that." Rosemary Conley CBE "Watch out – this book could turn your life upside down." Liz Hall, Editor, Coaching At Work
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A guide to help you obtain less of what don't want, and more of what you do, and "cut through the clutter, achieve better results in less time, build momentum toward your goal, dial down the stress, overcome that overwhelmed feeling, stay on track, [and] master what matters to you.

Right now, 70% of Americans aren’t passionate about their work and are desperately longing for meaning and purpose. They’re sick of “average” and know there’s something better out there, but they just don’t know how to reach it. One basic principle?The Proximity Principle?can change everything you thought you knew about pursuing a career you love. In his latest book, The Proximity Principle, national radio host and career expert Ken Coleman provides a simple plan of how positioning yourself near the right people and places can help you land the job you love. Forget the traditional career advice you’ve heard! Networking, handing out business cards, and updating your online profile do nothing to set you apart from other candidates. Ken will show you how to be intentional and genuine about the connections you make with a fresh, unexpected take on resumes and the job interview process. You’ll discover the five people you should look for and the four best places to grow, learn, practice, and perform so you can step into the role you were created to fill. After reading The Proximity Principle, you’ll know how to connect with the right people and put yourself in the right places, so opportunities will come?and you’ll be

prepared to take them.

This book is a practical guide to personal and business negotiations. It is unique in going beyond the bargaining phase of negotiation to cover the entire process from your decision to negotiate through an evaluation of your negotiation performance. Also included are tools such as a negotiation planner, "decision trees" for calculating negotiation alternatives, psychological tools for increasing negotiation power, and tools for assessing your negotiation style.

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