

## 21 Day Prayer Fasting Guide

Do you sense that God is about to do something big? Are you so close to your breakthrough that you can taste it? Does your spirit bear witness that things are turning around any day now? The atmosphere is pregnant-Maximize the Moment!Roneshia Anderson talks about what it takes to maintain the promises of God. Prayer and fasting are spiritual tools used to crucify your flesh! This guide highlights practical principles that can help you live your best life. In these pages you'll discover:-How to identify and confront personal issues -How to release people who have hurt you-How to let God love you the way He desires-Why faith is so important-How to prepare for a glorious move of GodMantled for Manifestation is designed to assist you in preparing for your date with destiny. If you are expecting God's glory to fill the Earth like never before, and you don't want to miss His next move, this book is for you.

The Daniel Fast is a widely used intermittent fast, based on the Biblical book of Daniel. The Daniel Fast requires a strict 21-day ad libitum healthy diet period, including the withdrawal of meat, sweets, and preservatives, while indulging in fruits, vegetables, whole grains, legumes, nuts, and seeds. This book will inspire and equip you with Daniel Fast' wisdom, tutor you, and set you on fire with a realistic and robust plan for your breakthrough. It guides you to rethink fasting and prayers using scriptures to evaluate the Daniel Fast. It provides you with six essential components (Daniel's story, determination, diet, development, duration of the intermittent fast, and fervent prayers). It helps you to participate effectively and achieve your individual holistic wellness goals.

Because Daniel Fast is only a 21-day experience, but, your purpose is for a lifetime, your transition needs a lifestyle change. You will gain a new perspective on the Daniel Fast integrated with the 4C Chayah Transformation Model for continuous spiritual growth and self-development in your wellness, a roadmap for the 21-day adventure, and a lifetime relationship with God. It includes useful tools to equip your Daniel Fast experience with self-assessment, self-reflection journals, habit trackers, and planners. You can't manage and change what you don't measure and sustain!Are you prepared for that which you are praying? This kind comes out only by prayer and fasting to break chains, generational curses, corruptions, and set captives free. (Mark 9:29, Isaiah 58:6). We must believe in God; our faith pleases Him. This book provides you with a 21-Day GAP series of fervent prayers, affirmations, and scriptures declarations. It empowers your faith, wellness, wisdom, courage, character transformation, spiritual warfare, divine breakthroughs, and mind-blowing miracles. God has a divine strategy for you to win your battle; when it looks like it's too late, God says, I have a plan to close your GAP! I am Nicola McFadden, a Daniel Fast Enthusiast, the Founder of Nikimac Solutions Inc., the Visionary behind the ministry, U Power Up, Life Happens; Stay Strong. I am a widely sought-after transformation strategist, leadership coach, empowerment speaker, and bestselling author. I help organizations, leaders, teams, and individuals transform, despite the complexities of the crisis, or change solutions, to achieve their vision. I build social learning communities, connect people, and empower them to live, lead, learn, and love like Jesus, leaving a legacy. I support and equip legends of faith in the life transformation community, Chayah (<https://chayah.club/>), while in Mastermind Cafe (<https://mastermindcafe.ca/>), I educate and coach a new generation of future leaders in servant leadership. My why? And what's in it for you? Inspiring you to live a purposeful and "choiceful" life, so you choose to live fully, and Chayah!

Bestselling author Susan Gregory, the popular "Daniel Fast Blogger," has helped countless readers discover renewed physical, mental, and spiritual health through the 21-day Daniel Fast. Now, in The Daniel Fast for Financial Breakthrough, she leads us on a journey to practice the spiritual discipline of fasting while learning to honor God with our finances. Filled with a detailed fasting framework, more than 70 new recipes, a meal planner, and a 21-day devotional to guide you through the fast, The Daniel Fast for Financial Breakthrough will help you seek God's guidance for your financial life. You'll discover both a healthy approach to financial freedom and a healthy dependence on God's provision.

This short book is a 21day devotional of my experiences and steps on how I reconnected with God.

PURSUIT is a collection of 21 time-tested principles of prayer and fasting that will fuel your desire to seek God and ignite a new passion for prayer in your heart.Each chapter was born out of revelation and over two decades of ministry, all while building a thriving, praying church. This book is designed as a 21-day journey but can be adjusted to fit any duration of pursuit. There are daily prayer directives and scripture memorization that will give you clear direction while deepening your understanding of the power of prayer and fasting.

DIV"New York Times"-bestselling author Franklin offers the necessary keys to experiencing powerful transformation in this 21-day fasting journal. Each day provides a specific focus for prayers and fasting, and includes specific reminders of what to expect both physically and spiritually during a fast./div

June - 21 Day Prayer and Fasting GuideThe Daniel FastClosing the GAP!: A 21-Day Prayer Journey to Wellness.Nikimac Solutions Incorporated

This is a prayer and fasting book to help your spiritual growth and gives you all round victory in life. It will help you experience divine intervention in every area of your life.

Fasting, especially when ordered by God, can destroy the strongholds of evil in our lives. And during this transition into the new year, we want to make sure we're in God's will and purpose. For God has a purpose for everything He does. We need to be in His plan and purpose to vibrate fruitfully in our lifestyle. We're never comfortable until we are in His will and plan. In fact, we are only safe and secure when we are in His presence. We have to pray, "Lord, show me Your presence," until we are assured of His nearness and presence. As it was said of historic Joseph in Egypt, "The Lord was with Joseph." This e-Book is therefore targeted at those waiting on God in prayer and fasting, in praise and worship, for wisdom and health, relationships and prosperity. Whatever you may want from God in the new year, this e-Book will enable you know how to wait on the Lord God Almighty. When January comes around, everyone wants to do a fasting program of some kind. Why read this e-Book? For we know that there is nothing impossible with the God we serve and worship. You need to take this e-Book to come out of this period greatly transformed and enlightened. And you'll experience a higher level of your relationship with God. This is a transformation to follow a plan against all the conventional wisdom that allow you to have wisdom and favor, health and prosperity. The results can be supernatural... losing weight and having addictions completely gone; people having their bodies transformed and their minds cleared, and their relationship with God at a deeper level than ever before. What is this e-Book about? The designation, "The Daniel Fast," highlights the selection of meals and recipes, though the emphasis of fasting and prayers is on abstention from meals and words, attitudes and behaviors. Our problems or challenges are never that God is mad at us and punishing us. The challenges are to teach us and guide us on the right path to claim and declare the victory of Jesus Christ on the Cross for our freedom and well-being. Any deviation from God's purpose leads us into darkness or dis-ease. Any abnormal use - abuse - of our mouth or heart, soul or body, leads us to difficulties. And a period of prayer and fasting will show the Lord God Almighty we care. And He will lead us out of any difficulties. This e-book is about three experiences of biblical

Daniel and his friends on exile in Babylon. First, the Bible in the Book of Daniel talks about Daniel and his three friends, how they abstained from eating the king Nebuchadnezzar's rich foods, which likely were unclean or detestable animals. We believe that God is the same yesterday, today and forever, and so are those things that he created, and they're not to be eaten. So Daniel decided not to eat the king's rich foods, but consume only fruits, vegetables and water. We believe animal foods are a very important part of our diet if they're raised properly and if they're prepared properly. But avoid them this period of fasting and see what happens to you! Second, in biblical times, people didn't eat the same way we do or the same times that we do. Some experts recommend that you barely eat anything in the morning. Then have medium size meal at lunch and the biggest meal at dinner. Scientific studies confirm that if you eat in a tighter time window and rest your body, the rest of the day you will be leaner, your brain will work better and you'll be healthier. You'll find you're sharper when you haven't eaten and your body is running on the reserves and burning fat. It's amazing. Many people can eat the same exact foods in the same amounts in a different, more compacted time window, same foods, same amounts, and they lose weight. Their blood sugar improves and they feel better. Third, this e-Book thus includes prayer for your body, prayer for your family, prayer for salvation of your loved ones. What breakthrough are you seeking? God's people all over the world have been seeking spiritual breakthroughs through prayer and fasting since the birth of the church. What is the great matter in front of you? A loved one far from Christ? A critical decision in the life of your family? A relationship that is falling apart? What great matters are in front of your church or ministry? An evangelistic outreach? A financial crisis? A leadership transition? Missional expansion? In the 21 Days of Prayer & Fasting Guide, Gary Rohrmayer introduces you to the rich spiritual discipline of fasting through the holy scriptures and the great Christian thinkers throughout the ages. When was the last time you entered an extended time of prayer and fasting for spiritual, relational or missional breakthrough? Throughout the history of God's people, great leaders reached out to God for a fresh encounter or divine intervention. Our prayer for you during the next 21 days is that you will experience a deeper craving for the beauty of the Lord and for the wonder of his leading in your life, and that you will know the fullness of the Holy Spirit and the favor of the God of heaven.

21 Day Daniel Fast Journal Guide is designed to keep you on the right path by encouraging you from those who have already done it, step-by-step. Join us for a 21 day journey of transformation and amazing spiritual breakthroughs. We believe something powerful can happen in our lives when we set aside certain things to focus on our relationship with God. During this 21-day period we're encouraging you to adopt the same diet that the prophet Daniel used in the Bible. Consists of 3 parts. They are: Guiding Section - The 21 Day Daniel Fast Guide will teach you how to fast like Daniel by preparing yourself spiritually and physically. Fasting Section - 21 Day Devotional, Bible Study Notes, Prayer Requests, Weekly Meal Planning and Log with Shopping List, "Conversation with My" Lord Journaling Pages. Prayer Tool Box - Prayer Calendar, Meal Ideas, Daniel Fast Food List, FAQ, Prayers and more! Not only will you be able to record your thoughts, prayers and walk with God, but also express your faith creatively through coloring each page. This is a personalized keepsake journal that you will cherish always and can refer to in time of need. Perfect for Bible Study groups, church fasting and small groups. The aim of this book is to guide you in planning your spiritual fasting and to give you the tools and insights to allow you to experience your own spiritual breakthroughs from those who have done it. Expect a miracle! Maria.

Life is full of difficulties and the attainment of peace often seems impossible. 21 days with God is a guide and devotional for new beginnings for every person who desires a fresh start in life.

This 21 Day Fasting Journal And Guide is for Singles & Wives to prepare for the Ministry Of Marriage.. It will give you prayers and faith strategies to destroy Generational Curses that hinder the Ministry Of Marriage. These kind come out through fasting and prayer. Take this 21 Day spiritual journey to draw closer to God as he exposes, reveals and removes every demonic force that is blocking or destroying the Ministry Of Marriage. I'm celebrating a 10 year Anniversary of my first 21 day fast that continues to shift my life. Join the Kingdom Wife Circle as we fast together every year and Win at love and marriage. Connect with us at [kingdomwifebootcamp.com](http://kingdomwifebootcamp.com) Anointed Oil Prayer, Fasting Notes and Meditation exercises are included. Join us online at [kingdomwifebootcamp.com](http://kingdomwifebootcamp.com) This journal is great for Women Groups/Ministries Book Clubs to come together to fast and pray in unity.

This is a personal guide to help you through your 21 days of prayer and fasting. The scripture selections in this book are specific for the month of September. Scriptural examples of fasting along with explanations are offered to assist you with any questions concerning the discipline of fasting. Writing things down is very scriptural and this book is designed to help you do just that in several different ways. This book is excellent for individual or group study while developing this discipline.

Many begin the Daniel Fast (or ANY FAST) as a part of their New Year resolutions. Some churches even do it corporately, which is a wonderful thing. It is a great time to come together in unity, denying yourself certain foods, all for the purpose of renewing your walk with the Savior. You want to clean out the old and make way for the new! Jesus also said that some things just do not come about by prayer alone! When the Church is fasting, the enemy is intimidated. Satan isn't worried one bit when we are content with the status quo. But if the Church ever realizes the power it possesses through prayer and fasting, the devil would be on the run! Fasting will change your life. It will draw you closer to God, help you see things about yourself that you need to change, allow God to dig out the ugly and replace it with His grace, and lift those heavy burdens from you that you just don't need to carry or worry about any longer. With God's help, I have attempted to give you, the reader, a road map to follow that can be a help to you on this journey. Fasting isn't about just going without food. If done properly, it can propel you to new heights in your relationship with God. I pray you find this book a tool that you will refer to again and again as you make fasting a regular part of your spiritual life.

What if you could grow closer to God and improve your health in just 21 days? This companion workbook to the popular book The Daniel Fast will help you do just that as it guides you through the actual fasting experience. Susan Gregory, "The Daniel Fast Blogger," is widely recognized as the expert on this 21-day fast inspired by the book of Daniel, and she has helped thousands of people discover a safe and healthy way to fast. Designed for churches, small groups, or individuals, her 5-week study contains an introduction, three sessions, and a conclusion (as well as bonus leader's resources). The principles you learn from The Daniel Fast will change the way you view food, your body, and your relationship with the one who created you.

This is a personal guide to help you through your 21 days of prayer and fasting. The scripture selections in this book are specific for the month of February. Scriptural examples of fasting along with explanations are offered to assist you with any questions concerning the discipline of fasting. Writing things down is very scriptural and this book is designed to help

you do just that in several different ways. This book is excellent for individual or group study while developing this discipline.

This is a 21 day guide for prayer and revival with the focus of what it looks like for us to truly realize God's presence is with us

Take your fasting experience to the NEXT LEVEL with this companion journal! DIV /divDIVNEW MESSAGE. NEW REVELATION. ALL NEW PRINCIPLES!/divDIV /divDIVWe all go through times when we feel that we are not living up to our full potential. So many circumstances in life deplete our energy, dull our spiritual sharpness, and cause us to lose our edge. Recharge your spiritual energy as you reinforce your progress with this companion journal to The Fasting Edge. You will experience fasting in a whole new way when you.../div •Record the insight and gifts you receive from God •Monitor your inner attitudes •Remain focused on the spiritual aspects of the fast •Keep a memory of your journey foreverDIVYour walk with God will take on a powerful new edge as you fast. As you use this twenty-one-day fasting and prayer journal, God will recover and restore your passion, dreams, and joy!/div

This is a personal guide to help you through your 21 days of prayer and fasting. The scripture selections in this book are specific for the month of October. Scriptural examples of fasting along with explanations are offered to assist you with any questions concerning the discipline of fasting. Writing things down is very scriptural and this book is designed to help you do just that in several different ways. This book is excellent for individual or group study while developing this discipline.

Offers principles to use in improving health and growing closer to God by following a twenty-one day fasting program inspired by the book of Daniel.

21 Day Daniel Fast Workbook 2 is the newest and updated version of the 21 Day Daniel Fast Workbook and Study Guide by Maria Tarnev-Wydro, HD and is designed to keep you on the right path by encouraging you from those who have already done it, step-by-step. It has newer and updated Meal Planner and Bible Study Suggestions pages to make it even easier to stay focused. Join us for a 21 day journey of transformation and amazing spiritual breakthroughs. We believe something powerful can happen in our lives when we set aside certain things to focus on our relationship with God. During this 21 day period we're encouraging you to adopt the same diet that the prophet Daniel used in the Bible. Consists of 3 parts. They are: Guiding Section - 21 Day Daniel Fast Workbook 2 will teach you how to fast like Daniel by preparing yourself spiritually and physically. Fasting Section - 21 Day Devotional, Bible Study Notes and Suggestions, Prayer Requests, Weekly Meal Planning and Log with Shopping List, Journaling Pages. Prayer Tool Box - Prayer Calendar, Meal Ideas, Daniel Fast Food List, FAQ, Prayers and more! This is a personalized keepsake journal that you will cherish always and can refer to in time of need. Perfect for Bible Study groups, church fasting and small groups. The aim of this book is to guide you in planning your spiritual fasting and to give you the tools and insights to allow you to experience your own spiritual breakthroughs from those who have done it. Expect a miracle! God Bless, Maria.

True freedom is the freedom to serve God. Matthew 17:21 declares "But this kind does not go out except by prayer and fasting" this scripture tells us that there are some spirits in a person, region, or nation that cannot be overcome without fasting. Many believers struggle with certain limitations that they cannot seem to break through. A revelation of the power of fasting will result in victories that would not be ordinarily obtained. Whoever the Pharaoh is that is confronting your destiny shall bow in the name of Jesus. A life of consistent fasting will cause many victories to manifest. God's will is for every believer to live a life of victory with nothing being impossible.

It's Time for Your Breakthrough, is a 21-day devotional book that will guide you through deliverance of hidden barriers that have hindered you from your breakthrough and blessings.

This is a personal guide to help you through your 21 days of prayer and fasting. The scripture selections in this book are specific for the month of January. Scriptural examples of fasting along with explanations are offered to assist you with any questions concerning the discipline of fasting. Writing things down is very scriptural and this book is designed to help you do just that in several different ways. This book is excellent for individual or group study while developing this discipline.

The 21 day prayer journal is a practical guide to accompany people on their own fascinating journey of fasting, prayers for breakthroughs, and individual prayers with space to journal personal thoughts. This will lead them as they deepen their spiritual walk with their Heavenly Father. Prayer topics include: Marriages and relationships; Our children; The salvation of family and friends; Our country; The African continent; World peace; The church -- Bookseller's description and page 4 of cover.

This book is a guide for those engaging in a twenty one days of fasting and prayer. It helps one stay on track in their fast. If you are praying for a miracle in your life, our God is able to release one for you. With scriptures and prayer points, this book helps you focus on achieving your spiritual goal. In this world there are so many distractions and one needs a book to guide them in their spiritual journey. The words of this book were come up with during a period of prayer and fasting and it is my desire that others through out the world benefit from it. The fact that you have picked this book means you have a hunger for God. I pray that the hunger will be fulfilled and you can have an encounter with Him. He is a living God and is ready to reveal Himself to those who seek His face. He said Seek and you will find, knock and the door will be opened to you! May this become and reality as you go through these 21 days.

Praying it Forward....Leaving a Prayer Legacy for your Children is vital. Then I proclaimed a fast there, at the river of Ahava, that we might afflict ourselves before our God, to seek of him a right way for us, and for our little ones, and for all our substance. (Ezra 8:21) In the "Praying it Forward Prayer Journal: A 21-Day Guide to Fasting and Praying for Your Children," Tavis Taylor educates, equips, and empowers you on your journey of intentionally fasting and praying for your children. It is power packed with 21 days of scripture, prayers, declarations, and journaling space for you to intercede for your children and seek the will of God for their lives. By utilizing this 21-day guide, you will develop a prayer legacy of that can last a lifetime. Upon completing the journal, she encourages you to gift it to the children you were praying for and encourage them to do the same thing for their children, thus creating a legacy of "Praying it Forward" for the next generation.

