

20 Something Manifesto Quarter Lifers Speak Out About Who They Are Are What They Want And How To Get It

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The most distinctive feature of the Second Edition is its theoretical orientation coupled with a focus on understanding emerging and young adulthood from multiple perspectives. The updated and expanded book offers readers an opportunity to “listen to the voices” of emerging and young adults, parents, and employers, which is key to understanding this particular developmental period. In addition, the case studies provided throughout the book are diverse and detailed. The issues of emerging adulthood are complicated, nuanced, and defy easy characterizations. This book provides an opportunity to debunk many established pernicious stereotypes about emerging and young adults. The presentation of diverse voices and case material serves as a springboard for discussion and engages readers with material depicting emerging adults in the throes of working through developmental challenges characteristic of this period. In addition, the

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recent economic downturn has created havoc and further instability in the lives of emerging and young adults. The Second Edition focuses on the effects of – as well as possible solutions to – unemployment on emerging and young adults. A new chapter focuses on career experimentation versus career floundering, which is an important distinction. Additional new chapters address the effects of technology as well as depression and anxiety on emerging and young adults. The Second Edition examines emerging and young adulthood within a larger developmental and ecological context. In addition, it ensures that readers are well positioned to understand how the developmental demands of this period intersect with current economic, social, and political realities. It is a must-have resource for developmental, clinical child and school psychologists, rehabilitation counselors and therapists, I/O psychologists, and sociologists as well as for researchers and graduate-level students across these various disciplines.

Advises readers to examine their relationship with God and describes how to restore faith and interest in spirituality without falling for the cliches of their own belief behaviors.

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Traditional Chinese edition of Spiritual Growth: Being Your Higher Self

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Buku ini bukanlah pembicaraan mengenai generasi Milenial, melainkan lebih merupakan pembicaraan dengan mereka. Misi buku ini adalah membantu menciptakan lingkungan kerja yang memungkinkan kaum Milenial berkembang. Ada perbedaan antara mahasiswa tahun 1990-an dan awal 2000-an, dan yang paling menonjol adalah mereka memasuki ruang kelas dengan pemikiran bahwa semuanya dapat dinegosiasikan. Mereka juga menginginkan—bahkan kadang menuntut—untuk dilibatkan. Buku ini akan berkaitan dengan Anda karena buku ini melibatkan Anda dengan topik bahasannya—Anda sendiri. Orang terkadang berkata bahwa manajer-manajer yang masih muda bagaikan kertas kosong karena kurang pengalaman dibanding manajer yang lebih tua. Namun, di sini Anda tidak digambarkan sebagai kertas kosong, juga tidak berniat diyakinkan untuk sepakat dengan cara pandang buku ini. Anda memiliki sangat banyak pengalaman dan ide yang sudah membentuk perspektif kepemimpinan Anda. Tujuan buku ini adalah berkontribusi pada aliran kehidupan Anda dan akhirnya pada keefektifan Anda sebagai pemimpin manajerial. Akan ada bahasan mengenai beberapa “cara”, namun akan ada lebih banyak bahasan mengenai “cara menjadi”. Harapannya ketika membaca, Anda dapat segera berpikir mengenai cara mengintegrasikan pemikiran dan pribadi Anda ke dalam apa yang dikatakan buku ini. Melalui proses inilah konsep diri Anda sebagai pemimpin akan menjadi lebih jelas dan

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pada akhirnya membentuk kerangka berpikir Anda dalam mengembangkan, mengorganisasi, dan mengimplementasikan kemampuan memimpin Anda. Surrounded by possibility but unsure of your direction? You're not alone. If you're in your twenties, you're likely feeling the combination of the excitement of this defining decade and the pressure to figure out your entire life. The thrill of newfound independence and opportunity can be quickly squelched by worry, disillusionment, or disappointment. Like thousands of other twenty somethings, you may have experienced what life coach and quarter-life expert Christine Hassler calls an "Expectation Hangover?." This manifesto explores the all-important questions and life choices of these turbulent yet exciting years. Twenty somethings may commiserate about the challenges they face, but few resources offer practical lessons or suggestions. In these pages, quarter-life men and women tell their stories, sharing their successes and failures, along with their frustrations and realizations. The author's insightful commentary and "take away" suggestions provide the tools and skills you need to create change and direction in your life. You'll recognize and articulate your personal goals, paving the way to what you truly want.

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If you've ever wondered why you aren't enjoying "the best years of your life," and why you're still mired in confusion about the choices you've made or need to make, this book is for you.

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improvement in the reader's hands, a very helpful tool for therapists and clients to better family relationships. It is a simple read with concrete ideas for self-improvement." - Dr. Dennis Cropper, Ph.D., Lexington, Virginia

"I have read much of the book Families are Forever: Communication and I have found useful information in each chapter! I am very aware now that how I say what I say determines what others hear. I raise my glass to better communication!" - Bethany, Narrows, Virginia

"Families are Forever: Communication focus will encourage and support the strength of all family members. The book's attention to families with adult children is a perspective hard to find elsewhere, outside of conversation with one's cohorts. Its examples and suggestions will be meaningful to everyone who reads the book." - Jenny McNeely, MSW, Tallahassee, Florida

"Dr. Cogswell uses his experience and education to provide useful and practical knowledge to improve our communication skills within our families." - Susan, Christiansburg, Virginia

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take a deep breath, let this book respond to you and guide you. Global best-reviewed best-seller, only authorized for the traditional Chinese version 4.7 stars from Amazon readers. Super spiritual dialogue starter, the best reference book for exploring the meaning of self and life. Why do you need a book of words?

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"Drawing on conversations with hundreds of professors, co-curricular educators, administrators, and students from institutions spanning the entire spectrum of American colleges and universities, the Jacobsens illustrate how religion is constructively intertwined with the work of higher education in the twenty-first century. No longer invisible documents how, after decades when religion was marginalized, colleges and universities are re-engaging matters of faith - an educational development that is both positive and necessary. Religion in contemporary American life is now incredibly complex, with religious pluralism on the rise and the categories of "religious" and "secular" often blending

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together in a dizzying array of lifestyles and beliefs. . . .

Faced with escalating pressures to focus solely on job training, American higher education may find that paying more careful and nuanced attention to religion is a prerequisite for preserving American higher education's longstanding commitment to personal, social, and civic learning." -- Book jacket.

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