50 Great Myths Of Popular Psychology

Tackling a host of myths and prejudices commonly leveled at atheism, this captivating volume bursts with sparkling, eloquent arguments on every page. The authors rebut claims that range from atheism being just another religion to the alleged atrocities committed in its name. An accessible yet scholarly commentary on hot-button issues in the debate over religious belief Teaches critical thinking skills through detailed, rational argument Objectively considers each myth on its merits Includes a history of atheism and its advocates, an appendix detailing atheist organizations, and an extensive bibliography Explains the differences between atheism and related concepts such as agnosticism and naturalism

This book presents a unique exploration of common myths about autism by examining these myths through the perspectives of autistic individuals. Examining the history of attitudes and beliefs about autism and autistic people, this book highlights the ways that these beliefs are continuing to impact autistic individuals and their families, and offers insights as to how viewing these myths from an autistic perspective can facilitate the transformation of these myths into a more positive direction. From 'savant syndrome' to the conception that people with autism lack empathy, each chapter examines a different social myth – tracing its origins, highlighting the implications it has had for autistic individuals and their families, debunking misconceptions and reconstructing the myth with recommendations for current and future practice. By offering an alternative view of autistic individuals as competent and capable of constructing their own futures, this book offers researchers, practitioners, individuals and families a deeper, more accurate, more comprehensive understanding of prevalent views about the abilities of autistic individuals as well as practical ways to re-shape these into more proactive and supportive practices.

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Explores commonly-held myths of the brain through the lens of scientific research, backing up claims with studies and other evidence from the literature Looks at enduring myths such as "Do we only use 10% of our brain?", "Pregnant women lose their mind", "Right-brained people are more creative" and many more

Every leader understands the burning need for change–and every leader knows how risky it is, and how often it fails. To make organizational change work, you need to base it on science, not intuition. Despite hundreds of books on change,

failure rates remain sky high. Are there deep flaws in the guidance change leaders are given? While eschewing the pat answers, linear models, and change recipes offered elsewhere, Paul Gibbons offers the first blueprint for change that fully reflects the newest advances in mindfulness, behavioral economics, the psychology of risk-taking, neuroscience, mindfulness, and complexity theory. Change management, ostensibly the craft of making change happen, is rife with myth, pseudoscience, and flawed ideas from pop psychology. In Gibbons' view, change management should be "euthanized" and replaced with change agile businesses, with change leaders at every level. To achieve that, business education and leadership training in organizations needs to become more accountable for real results, not just participant satisfaction (the "edutainment" culture). Twenty-first century change leaders need to focus less on project results, more on creating agile cultures and businesses full of staff who have "get to" rather than "have to" attitudes. To do that, change leaders will have to leave behind the old paradigm of "carrots and sticks," both of which destroy engagement. "New analytics" offer more data-driven approaches to decision making, but present a host of people challenges—where petabyte information flows meet traditional decision-making structures. These approaches will have to be complemented with "leading with science"—that is, using evidence-based management to inform strategy and policy decisions. In The Science of Successful Organizational Change , you'll learn: How the VUCA (Volatile, Uncertain, Complex, and Ambiguous) world affects the scale and pace of change in today's businesses How understanding of flaws in human decision-making can help leaders guide their teams toward wiser strategic decisions when the stakes are largest—including "when to trust your guy and when to trust a model" and "when all of us are smarter than one of us" How new advances in neuroscience have altered best practices in influencing colleagues; negotiating with partners; engaging followers' hearts, minds, and behaviors; and managing resistance How leading organizations are making use of the science of mindfulness to create agile learners and agile cultures How new ideas from analytics, forecasting, and risk are humbling those who thought they knew the future–and how the human side of analytics and the psychology of risk are paradoxically more important in this technologically enabled world What complexity theory means for decision-making in the context of your own business How to create resilient and agile business cultures and anti-fragile, dynamic business structures To link science with your "on-the-ground" reality, Gibbons tells "warts and all" stories from his twenty-plus years consulting to top teams and at the largest businesses in the world. You'll find case studies from well-known companies like IBM and Shell and CEO interviews from Nokia and Barclays Bank.

50 Great Myths of Popular PsychologyShattering Widespread Misconceptions about Human BehaviorJohn Wiley & Sons

"With this book you'll learn how memory and attention work, and how to put these insights into practice for the most effective and efficient studying. You'll also find research-based answers to questions such as what a study environment

should look like, what you need to be doing in class and during study sessions, and how long and how often you should be studying for maximum results."--Back cover.

Great Myths of Intimate Relationships provides a captivating, pithy introduction to the subject that challenges and demystifies the many fabrications and stereotypes surrounding relationships, attraction, sex, love, internet dating, and heartbreak. The book thoroughly interrogates the current research on topics such as attraction, sex, love, internet dating, and heartbreak Takes an argument driven approach to the study of intimate relationships, encouraging critical engagement with the subject Part of The Great Myths series, it's written in a style that is compelling and succinct, making it ideal for general readers and undergraduates

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All in the Mind: Psychology for the Curious, Third Edition covers important, topical, and sometimes controversial subjects in the field of Psychology in an engaging alternative or supplement to traditional student textbooks. The third edition of a successful and uniquely readable textbook – includes more than two thirds brand new material, with all retained material thoroughly revised and updated. All in the Mind, 3rd Edition offers a new and engaging way to consider key theories and approaches in psychology; providing an original alternative or supplement to traditional teaching textbooks.

Investigates questionable, ineffective, and harmful mental health treatments for children and adolescents.

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The critical narrative of this interdisciplinary book offers a first-time look at the interrelationship between biology, mythology and philosophy in human development. Its daring premise follows the trajectory of human thought, starting with the biological roots of fear and the original need for religion, truth-seeking, and myth-making. The narrative then innovatively links a number of maverick philosophical teachings over the centuries, from pre-Buddhist times to the Buddha, from Epicurus and Pyrrho to Lucretius, and eventually to the seminal poetry of Omar Khayyam. These emergent philosophies exemplified liberation from the grasp of mythical and religious thinking and instead espoused an empirical and joyful mind. The narrative concludes with a look at the emancipating philosophical movement that resulted in the European Enlightenment, and it suggests that the philosophical teachings explored in the book may offer the potential for a second, broader Enlightenment.

There are many misconceptions about human sexuality, and some are so misleading as to be dangerous. Schwartz and Kempner dispel commonly accepted myths and misunderstandings, covering areas from pre-marital sex and sexual diseases to body image.

Great Myths of Child Development reveals the latest evidence–based science behind the myths and misconceptions about the developing child. Shatters the most commonly–held child development myths Reveals the science behind such topical issues as twin–telepathy, sex–prediction, and imaginary friends Covers hot–button issues like childhood vaccines, spankings, time–outs, and breastfeeding of older children Features numerous pop culture references and examples drawn from popular TV shows and movies, such as Duck Dynasty, Modern Family and Mad Men Points to a wealth of supplementary resources for interested parents from evidence–based treatments and self–help books to relevant websites

Emphasizing the science of positive psychology, this comprehensive and engaging textbook features up-to-date research and major new topics.

This book presents a provocative debate between parapsychological advocates who claim that Western science's worldview is incomplete, and counteradvocates who insist that parapsychological data is either spurious or can be explained by standard scientific principles. * Includes contributions from 14 scholars weighing in as advocates, counteradvocates, or contributors * 20 examples of original artwork by Dierdre Luzwick, a world-class surrealistic artist * The bibliography contains a reference list at the end of each contributor's section * A glossary of key terms used in the book is supplied

Choice Recommended Read Critical psychology has developed over time from different standpoints, and in different cultural contexts, embracing a variety of perspectives. This cutting-edge and comprehensive handbook values and

reflects this diversity of approaches to critical psychology today, providing a definitive state-of-the-art account of the field and an opening to the lines of argument that will take it forward in the years to come. The individual chapters by leading and emerging scholars plot the development of a critical perspective on different elements of the host discipline of psychology. The book begins by systematically addressing each separate specialist area of psychology, before going on to consider how aspects of critical psychology transcend the divisions that mark the discipline. The final part of the volume explores the variety of cultural and political standpoints that have made critical psychology such a vibrant contested terrain of debate. The Handbook of Critical Psychology represents a key resource for researchers and practitioners across all relevant disciplines. It will be of particular interest to students and researchers in psychology, psychosocial studies, sociology, social anthropology and cultural studies, and to discourse analysts of different traditions, including those in critical linguistics and political theory.

50 Great Myths of Human Evolution uses common misconceptions to explore basic theory and research in human evolution and strengthen critical thinking skills for lay readers and students. Examines intriguing—yet widely misunderstood—topics, from general ideas about evolution and human origins to the evolution of modern humans and recent trends in the field Describes what fossils, archaeology, and genetics can tell us about human origins Demonstrates the ways in which science adapts and changes over time to incorporate new evidence and better explanations Includes myths such as "Humans lived at the same time as dinosaurs;" "Lucy was so small because she was a child;" "Our ancestors have always made fire;" and "There is a strong relationship between brain size and intelligence" Comprised of stand-alone essays that are perfect for casual reading, as well as footnotes and references that allow readers to delve more deeply into topics

50 Great Myths of Popular Psychology uses popular myths as a vehicle for helping students and laypersons to distinguish science from pseudoscience. Uses common myths as a vehicle for exploring how to distinguish factual from fictional claims in popular psychology Explores topics that readers will relate to, but often misunderstand, such as 'opposites attract', 'people use only 10% of their brains', and 'handwriting reveals your personality' Provides a 'mythbusting kit' for evaluating folk psychology claims in everyday life Teaches essential critical thinking skills through detailed discussions of each myth Includes over 200 additional psychological myths for readers to explore Contains an Appendix of useful Web Sites for examining psychological myths Features a postscript of remarkable psychological findings that sound like myths but that are true Engaging and accessible writing style that appeals to students and lay readers alike

A research-based guide to debunking commonly misunderstood myths about adolescence Great Myths of Adolescence

contains the evidence-based science that debunks the myths and commonly held misconceptions concerning adolescence. The book explores myths related to sex, drugs and self-control, as well as many others. The authors define each myth, identify each myth's prevalence and present the latest and most significant research debunking the myth. The text is grounded in the authors' own research on the prevalence of belief in each myth, from the perspective of college students. Additionally, various pop culture icons that have helped propagate the myths are discussed. Written by noted experts, the book explores a wealth of topics including: The teen brain is fully developed by 18; Greek life has a negative effect on college students academically; significant mood disruptions in adolescence are inevitable; the millennial generation is lazy; and much more. This important resource: Shatters commonly held and topical myths relating to gender, education, technology, sex, crime and more Based in empirical and up-to-date research including the authors' own Links each myth to icons of pop culture who/which have helped propagate them Discusses why myths are harmful and best practices related to the various topics A volume in the popular Great Myths of Psychology series Written for undergraduate students studying psychology modules in Adolescence and developmental psychology, students studying childhood studies and education studies, Great Myths of Adolescence offers an important guide that debunks misconceptions about adolescence behavior. This book also pairs well with another book by two of the authors, Great Myths of Child Development.

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Great Myths of Personality teaches critical thinking skills and key concepts of personality psychology through the discussion of popular myths and misconceptions. Provides a thorough look at contemporary myths and misconceptions, such as: Does birth order affect personality? Are personality tests an accurate way to measure personality? Do romantic partners need similar personalities for relationship success? Introduces concepts of personality psychology in an accessible and engaging manner Focuses on current debates and controversies in the field with references to the latest research and scientific literature
Great Myths of Education and Learning reviews the scientific research on a number of widely-held misconceptions pertaining to learning and education, including misconceptions regarding student characteristics, how students learn, and the validity of various methods of assessment. A collection of the most important and influential education myths in one book, with in-depth examinations of each topic Focusing on research evidence regarding how people learn and how we can know if learning has taken place, the

book provides a highly comprehensive review of the evidence contradicting each belief Topics covered include student characteristics related to learning, views of how the learning process works, and issues related to teaching techniques and testing Written in a lively and entertaining style, Facts and Fictions in Mental Health examines common conceptions and misconceptions surrounding mental health and its treatment. Each chapter focuses on a misconception and is followed by a discussion of related findings from scientific research. A compilation of the authors' "Facts and Fictions" columns written for Scientific American Mind, with the addition of six new columns exclusive to this book Written in a lively and often entertaining style, accessible to both the undergraduate and the interested general reader Each chapter covers a different "fiction" and allows readers to gain a more balanced and accurate view of important topics in mental health The six new columns examine myths and misconceptions of considerable interest and relevance to undergraduates in abnormal psychology courses Introductory material and references are included throughout the book

To read this book ... twice if its mythbusting revelations cause you to repress the memory of it."--Michael Shermer, Publisher of Skeptic magazine, monthly columnist for Scientific American, and author of Why People Believe Weird Things "Is it true that psychology is mostly common sense? For anyone who wonders, this amazing book-which effectively discounts 50 pop psychology myths and briefly dismisses 250 more-provides convincing answers. And it does more: it offers fascinating examples of how science works and supports critical thinking. For teachers, students, writers, and anyone who wants to think smarter, this classic-to-be will be a valuable resource and a great read." -David G. Myers, Hope College, author, Intuition: Its Powers and Perils "I find each and every chapter excellent and from a teaching point of view, brilliant. The way in which the history of the myths is presented up to the critical but balanced discussion of each myth, is a great achievement. Scott Lilienfeld is well-known for his user-friendly writing style, but in this text he and his co-authors reach a new level. This led to a book which will not only be easily understandable by undergraduate and especially first year students, but also by the general population." -Dap Louw, Head, Centre for Psychology and the Law, University of the Free State.

Named #1 Best Business Book of 2011, by Patriot-News-PennLive.com. If you have ever flown in an airplane, used electricity from a nuclear power plant, or taken an antibiotic, you have benefited from a brilliant mistake. In Brilliant Mistakes, Paul Schoemaker shares critical insights on the surprising benefits of making well-chosen mistakes.

Frustrated that you can't achieve your dreams? Learn to recognize- and deal with- the psychological and unconscious limitations that are holding you back.

Great Myths of Aging looks at the generalizations and stereotypes associated with older people and, with a blend of humor and cutting-edge research, dispels those common myths. Reader-friendly structure breaks myths down into categories such as Body, Mind, and Living Contexts; and looks at myths from "Older people lose interest in sex" to "Older people are stingy" Explains the origins of myths and misconceptions about aging Looks at the unfortunate consequences of anti-aging stereotypes for both the reader and older adults in society PSYCHOLOGY: THEMES AND VARIATIONS, 10th Edition, is a fusion of the full-length and briefer versions that preceded it. The text continues to offer a superb thematic organization together with practical applications and examples that help students see beyond research to

big-picture concepts. Often described as a challenging book that is easy to learn from, the book surveys psychology's broad range of content with three aims: to illuminate the process of research and its relationship to application, to show both the unity and diversity of psychology's subject matter, and to help students master the basic concepts and principles of psychology with as little struggle as possible. Weiten's themes provide unifying threads across chapters that help students to see the connections among different research areas in psychology. A dynamic, teaching-oriented illustration program -- including new color-coded Concept Charts -- further enhances these themes. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version. ?????????????????,????????????????????,?????????????????

Shaping Psychology is a unique collection of in-depth conversations with a selection of the most influential psychologists working today, conducted at the end of a decade that shook psychological science. They provide insights into the controversies at the heart of contemporary psychology, revealing a clash of visions of what psychological science is all about and what its future holds. They are candid on the crisis in psychology and explore its causes, consequences and how to overcome it. They also discuss challenges in the field, their careers, and the experiences that shaped their worldview. Those interviewed include pioneers who have shaped psychology as we know it today and who represent a wide range of specializations, from research to mental health practice, mainstream psychology to critical psychology and neuroscience to the Open Science movement. Elizabeth F. Loftus, Stanford University, USA Jerome Kagan, Harvard University, USA Michael I. Posner, University of Oregon, USA Scott O. Lilienfeld, Emory University, USA Robert J. Sternberg, Cornell University, USA Robert Plomin, King's College London, UK Susan J. Blackmore, University of Plymouth, UK Joseph E. LeDoux, New York University, USA Noam Chomsky, Massachusetts Institute of Technology, USA Roy F. Baumeister, University of Queensland, Australia Erica Burman, University of Manchester, UK Brian A. Nosek, University of Virginia, USA Vikram H. Patel, Harvard Medical School, USA Daniel Kahneman, Princeton University, USA Carol A. Tavris, independent academic, USA, ????????????????,????????????????,??????????????????????????????